

Newsletter of Ibn Sina Academy (NISA)

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Prof. Syed Zillur Rahman

Editor

Prof. Syed Ziaur Rahman

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Aligarh, India**



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★ دماغین منہ کی بدبو کو دور کرتی ہے اور ہضم کی اصلاح کرتی ہے۔

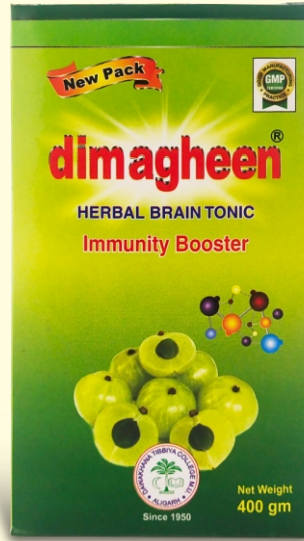
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EVENTS AT IBN SINA ACADEMY

(April – June 2025)

Celebration of World Health Day 2025

To mark World Health Day, a special lecture was organized at the Ibn Sina Academy, as part of the 17th Naseem Ansari Orientation Lecture series. The event featured Professor Asad Ullah Khan, a renowned scientist from Aligarh Muslim University (AMU), who delivered an insightful lecture on his groundbreaking discovery of the “New Delhi Metallo-Beta-Lactamase-4” (NDM-4) superbug. His presentation made this complex subject accessible to the general public by explaining it in clear and simple terms.

Professor Khan highlighted that the NDM-4 superbug is a type of bacteria that is resistant to many powerful antibiotics, making it a serious and growing threat to public health. He shared that he first identified this dangerous bacterium in the sewage water of Aligarh in 2014, describing it as a “clever” organism capable of spreading easily from person to person and rendering conventional treatments ineffective. He emphasized the urgent need for new antibiotics to combat this menace, stressing that the current medications were losing their effectiveness against such superbugs.

The professor also pointed out that environmental factors, such as pollution and unsanitary conditions, play a significant role in the proliferation of these antibiotic-resistant bacteria, increasing the risk to public health. He called for the responsible use of antibiotics, urging people to only take them when prescribed by a doctor to help slow down the spread of resistance.

In addition, Professor Khan informed the audience that he and his team were actively engaged in research to develop a new drug that could potentially offer a solution to this growing problem. His work has already garnered both national and international recognition for its potential impact on the field of microbiology and public health.

The lecture, held at the Ibn Sina Academy under the guidance of Padma Shri Professor Hakim Syed Zillur Rahman, attracted a diverse audience, including students, educators, and healthcare professionals, all of whom were deeply engaged in the important discussion. Professor Khan's discovery and his compelling presentation served as a wake-up call, prompting attendees to reflect on how seemingly small habits, such as improper antibiotic use or poor hygiene, can have far-reaching consequences on health.

This lecture was a remarkable initiative for World Health Day, designed not only to raise awareness about pressing health issues but also to present scientific concepts in a way that was accessible to the general public. Professor Khan concluded by stating, "Health is our most valuable asset, and to safeguard it, we must work together as a society."

In addition to Professor Khan's lecture, the event also featured another lecture on World Health Day theme, delivered by Professor S. M. Safdar Ashraf (Ex-Chairman, Department of Hifzane Sehat, AK Tibbiya College, AMU, Aligarh and General Secretary, Indian Integrated Community Health Association).

The program was attended by prominent figures such as Professor Mohammad Yunus (Ex-Chairman, Dept. of Community Medicine, JNMC), Professor Syed Ziaur Rahman (Chairman, Dept. of Pharmacology, JNMC), Dr. Mahendra Pal Singh (PGT, Hathras), Professor Anwar Shahzad (Dept. of Botany), Dr. Jameel Ahmed (Dept. of Pharmacology), Engineer S. A. Rao (President, Engineering Forum Aligarh), Professor Abdul Latif (EX-Chairman, Dept of Ilmul Advia), Dr. S. M. Javed (Ex-CMO), Dr. Abdur Rauf (Chairman, Dept. of Ilmul Advia), Professor Sheelu Shafique (Director, Endocrinology Centre, JNMC), Dr. Aftab Alam (Dept. of Urdu), Dr. Fakhre Alam (Dept. of Arabic), Safia Akhtar (PGT, Girls School, AMU), Mr. Gufran Ali (Pv Associate, PvPI, JNMC) along with

numerous doctors and scholars from the Medical College, all of whom added depth to the discussions surrounding the evolving threat of antibiotic-resistant bacteria

Condolence Meeting in Memory of Prof. K. C. Singhal

A heartfelt condolence meeting was organized by Ibn Sina Academy on 22nd April 2025 to mourn the passing of Prof. K. C. Singhal (16 June 1941 – 20 April 2025), a respected academician and a well-wisher of the Unani medical tradition. The gathering brought together colleagues, students, and admirers who paid tribute to his enduring legacy and contributions.

Prof. Syed Zillur Rahman fondly recalled Prof. Singhal as "a good friend and a compassionate human being," highlighting the warmth and sincerity that marked their long association.

Prof. Syed Ziaur Rahman expressed deep sorrow, stating, *"I have lost not only a teacher but a true guide who shaped my academic journey and personal growth. His wisdom and humility will forever remain with me."*

Prof. Abdul Latif remembered him as "an esteemed colleague and a genuine admirer of Unani medicine," underscoring Prof. Singhal's appreciation for traditional systems of healing and his efforts to bridge modern and classical medical sciences.

The meeting concluded with prayers and silent reflection, as attendees honored the memory of a remarkable educator and mentor whose absence will be deeply felt.

52nd Guest Lecture on "Mirza Bedil Dehlvi – Shakhsiyat aur Fun"

As part of its ongoing guest lecture series, the Ibn Sina Academy of Medieval Medicine and Sciences successfully organized its 23rd lecture, focusing on the theme *"Mirza Bedil Dehlvi – Shakhsiyat aur Fun"* (Personality and Art). The highlight of the event was a keynote address delivered by the eminent scholar, Dr. Taqi Abedi, who joined from Canada. A globally acclaimed authority in Persian and

Urdu literature, Dr. Abedi has authored more than 80 books and numerous scholarly articles that have significantly contributed to literary scholarship.

In his compelling and interactive session, Dr. Abedi shed light on the distinctive features of Mirza Bedil Dehlvi's poetry, drawing comparisons with his contemporaries and literary successors. He offered a nuanced analysis of Bedil's stylistic innovations, philosophical depth, and his profound influence on 19th and 20th-century poets. Dr. Abedi emphasized the enduring relevance of Bedil's poetic vision, particularly his exploration of human emotions, metaphysical thought, and spiritual introspection.

"Bedil's poetry transcends temporal boundaries and speaks to universal human experiences," Dr. Abedi remarked. He underlined how Bedil's verses continue to resonate in today's socio-political climate, offering insights into contemporary challenges such as cultural polarization and emotional disconnection.

He further urged the academic community to engage in a contemporary reinterpretation of Bedil's writings. "In an increasingly divided world, Bedil's work has the potential to foster empathy, unity, and deeper understanding among individuals," he asserted. He also praised the emotional intensity and stylistic elegance of Bedil's Urdu ghazals, noting their unique place in the literary tradition.

The session also featured reflections from Prof. Sagheer Afraheem, who underscored the lasting significance of Bedil's contributions. "Bedil's poetry encapsulates the essence of human emotion and imparts timeless wisdom that continues to inspire readers across generations," he said.

The event was presided over by Prof. Syed Zillur Rahman, President of Ibn Sina Academy, who introduced the keynote speaker and acknowledged Dr. Abedi's scholarly efforts. "Dr. Abedi has deepened our understanding of Bedil's philosophical and

poetic legacy. I hope he continues to share his knowledge with us during future visits to India,” he said.

Prof. Masud Anwar Alavi, Principal of the Women’s College, delivered the welcome address. He commended Bedil’s seminal role in shaping the evolution of both Persian and Urdu literary traditions. “Bedil’s fusion of mysticism and humanism remains a cornerstone of classical literary thought,” he noted.

The proceedings were moderated by Dr. Raihan Akhtar, faculty member at the Department of Sunni Theology, who ensured a smooth flow of the program.

