

# Newsletter of Ibn Sina Academy (NISA)

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Prof. Syed Ziaur Rahman

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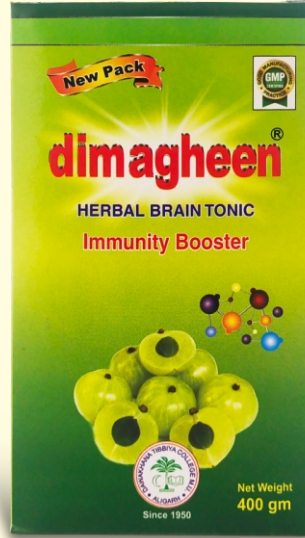
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### **EVENTS AT IBN SINA ACADEMY** (July – September 2025)

#### **International Overdose Awareness Day 2025, Honoring Lives Lost to Drug Overdose**

In a heartfelt observance of International Overdose Awareness Day (IOAD), the Ibn Sina Academy, in collaboration with the ADR Monitoring Centre, J.N. Medical College, Aligarh Muslim University (AMU), organized a dedicated awareness program to remember and honor individuals who have died or been permanently injured due to drug overdoses, on 31.8.2025.

The event served as a solemn reminder of the growing global crisis of drug overdose, aiming not only to raise public awareness but also to reduce the stigma and shame often associated with drug-related deaths. Through thoughtful discussion and academic engagement, the program reinforced the urgent need for preventive action at both clinical and community levels.

Prof. Jai Krishna, Head of the Department of Pharmacology at Al-Falah School of Medical Sciences & Research Centre, Faridabad, served as the chief guest. In his address, he stressed the importance of early intervention, improved pharmacological education, and the role of communities in addressing the overdose epidemic. He also emphasized the critical need for policy frameworks that support harm reduction and mental health awareness.

The keynote address was delivered by Dr. Syed Ziaur Rahman, Chairman, Department of Pharmacology at JNMC. His comprehensive presentation explored the origins and evolution of IOAD, the scope of overdose as a preventable public health issue, and potential solutions through evidence-based approaches. He highlighted the significance of proper drug regulation, pharmacovigilance, and the need for continuous training for healthcare professionals to mitigate overdose-related risks.

An important highlight of the event was a poster presentation session by junior residents from JNMC. Participants showcased their research and insights on overdose risk factors, prevention strategies, and the vital role of ADR monitoring. Presenters included Dr. Shamema, Dr. Mehar Ajay Sai Singh, and Dr. Ajiith Xavier. Their work was evaluated by a panel of esteemed judges comprising Dr. Priya Gupta, Dr. Monica, and Dr. Jai Krishna. After thorough review, Dr. Shamema was awarded the first prize for her outstanding contribution. In a symbolic gesture of solidarity and remembrance, all attendees wore silver badges, the global symbol of International Overdose Awareness Day, commemorating the lives lost and acknowledging the ongoing struggle faced by families and communities affected by overdose.

The program concluded echoing the day's central message: "Every life matters. No more overdose deaths." Through this initiative, Ibn Sina Academy reaffirmed its enduring commitment to advancing public health education, promoting drug safety, and fostering a compassionate response to one of the most pressing healthcare challenges of our time.

#### **Two-day ACLS and BLS workshop**

A comprehensive two-day ACLS (Advanced Cardiovascular Life Support) and BLS (Basic Life Support) workshop was successfully conducted during July 3–4, 2025 at Ibn Sina Academy, drawing enthusiastic participation from postgraduate medical students.

A total of 30 MD/MS students from Jawaharlal Nehru Medical College (JNMC), AMU attended the training, which aimed to enhance their emergency response capabilities and critical care proficiency. The workshop was meticulously organized by MBBS students, Mirza Mohammad Baig, Saif Ali, and Shafa Mallick of JNMC, who demonstrated commendable initiative and

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leadership in coordinating this vital educational event.

Expert instruction was provided by a highly experienced team from MAX Hospital, Delhi, who guided participants through hands-on simulation scenarios, algorithm-based management, and life-saving techniques in accordance with international resuscitation guidelines. The program concluded with certification for all attendees and was widely appreciated for its academic rigor and practical relevance. This workshop not only empowered young doctors with essential emergency skills but also reflected the growing culture of academic collaboration and peer-led initiatives within the medical community.

### **Annual Cultural Meet and a dialogue on health awareness**

On September 26, 2025, the Annual Cultural Meet along with a special dialogue on health awareness titled “*Benefits of Tibb wa Hikmat*” [Medicine and Wisdom] were organized at the Ibn Sina Academy, Aligarh. The program was jointly hosted by the All India Educational and Cultural Society, the Chapter One Literary and Cultural Society, Leh (Ladakh), and the Ibn Sina Academy of Medieval Medicine and Sciences.

The event featured enlightening discussions by distinguished speakers. Dr. Siddique Ahmed from Pratapgarh highlighted the importance of holistic treatment through herbal remedies, emphasizing the natural healing power of traditional medicine. Similarly, Dr. Abu Huraira Khan from Azamgarh delivered an insightful talk on healing through homeopathy, underlining its role in safe and sustained recovery. Both scholars not only shared valuable prescriptions but also generously provided medicines to the attendees.

In recognition of their outstanding contributions to healthcare and traditional healing practices, both doctors were felicitated with special awards, jointly presented by the Foundation and Chapter One Literary and Cultural Society.

The program drew a large gathering of students, teachers, and members of the public, reflecting the community’s keen interest in the revival and practice of traditional systems of medicine. In the interactive session that followed, many participants openly discussed their health concerns with the guest doctors and received personalized guidance and prescriptions.

The event concluded on a highly successful note, fulfilling its dual objective of promoting cultural exchange and raising health awareness through Tibb-o-Hikmat, and was organised under the guidance of Dr. Aftab Alam (In-Charge, Ghalib Study Centre, Ibn Sina Academy)

### **Al Imdad Charitable Trust Program**

Al Imdad Charitable Trust organized a program on 25th September at Ibn Sina Academy, Aligarh. A large number of people attended the event, which highlighted the Trust’s ongoing social and humanitarian initiatives. Speakers emphasized the importance of collective efforts in supporting underprivileged communities and promoting educational as well as healthcare activities. The gathering also witnessed cultural and informative sessions, and several dignitaries appreciated the Trust’s contributions to society.

### **SSGE Activities**

#### **SSGE Online Independence Day Celebration 2025**

The Independence Day Celebration was organized by SSGE on 15th August in an online mode, bringing together students and mentors in a spirit of patriotism and unity. The program, hosted with grace by Aqsa Athar, witnessed enthusiastic and diverse participation from students across various segments.

