

Newsletter of Ibn Sina Academy (NISA)

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Aligarh, India**



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★ دماغین منہ کی بدبو کو دور کرتی ہے اور ہضم کی اصلاح کرتی ہے۔

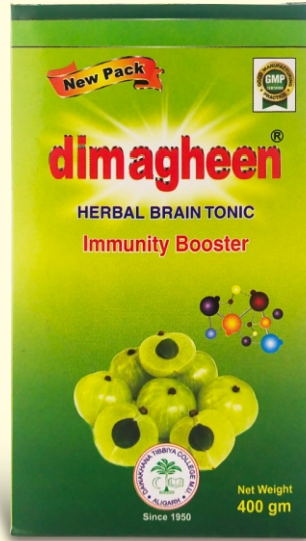
★ دماغین یکسوئی کو بڑھاتی ہے اور تھکان کم کرتی ہے۔

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آملہ اجزاء اعظم کے طور پر استعمال ہوتا ہے۔

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EVENTS AT IBN SINA ACADEMY (July – September 2026)

International Overdose Awareness Day

On the occasion of International Overdose Awareness Day (IOAD) 2026, an awareness programme was organised by the Centre for Advanced Study in Pharmacology, Ibn Sina Academy, Aligarh, in collaboration with the Regional Training Centre (RTC), Pharmacovigilance Programme of India (PvPI), Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), Aligarh.

The programme was attended by residents, teachers and students associated with the Students Support Group for Education (SSGE). The event aimed to sensitise participants about the growing problem of drug overdose, substance misuse and addiction, while emphasising the importance of prevention, early recognition, appropriate intervention, rehabilitation and community participation.

At the outset, Dr. Syed Ziaur Rahman briefed the participants about the significance of International Overdose Awareness Day, observed annually on 31 August. He explained that the day provides an opportunity to raise awareness about overdose, reduce the stigma associated with drug dependence and overdose, remember those who have lost their lives to overdose, and promote evidence-based approaches to prevention and treatment.

He emphasised that overdose is not merely an individual or medical problem but a major public-health and social concern requiring coordinated efforts involving healthcare professionals, educational institutions, families, communities and policymakers. He highlighted the importance of recognising substance-use disorders as health issues requiring compassion, appropriate treatment and rehabilitation rather than stigma and discrimination.

Dr. Rahman also threw light on the past activities undertaken in the field of drug abuse

prevention, Nasha Mukti and awareness regarding substance misuse. He recalled the various educational and community-oriented initiatives undertaken through the Department of Pharmacology, JNMC, AMU, Ibn Sina Academy and associated platforms.

Highlighting the relevance of the collaboration with the RTC-PvPI, Dr. Rahman explained that monitoring and reporting adverse drug reactions is important for promoting the safe and rational use of medicines. He encouraged participants to understand the importance of timely reporting of suspected adverse drug reactions and their role in contributing to medication safety.

The participation of SSGE students added an important educational dimension to the programme, enabling young learners to understand the consequences of substance abuse from both scientific and social perspectives. The programme also provided an opportunity to connect pharmacological knowledge with public-health concerns and community awareness.

The participants wore IOAD awareness ribbon badges provided by Ibn Sina Academy as a mark of solidarity with the campaign for overdose awareness, remembrance and prevention.

National Pharmacology Day in Memory of Prof. (Col.) R. N. Chopra

The Centre for Advanced Study in Pharmacology, Ibn Sina Academy, Aligarh, organised a panel discussion on National Pharmacology Day on 19 August 2026 at 8:00 PM, commemorating the life and contributions of the legendary pharmacologist Prof. (Col.) R. N. Chopra (1882–1973).

The programme was organised as part of the Centre's academic initiative to promote learning, reading and meaningful discussions in the field of pharmacology. The panel discussion provided an interactive platform for

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reflecting on the evolution of pharmacology, its historical foundations and its contemporary relevance in healthcare and pharmaceutical sciences.

The discussion was conducted in two panels. Panel I comprised Dr. Syed Ziaur Rahman, Mr. Gufran Ali and Mr. Shamsuddin Shaikh, while Panel II featured Dr. Ahmar Hasan, Dr. Ammar Khalid and Dr. Shariq Azmi. The panelists discussed various dimensions of pharmacology and highlighted the enduring legacy of Prof. (Col.) R. N. Chopra, whose pioneering contributions played a significant role in the development of pharmacology in India. The programme also emphasised the importance of preserving and revisiting the history of pharmacological sciences while encouraging young scholars and students to engage with the literature and intellectual heritage of the discipline.