The lecture attracted a diverse audience, comprising faculty members, researchers, and students from Aligarh Muslim University (AMU). Distinguished attendees included Prof. Abdul Alim, Dr. Abdul Moiz Shams, Er. Rao, Prof. Sagheer Afraheem, Dr. Fakhre Alam, Dr. Raihan Akhtar, Dr. Jahangir Alam, Dr. Syed Ziaur Rahman, Dr. Kazim Abidi, Ms. Soofia Akhtar, Dr. Syed Tasawwer Hussain, Prof. Abdur Rahim K, Prof. Shabahat Husain, Prof. Masud Anwar Alavi, and Dr. Abdul Aleem (Department of Physiology), among others.

This enriching literary session reaffirmed the relevance of classical poetic voices like Mirza Bedil Dehlvi in contemporary discourse and highlighted the vital role of academic forums in preserving and promoting South Asia’s rich cultural heritage.

Ibn Sina Public Health Award Conferred on Three Distinguished Individuals for Their Outstanding Societal Contributions

The renowned Ibn Sina Public Health Award, a symbol of excellence and dedication in the field of public welfare, has been awarded this year to three exceptional individuals who have made significant contributions to society through their respective fields.

Ms. Talat Nasreen Bharti, an accomplished freelance journalist, story writer, columnist,

poetess, and drama writer based in New Delhi, has been recognized for her influential voice in the literary and media landscape. Her work, often centered on pressing social issues, has inspired many and played a pivotal role in raising awareness on topics critical to public consciousness.

Dr. R. S. Ray, currently serving as a Scientific Assistant at the Pharmacovigilance Programme of India (PvPI), Indian Pharmacopoeia Commission (IPC), under the Ministry of Health and Family Welfare (MoHFW), Government of India, has been honored for his dedication to drug safety and public health. His contributions have enhanced pharmacovigilance practices across the nation, ensuring safer healthcare for millions.

Dr. M. Wasif Khan, Head of Global Pharmacovigilance and the Global Qualified Person for Pharmacovigilance (QPPV) at Evolet Healthcare Pvt. Ltd., New Delhi, has also been awarded for his leadership in global drug safety standards. His work has significantly contributed to building robust international pharmacovigilance systems, thereby impacting public health on a global scale.

The Ibn Sina Public Health Award continues to celebrate individuals who embody the spirit of service, knowledge, and compassion, much like its namesake, the great physician and philosopher Ibn Sina (Avicenna). This year’s awardees stand as exemplary figures whose work transcends boundaries and directly enriches the well-being of society.

Two-Day Leadership and Development Event – ‘Ibn Sina Academy Lead’

The Ibn Sina Academy successfully organized a two-day event titled “Ibn Sina Academy Lead” on 22nd and 23rd June 2025, aimed at empowering the youth through leadership, personality, and community development initiatives. The program specifically engaged students from the SSGE Scholars program, providing them with an opportunity to interact with distinguished professionals and thought leaders from various fields.

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On day 1 (22nd June 2025), the event commenced with an enlightening session on “Leadership Development” delivered by Prof. Parvaiz Talib, who shared valuable perspectives on the qualities and skills essential for effective leadership in today’s world. The session concluded with an interactive Q&A segment, allowing students to engage directly with the speaker.

This was followed by a thought-provoking session on “Personality Development”, conducted by Dr. Manzar Jamal, who emphasized the importance of self-awareness, communication skills, and emotional intelligence. To reinforce the concepts discussed, a team-building game was also organized, encouraging collaboration and practical learning among participants.

On day 2 (23rd June 2025), the second day began with a session on “Community Development”, presented by Prof. Mansoor Alam Siddiqui, who discussed the role of youth in building inclusive, resilient communities. This was followed by another insightful presentation on “Digital Leadership” by Dr. Manzar Jamal, highlighting the growing relevance of digital skills and online engagement in contemporary leadership.

Mr. Shaukat Ali Khan, Director of SISS Information Technology and Management, provided a comprehensive overview of the e-Paravesh system, aimed at streamlining admissions and student engagement through digital platforms.

To promote environmental responsibility, students actively participated in a Tree Plantation drive, underscoring the academy’s commitment to sustainability.

The event was inaugurated by Prof. Syed Ziaur Rahman, who welcomed the esteemed guests and participants. The sessions were seamlessly moderated by Dr. Rehana Ahmad, while Engineer Fareed Nazim Farooqui efficiently managed all logistical arrangements. A total of 30 SSGE Scholars took part in this vibrant and impactful

program, which blended academic learning with personal and social development.

Interviews to select scholars for SSGE scholarship concluded

Week-long interviews were conducted at Ibn Sina Academy to finalise and scrutinise the list of candidates sent by the respective schools. All these interviews for each school were held from 5 pm onwards on the following dates:

S. No.	Dates	Schools
1	8.5.2025	Abdullah School
2	9.5.2025	City Girls School
3	10.5.2025	ABK Girls School
4	11.5.2025	Minto Circle
5	12.5.2025	AMU Girls School
6	13.5.2025	ABK Boys
7	14.5.2025	RMPS City School

The expert panel for interviews were Prof. Suhail Sabir, Dr. Manzar Jamal, Dr. Syed Ziaur Rahman, Er Fareed Nazim Farooqui, Mr Ahmad Raza, Er. Adnan Hafeez, Dr. Sadia Ayub, Dr. Rehana Ahmad, Dr. Moinuddin and Dr. Juhi Gupta.

The panel selected 705 students for SSGE scholarship and distributed course material, school uniform, and shoes to some selected and needy students. These children accompanied their parents.

NIMA Learning Course for SSGE Scholars

The much-anticipated NIMA Learning Course has officially commenced for selected SSGE scholars at Ibn Sina Academy, with sessions being conducted by the esteemed educator Mr. Sohail Ahmad. The classes are held three days a week i.e on Monday, Wednesday, and Friday for students from Class 5 to 10.

Earlier, a selection process for the course took place on April 11, 2025, during which scholars from the academy underwent final evaluation. Following a competitive selection, 32 students were chosen to be part of this prestigious program.

The NIMA Learning Course is fully sponsored, allowing scholars to pursue

advanced learning without bearing any financial burden. This initiative is aimed at nurturing academic excellence and providing equal educational opportunities to promising students.

The program reflects the SSGE and academy's ongoing commitment to empowering young minds through quality education and expert guidance.

3-Day AHA-Certified BLS & ACLS Workshop for Medical Residents

A comprehensive three-day workshop on Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS), certified by the American Heart Association (AHA), was successfully conducted from June 13 to 15, 2025, at Ibn Sina Academy, Aligarh. This hands-on training program was jointly organized by the Resident Doctors' Association (RDA) of Jawaharlal Nehru Medical College (JNMC), AMU, and the Academic Institute for Clinical Training (AICT), in collaboration with Max Healthcare, Saket, New Delhi, an AHA-authorized training provider.

The workshop was held under the esteemed academic supervision of Professor Syed Ziaur Rahman, whose continued support played a vital role in the event's success. The Organizing Committee was represented by Dr. Saif Ali and Dr. Mirza Mohammad Beig, both from the MBBS Batch of 2021.

Led by a team of AHA-Certified Instructors, Mr. Gaurav Thapliyal, Ms. Parul Viji, Mr. Abhishek, Dr. Atul Kaushik, and Dr. Krishna Kumar, the training provided participants with intensive, evidence-based learning experiences. The sessions utilized high-fidelity manikins, AHA-standard simulation tools, and followed structured resuscitation algorithms aligned with the latest international guidelines. Over 100 postgraduate residents from various specialties of JNMC enthusiastically participated in the workshop.

The curriculum included interactive modules, team-based scenarios, and real-time

simulations focusing on emergency response protocols, team coordination, and decision-making in life-threatening situations. Each participant was provided with official AHA course materials, including eBooks, and received certification upon successful completion of assessments.

This initiative significantly enhanced the clinical acumen and emergency preparedness of the residents, promoting a culture of excellence in patient care. Moreover, it served as a bridge between institutional training and global healthcare standards.

Extension Lecture on “Modern Guiding Principles for Understanding the Quran” by Dr. Mohd Shamim Qamar Falahi

An extension lecture titled “*Modern Guiding Principles for Understanding the Quran*” was organized by the All India Educational and Cultural Foundation on 31st May 2025 at the Ibn Sina Academy, Aligarh. The event brought together scholars, academicians, and professionals from various fields to engage in an insightful discourse on contemporary approaches to Quranic interpretation.

The session commenced with a welcome address and introductory remarks by Dr. Aftab Alam, who set the tone for the lecture by highlighting its significance in the context of evolving theological and intellectual discourse. He introduced the guest speaker, Dr. Mohd Shamim Qamar Falahi, noting his professional background as a Medical Officer (Unani) currently serving in Araria, Bihar. Dr. Alam praised Dr. Falahi not only for his medical expertise but also for his deep engagement with Quranic scholarship.