The celebration comprised a wide range of cultural and literary activities that beautifully reflected the love for the nation. Students actively participated in Urdu poetry recitation, slogan recitation, patriotic songs, and speeches

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on national pride and freedom. Among the highlights, Adeeba and Umama Khan melodiously rendered patriotic songs, filling the atmosphere with fervor. Inspiring short speeches on the nation were delivered by Al Zoha, Muqaddas, Ishma, Huriya Maheen, Sheeba Khan, Maimoona, Tashifa Fatima, and Sidra Ashraf, each of whom spoke with passion and conviction.

Adding to the cultural flavor, Tanzeel, Ahmadullah Dilshad, Sania Wahid, Zikra Shahid, and Insha Parvez recited Urdu poetry that stirred emotions and reignited a sense of nationalism among the audience. A thought-provoking story was narrated by Farman, which further emphasized the significance of freedom and collective responsibility.

The program was graced by esteemed mentors including Dr. Manzar Jamal, Dr. Suhail Sabir, Dr. Syed Ziaur Rahman, Mr. Fareed Nazim Farooqui, and Mr. Rizwan Ullah Khan, who attended the event with great zeal. They wholeheartedly encouraged the participants, expressed their appreciation for the creativity and dedication of the students, and shared their insights on the true meaning of independence.

The celebration concluded with a solemn pledge to uphold the values of freedom, unity, and responsibility, leaving everyone with a renewed sense of respect for the sacrifices made by the nation's heroes. The event, though conducted online, succeeded in bringing hearts together and ended on a deeply meaningful and patriotic note.

#### **Online Interaction with Dr. Syed Zafar Mahmood for SSGE Scholars**

Students Support Group for Education (SSGE) arranged an Online Interactive Session on 2.8.2025 with Dr. Syed Zafar Mahmood (Chairman, ZFI's Sir Syed Coaching and Guidance Centre for Competitive Examinations and Formerly OSD, Prime Minister's HLC & Chief Commissioner). Dr. Syed Zafar Mahmood shared his extensive experiences with the students, offering guidance in his distinctive motivational style. His session was highly engaging and

interactive, inspiring the participants to think positively and strive for excellence. He also addressed students' queries thoughtfully, providing practical insights that left a lasting impression and encouraged them to pursue their goals with renewed determination.

#### **Online Interaction with Mr. Mujeeb Akhtar for SSGE Scholars**

Mr. Mujeeb Akhtar, who's famous for his program *Kahkashan Ke Sitare* interacted with scholars of SSGE on 24th August 2024, which has been attended by more than 100 school students of AMU. It was organised by Ibn Sina Academy in collaboration with Aligarh Education Endowment Fund (AEEF) of USA. Mr. Mujeeb Akhtar, shared his experience and guided students with his specific style and motivation. He also answered queries of the students.

#### **Online Interaction with Dr. Arif Mustaqueem for SSGE Scholars**

Dr. Arif Mustaqueem, Director, Cardiac Sciences, Max Healthcare, New Delhi, addressed the scholars of Students Support Group for Education (SSGE), through Zoom Meeting, on 13th July 2025.

#### **AI-Powered Career and Guidance Counselling Cell**

AI-Powered Career and Guidance Counselling Cell organized a meeting at the Ibn Sina Academy on 22nd August 2025. The program was designed as a series of interactive and creative sessions, each structured around a self-discovery questionnaire aimed at guiding and empowering the younger generation to prepare for future-ready careers.

The event witnessed enthusiastic participation from students, who were highly motivated and actively engaged in the question-and-answer session led by Mr. Asif Siddiqui (Career Expert). His insightful interaction provided valuable perspectives on career planning and personal growth.

Adding further depth to the program, Dr. Mansoor Alam Siddiqui (Training and Placement Officer, Women's College, AMU)

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and Ms. Sahiba Khan (Counsellor) also addressed the participants, sharing practical guidance and motivational inputs. Their sessions helped students to reflect on their career aspirations and future opportunities.

The overall program was highly successful, with significant appreciation from both students and faculty members. Among the attendees were Dr. Adnan Hafiz, Dr. Rehana Ahmad, Dr. Sadia Ayub, and Mr. Fareed N. Farooqui, who extended their support and encouragement.

Students were instructed to carefully read the guidelines provided and to submit the completed self-discovery questionnaire within two days, ensuring thoughtful responses for meaningful evaluation.

### **Early-goal setting and Big Dream**

The School Support Group for Education (SSGE), operating under the aegis of Ibn Sina Academy, organized an engaging and motivational session designed to empower school students from AMU.

The event focused on encouraging students to set clear, early goals and to adopt a forward-thinking, ambitious mindset, encapsulated in the theme of the day: “Dream Big.” This interactive gathering served as an inspiring platform where young minds were motivated to envision a successful future and guided on how to take tangible, actionable steps toward realizing their aspirations. The session blended motivational speeches with interactive dialogue, creating a vibrant learning atmosphere that left a lasting impression on attendees.

The event was graced by distinguished speakers and mentors who brought with them a wealth of knowledge and experience. Prof. Suhail Sabir, Former Pro-Vice Chancellor of the University of Science & Technology, Meghalaya, and Dr. Manzar Jamal, Chairman of Mansha Educational Society, Aligarh, delivered powerful keynote addresses. Both speakers shared personal insights, professional experiences, and practical strategies to help

students navigate academic challenges and plan purposefully for their futures.

Prof. Syed Ziaur Rahman offered a comprehensive outline of the event’s objectives, emphasizing the crucial importance of early career planning and mindset development in today’s fast-evolving academic and professional environments. The session was inaugurated with welcoming remarks by Dr. Mansoor Alam Siddiqui, Training and Placement Officer at the Women’s College, AMU, who effectively set the tone for a thought-provoking and motivational program.

The session concluded on a warm and appreciative note, with a vote of thanks presented by Dr. Rehana Ahmad, who expressed sincere gratitude to the esteemed guests, organizing team, and the students for their enthusiastic participation. She commended the collective efforts that made the event a resounding success. Approximately 90 students took part in the session, engaging actively with the speakers and mentors through questions and discussions that demonstrated their eagerness to learn and grow. In addition to the main speakers, several locally based mentors and resource persons were in attendance, contributing to the event’s depth and outreach. Among them were Dr. Athar Khan, Dr. Afrina Khan, Dr. Ahmad Raza, Mr. Adnan Hafiz, Mr. Fareed Nazim Farooqui, Ms. Fatima Tanzeem, Ms. Areej Khan, Mr. Naimuddin and Mr. Akram Khan. Their presence provided valuable support and mentorship to the students throughout the session. The event concluded with a group lunch, fostering informal interactions between students and mentors, further enhancing the sense of community and guidance.

Overall, the session was a significant step toward nurturing a generation of goal-oriented, visionary students ready to take on the future with confidence and clarity.

### **Furniture donated to Minto Circle School**

The Principal of S.T.S. Senior Secondary School, Dr. Faisal Nafees, in the distinguished

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presence of Prof. Mohd Azam Khan, Deputy Director of the AMU Directorate of School Education, formally acknowledged and expressed heartfelt gratitude for the generous donation of furniture provided by SSGE, which is working under the aegis of Ibn Sina Academy, on 26 July 2025. The contribution is expected to significantly enhance the learning environment and facilities available to students, reflecting a strong commitment to educational development and community support.