The programme concluded with an appreciation of the contributions of Prof. (Col.) R. N. Chopra and a renewed commitment to promoting academic learning, reading and scholarly dialogue in pharmacology.

NGOs Come Together at Ibn Sina Academy to Strengthen Community Service in Aligarh

A landmark conference bringing together NGOs and voluntary organisations working in and around Aligarh district was organised by the Insaaniyat Foundation at Ibn Sina Academy on Sunday, 9 August 2026. The conference provided a common platform for organisations to share their experiences, achievements and challenges and explore possibilities for greater collaboration.

Representatives of more than three dozen NGOs and social organisations participated in the conference. These included Hadaf Educational and Welfare Society, Udayan Care Foundation, Usmania Helping Hands Society, Manav Seva Global Charitable Trust, Jamia Urdu, Ismat Literacy and Handicraft Centre, AIM Foundation, Hope for Humanity Foundation, Al Shifa Shiksha Samiti, Jai Hind

Society, Saksham Bharat, Medics, Society for Breast Cancer Awareness Trust, Mansha Educational Trust, Hamsafar Welfare Society, Hasan Society, Tata STRIVE, Azad Foundation Society, Noorul Uloom Society, Aehsas Foundation, Jyoti Kiran Foundation, Hands For Help NGO, Zakir Husain Foundation, Ibn Sina Academy, Damini Chetna Foundation, SOCH Sanstha, Prag Narayan Mook Badhir Vidyalaya Samiti, Haji Seth Naseeruddin Trust, Ummeed Education and Welfare Trust, Soan Milap Associates and Mediators, Dehan Kartavya Sanstha, Rahmani Foundation R30, Edugap Foundation, AMP, Noor Jan Seva Samiti and Al Khidmat, among others.

The participating organisations are engaged in diverse areas of community service, including education and scholarships, skill development and employment, rehabilitation of prisoners and drug-affected persons, women empowerment, healthcare, cancer awareness, water conservation, environmental protection, heritage preservation, discouraging beggary, food support for the needy, organ and eye donation, and pro-bono legal and mediation services.

In his presidential address, Padma Shri Prof. Hakim Syed Zillur Rahman emphasised the importance of NGOs working together and sharing their resources and expertise to achieve greater impact. He stressed that collective efforts could produce better results for society.

Mr. Ramji Lal Mathuria, the Chief Guest, expressed concern over difficulties arising from FCRA-related requirements, particularly their impact on organisations working for deaf and speech-impaired children.

Dr Manzar Jamal Siddiqui of Mansha Trust called for greater recognition and institutional support for NGOs working for underprivileged communities. He suggested that support should extend beyond existing CSR mechanisms.

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Conducting the programme, Dr Asjad Husain, President of Insaaniyat Foundation, welcomed the suggestion of forming a federation of NGOs to facilitate cooperation and collective action among voluntary organisations.

Several speakers highlighted successful models of social service. Mr. Pankaj Mahalwar of Udayan Care Foundation spoke about the organisation's work in providing educational opportunities to underprivileged girls across India. Mr. Taha Qasmi, who travelled from Patna, represented Rahmani 30 Foundation, which provides residential educational opportunities to meritorious underprivileged students selected through an all-India entrance process.

Dr S. K. Gaur of Deh Daan Sanstha encouraged people to come forward for eye donation, while Dr Anshuman Kumar, renowned cancer specialist and Guest of Honour, stressed the importance of early consultation and referral of suspected cancer patients to specialist care. He cautioned that delays in diagnosis and treatment can adversely affect outcomes.

Mr. Rahat Sultan, Secretary of Insaaniyat Foundation, announced that the organisation would soon conduct a dedicated programme with Dr Anshuman Kumar on cancer prevention and awareness.

The conference concluded with appreciation for the participating organisations and volunteers who contributed to the event. Special thanks were extended to Engr. Fazal Khan for documenting the programme through photography, as well as to Mr. Sualiheen, Ms. Faiza, Mr. Arshad Husain, Mr. M. Adeeb Sultan, Prof. Izhar Bilgrami and the entire team of Insaaniyat Foundation.

The conference marked an important step towards creating a common platform for NGOs in Aligarh, with the shared vision of strengthening cooperation and making community service more coordinated, inclusive and effective.