The keynote lecture by Dr. Falahi delved into the pressing need to understand the Quran through a lens that is both rooted in tradition and responsive to the demands of the modern world. He emphasized the importance of context, linguistic depth, and holistic interpretation in grasping the divine message, especially in today's rapidly changing socio-cultural landscape. His talk was met with keen

interest and intellectual curiosity by the audience.

Dr. Faiza Abbasi, Director of the University Grants Commission-Human Resource Development Centre (UGC-HRDC) at Aligarh Muslim University, addressed the gathering and expressed her appreciation for the lecture. She commended Dr. Falahi for his clarity of thought and scholarly rigor. As a gesture of respect and encouragement, Dr. Abbasi presented him with a copy of the Holy Quran—a special edition that held personal value, having been preserved by her grandfather.

Maulana Mohammad Ismaeel Falahi, a distinguished scholar and religious historian, and above all the teacher of Dr. Mohd Shamim Qamar Falahi, also spoke on the occasion.

The session was presided over by Prof. Hakim Syed Zillur Rahman, who added gravitas to the event with his presence and brief concluding reflections. The lecture was well-attended by a diverse audience, including notable figures such as Dr. Abdul Moiz Shams, Engineer Fareed Nazim Farooqui, Dr. Rehana Ahmad, Dr. Sadia Ayub, and Dr. Syed Ziaur Rahman, among others. Their participation highlighted the event's academic value and the continuing relevance of Quranic studies in interdisciplinary settings.

Dr. Irfan Ahamad Nadvi, conducted the programme. The event concluded with a vote of thanks and informal interactions, reflecting the shared commitment to fostering educational and cultural enrichment in the community.

Mahfil-e Mohabbat

A poetic session, was organized where a large number of Urdu poets participated and shared their poetries. The function was organized at Ibn Sina Academy under the guidance of Prof. Syed Zillur Rahman on 11 April 2025. Prof. Akhtarul Wasey was the chief guest, while Mr. Nadeem Siddiqui was the guest of honour.

The outstation poets were Mr. Irfan Jafri, Mr. Anjum Barabanqvi, Mr. Nasir Barni Yanbi, Mr. Shariq Adeel, Dr. Mahtab Alam, Mr. Abdullah Rahi and Mr. Saif Usmani, while the local poets were Prof. Syed Siraj Ajmali, Dr. Mueed Rasheedi, Mr. Naseem Noori, Mr. Owais Jamal Shamsi, Dr. Muheeb Shehzer and Dr. Wasi Beg Bilal.

Mr. Mujahid Raza conducted the programme, while Dr. Aftab Alam was the coordinator, and Nadeem Mahir was the main host.

National Literary and Cultural Event 'Harf-e-Taza' at Ibn Sina Academy

On May 20, 2025, a one-day national-level event titled *Harf-e-Taza* was held with great enthusiasm at Ibn Sina Academy. The event commenced at 3:30 p.m. and brought together a vibrant gathering of youth, artists, and cultural enthusiasts. This enriching program was successfully organized by the All India Educational and Cultural Foundation, in collaboration with the Ibn Sina Academy of Medieval Medicine and Sciences.

The primary objective of *Harf-e-Taza* was to foster literary and cultural expression among young individuals, offering them a dynamic platform to exhibit their artistic talents. The event featured a wide range of performances across several segments, including:

- Self-composed Poetry and Short Stories
- Naat, Hamd, and Ghazal Singing
- Mimicry Acts
- Storytelling Performances

Over 40 enthusiastic presenters among them, Zainab, Samiah, Adeeba, Abdullah, and Haneen, took to the stage to share their creativity and talent, captivating the audience with their heartfelt expressions and performances.

The program was skilfully convened and anchored by Aqleem Aftab, who guided the event with grace and professionalism. A warm and heartfelt vote of thanks was delivered by Kisa, acknowledging the efforts of all those who made the event possible.

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The occasion was further elevated by the esteemed presence of notable guests, including Mrs. Khursheed Jabeen Falahi, Mr. Rehan Badar Falahi, Mrs. Shaheen, and Mrs. Gazala Tahseen, whose support and encouragement added significance to the event.

Harf-e-Taza turned out to be a truly memorable experience for everyone involved - presenters, participants, and audience members alike. As a token of appreciation, all presenters were awarded medals and certificates, while certificates were also distributed to participants and volunteers in recognition of their valuable contributions. The overwhelming success of *Harf-e-Taza* stands as a testament to the dedication and hard work of the organizing team, as well as the remarkable talent of the youth it showcased. It is hoped that such cultural and literary initiatives will continue to flourish, nurturing creativity and inspiring future generations across the nation.

New Publications in the last Quarter

1. Hakim Syed Zillur Rahman and the Study of Manuscripts, by Prof. Shamim Irshad Azmi; ISBN: 978-81-986211-5-3; Price: INR 350
2. Life and Legacy of Hakim Syed Zillur Rahman by Dr. Ashfaque Ahmad (Foreword by Hon'ble Mohammad Hamid Ansari, Former Vice President of India); ISBN: 978-93-342-5669-7; Price 625

Qarābādīn Karam Ḥusain is a comprehensive pharmacopoeia encompassing a wide range of Unani formulations and prescriptions for various diseases. Originally compiled by the eminent Unani physician Ḥakīm Syed Karam Ḥusain (1870-1953), the work has been carefully edited, compiled, and annotated by his grandson, Ḥakīm Syed Zillur Rahmān (b. 1940). Through his meticulous efforts, he has preserved and contextualized this valuable medical legacy for contemporary scholars and practitioners of Unani medicine. He has also written an important preface to this work in Urdu, which have been translated into English by Dr. Ashfaque Ahmad to reach a global audience.

"Tārīkh Tibb Unani" (History of Unani Medicine) is a collaborative scholarly work written in Urdu by a group of distinguished authors, each contributing to different aspects of the historical evolution of the Unani medical tradition. The book provides a comprehensive overview of the development of Unani medicine from its origins in ancient Greece, through its flourishing in the Islamic world, to its establishment and advancement in the Indian subcontinent. It covers key figures, texts, institutions, and turning points that shaped the system over centuries. This important volume was published by the National Council for Promotion of Urdu Language (NCPUL), New Delhi. The preface to the book has been penned by the eminent historian of Unani medicine, Ḥakīm Syed Zillur Rahmān, written in Urdu. His introductory remarks provide critical insight and scholarly context to the collective work. I have translated the preface into English to facilitate global dissemination of Unani medicine's history for global audiences.

Dr. Ashfaque Ahmad

DISTINGUISHED VISITORS

1. The Non-teaching Staff of the Department of Pharmacology, JNMC, AMU, Aligarh had the opportunity to visit the Academy, graciously arranged by the Chairman of the Department, 21.6.2025
2. Delegation including Hakim Noor Alam Qasmi (Chandpur, Bijnor), Hakim Irfan Bijnori (Bijnor) and Hakim Mufti Uzer (Bulandshahar), 20 June 2025
3. Ms. Isabel Hacuja Alonso, 11 April 2025. She came with Dr. Asad Faisal Farooqui. Ms. Alonso is originally from Mexico (South America) and teaches the history of Modern South Asia and Sound Media at the University of Columbia, New York. One of her books is 'Radio for Millions: Hindi Urdu Broadcasting Across Borders'. She is currently working on the period following Gandhi's assassination and has interviewed Hakim Syed Zillur Rahman to gather his views on the event.

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MEMBERS' ACTIVITIES

Prof. Zakia Athar Siddiqi
(General Secretary, Ibn Sina Academy)

Prof. Zakia Ather Siddiqi Honoured with Dr. B. R. Ambedkar International Award for Excellence in Education and Social Service

Prof. Zakia Ather Siddiqi, a distinguished educationist and former Principal of Women's College, Aligarh Muslim University (AMU), has been awarded the Dr. B. R. Ambedkar International Award (Certificate of Excellence) by the Tirupati Balaji Educational Foundation. This prestigious honour recognizes her lifelong contributions to the fields of education and social upliftment.

A trailblazer in women's education, Prof. Siddiqi is widely respected for her tireless efforts to empower women through academic advancement. Her visionary leadership and commitment to educational reform have had a lasting impact, inspiring generations of young women to pursue excellence and self-reliance.