The program was attended on behalf of SSGE by Dr. Syed Ziaur Rahman and Mr. Fareed Nazim Farooqui, who highlighted the organization's ongoing efforts to support schools and promote quality education. During the event, Dr. Nafees Ahmad appreciated SSGE's initiative, emphasizing the positive impact such support has on both students and teachers, and called for continued collaboration between educational institutions and community organizations.

The ceremony underscored the spirit of partnership and social responsibility, showcasing how collective efforts can contribute to the betterment of educational infrastructure and student welfare.

#### **Alumni Pay Back to Alma Mater**

The School Support Group for Education (SSGE), operating under the guidance of the Minto Circle High School 1987 batch, has announced its continued commitment to supporting students of Aligarh Muslim University (AMU) schools. For the fourth consecutive year, SSGE has awarded a total of 705 scholarships to deserving and talented students, amounting to ₹53,85,000, covering their tuition fees. These scholarships were distributed through the Finance Office at AMU, under the aegis of the Aligarh Education Endowment Fund (USA) and Ibn Sina Academy (India).

In addition to tuition support, Ibn Sina Academy, through SSGE, provided school uniforms, shoes, bags, and syllabi directly to the students, valued at ₹23,00,000. The list of

selected recipients was provided by the respective school principals, with further verification carried out through interactions with the students' parents.

This year, the SSGE program also extended its support to schools with a donation of school furniture worth ₹5,00,000 to Abdullah Primary School and Minto Circle, responding to specific requests for infrastructural improvements. The total financial commitment for this year reached ₹81,85,000, marking a significant increase from the ₹33,87,511 spent in the previous year.

In line with its ongoing mission to improve the educational environment, SSGE has also committed to supporting Ahmadi School with the installation of tactile tiles and Braille printing facilities. Additionally, plans are underway to transform one classroom at Minto Circle into a smart classroom, further enhancing the learning experience for students.

The SSGE initiative was launched in 2021 by the 1987 batch of Minto Circle High School alumni under the guidance of NRI alumnus Engineer Rizwanullah Khan, with fundraising efforts supported by well-wishers from around the globe. Over the years, SSGE has not only provided financial support but also mentoring and counselling to students, both online and offline. Students have actively participated in various extracurricular activities, including science projects sponsored by the American Society for Science and Education (ASSET), quiz competitions, and skill-development programs. Many of these students have outperformed their peers in other schools, showcasing the program's success.

The core team leading SSGE in Aligarh comprises distinguished members, including Prof. Suhail Sabir, Dr. Manzar Jamal, Prof. Nadeem Khalil, Prof. Syed Ziaur Rahman, Associate Prof. Adnan Hafiz, Mr. Fareed Nazim Farooqui, Mr. Ahmad Raza, Dr. Rehana Ahmad, and Dr. Sadia Ayub.

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Through continued efforts and expanding support initiatives, SSGE remains committed to empowering students and ensuring that they receive the best educational opportunities, fostering a brighter future for the next generation.

### DISTINGUISHED VISITORS

1. Prof. Adarsh Kumar (Dept. of Forensic Medicine & Toxicology; In-charge Forensic Anthropology & Forensic Radiology, Chairman Disability Medical Board, Trauma Centre AIIMS, New Delhi), Prof. Mohammad Habib Raza (Dean and Principal, JNMC, AMU) and Dr. Kashif Ali (Assistant Professor, Dept. of Forensic Medicine, JNMC, AMU), 2.7.2025
2. Delegates from Juma Al Majid Center for Culture & Heritage, Dubai (UAE) visited the Academy on 9th July 2025. The team included Dr. Azzeddine Benzeghiba (Head of Studies, Publication and External Affairs, Editing Director of *Afaq Al Thaqafah Wa'l Turath* Magazine) and Dr. Hashim Nadvi. They had at length discussion with Prof. Syed Zillur Rahman and Prof. Syed Ziaur Rahman.  
*On his return, Dr. Azzeddine Benzeghiba published a detailed report of his visit at Ibn Sina Academy in Afaq Al Thaqafah Wa'l Turath Magazine (Issue 131, pp. 4-5).*
3. Delegation, Residential Two-Week Capacity Building Programme for School Teachers and Madrasa Teachers, UGC Malaviya Mission Teachers Training Centre, AMU, Aligarh, in collaboration with Alliance for Economic and Educational Development of the Underprivileged (AEEDU), New Delhi, 11.7.2025. The programme director was Dr. Faiza Abbasi and course coordinator was Dr. Malik Mohd Arshad of STS School, AMU, Aligarh.
4. A documentary team from Delhi, currently working on a film highlighting the history and significance of Unani medicine, visited the Academy on 16.7.2025. The project is being undertaken in collaboration with Hamdard Laboratories, one of the

pioneering institutions in the promotion of Unani medicine. The delegation was led by Dr. Naushad Rana of Hamdard Laboratories, New Delhi. The primary objective of the visit was to meet the Founder and President of the Academy, Prof. Hakim Syed Zillur Rahman. The visiting team included Dr. Asad Faisal Farooqui, Ms. Purnima, and other members actively engaged in the documentation process. During their visit, they toured the Academy's Museum, manuscript section, and library. The documentary aims to showcase the rich legacy, evolution, and relevance of Unani medicine in contemporary healthcare, while also highlighting the role of institutions like the Ibn Sina Academy in safeguarding and promoting this heritage.

5. Syed Mazhar Hussaini, Executive Director, Support for Educational and Economic Development (SEED), visited Ibn Sina Academy on 17th August 2025. He engaged in meaningful discussions with the core team members of SSGE, fostering collaboration and strengthening professional relationships, which concluded with a shared dinner that further encouraged informal dialogue and team bonding.
6. Young scholars from Idara Tehqeeq-o-Tasneef-e-Islami, Aligarh, visited Ibn Sina Academy on 23rd August and met its founder Hakim Syed Zillur Rahman. Idara Tehqeeq-o-Tasneef is a renowned institution in the field of Islamic academia. Established in 1949, its mission is to conduct research and produce scholarly works on contemporary topics related to religion, society, history, and ethics. Since 1986, it has operated as an independent registered organization, under the patronage of Maulana Syed Jalaluddin Umri. Courtesy: Mr. Ashhad Jamal Nadvi
7. On 21st September, a creative team working on the celebrated AMU Tarana visited the Academy for a special shooting session. The delegation included noted contributors Mr. Mohammad Parvez Khan,



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Mr. Mohammad Feroz Khan, Ms. Munawwar, and Mr. Mirza Farrukh Baig, among others.