Mini-Workshop on “Using Language to Build a Gender-Sensitive Society”

The Federation for Evidence-based Development in India (FEDI) organised a mini-workshop on “Using Language to Build a Gender-Sensitive Society” on 21 August 2026 at the Auditorium of the Ibn Sina Academy of Medieval Medicine and Sciences, Aligarh. The programme aimed to highlight the significant role of language in shaping social attitudes, influencing perceptions, and promoting gender sensitivity, equality, and inclusiveness in society.

Professor Tania Hossain, Faculty of Letters, Arts and Sciences, Waseda University, Tokyo, Japan, served as the resource person for the workshop. Through her academic expertise, the programme provided an opportunity to reflect on how everyday expressions, linguistic choices, and communication practices can reinforce or challenge existing gender stereotypes. The workshop emphasised the importance of adopting thoughtful, respectful, and inclusive language to foster mutual understanding and contribute to a more equitable and gender-sensitive society.

Dr. Daud Faruqui, Secretary of FEDI, and Professor Ziaur Rahman introduced the Federation for Evidence-based Development in India and coordinated the workshop. They highlighted the importance of promoting evidence-based initiatives and academic engagement to address contemporary social issues. The interactive academic programme also provided a platform for exchanging ideas and encouraging greater awareness of the relationship between language and gender equality.

At the conclusion of the workshop, certificates of participation were distributed by Professor M. Urooj Rabbani, President of FEDI, in recognition of the participants' involvement in the programme. An important highlight of the occasion was the signing of a Memorandum of Understanding (MoU) between Waseda University, Japan, and FEDI, in the presence of Padma Shri awardee Professor Hakim Syed Zillur Rahman. The agreement marked a

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significant step towards fostering academic cooperation and strengthening institutional ties between the two organisations. It also opened avenues for future collaboration in areas of shared academic and social interest.

The programme concluded with tea and refreshments, providing an informal opportunity for participants and dignitaries to interact and exchange views. The workshop was a meaningful initiative towards encouraging gender-sensitive communication and promoting academic collaboration between Indian and international institutions.

Scholarly Examination of an Eighteenth-Century Sanskrit Medical Manuscript at Ibn Sina Academy

On 6 July 2026, an in-depth scholarly discussion and examination of a manuscript preserved at the Ibn Sina Academy of Medieval Medicine and Sciences, Aligarh, was undertaken to explore its linguistic, historical, and medical significance. The examination focused on identifying the manuscript's script, approximate period of origin, and subject matter, with particular attention to its possible contribution to the history of traditional Indian medicine.

Following a careful examination and detailed deliberations, the team concluded that the manuscript is written in Sanskrit using the Devanagari script and appears to date to the late eighteenth century. A preliminary assessment of its contents indicated that the manuscript deals, at least in part, with medical science, particularly the principles and practices of Ayurveda, India's traditional system of medicine. This identification highlights the potential value of the manuscript as a historical source for understanding the documentation, preservation, and transmission of traditional medical knowledge in the Indian subcontinent.

The discussion also underscored the importance of examining historical manuscripts preserved in institutional collections, as they may contain valuable information relating to the evolution of

medical thought, therapeutic practices, and indigenous systems of healthcare. Such scholarly investigations contribute to the documentation and preservation of India's rich intellectual and medical heritage and may provide opportunities for further research, cataloguing, transcription, and interpretation of historical medical texts.

The scholarly discussion was attended by Dr. Mahendra Singh, Dr. Vijendra Pratap Singh, Dr. Abhishek Kumar Singh, and Dr. Syed Ziaur Rahman. Their collective examination represented a meaningful step towards better understanding and documenting the historical manuscripts housed at Ibn Sina Academy, reinforcing the Academy's role in preserving valuable textual resources associated with the history of medicine and the broader scientific traditions of the past.

Delegation of Ibn Sina Academy to Participate in the Ibn Sina Conference at Bukhara, Uzbekistan

It was a matter of great honour and academic privilege to participate in the XIV International Avicenna Readings – Scientific-Practical Conference, held in Bukhara, Uzbekistan, under the broad theme “Abu Ali Ibn Sino: Modern Medicine and Traditional Medicine—Innovations and Investment.” The conference brought together eminent scholars, physicians, pharmacologists, historians of medicine, researchers, academicians and experts from different countries to deliberate upon the enduring scientific and intellectual legacy of Abu Ali Ibn Sina (Avicenna) and its continuing relevance to modern medicine.

For me, the visit was particularly meaningful because of my father's longstanding academic and research interest in Ibn Sina, the history of medicine, traditional systems of medicine and pharmacology, as well as our close association with the Ibn Sina Academy of Medieval Medicine and Sciences, Aligarh.