As the Officer on Special Duty (OSD) at Aligarh Public School, Prof. Siddiqi introduced forward-thinking pedagogical practices and instituted comprehensive reforms that elevated the institution's standing on a national level. Her tenure marked a transformative era for the school, aligning traditional academic values with the demands of modern education.

Under her stewardship, Aligarh Public School earned national acclaim, securing the Digital India Competition Award an impressive four times in 2017, 2018, 2023, and 2024. These achievements underscore her commitment to integrating technology into education and preparing students for the challenges of the digital age.

Even in retirement, Prof. Siddiqi's passion for education and social service continues undiminished. She remains actively involved

in mentoring, advocacy, and educational initiatives aimed at community development.

This award not only celebrates Prof. Siddiqi's exceptional legacy but also serves as a beacon of inspiration for educators, students, and social reformers across the country. Her work exemplifies the profound impact of dedicated educators in shaping a more inclusive and enlightened society.

Prof. Syed Zillur Rahman
(President, Ibn Sina Academy)

1. Chaired, All India Muslim Educational Conference, at its headquarters, Sultan Jahan Manzil, Aligarh on April 27, 2025 (Detail on page.10-11.)
2. Chaired, International Museum Day 2025, Dept. of Museology, AMU, Aligarh, on May 18, 2025 (Detail on page 12-13)
3. Attended, Executive and General Body Meeting of Anjuman Tarraqqi Urdu (Hind), Urdu Ghar in New Delhi on June 22, 2025.

Executive Meeting, All India Muslim Educational Conference, Aligarh

Prof. Syed Zillur Rahman participated in the Executive and Administrative Meeting as President of the All India Muslim Educational Conference, at its headquarters, Sultan Jahan Manzil, Aligarh on April 27, 2025.

The meeting commenced with the recitation of the Holy Quran by Prof. Razaullah Khan, Honorary General Secretary of the AIME Conference. This was followed by the confirmation of the minutes from the previous meeting held on 8th December 2024.

Key decisions and discussions during the meeting included:

- Filling of Vacant Administrative Posts: It was resolved to fill the existing administrative vacancies. The names of the nominated individuals will be forwarded to the Muslim University Court for consideration.
- Formation of Election Committee: A dedicated election committee was constituted to oversee the upcoming

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internal elections and ensure transparent proceedings.

- **Beautification Efforts:** The General Secretary provided an overview of the initiatives undertaken for the beautification of the conference building. In support of this, Mr. Munawwar Haziq generously contributed a cheque of Rs. 50,000 towards the cause.
- **Promotion of Female Education:** Prof. Zakia Ather Siddiqi emphasized the critical importance of women's education. In alignment with this vision, it was decided to establish a Female Wing, which will convene separately to define its specific aims and objectives.
- **Financial Audit Report:** The audited financial report could not be discussed, as it had not yet been reviewed by the Chartered Accountant. The matter will be deferred to a later date once the report is available.
- **Membership Update:** The list of life members of the conference is currently being updated to ensure accuracy and completeness.

The meeting concluded with an agreement to continue efforts towards organizational development and social upliftment through education and community engagement.

The meeting was presided over by Prof. Hakim Syed Zillur Rahman. It was attended by EC members including Prof. Zakia Ather Siddiqi, Prof. Razaullah Khan, Dr. Khwaja Mohd Shahid, Mr. Nasim Waris, Mr. Munawwar Haziq, Mr. Mohd Ahmad Shewan, Mr. Khursheed Ahmad, Mr. Noorul Karim Khan, Mr. Syed Anzar Ahmad Sabri, Mr. Javed Said Khan and Mr. Asadyar Khan.

Prof. Syed Ziaur Rahman
(Hony. Treasurer, Ibn Sina Academy)

Prof. Rahman received appointments and honours from the following esteemed organizations and institutions:

1. Letter of Appointment as International Ambassador for Yao Medicine, Jinxiu, Guangxi, China, 27.12.2024

2. Chairman, Institutional Ethical Committee, Faculty of Unani Medicine, AMU, since 2025.
3. Lead role, National Consultation on Integrating Patent Safety and Quality into the Medical Curriculum, Amrita Patel Centre for Public Health, Bhaikaka University, Vadodara, 4-5 April, 2025
4. Invited as the lead expert to share experience, Working Group 3 (WG3) Meeting, South-East Asia Regulatory Network (SEARN), WHO-SEARO (Chaired by Adrien Inoubli from SEARN), 9.4.2025
5. Coordinator, CME on “Current Perspective on Pharmacovigilance” under the aegis of AMC-PvPI, IPC at Committee Room, Dean’s Office, JNMC, AMU, 16th April 2025
6. Chaired, Scientific Session on Pharmacovigilance, 12th UP-UK APPICON, Kalyan Singh Govt. Medical College, Bulandshahr, 26.4.2025
7. Coordinator, First Advanced Level Training on Materiovigilance” under the aegis of RTC-MvPI, IPC, GoI, Committee Room, Dean’s Office, JNMC, AMU, 6th May 2025
8. Subject Expert (Director’s Nominee), Govt. Institute of Medical Sciences (GIMS), Greater Noida, (Professor) for D/o Pharmacology, 22.5.2025
9. Expert Speaker, 33rd Skill Development Programme on Pharmacovigilance, National Coordination Centre for Pharmacovigilance Programme of India (NCC-PvPI), Indian Pharmacopoeia Commission (IPC), Ghaziabad, 2nd- 6th June 2025 (Topic: "History and Basic Concepts of Pharmacovigilance " on 2nd June 2025 from 10:00 AM- 10:45 AM)
10. Chaired, MPS Webinar on Ecopharmacology by Dr. Suyog Sindhu, World Environment Day, Organised by Dr. Shiva Murthy N, Medical Pharmacologists Society, 6.6.2025
11. Subject Expert, Jamia Hamdard, New Delhi (VC Nominee), GSC_CAS (Professor & Associate Professor), SUMER, 11.6.2025

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12. Invited Lecture, 5th International Academic Conference on the Inheritance, Innovation, and Development of Traditional Chinese Medicine and Founding Conference of the BRI Traditional Medicine Education Development Alliance, Shaanxi University of Chinese Medicine, Xi'an, China, 23 May 2025
13. Invited Talk, Scientific Forum on Traditional Medicine - "The Great Silk Road: Medicine and Traditions", Xi'an International University, Xi'an, China, 24 May 2025
14. Invited Lecture, Development Plan for Promoting High-quality Integration of Traditional Chinese Medicine, Qingdao Yao Medicine Research Institute of China (Representative of Chinese Ethnomedicine Organisation), Qingdao, China, 26 May 2025
15. Guest of Honour, Book Releasing Ceremony, *Khusro Gaan* by Johny Foster, Dharampur Courtyard, Aligarh, 28.6.2025. Mr. Vivek Bansal was the chief guest, while Sardar Daljit Singh was another guest of honour. The program was conducted by Mr. Rakesh Saxena. Lots of people from all walks of life from Aligarh, participated the literary program.
16. Coordinator, Local Selection Committee for the post of Junior Materiovigilance Associate (Jr.MvA), Regional Training Centre (RTC), Materiovigilance Programme of India (MvPI), JNMC, AMU, Aligarh, 30.6.2025.
3. 7th Technical Support Group Meeting, National Coordination Centre (NCC)-Materiovigilance Programme of India (NCC-MvPI), Indian Pharmacopoeia Commission (IPC), Ghaziabad, 14.5.2025 (Online)
4. Participated as a member of the delegation, Xi'an Medical University, Xi'an, China, 21 May 2025 (Detail on page 20-22)
5. Participated as a member of the delegation, 2025 Silk Road International Conference on the Cooperation and Integration of Industry, Education, Research and Application & Education Cooperation and Exchange Conference, Xi'an Qujiang International Conference Centre, Xidian University, Xi'an, China, 22 May 2025

DOCUMENTATION

International Museum Day 2025

The Department of Museology at Aligarh Muslim University (AMU) observed International Museum Day 2025 on May 18, 2025 with a full-day programme showcasing student-led conservation, community engagement, and global academic dialogue. Aligned with the International Council of Museums' (ICOM) theme, "The Future of Museums in Rapidly Changing Communities," the event featured a curated exhibition, a guided educational tour for schoolchildren, and an international seminar.

Vice Chancellor of AMU, Professor Naima Khatoon inaugurated the exhibition, lauding the department for blending academic rigour with public-oriented heritage work. She noted the department's status as one of South Asia's oldest museum studies centres (est. 1953) and stressed the educational value of museums under the National Education Policy 2020.