8. On 24th September, Ibn Sina Academy had the privilege to welcome Mr. Arun Kumar Yadav, Additional Commissioner of Aligarh, and Dr. Sumeet Singhal, a renowned Orthopedic Surgeon. During their visit, they explored the special exhibition dedicated to Pharmacovigilance (#NPW2025), which showcased a rare and valuable collection highlighting the importance of drug safety and patient care. Along with this, they also took keen interest in the diverse artefacts preserved in the Academy's Museum, reflecting the rich legacy of medical, cultural, and historical heritage. Their visit added great value to the occasion and was warmly appreciated by the founders of the Academy.

### **MEMBERS' ACTIVITIES**

**Prof. Hakim Syed Zillur Rahman**, Founder President of Ibn Sina Academy, along with **Prof. Zakia A. Siddiqi**, Vice President, and **Prof. Syed Ziaur Rahman**, Honorary Treasurer of the Academy, actively participated in the annual felicitation ceremony organized by the Duty Society, Aligarh Muslim University (AMU), Aligarh, on 26 July 2025. The dignitaries lauded the organisers for their meticulous efforts and extended their heartfelt congratulations to the student achievers for their remarkable accomplishments. Their presence was widely appreciated, underscoring the strong collaboration between the Academy and the Duty Society in promoting both academic and extracurricular excellence.

The function was also graced by several distinguished dignitaries, including Mr. Hammad Ahmed (President, Hamdard Waqf), Prof. Afshar Alam (Vice Chancellor, Jamia Hamdard), Prof. Irshad Mahmood (Keeper, Duty Society), Prof. Tariq Mansoor (Former Vice Chancellor, AMU), Dr. Azra Hasan Siddiqui, Prof. V.K. Parashar, Dr. S.C. Gupta, and many others, adding prestige and significance to the event.

**Prof. Syed Zillur Rahman**  
(President, Ibn Sina Academy)

### **Prof. Hakim Syed Zillur Rahman Honoured with Invitation to Rashtrapati Bhavan on Independence Day**

On the occasion of the 79th Independence Day of India, Prof. Hakim Syed Zillur Rahman, eminent academician, medical historian, and cultural personality, was among the distinguished invitees at the *At Home* reception hosted at the Rashtrapati Bhavan by Ms. Droupadi Murmu, the Hon'ble President of India.

The invitation card for the event carried a distinctive design prepared by the Arts Section, decorated with traditional tribal artwork reflecting India's artistic heritage. Crafted from traditional 'Sikki grass' from Bihar, it features folk art representing the rich craft heritage of Mithila, Odisha, Jharkhand, and Bengal, symbols of India's diverse cultural heritage.

Unlike routine deliveries, the card was ceremoniously brought to Prof. Rahman by the postal services and handed over personally by a team of postmen. This gesture of honour and tradition was also covered by Doordarshan, highlighting the significance of the invitation.

His son, Prof Syed Ziaur Rahman, head of the Pharmacology Department at Aligarh Muslim University, shared his pride and emotion. "This invitation honours not just our family but the entire city and the Unani medicine community. The artistry and respect shown in this invitation from Rashtrapati Bhavan are truly unique," he said.

The Rashtrapati Bhavan *At Home* is one of the nation's most prestigious Independence Day traditions, attended by ambassadors and high commissioners of various countries, the Prime Minister, the Home Minister, Union Ministers, and several prominent dignitaries from different walks of life. The gathering serves as a platform for distinguished citizens, policymakers, and cultural representatives to celebrate national unity and pride.

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Prof. Rahman's inclusion in this august gathering is viewed as a national recognition of his lifelong contributions. A former Professor at the Faculty of Unani Medicine, Aligarh Muslim University, and the Founder-Director of the Ibn Sina Academy of Medieval Medicine and Sciences, he has authored over 65 books in Urdu and English. His works on the history of medicine, particularly the Unani system, biographical accounts of eminent physicians, and literary studies, have earned him international acclaim.

He has been decorated with several honours, including the Padma Shri Award (2001) by the Government of India, the Avicenna Award, and numerous academic distinctions from national and international bodies. His scholarship has not only revived interest in traditional medical knowledge but also bridged connections between cultural heritage and modern health sciences.

By inviting Prof. Hakim Syed Zillur Rahman to the Rashtrapati Bhavan on such a significant occasion, the nation has once again acknowledged his stature as a leading intellectual, historian, and cultural icon who has devoted his life to the preservation and promotion of India's intellectual traditions.

#### **Prof. Syed Zillur Rahman, Honoured with 'Lifetime Achievement Award'**

Prof. Syed Zillur Rahman, President of the Ibn Sina Academy of Medieval Medicine and Sciences, was conferred with the prestigious *Lifetime Achievement Award* by the Aligarh College of Education.

The award was presented during a special function organized to mark Senior Citizens Day celebrations. Prof. M. Muqim, Director of the Aligarh College of Education, formally presented the award to Prof. Rahman in recognition of his remarkable contributions to the fields of medical history, Unani medicine, and cultural heritage.

The event highlighted Prof. Rahman's distinguished career, his pioneering role in establishing the Ibn Sina Academy, and his

lifelong commitment to research, education, and preservation of rare manuscripts. Colleagues, students, and well-wishers present at the ceremony warmly applauded the honour bestowed upon him, acknowledging it as a well-deserved recognition of his decades of service and scholarship.

#### **Prof. Syed Zillur Rahman, attended the All India Muslim Educational Conference**

Prof. Syed Zillur Rahman participated in the Executive Meeting as President of the All India Muslim Educational Conference, at its headquarters, Sultan Jahan Manzil, Aligarh on July 20, 2025.

The meeting commenced with the recitation of the Holy Quran by Prof. Razaullah Khan, Honorary General Secretary of the AIME Conference. This was followed by the confirmation of the minutes of the last meeting.

Key decisions and discussions during the meeting included:

- Introduction of new members of the executive committee.
- Report of the beautification efforts of the conference building.
- Financial Audit Report for the year 2024-2025.
- Invitation to the Vice Chancellor.
- Increment of staff salary

The meeting concluded with an agreement to continue efforts towards organizational development and social upliftment through education and community engagement. It was attended by EC members including Prof. Zakia Ather Siddiqi, Prof. Razaullah Khan, Prof. Sibghatullah Farooqui, Prof. Mohd Amanullah Khan, Mr. Munawwar Haziq, Mr. Mohd Ahmad Shewan, Mr. Khursheed Ahmad, Mr. Noorul Karim Khan, Dr. Kalimur Rahman Khan, Mr. Syed Anzar Ahmad Sabri, Mr. Syed Ahmad Faisal, Mr. Tariq Ahmad Khan, Mr. Syed Sadat Ali and Mr. Asadyar Khan.

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#### **Prof. Syed Zillur Rahman addressed in the Residential Two-Week Capacity Building Programme**

Prof. Syed Zillur Rahman addressed in the Residential Two-Week Capacity Building Programme for School Teachers and Madrasa Teachers, which was organized by UGC Malaviya Mission Teachers Training Centre, AMU, Aligarh, in collaboration with Alliance for Economic and Educational Development of the Underprivileged (AEEDU), New Delhi, during 11.7.2025. The programme director was Dr. Faiza Abbasi and course coordinator was Dr. Malik Mohd Arshad of STS School, AMU, Aligarh.