The exhibition featured a restored 75-year-old palanquin (originally used in ceremonial processions by a noble family from Kannauj), revived by student Mehran Firdoos under Dr. Ameerza Zarrin's guidance, linking visitors to local craftsmanship and women's history. Other highlights included a portrait of Nawab Mir Hameedullah Khan (presently extant at the museum of Ibn Sina Academy), a rare

He visited KD Medical College, Mathura on 2.5.2025 for academic purposes and participated in the following conferences and meetings

1. Coordinator/Deputy Coordinator Meeting of the Regional Training Centre (RTC), National Coordination Centre (NCC)-Materiovigilance Programme of India (NCC-MvPI), Indian Pharmacopoeia Commission, Ghaziabad, 1.4.2025 (Online)
2. Fundamental Research Sub-Committee Meeting, CCRUM Headquarters, Ministry of Ayush, Govt. of India, New Delhi, 2.5.2024

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1952 manuscript authored by Hakim Syed Karam Hussain of Tijara (Alwar), natural history specimens, and ethnographic artefacts.

To foster early interest in heritage, local schoolchildren were invited for a guided tour led by postgraduate students. Interactive storytelling stations encouraged them to connect artefacts with contemporary issues like sustainability and identity, reinforcing the relevance of museums in today's world.

The international seminar began with a welcome address by Professor Abduraheem K., Chair of the Department of Museology and Secretary, ICOM India. He underscored that museums are shifting from static repositories to dynamic platforms promoting dialogue, inclusivity, and environmental stewardship.

Professor Nafees Ahmad Khan, Dean, Faculty of Life Sciences, praised the department's dynamism and experiential approach. Professor Ambika Patel, President of ICOM India, stressed the importance of global collaboration and embedding museological literacy into education while linking rural museums to national digital platforms.

Padma Shri Professor Hakeem Syed Zillur Rahman highlighted the need for meticulous conservation. Joining virtually from Australia, Professor Amareswar Galla, UNESCO Chair, delivered the keynote address, reflecting on global Museum Day initiatives, AI's dual impact on curation, and the importance of community co-creation in sustainable museology.

The speakers collectively emphasized that museums must adopt digital innovation without compromising authenticity, foster inclusive participation, and serve as lifelong learning hubs in line with NEP 2020.

Concluding the seminar, Dr. Danish Mahmood, the Convener, thanked the dignitaries and participants for transforming International Museum Day into a vibrant showcase of innovation, collaboration, and inclusivity.

9th Avicenna Clinical Pharmacology Quiz

The Department of Pharmacology, Jawaharlal Nehru Medical College, Aligarh Muslim University, Aligarh, in collaboration with Ibn Sina Academy of Medieval Medicine and Sciences successfully organized the 9th Avicenna Clinical Pharmacology Quiz on 23rd April 2025. The event witnessed enthusiastic participation from nearly 100 MBBS and BDS students, highlighting the academic vibrancy and competitive spirit of the institution.

The quiz was designed to test the clinical application of pharmacological knowledge, with most questions based on clinical case scenarios. The quiz was conducted in two phases: a preliminary screening round followed by the final round. The event was conducted by Dr. Ammar Khalid and coordinated by the team of dedicated postgraduate residents of the Department under the guidance of Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology. The total cash prizes worth ₹10,000 by the courtesy of one of the alumni Dr. Misbahuddin (King Abdulaziz University, Saudi Arabia) were awarded to the winners, making the event even more exciting for the participants.

The first prize was awarded to the team composed of Vibha Varshney and Ranak Sharma, MBBS 3rd Prof (Batch 2022). The second prize was awarded to Harshit Jain and Samardeep Singh, MBBS Final Prof (Batch 2021), while the third prize and the consolation prize respectively were awarded to Mukul Kumar and Ehan Hasnain, MBBS 3rd Prof (Batch 2022) and Farhan Mohammad Khan & Sameer Tahir, MBBS 3rd Prof (Batch 2022).

Prof. Syed Ziaur Rahman congratulated the winners and appreciated all the participants for their interest in clinical pharmacology. He emphasized the importance of such academic events in fostering critical thinking and clinical application of pharmacological knowledge among undergraduates

MPSCON 2025, AIIMS Guwahati

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University, earned accolades at the prestigious Medical Pharmacologists Society Conference (MPSCON) 2025 held at the All India Institute of Medical Sciences (AIIMS), Guwahati. Themed “Pharmacology at the Crossroads: Innovations, Evidence & Future Frontiers,” the conference served as a leading national platform for discussions on the future of pharmacological sciences.

Representing AMU, junior residents Dr Abhinav Tiwary and Dr Amrita Kumari Pandey from the Department of Pharmacology actively participated in the postgraduate oral paper competition. Dr Tiwary secured the First Prize in the Oral Paper Presentation category for presenting a pre-clinical research study, while Dr Pandey delivered a systematic review and meta-analysis.

Prof. (Dr.) Syed Ziaur Rahman, Chairman, Department of Pharmacology, congratulated the students on their achievements and expressed pride in their contributions to national academic forums. He encouraged them to continue engaging in high-quality research and scholarly exchange, underscoring the importance of such platforms in advancing medical science.

CME on “Current Perspective on Pharmacovigilance” Held at JNMC, AMU

The Adverse Drug Reaction (ADR) Monitoring Centre (AMC) at Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), successfully organized a Continuing Medical Education (CME) program titled “Current Perspective on Pharmacovigilance” on 16th April 2025. This academic event was specially designed for faculty members and resident doctors from JNMC and ZADC, under the auspices of the Pharmacovigilance Programme of India (PvPI), Indian Pharmacopoeia Commission (IPC), Ministry of Health & Family Welfare, Government of India.

The Chief Guest, Prof. Mohammad Habib

Raza, Dean, Faculty of Medicine, AMU, inaugurated the session and delivered the keynote address. He underscored the vital role of clinicians in reporting all suspected adverse drug reactions (ADRs), regardless of whether they are known or unknown, serious or non-serious, frequent or rare. Prof. Raza emphasized the importance of active participation in the national PvPI initiative and its effective implementation at the institutional level within JNMC. He lauded the efforts of AMC at JNMC.

The programme was coordinated by Prof. Syed Ziaur Rahman, Professor of Pharmacology and Coordinator of the AMC at JNMC. In his opening remarks, he highlighted the critical role of ADR reporting in enhancing drug safety and public health. He called upon all stakeholders including clinicians, dentists, pharmacists, nurses, and even patients to contribute to the system by reporting any adverse drug reactions they encounter. Prof. Rahman reiterated that pharmacovigilance is not just a professional duty but a moral responsibility of everyone involved in healthcare.

The scientific session of the CME featured a series of enlightening talks by distinguished speakers: Dr. R.S. Ray, Scientific Assistant at IPC, Ministry of Health & Family Welfare, Government of India, provided insights into the current landscape of the Pharmacovigilance Programme of India and its evolving impact on national healthcare systems. Prof. Syed Ziaur Rahman, in a second session, discussed the role of ADR Monitoring Centres (AMCs) and presented data and outcomes reported by the JNMC centre, showcasing its contributions to national pharmacovigilance efforts. Dr. M. Wasif Khan, Head of Global Pharmacovigilance & Global QPPV at Evolet Healthcare Pvt. Ltd., New Delhi, shared the industry perspective on pharmacovigilance. He also highlighted emerging career opportunities for healthcare professionals in this rapidly growing domain. Prof. Kamran Afzal, Department of Paediatrics, JNMC, delivered a focused talk on Pharmacovigilance in the Paediatric

Population, addressing the unique challenges and importance of ADR monitoring in children.

The event concluded with a vote of thanks presented by Dr. Imrana Masood, Deputy Coordinator of AMC-PvPI and Assistant Professor in the Department of TBRD, JNMC. She appreciated the efforts of all participants, speakers, and organizing members who contributed to the success of the CME.

A special mention was made of Mr. Gufran Ali, Pharmacovigilance Associate, for his significant role in coordinating and executing the event. Additionally, Dr. Nachiket Brahmkar, Dr. Isna Rafat Khan, and Dr. Supriya Sahu, Junior Residents in the Department of Pharmacology, were acknowledged for efficiently conducting the proceedings throughout the program. The CME served as an important platform for academic exchange and reaffirmed JNMC's commitment to strengthening pharmacovigilance activities in alignment with national health policies.

RTC-MvPI, JNMC, AMU Organizes First Advanced Level Training cum Coordinators' Meet on Materiovigilance

The Regional Training Centre (RTC) of Materiovigilance Programme of India (MvPI), based at Jawaharlal Nehru Medical College & Hospital (JNMCH), Aligarh Muslim University (AMU), successfully hosted the First Advanced Level Training (ALT) cum Coordinators' Meet on Materiovigilance on 6th May 2025. This landmark academic event for the first time in India was organized under the aegis of the Materiovigilance Programme of India (MvPI), Indian Pharmacopoeia Commission (IPC), Ministry of Health & Family Welfare, Government of India.

The training programme was specifically curated for Coordinators, Deputy Coordinators, Materiovigilance Associates, and other stakeholders involved in the national materiovigilance framework. The event aimed to foster knowledge-sharing, build capacity, and reinforce the reporting mechanisms for

medical device-related adverse events across institutions.

The event was inaugurated by Prof. Mohammad Habib Raza, Dean, Faculty of Medicine, AMU, who graced the occasion as the Chief Guest and delivered a keynote address. In his speech, Prof. Raza emphasized the crucial role that clinicians and healthcare professionals play in the timely and accurate reporting of suspected adverse events related to medical devices regardless of whether such events are serious or non-serious, known or previously unreported, common or rare. He underscored the necessity of integrating materiovigilance practices at the institutional level and applauded the ongoing efforts of RTC-MvPI at JNMC in strengthening this critical component of patient safety.

Prof. Syed Ziaur Rahman, Chairman, Dept. of Pharmacology and Coordinator of RTC-MvPI at JNMC, formally welcomed the participants and outlined the objectives of the training. In his opening remarks, he called for the active engagement of all healthcare stakeholders including clinicians, dentists, pharmacists, nurses, and even patients in supporting the materiovigilance system. He reiterated that the practice of reporting medical device-related adverse events is not only a professional duty but also a shared moral obligation within the healthcare ecosystem.

The ALT programme featured a robust scientific agenda, comprising insightful presentations from distinguished experts across multiple specialties: Dr. Naveen V, Scientific Assistant, NCC-MvPI, IPC, MoHFW, GoI, provided a comprehensive overview of the current status of MvPI and its growing impact on the Indian healthcare system. Prof. Asif Hasan, Chairman, Department of Cardiology, JNMC, AMU, spoke on the safety aspects of cardiovascular devices and the significance of vigilance in this high-risk category. Prof. Shilpa Navinchandra Kaore, Coordinator, RTC-MvPI, AIIMS Bhopal, elaborated on the roles of RTCs and Medical Device Monitoring Centres (MDMCs) within the national

framework. Dr. Naheed Akhtar, Assistant Professor, Department of Ophthalmology, JNMC, AMU, addressed the unique challenges associated with ocular devices and highlighted the need for specialized reporting practices. Prof. Bikash Medhi, Coordinator, RTC-MvPI, PGIMER Chandigarh, shared critical insights into the regulation of medical devices in ICH (International Council for Harmonisation) countries as well as in India. Dr. Geeta Rajput, Professor, Department of Prosthodontics/Dental Materials, Z.A. Dental College, AMU, shed light on the adverse events related to dental devices. Dr. Mohammad Sarfraz, Assistant Professor and Deputy Coordinator, MDMC; Centre for Biomedical Engineering, AMU, offered a broad perspective on medical device safety. Mr. Mohammad Faizan, Materiovigilance Associate, RTC-MvPI, AIIMS Bhopal, IPC, MoHFW, GoI, conducted a practical hands-on session on completing the Medical Device Adverse Event Reporting Form and using the Adverse Drug Reaction Management System (ADRMS) and Mr. Jahngeer Alam, Ph.D. Research Scholar, Department of Pharmacology, JNMC, shared his research experiences and insights on materiovigilance as a doctoral candidate.

The ALT cum Coordinators' Meet served as a vital platform for academic exchange and collaborative dialogue. It reaffirmed JNMC's commitment to promoting a culture of safety and accountability in the use of medical devices, in line with national health priorities and regulatory frameworks. This initiative marked a significant step forward in building institutional capacity and public trust in medical device safety monitoring.

The event concluded with a Vote of Thanks by Dr. Jameel Ahmad, Department of Pharmacology, JNMC, who extended his gratitude to all speakers, participants, and organizing team members for their valuable contributions to the successful execution of the program. Special appreciation was given to Mr. Gufran Ali, Pharmacovigilance Associate, for his outstanding efforts in managing the event logistics and coordination. The

committed involvement of residents specially Dr. Pragya Hangma Subba, Dr. Patel Neil Shailesh, Dr. Surbhi Jain, Dr. Swathi G, Dr. Abhinav Tiwary, and Dr. Shamema A was also acknowledged for their instrumental roles in managing the smooth conduct of the training sessions.

Educational tour of Pharmacology PGs to the Indian Pharmacopoeia Commission and Pharmacopoeial Commission for Indian Medicine & Homoeopathy, Ghaziabad

A delegation from the Department of Pharmacology, Jawaharlal Nehru Medical College Hospital, Aligarh Muslim University (AMU), Aligarh, comprising 34 postgraduate students, accompanied by 2 esteemed faculty members and 3 technical staff, visited the Indian Pharmacopoeia Commission (IPC) and Pharmacopoeial Commission for Indian Medicine & Homoeopathy (PCIM&H), Ghaziabad, under the guidance of the Chairman, Prof. Syed Ziaur Rahman.

The visit aimed to provide an enriching academic experience designed to enhance the participants' understanding of drug standardization, regulatory practices, and quality control mechanisms in the pharmaceutical sector.

IPC and PCIM&H officials delivered a series of insightful technical lectures covering various aspects of drug quality assurance, regulatory standards, and the procedures involved in ensuring the safety and efficacy of medicines.

In addition to the lectures, the delegation was given the opportunity to witness live practical demonstrations showcasing the techniques and methodologies employed in drug analysis, standardization and quality control of ASU&H (Ayurveda, Siddha, Unani & Homoeopathy) drugs and quality testing. These demonstrations provided valuable hands-on exposure to the standard operating procedures followed at IPC and PCIM&H. Postgraduate scholars selected one plant from the medicinal herbal garden for a detailed study, focusing on its medicinal properties.

The visiting team was also briefed in detail about two major national programs coordinated by IPC: the Pharmacovigilance Programme of India (PvPI) and the Materiovigilance Programme of India (MvPI). The sessions highlighted the importance of monitoring adverse drug reactions and medical device safety, emphasizing the pivotal role these programs play in public health.

The interactive sessions fostered meaningful engagement between the IPC and PCIM&H officials and the AMU delegation, encouraging knowledge exchange and discussion. The visit concluded with a formal group photograph to commemorate the occasion.

Prof. Syed Ziaur Rahman expressed his gratitude to Dr. Raman Mohan Singh (Director, PCIMH), Dr. Jai Prakash (Senior Scientific Officer and In-charge of PvPI, GoI) and Dr. V. Kalaiselvan (Senior Scientific Officer and In-charge of MvPI, GoI) for assisting in executing the education tour. He remarked that the academic visit was an enriching and inspiring experience for all attendees, significantly enhancing their understanding of regulatory systems and strengthening their dedication to upholding drug safety and quality in their future careers.

Farewell Ceremony for Guddan at the Department of Pharmacology, JNMC

The Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), under the esteemed leadership of Prof. Syed Ziaur Rahman (Chairman), organized a heartfelt and memorable farewell ceremony in honour of Guddan, a dedicated staff member who retired upon superannuation on 31st May 2025.

The event was marked by warm sentiments and deep appreciation for Guddan's years of committed service. The farewell gathering witnessed the presence of nearly all current and retired staff members, reflecting the strong sense of camaraderie and respect within the department. Distinguished faculty including Prof. Rahat Ali Khan, as well as departmental

residents, graced the occasion and shared their fond memories and best wishes.

The ceremony served not only as a farewell but also as a celebration of Guddan's contributions to the department and the positive impact he made during his tenure.

Induction Programme for Incoming MD Pharmacology Residents

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), warmly welcomed the incoming MD Pharmacology residents of the 2024 batch through a thoughtfully curated induction programme held on Friday, April 19, 2025. The event served as an official initiation into their postgraduate academic journey and highlighted the department's commitment to fostering an enriching, inclusive, and academically stimulating environment.