#### **Prof. Syed Ziaur Rahman (Hony. Treasurer, Ibn Sina Academy)**

Prof. S. Ziaur Rahman has been invited as guest lecture, resource person and chair for the scientific sessions

1. Guest lecture, National Symposium on Pharmacovigilance: Shishu Suraksha-Rashtra Suraksha, Commemorating World Patient Safety Day, (CCRAS-Regional Ayurveda Research Institute, (PpVC) in collaboration with AIIA New Delhi (NPvCC), Rabindranath Tagore Auditorium, LNIPE, Gwalior, 18.9.2025
2. Guest lecture, Adverse Drug Reaction Monitoring Centres: Purpose, Core Functions, and Practical Insights, Department of Translational and Clinical Research, Jamia Hamdard, New Delhi, 17.9.2025

The session was organized as part of the 5th National Pharmacovigilance Week (NPW) celebrations at Jamia Hamdard University. In his address, Prof. Rahman provided an in-depth overview of the Pharmacovigilance Programme of India (PvPI) and elaborated on key pharmacovigilance practices currently implemented across the country. He explained the process of reporting Adverse Drug Reactions (ADRs) in a practical manner, demonstrating the use of ADR reporting forms, explaining step-by-step procedures, and even highlighting the availability of a toll-free helpline number for easier reporting.

He also shared details of various pharmacovigilance-related activities and events taking place at Aligarh Muslim University (AMU), which served as an inspiration for the audience. The lecture generated keen interest among the participants, with a large number of students from Clinical Research actively attending and engaging in the discussion.

The event was graced by senior faculty members, including Prof. Nilanjan Saha (Head of the Department), Prof. Divya Vohra, Dr. Nidhi, Dr. Mohd Ashif Khan, Dr. Rizwana Praveen, Dr. Manoj Kumar, along with many other teachers from the Department of Translational and Clinical Research and the School of Chemical and Life Sciences at Jamia Hamdard.

3. Panelist, Discussion on Draft Guidance for Hospitals in India for safety monitoring and reporting of medical devices related incidents/adverse events, National Stakeholders' Conclave on Materiovigilance and In-Vitro Diagnostics Safety, Materiovigilance Programme of India, Indian Pharmacopoeia Commission, Ministry of Health & Family Welfare, Ghaziabad, 3.9.2025 (See detail on page 15)
4. Resource Person, Online workshop on Basic Training Workshop for Adverse Drug Reaction Monitoring Centres. The event was conducted by the Regional Training Centre (RTC), Delhi (NCR), under the aegis of Maulana Azad Medical College, New Delhi, on 4.9.2025

The theme of the workshop was "Basic Concepts in Pharmacovigilance: Current Status", focusing on enhancing awareness, knowledge, and practical skills in pharmacovigilance, especially in the context of ADR monitoring and reporting. During the workshop, Prof. Rahman delivered a comprehensive lecture titled "Adverse Drug Reaction Monitoring Centre: Requirements and Reporting of ADR", where he elaborated on the operational framework, regulatory

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requirements, and best practices for efficient ADR monitoring and timely reporting in the healthcare system.

The workshop featured eminent experts in the field, including Prof. Mira Desai, Coordinator of AMC, Department of Pharmacology, B. J. Medical College; Prof. Trupti Swain, Coordinator of AMC, SCB Medical College, Cuttack, Odisha; Prof. Vandana Roy, Coordinator of RTC, Department of Pharmacology, Maulana Azad Medical College; and Dr. Jai Prakash, Senior Principal Scientific Officer, Indian Pharmacopoeia Commission (IPC), Ghaziabad.

The event witnessed active participation from nearly 600 healthcare professionals, including pharmacologists, clinicians, academicians, and ADR monitoring centre staff from across the region. The workshop served as an important platform for knowledge exchange, capacity building, and promoting the culture of patient safety through effective pharmacovigilance practices.

5. Keynote Lecture on 'Substance Abuse', *Nasha Mukh Bharat Abhiyan*, National Service Scheme Unit, AMU, Aligarh, 31.7.2025
6. Chaired, Guest Lecture on "Approach to a cyanotic baby" by Prof. Shaad Abqari, Indian Academy of Paediatrics (IAP) Aligarh Branch, 11.7.2025
7. Invited, Inauguration of National Pharmacovigilance Awareness Week, under the aegis of PvPI, IPC, Govt. of India, Bharat Mandapam, New Delhi, 17.9.2025

Prof. Syed Ziaur Rahman has been invited as:

1. Guest of Honour, Book Releasing Ceremony, *Khusrow Gaan* by Johny Foster, Dharampur Courtyard, Aligarh, 28.6.2025 (See detail on page 18)
2. External Subject Expert, Selection Committee for the ICMR-PG thesis financial support Program of Rs. 50,000, Indian Council of Medical Research (ICMR), New Delhi, 2022-2023, 2023-2024, 2024-2025

3. Subject Expert, Dept. of Pharmacology for the selection of Asst. Professor, HIMSR, New Delhi (Director/Dean Nominee), 9.9.2025
4. Invited, 'At-Home Reception' on the occasion of Independence Day, Rashtrapati Bhavan Cultural Centre, New Delhi, August 15, 2025
5. External Examiner for PhD and M. Pharm (Pharmacology), SPER, Jamia Hamdard, New Delhi, 12.9.2025 and 25.7.2025, respectively
6. External Examiner for PhD (Pharmacology), Institute of Pharmaceutical Research, GLA University, Mathura, 12.8.2025
7. External Examiner, for MBBS Main Exam, SHKM-GMC, Nalhar, Nuh, 26-28 August 2025
8. External Examiner, MBBS Main, Al-Falah School of Medical Sciences & Research Centre, 21-23.8.2025
9. External Examiner, BDS Main, KD Dental College, Mathura, 13.8.25-14.8.25
10. External Examiner, BDS Main, Kalka Dental College, Meerut, 25.8.2025

Prof. S. Ziaur Rahman, attended following courses:

1. Rashtriya Karmayogi Large Scale Jan Seva, The National Programme for Civil Services Capacity Building (NPCSCB) – Mission Karmayogi, Dept. of Personnel & Training, GoI, 2.10.2025 (Online)
2. Workshop on Clinical Trials, JHIEC Training by CRET (Mandated by CDSCO), Jamia Hamdard, New Delhi, 10-11 July 2025.