The programme was conducted under the esteemed guidance of Professor (Dr.) Syed Ziaur Rahman, Chairman of the Department of Pharmacology. His opening address set the tone for the event by introducing the life and visionary contributions of Sir Syed Ahmad Khan, the founder of AMU. This was followed by an insightful overview of the department's state-of-the-art infrastructure and key academic resources, including the Drug and Poison Information Centre (DPIC), Adverse Drug Reaction (ADR) Monitoring Centre, and the Medical Device Adverse Event Monitoring Centre (MDMC). These centres play a pivotal role in national health initiatives such as the Pharmacovigilance Programme of India (PvPI) and the Materiovigilance Program of India (MvPI), respectively.

Further enriching the programme, Dr. Irfan Ahmad Khan presented a detailed introduction to the department and outlined the postgraduate curriculum in alignment with the latest National Medical Commission (NMC) guidelines. His session offered the new residents clarity on academic expectations and the structured training framework that lies ahead.

Dr. Ahmar Hasan delivered a compelling presentation on the historical evolution of JNMC, offering valuable insights into the institution's legacy and contributions to medical education. Complementing this, Dr. Jameel Ahmad provided an overview of AMU's distinguished heritage and its recognition as an Institute of Eminence, reinforcing the university's prestigious standing on both national and global platforms.

The programme also featured interactive sessions where the new residents shared their feedback, engaged with faculty, and expressed enthusiasm about their entry into the department. The event concluded on a positive note, emphasizing camaraderie, mentorship, and the shared mission of advancing pharmacological education and research.

PhD scholar at National Conference of Cardiothoracic Surgery, Lucknow

Mr. Jahangir Alam, a PhD candidate under Prof. Syed Ziaur Rahman, at Dept .of Pharmacology participated at the IACTS Techno College CME 2025 held at Dr. RML Institute of Medical Sciences, Lucknow. The conference is a premier annual event that brings together cardiothoracic surgeons from across India and abroad to deliberate on recent advancements in heart surgery. He participated in the E-poster competition and shared his experience of undergoing heart surgery using Indian-made valves.

CAC Meeting for MDMC

A meeting of the Causality Assessment Committee (CAC) at the Medical Device Adverse Event Monitoring Centre (MDMC), operating under the Materiovigilance Programme of India (MvPI) at JNMCH, AMU, Aligarh, was conducted on 22nd April 2025 at 12:30 PM in the Seminar Room of the Department of Pharmacology, JNMC, AMU, Aligarh

CAC Meeting for AMC

A meeting of the Causality Assessment Committee (CAC) at the ADR Monitoring Centre (AMC), operating under the

Pharmacovigilance Programme of India (PvPI) at JNMCH, AMU, Aligarh, was conducted on 12th April 2025 at 10:30 AM in the Seminar Room of the Department of Pharmacology, JNMC, AMU, Aligarh.

'Mission Drug Free Campus' with Public Lecture on Combating Substance Abuse

On the occasion of the *International Day against Drug Abuse and Illicit Trafficking*, the Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), in collaboration with the ADR Monitoring Centre, Indian Pharmacopoeia Commission (Government of India), organized a significant awareness program under the banner of "Mission Drug Free Campus" on 26th June 2025.

The event took place in the Department's Demonstration Room and was held as part of the *Nationwide Campaign: Nasha Mukh Bharat Pakhwada*. This campaign seeks to educate and mobilize students, faculty, and the broader academic community about the grave consequences of drug abuse and the urgent need for prevention and rehabilitation efforts.

A central feature of the program was an insightful public lecture titled "Substance Abuse: A Menace to the Society", delivered by Prof. Syed Ziaur Rahman, Chairman of the Department of Pharmacology, JNMC, AMU. In his compelling address, Prof. Rahman shed light on the growing threat of substance abuse and dependence in India, especially among the youth. He underscored the critical role that educational institutions must play in fostering a culture of awareness, responsibility, and resilience against the lure of narcotics and other addictive substances.

Highlighting the complex interplay of pharmacological, psychological, and socio-economic factors contributing to drug addiction, Prof. Rahman urged the audience to not only educate themselves but also become proactive ambassadors in promoting a drug-free society. His lecture sparked meaningful dialogue and reflection among the attendees.

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The event witnessed active participation from faculty members, resident doctors, and departmental staff, who engaged deeply in the post-lecture discussion. Many participants expressed their appreciation for the initiative and pledged their support in reinforcing drug prevention strategies both within and beyond the campus.

Prof. Mohammad Habib Raza, Dean, Faculty of Medicine, AMU, lauded the Department of Pharmacology for its impactful outreach. He commended the department's dedication to public health advocacy, emphasizing that such initiatives exemplify JNMC's enduring commitment to societal welfare through education, awareness, and active community engagement.

UP-UK APPICON 2025

The Department of Pharmacology at Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), made a significant mark at the recently held 12th Annual Conference of the UP-UK Chapter of the Association of Physiologists and Pharmacologists of India (UP-UK APPICON 2025), organized at Kalyan Singh Government Medical College, Bulandshahr.

Under the guidance of Professor Syed Ziaur Rahman, Chairman, Department of Pharmacology, a team of eleven postgraduate students participated in the conference, reflecting the department's vibrant academic environment and dedication to the advancement of pharmacological sciences.

Among the key highlights, Dr. Nachiket Brahmanekar, an MD Pharmacology postgraduate resident, presented a compelling poster titled "Ketamine for Depression: A Pharmacological Review of Different Modes of Administration." His work received a positive response and showcased the department's continued focus on innovative research.

Professor Syed Ziaur Rahman also chaired a scientific session, facilitating discussions on the vital subject of Pharmacovigilance,

emphasizing the increasing importance of drug safety and surveillance in modern medicine. Furthermore, during the General Body Meeting (GBM), he proposed hosting the 13th UP-UK APPICON Conference at JNMC, AMU, Aligarh. The proposal was unanimously accepted, marking a moment of pride for the institution and paving the way for an engaging academic event in the coming year.

Remembering Professor P.C. Joshi (1 June 1956-20 June 2025) by Syed Ziaur Rahman

I am deeply saddened to learn of the passing of Professor P.C. Joshi, the Founding President of the Society for Indian Medical Anthropology and a pioneering figure in the field of medical anthropology in India. His contributions have left a lasting impact on the discipline, and he served as a beacon of inspiration for many scholars, including myself. He died at 1:00 am in the midnight of 19-20th June due to cardiac arrest.

Although I was long familiar with his extensive body of work, I had the privilege of meeting him in person along with my old college mate Dr. Daud Salim Faruque, for the first time during the National Seminar on Relevance of Medical Anthropology and Tribal Health Care Systems in the Globalizing World (REMATH), held at the School of Studies in Anthropology, Pt. Ravishankar Shukla University, Raipur, Chhattisgarh, from 16th to 18th March 2018. The event was jointly organized by the Society for Indian Medical Anthropology, Mysore where Prof. Jitendra Kumar Premi was the organising secretary.

Following our meeting, I had the honour of inviting Prof. Joshi to deliver a University Extension Lecture on "Tribal Medical Traditions and Ethnopharmacology in India" at the Faculty of Medicine, Aligarh Muslim University (AMU), on 1st September 2018. This lecture was organized under the auspices of the Department of Pharmacology, Jawaharlal Nehru Medical College, AMU.

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During his talk, Prof. Joshi eloquently highlighted the relevance and richness of indigenous medical knowledge systems and tribal health practices. He elaborated on various traditional approaches to healing prevalent among India's tribal communities, emphasizing that many of these methods are undocumented yet continue to be transmitted through generations. He strongly advocated for the systematic and scientific evaluation of these practices, calling for rigorous methods such as double-blind trials to assess their efficacy. At the same time, he was clear in his stance against quackery, emphasizing the need for ethical validation of traditional medicine alongside modern biomedical practices.

Prof. P.C. Joshi's academic legacy is marked by numerous accolades and pioneering initiatives. He was the recipient of prestigious honours, including the Indira Priyadarshini Vriksha Mitra National Award and the Inter-University Centre Associateship Award in Humanities and Social Sciences. His work consistently bridged the gap between traditional knowledge and contemporary academic inquiry.

On 27th September 2020, I once again had the privilege of organizing an online guest lecture by Prof. Joshi on the theme "India's Health Care Challenges and Traditional Ethnomedicine Heritage." The event was graced by Prof. O.P. Kalra, Vice Chancellor of Pt. B.D. Sharma University of Health Sciences, Rohtak, Haryana, who presided over the session.

During his tenure as Vice Chancellor of Delhi University (DU), Prof. Joshi generously nominated me as his representative for selection committees for various pharmacology positions in medical colleges affiliated with DU, a gesture I deeply value and will always remember with gratitude.

I was also in regular touch with Prof. Joshi regarding the organization of the forthcoming Annual Meeting of the Society for Indian Medical Anthropology, which we were planning to host at Aligarh Muslim University.

He had shown great enthusiasm and support for the idea, and we were in the process of finalizing the details. His guidance and encouragement were invaluable, and I was looking forward to collaborating with him once again to further the society's mission. His untimely demise has left this initiative incomplete and created a void that will be difficult to fill. Prof. Joshi's passing is a significant loss to the academic and medical anthropology community. His vision, scholarship, and mentorship have left an indelible mark, and he will be fondly remembered and greatly missed.

Academic Visit to China: A Report by Syed Ziaur Rahman

As part of the Memorandum of Understanding (MoU) between the Ibn Sina Foundation of Uzbekistan and Ibn Sina Academy, I received a message from Dr. Makhmudov Nozimkhon Anvarovich, Chairman of the Foundation, informing me that a delegation comprising members of the foundation and its partner organizations would be visiting China to participate in several international events. These events were scheduled from May 21-27, 2025, under the framework of the International Conference on Cooperation and Integration of Industry, Education, Research and Application (ICCI-IERA 2025). The conference is dedicated to fostering collaboration among the domains of industry, academia, research, and application across various fields.

The conference, hosted by the Division of International Cooperation and Exchanges of Xidian University in collaboration with the Ministry of Education of China and the Government of Shaanxi Province, took place from May 22–26, 2025. It was closely linked with events like the Silk Road International Conference on the Cooperation and Integration of Industry, Research, and Application. These gatherings promote cross-border dialogue and knowledge sharing in fields such as control systems, communication, robotics, and more.

I had the honour of being the only delegate from India to attend this international conference, where I contributed my expertise

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and engaged with scholars from around the globe. I arrived in Xi'an early morning on May 21 at approximately 00:35 hrs via Singapore connecting flight, where a representative from Xidian University greeted me at the airport. This warm welcome was especially valuable as it was my first visit to China.

May 21, 2025 – Visit to Xi'an Medical University:

The visit began with an academic delegation's trip to Xi'an Medical University. Discussions focused on future collaborations in pharmacology and traditional medicine, including joint research projects and student exchange initiatives. The meeting took place in the Second Meeting Room of the Administrative Building and began with an introductory speech by Yang Zhouho, Deputy Party Secretary, followed by a welcome address by Wang Shengyu, Director of the Hospital Development and Management Department.

Key speakers included: Liu Siyang, Head of the Office of International Cooperation and Exchange; Lu Bo, Deputy Director of the Party and Administrative Office and Luo Xi and Tang Zhenna, Section Chiefs of the Office of International Cooperation and Exchange

The delegation also toured the Human Life Science Museum, which houses an impressive collection of human anatomical and pathological specimens. Of particular note is the Treasure Gallery of Traditional Chinese Medicine, which greatly enhances the museum's educational value.

May 22, 2025 – ICCI-IERA Conference at Xidian University

I participated as a member of the delegation in the 2025 Silk Road International Conference held at the Xi'an Qujiang International Conference Centre. The event, hosted by Xidian University, focused on promoting international academic-industry cooperation.

May 23, 2025 – Conference at Shaanxi University of Chinese Medicine

On this day, I attended the 5th International Academic Conference on the Inheritance, Innovation, and Development of Traditional Chinese Medicine at Shaanxi University of Chinese Medicine. The event opened with a traditional martial arts performance and was inaugurated by Pu Jisheng, Party Secretary of the University. Speeches followed from leaders of the Shaanxi Provincial Department of Education and the Administration of Traditional Chinese Medicine.

A significant outcome of the conference was the signing of an MoU establishing an alliance for collaboration. I signed the agreement as a representative of the Ibn Sina Academy, while Yang Xiaohang, President of Shaanxi University of Chinese Medicine, also signed on behalf of the university.

The program featured lectures moderated by Yang Jingfeng, Deputy Party Secretary, and included talks by:

- Mr. Duan Jinao, renowned academician and recipient of numerous national honors in Chinese Medicine
- Dr. Makhmudov Nozimkhon, Chairman, Avicenna Public Foundation, Uzbekistan

I also delivered an invited lecture and participated in the academic salon and roundtable discussions. Later, the delegation visited affiliated institutions, including Xixian New District Central Hospital. Shaanxi University of Chinese Medicine covers 860,000 square meters and hosts over 16,800 full-time students. It includes 15 teaching colleges and specialized colleges in pediatrics and maternal-child health. The university also manages a pharmaceutical factory and operates a national-level Chinese Medicine Museum.

May 24, 2025 – Talk at Xi'an International University

At Xi'an International University, I was a featured speaker at the Scientific Forum on Traditional Medicine, where I presented my talk titled "*The Great Silk Road: Medicine and Traditions.*" My presentation highlighted the Silk Road's historical significance in

facilitating the exchange of medicinal knowledge and resources, including those from India.

May 25, 2025 – Visit to Qingdao and Mount Lao

Early on May 25, we flew from Xi'an to Qingdao, and visited Mount Lao, about 25 km from the city. The area is known for its scenic beauty and deep historical connections with Taoism. We also explored Qingdao Laoshan National Park and visited an ancient Taoist temple. On our return journey, we crossed the Jiaozhou Bay Bridge, the world's longest sea bridge at 42.5 kilometers, linking Qingdao with Huangdao District.

During this visit, I was accompanied by Cynthia, my English translator, and CEO of Qingdao Yunhetong Enterprise Consulting. She also serves as Deputy Director of Qingdao Zhisheng Cultural and Arts Research Institute. Cynthia shared stories about her father, a renowned calligrapher and teacher at the Ocean University of China. I requested a meeting, and that evening, her father and a friend visited me. They presented exquisite calligraphy pieces, which I have since proudly displayed in the Ibn Sina Academy museum gallery. Theresia, another English translator, also supported us during the visit. Both Cynthia and Theresia were immensely helpful in facilitating communication and allowing me to present Unani Medicine effectively to a broader audience. I'm deeply grateful for their kindness and assistance.

May 26, 2025 – Lecture at Qingdao Yao Medicine Research Institute

I delivered an invited lecture at the Qingdao Yao Medicine Research Institute, representing the Chinese Ethnomedicine Organisation. The event formed part of the strategic initiative titled "*Development Plan for Promoting High-Quality Integration of Traditional Chinese Medicine.*" My lecture covered India's traditional medicine systems, particularly Ayurveda and Unani. Representatives of Yao Medicine, presented me few samples used in the system of medicine, which I have now kept in the museum of Ibn Sina Academy.

Cultural Visit to Xi'an City Wall

I also had the opportunity to walk along the Xi'an City Wall, one of the oldest and best-preserved ancient walls in China. Built during the reign of the Hongwu Emperor of the Ming Dynasty in the 14th century, the wall once served as a comprehensive military defense structure. Xi'an, located at the eastern end of the historic Silk Road, was a central hub for cultural and technological exchange between East and West.

Conclusion

This academic visit to China was a remarkable blend of professional engagement and cultural exploration. I had the privilege to represent India at several high-level events, deliver invited lectures, and forge meaningful collaborations with international institutions and scholars in the field of traditional medicine.

I extend my heartfelt thanks to Dr. Makhmudov Nozimkhon and Ms. Wang Baoai (Vice President of the International Alliance of BRICS Strategic Projects and the Shaanxi Association in Russia) for their invitation and coordination. Their efforts were instrumental in signing several MoUs with distinguished organizations and universities. I look forward to continuing these collaborative efforts in the future. Beyond the academic activities, the trip offered opportunities to build personal friendships and enjoy enriching experiences with distinguished delegates, including:

- Ms. Svetlana Ivanovna Nesterova, President, International Medical Association and Academy of Traditional Medicine, Russia
- Dr. Ruzibaev Rashid Yusupovich, President, Urgench Branch, Tashkent Medical Academy, Uzbekistan
- Dr. Khamraev Behzod Mukhamadjonugli, Executive Director, Institute of Traditional Medicine, Uzbekistan
- Dr. Khasan Azizovich Tilyakov, Vice President, Institute of Rehabilitation and Sports Medicine, Samarkand State Medical University
- Dr. Amonov Malik, Vice President, Bukhara Medical Institute, Uzbekistan

This visit was an inspiring blend of academic exchange, cultural discovery, and personal connection - an experience I will always treasure.

"With this visit, China became the 22nd country I have had the privilege to visit for academic and professional engagements."



CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

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