## DOCUMENTATION

### New Publication

The "Descriptive Catalogue of 373 Unani Medical Manuscripts", preserved at the Ibn Sina Academy of Medieval Medicine and Sciences, has been officially published by the National Institute of Indian Medical Heritage, under the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush, Government of India, Hyderabad, in

2025. The publication spans 386 pages and carries the ISBN 978-93-92544-22-4.

The preface of this significant work has been authored by Prof. Rabinaryan Acharya, Director General of CCRAS. The editorial team includes Ashfaq Ahmad, Goli Panchala Prasad, Syed Zillur Rahman, and Syed Ziaur Rahman, who have meticulously catalogued and described the extensive collection of Unani manuscripts. This catalogue serves as an invaluable resource for scholars, researchers, and students interested in the history, literature, and practice of Unani medicine.

### **Releasing Ceremony of ‘The Aligarh Muslim University: The Making of Modern Indian Muslims’**

The Department of Arabic, Aligarh Muslim University (AMU), organized a special function to release senior journalist and author Mohammad Wajihuddin’s book “The Aligarh Muslim University: The Making of Modern Indian Muslims” on 15.9.2025. Three new issues of the Journal of the Indian Academy of Arabic (JIAA) were also launched.

AMU Vice-Chancellor Prof. Naima Khatoon praised Wajihuddin for enhancing the university’s global reputation through his writings and journalism. She described him as a distinguished Alig who has brought the AMU community into international focus.

Former Urdu Academy Director Dr. Rahat Abrar highlighted that Sir Syed’s vision embraced all communities, while Prof. Hakim Syed Zillur Rahman, in his presidential address, recalled his long association with AMU and stressed the need to revisit contributions of neglected figures like Sir Ziauddin.

Wajihuddin said AMU was not just an institution but a movement that shaped generations of Indian Muslims, urging students to go beyond certificates and preserve their love for Urdu and books.

Prof. Sanaullah Nadwi, Chairman, Department of Arabic, welcomed the gathering and

underlined the significance of the book, while Prof. Mohammad Faizan Beg, in his vote of thanks, said AMU was a treasure for the nation and its traditions must be preserved.

The event, conducted by Dr. Arafat Zafar, witnessed a large turnout of scholars including Prof. Syed Kafeel Ahmad Qasmi, Prof. Sagheer Afrahim, Mr. Bachan Khan, Dr. Fakhr Alam, and Prof. Syed Ziaur Rahman.

### **AMC team of JNMC invited as special guests to attend the Inaugural Ceremony of the 5th NPW 2025 at Bharat Mandapam, New Delhi**

The Adverse Drug Reaction Monitoring Centre (AMC) team of JNMC, AMU, Aligarh was invited as special guests to attend the Inaugural Ceremony of the 5th National Pharmacovigilance Week (NPW) 2025, held on 17th September, 2025 at the prestigious Bharat Mandapam, New Delhi.

The event was organized by the Indian Pharmacopoeia Commission (IPC) under the aegis of the Pharmacovigilance Programme of India (PvPI), Ministry of Health & Family Welfare, Government of India. The ceremony was graced by the presence of the Chief Guest, Dr. Rajeev Singh Raghuvanshi, Drug Controller General of India (DCGI), who delivered the keynote address. On this occasion, Dr. Raghuvanshi also launched three new digital tools developed by PvPI, alongside a short film highlighting the activities and achievements of the programme. Notably, the five-minute film featured a clip from JNMC, Aligarh, recognizing its role in strengthening pharmacovigilance activities in India.

The Scientific Director of IPC, Dr. V. Kalaiselvan, extended a warm welcome to all participants and shared a detailed account of the progress made by PvPI in recent years. Dr. Jai Prakash, Incharge of NCC-PvPI, who originally conceptualized the idea of observing National Pharmacovigilance Week, expressed his happiness at witnessing the fifth successful year of this initiative.

Representing JNMC, AMU, Prof. Syed Ziaur Rahman (Coordinator, AMC), Mr. Gufran Ali

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(Pharmacovigilance Associate), and Dr. Rashaad Ahmad Khan (Junior Materiovigilance Associate) participated as special invitees of NCC-PvPI and IPC. Their invitation was a recognition of the significant contributions made by JNMC's AMC in supporting and advancing PvPI initiatives since its inception.

The event witnessed the participation of over 600 delegates from across the country, including senior Government officials, representatives from the pharmaceutical industry, academicians, and healthcare professionals. The gathering served as a platform to reaffirm collective commitment towards strengthening the culture of pharmacovigilance in India and ensuring patient safety

### **ADR Monitoring Centre Celebrates 5th National Pharmacovigilance Week**

The ADR Monitoring Centre (AMC), Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), successfully celebrated the 5th National Pharmacovigilance Week from 17th to 23rd September 2025. A series of awareness programmes and academic activities were organised to sensitize healthcare professionals, patients, and the community in accordance with the directives of the Pharmacovigilance Programme of India (PvPI), Indian Pharmacopoeia Commission (IPC), Ministry of Health & Family Welfare, Government of India. The theme of this year's observance was "Your safety, just a click away: Report to PvPI."

Prof. Syed Ziaur Rahman, Coordinator, AMC-PvPI and Chairman, Department of Pharmacology, JNMC, welcomed the guests and presented a detailed report of the week-long activities, conducted under the guidance of Prof. Mohammad Habib Raza, Dean, Principal & CMS, JNMC. The celebration commenced on 17th September with a sensitization lecture on Pharmacovigilance at Minto Circle School. On the following day, a symposium on PvPI and a guest lecture on Anti-Tubercular Therapy (ATT)-induced

ADRs were organised for resident doctors. The official inauguration took place on 19th September 2025, with Prof. Mohammad Habib Raza as Chief Guest and Mr. Mayank Pathak, IPS (ASP, Aligarh) as Guest of Honour, followed by a Walkathon around the hospital premises.

Subsequent days featured diverse programmes: Day 4: Sensitization sessions for patients at OPD, Trauma Centre and OPD, Dental College. Day 5: An exhibition on Pharmacovigilance publications at Ibn Sina Academy, followed by an ADR Awareness Programme in collaboration with IAP, Aligarh, at Hotel Lemon Tree. Day 6: Poster-making and quiz competitions for UG and PG students of Pharmacology, a guest lecture on Antimicrobial Resistance (AMR) and One Health: The Role of Vaccines, and a Nukkad Natak, *Dawa Ka Dushparinam* performed by NSS volunteers at AMU Campus.

The Valedictory Function was graced by Mr. Arun Yadav, IAS (Additional Commissioner) as Chief Guest, who stressed the importance of reporting ADRs to ensure patient safety and improve drug monitoring. Prof. Mohammad Habib Raza, Guest of Honour, appreciated the dedicated efforts of the Pharmacovigilance team in contributing to ADR reporting at the national level.

During the prize distribution ceremony, senior faculty members including Prof. Mohammad Shameem (Dept. of TBRD), Prof. Kamran Afzal (Dept. of Paediatrics), and Prof. Pradhuman Verma (Dept. of Oral Medicine and Dental Radiology) were felicitated for their continuous support to AMC. Awards for maximum ADR reporting were presented to Dr. Abdul Sadiq Khan (Dept. of TBRD), Dr. Mohd. Yaman (JR, Dept. of TBRD), and Dr. Ajith Xavier (JR, Dept. of Pharmacology). Winners of the poster and quiz competitions were also honoured.

The proceedings were conducted by Dr. Surbhi Jain and Dr. Gajula Sandhya Vani, who also delivered the vote of thanks. Special acknowledgement was given to Mr. Gufran

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Ali, Pharmacovigilance Associate, for his pivotal role in coordinating the entire event.

### **Representation of RTC, MvPI of AMU at National Stakeholders' Conclave on Materiovigilance and IVD Safety at the Headquarters of Indian Pharmacopoeia Commission**

The Coordinator of Regional Training Centre (RTC), Materiovigilance Programme of India (MvPI), Prof. Syed Ziaur Rahman participated in the National Stakeholders' Conclave on Materiovigilance and IVD Safety, organised by the Indian Pharmacopoeia Commission (IPC), Ministry of Health and Family Welfare, Govt. of India through its National Coordination Centre – Materiovigilance Programme of India (MvPI), on 3rd September 2025 at the Advance Level Research Centre, IPC, Ghaziabad.

The Conclave, themed “Strengthening the Materiovigilance Ecosystem through Multi-Stakeholder Collaboration”, brought together distinguished speakers and participants from the WHO, SCTIMST, NHSRC, NIB, PGIMER, medical device manufacturers, and healthcare professionals. A key highlight of the event was the launch of the new IVD-specific adverse event reporting form, an important step forward in advancing post-market surveillance and ensuring patient safety.

Prof. Rahman as an expert also participated as a panellist in a special discussion forum on the draft guidance for hospitals in India for safety monitoring and reporting of medical devices related incidents and adverse events. The guidance, once framed and approved by the WHO and CDSCO, would help primary, secondary and tertiary healthcare hospitals in establishing a robust safety surveillance and vigilance system in hospitals pan India to monitor the medical devices related to adverse events/ incidents.

Mr. Gufran Ali, Pharmacovigilance Associate, ADR Monitoring Centre and Dr. Rashaad Ahmad Khan, Jr. Materiovigilance

Associate, RTC- MvPI also participated from AMU, Aligarh

### **BAMS Students Visit Pharmacology Department at JNMC Aligarh**

As a vital component of the Bachelor of Ayurvedic Medicine and Surgery (B.A.M.S.) curriculum particularly within the subject of Dravyaguna Vigyan practical exposure to modern analytical techniques is strongly encouraged. Such hands-on experiences play a crucial role in bridging the gap between theoretical knowledge and its real-world application, particularly in drug standardization and quality control.

In alignment with this objective, a group of 36 second-professional B.A.M.S. students from Sri Sai Ayurvedic Medical College, accompanied by its faculty members Dr. Arun S Kumar, Dr. Priya Gupta, and Dr. Monica, undertook an academic tour to the Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), Aligarh, on 30.8.2025.

The visit was conducted under the guidance of the department's Chairman, Prof. Syed Ziaur Rahman, and aimed to provide students with a comprehensive learning experience covering key areas such as Clinical Pharmacy, Clinical Pharmacology, Experimental Pharmacology, Phytovigilance, Pharmacovigilance, and Materiovigilance.

Students engaged in interactive sessions within specialized laboratories, led by subject matter experts: Dr. Shemeer P. S. (Clinical Pharmacy Lab), Dr. Ahmar Hasan (Clinical Pharmacology Lab), Dr. Shariq Ahmad Azmi (Experimental Lab), Dr. Syed Ziaur Rahman (Phytovigilance), Mr. Gufran Ali (Pharmacovigilance) and Dr. Rashaad Ahmad Khan (Materiovigilance)

Additionally, the students were introduced to two national initiatives coordinated by the Indian Pharmacopoeia Commission (IPC): the Pharmacovigilance Programme of India (PvPI) and the Materiovigilance Programme of India (MvPI). These programs focus on monitoring adverse drug reactions and ensuring the safety

of medical devices, underscoring their significance in safeguarding public health.

The academic tour offered valuable insights into various branches of pharmacology and vigilance sciences, reinforcing the relevance of classroom knowledge through practical exposure. Prof. Syed Ziaur Rahman extended his appreciation to the visiting faculty for their collaboration and support in making the educational visit a success.

### **World Breastfeeding Week 2025**

In observance of World Breastfeeding Week 2025, the Department of Pharmacology, under the auspices of the ADR Monitoring Centre of the Pharmacovigilance Programme of India (PvPI), Indian Pharmacopoeia Commission, Ministry of Health and Family Welfare, Government of India, organized a special seminar titled “Prioritise Breastfeeding: Create Sustainable Support Systems” on August 5, 2025.

The seminar commenced with a welcome address by Prof. Syed Ziaur Rahman, Chairman of the Department of Pharmacology. He underscored the importance of commemorating World Breastfeeding Week annually and stressed the need for increased awareness and long-term support for inclusive breastfeeding practices, in alignment with this year’s global theme. He also outlined the historical timeline of initiatives led by UNICEF and WHO to discourage bottle feeding and advocate for breastfeeding.

Dr. Pragya Hangma Subba, a final-year resident in the Department of Pharmacology, delivered an insightful presentation on “Safe Use of Medicines in Lactation.” Her talk covered the pharmacokinetics and pharmacodynamics of drug excretion into breast milk and offered detailed guidance on medications categorized as safe, relatively safe, or contraindicated during lactation and pregnancy. She also elaborated on the transition from the FDA’s traditional risk categories to a new labeling system designed to offer clearer, more comprehensive

information for healthcare professionals and patients.

The session provided valuable insights for both healthcare providers and lactating mothers, emphasizing the importance of medication safety for both mother and child. Dr. Pragya Hangma was awarded a certificate of appreciation by Dr. Jameel Ahmad on behalf of the department.

The seminar was well-attended by faculty and residents from the Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), as well as undergraduate students from Dr. Ziauddin Ahmed Dental College & Hospital, Aligarh Muslim University.

### **Workshop on ‘Medicine Meets Industry’ to Bridge Academia and Pharma Careers**

The Department of Pharmacology, JNMC, AMU, in collaboration with the Training & Placement Office (TPO), AMU, and Himalaya Wellness Company, Bengaluru, organized a workshop titled "Medicine Meets Industry: Career Shifts for Healthcare Professionals" at Jawaharlal Nehru Medical College, AMU, on 7.8.2025. The program aimed to guide healthcare students and professionals on exploring diverse career opportunities in the pharmaceutical and wellness sectors.

The event was formally inaugurated by Professor Mohammad Habib Raza, who serves as the Dean, Principal, and Chief Medical Superintendent (CMS) of JN Medical College Hospital (JNMCH). In his address, Professor Raza expressed his appreciation for the timely and relevant theme of the workshop. He emphasized the importance of conducting such educational programs with integrity and professionalism. Furthermore, he advocated for ethical collaboration with pharmaceutical companies, highlighting that such partnerships should be guided by educational objectives and serve the best interests of medical learning and patient care.

Dr. Rajesh Kumawat, Head of Medical Services & Clinical Development, Himalaya Wellness Company, discussed the expanding



opportunities for healthcare professionals in the pharmaceutical industry and invited pharmacology students to apply for internships at Himalaya. He also proposed that the JNMC under the umbrella of TPO-AMU sign an MoU with Himalaya Wellness Company for student placements. Such an MoU could open structured pathways for AMU students to access internships, training programs, and potential recruitment opportunities, thereby enhancing their industry readiness.

Dr. Ashok B.K., Senior Manager, Ayush & scientific affairs, Himalaya Wellness Company, spoke on the complexity of herbal products, explaining how even slight species variations can lead to reduced efficacy or unexpected toxicity, highlighting the importance of rigorous quality control and research.

Prof. Syed Ziaur Rahman (Chairman, Department of Pharmacology), while welcoming guests, said that workshops of this nature are crucial as they help bridge the gap between academic training and industry requirements, giving students a clearer understanding of career trajectories beyond traditional clinical roles. They also foster networking, mentorship, and skill development essential for success in a competitive job market.

The lectures were followed by a panel discussion where Prof. Syed Ziaur Rahman stressed the vital role academicians can play in driving pharmaceutical innovation, while Mr. Saad Hameed (TPO, AMU) inspired students to pursue their passions and outlined how the TPO facilitates industry linkages and placements. Dr. Rajesh Kumawat elaborated on skill sets that improve employability and the importance of industry exposure for budding pharmacologists.

An interactive Q&A session concluded the program, where students and faculty posed thought-provoking questions on industry roles, herbal medicine research, and career pathways. The experts responded with detailed, experience-based insights, making

the session one of the most engaging parts of the event.

Dr. Ammar Khalid, Senior Resident, Dept. of Pharmacology, coordinated the panel discussion while Dr. Nachiket Brahmkar and Dr. Sneha Chaudhary, Junior Residents, conducted the workshop event. The event drew enthusiastic participation from clinicians, faculty, and postgraduate students of Jawaharlal Nehru Medical College, Ajmal Khan Tibbiya College, AMU and institutions beyond Aligarh. All attendees received participation kits and certificates

### **Guest Lecture Series at Department of Pharmacology**

The Department of Pharmacology at JNMC, AMU, organized an engaging guest lecture series on August 20, 2025, featuring prominent experts from the field of pharmacology. The first session was delivered by Prof. Vipul P. Chaudhari, Head of Pharmacology at GCS Medical College & Hospital, Ahmedabad, who spoke on “Basics of Pharmacokinetics.” He provided an in-depth overview of the core principles of pharmacokinetics and pharmacodynamics, outlining the key factors affecting drug absorption, distribution, metabolism, and excretion. Prof. Chaudhari also introduced the concept of kinetic homogeneity, effectively connecting theoretical knowledge to its clinical applications.

The second lecture was presented by Dr. Nusrat Nabi from Hamdard Institute of Medical Sciences & Research, New Delhi, on “Medication Management: NABH Chapter on Drug Safety.” Dr. Nabi emphasized the crucial role of pharmacologists in ensuring safe drug delivery to patients and advancing healthcare practices. She discussed key aspects of medication safety, including safe and uniform prescription practices, narcotic drug safety, pharmacovigilance, materiovigilance, and antimicrobial stewardship programs.

The lectures provided students with both conceptual clarity and practical insights, reinforcing the vital role of pharmacology in

patient safety and effective healthcare delivery. Together, the sessions offered students valuable conceptual understanding and real-world perspectives, highlighting the essential contributions of pharmacology to patient safety and quality healthcare. The event was introduced by Prof. Syed Ziaur Rahman, Chairman of the Department of Pharmacology, who welcomed and introduced both speakers

### **Conclusion of one-month summer training program at the Dept. of Pharmacology**

Mr. Aryan Mishra and Mr. Anurag, BSc students from Babasaheb Bhimrao Ambedkar University, Lucknow, successfully concluded their one-month summer training program at the Department of Pharmacology, JNMC, AMU, Aligarh.

As part of the culmination of their training, they delivered a comprehensive presentation summarizing their learning experiences and key takeaways from their time in the department. During their internship, they gained valuable insights into the functioning and utility of various laboratory facilities, with a particular focus on areas such as Pharmacovigilance, animal experimentation, and the Drug and Poison Information Centre (DPIC). Their presentation reflected a clear understanding of the practical applications of pharmacological principles, and they demonstrated a commendable grasp of the core functions of the department. Their engagement and curiosity throughout the training period were evident in their detailed observations and thoughtful reflections.

At the conclusion of the session, the Chairman of the Department, Dr. Syed Ziaur Rahman, presented Mr. Aryan Mishra and Mr. Anurag with certificates of completion, along with mementos and gifts as part of the Department's publication initiatives.

The event was graced by the presence of Dr. Ahmar Hasan, Dr. Ammar Khalid, Mr. Gufran Ali, as well as all postgraduate (PG) and PhD scholars of the department, who came together

to acknowledge and appreciate the efforts and contributions of the trainees. The gesture not only marked the successful completion of the summer training program but also underscored the department's commitment to fostering academic growth and professional development among young scholars.

### ***Khusro Gaan* Released**

Heartiest congratulations to my dear friend Mr. Johny Foster on the remarkable achievement of writing and composing a book, *Khusro Gaan*, in Hindi on the legendary poet and scholar, Amir Khusrow. While writing in prose has its own merits, expressing historical and literary depth through poetry requires a rare and refined skill, one that Johny Bhai possesses in abundance.

A well-known poet, accomplished music instructor, and a true gentleman, Johny Foster has always been an advocate of unity and harmony through his words and music. In this new work, he has beautifully captured the life, contributions, and poetic genius of Amir Khusrow, presenting them not through plain narration, but through evocative verse. It is a unique and commendable effort that bridges history, literature, and lyrical expression.

The book release event was held on June 28, 2025, at Dharampur Courtyard, Aligarh, and was graced by a distinguished gathering. The Chief Guest for the occasion was Mr. Vivek Bansal, and among the Guests of Honour was Sardar Daljit Singh. The program was skillfully conducted by Mr. Rakesh Saxena. One of the highlights of the event was recitation by Johny Foster himself from *Khusro Gaan*, bringing the spirit of the book to life.

The literary gathering saw enthusiastic participation from people across different walks of life in Aligarh, underlining the deep cultural and literary significance of the event. It was a celebration not just of a book, but of our shared heritage and the enduring legacy of Amir Khusrow, as retold through the poetic brilliance of Johny Foster.



## CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

### Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

#### THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

#### AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

#### MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

##### Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



##### Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

##### Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

##### Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

##### Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

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Please send all newsletter correspondence to:

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