Academic Participation

A major highlight of my participation was the opportunity to deliver an invited lecture entitled “Pharmacology of Avicennian Cardiac

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Drugs.” The presentation explored the therapeutic concepts and pharmacological principles underlying the cardiovascular remedies described in the works of Ibn Sina, particularly in the context of *Al-Adwiya al-Qalbiya*.

The lecture attempted to establish a meaningful bridge between historical medical knowledge and contemporary pharmacological understanding. It highlighted Ibn Sina’s systematic approach to cardiovascular disorders, which incorporated clinical observation, classification of diseases, an understanding of bodily functions, identification of medicinal substances and consideration of their therapeutic effects. His methodology represents an important historical example of the integration of empirical observation and rational therapeutic principles in medieval medicine. In addition to delivering the invited lecture, I also had the privilege of chairing a scientific session during the conference.

My father, Professor Hakim Syed Zillur Rahman, delivered an insightful presentation on the “Influence of Ibn Sina in the Indian Subcontinent.” He also moderated a scientific session and shared valuable perspectives on the influence of Ibn Sina’s teachings on Indian medical and intellectual traditions.

Conferment of the Ibn Sina Prize

One of the most memorable and emotionally significant moments of the visit was the conferment of the prestigious Ibn Sina Prize upon my father by the Ibn Sino Foundation in recognition of his extensive and dedicated scholarly work on Ibn Sina and his intellectual, scientific and medical legacy.

This recognition was a deeply personal and proud moment for our family. It was particularly gratifying to witness his scholarly contributions being acknowledged in Bukhara, the historic region associated with Ibn Sina’s early life and intellectual journey.

The occasion was especially meaningful to me because my own academic engagement with

Ibn Sina, the history of medicine and traditional systems of medicine has been deeply influenced by the intellectual environment created by my father and by our shared commitment to preserving, studying and advancing the scientific heritage of the past.

Visit to Afshana: Birthplace of Ibn Sina

Another deeply moving part of the programme was our visit to Afshana, the birthplace of Ibn Sina. Standing in the place where one of history’s greatest physicians, philosophers and scientists was born was a profoundly inspiring experience.

Ibn Sina’s remarkable intellectual journey began in this region before he went on to become one of the most influential thinkers of the medieval world. The site is marked by a grand statue of Ibn Sina, along with a medical college and a museum dedicated to his life and work.

The visit provided an opportunity to connect the historical personality of Ibn Sina with the geographical and cultural environment in which his early life unfolded. Afshana is not merely a historical location; it symbolises the remarkable intellectual tradition that emerged from Central Asia and subsequently influenced medical and philosophical thought across the Islamic world and Europe.

The visit was particularly meaningful in the context of the conference, as it allowed participants to move beyond academic discussions about Ibn Sina and experience, in a tangible manner, the historical landscape associated with his life.

Visit to the State Medical Institute

As part of the programme, we also visited the State Medical Institute named after Ibn Sina, where we attended a scientific session. The academic interaction at the Institute demonstrated how Ibn Sina’s intellectual heritage continues to serve as a bridge between the history of medicine, modern medical education, scientific research and contemporary healthcare.

Cultural Programme and Hospitality

The conference was not limited to scientific and academic activities. A well-organised cultural programme formed an important part of the overall experience. The presentations showcased the rich cultural traditions of Uzbekistan and provided participants from different countries with an opportunity to appreciate its music, artistic traditions and cultural heritage.

Another memorable aspect of the visit was the warm and gracious hospitality extended by the organisers and the people of Uzbekistan. The thoughtful arrangements, cordial welcome and personal warmth shown towards the visiting delegates made the entire experience exceptionally pleasant and memorable.

The opportunity to enjoy traditional Uzbek cuisine and local foods further enriched the visit. Sharing meals and informal interactions with fellow participants created opportunities for meaningful academic, cultural and personal exchanges beyond the formal conference sessions.

Uzbekistan: A Land of Knowledge and Heritage

Uzbekistan is a remarkable land from academic, historical and cultural perspectives. For centuries, the region has served as an important centre of learning in fields including philosophy, medicine, science, mathematics, astronomy, Hadith, Islamic jurisprudence, literature and spirituality.

The land is associated with the lives and intellectual traditions of great personalities such as Ibn Sina, Al-Biruni, Abu Mansur al-Maturidi, Imam al-Bukhari, Imam al-Tirmidhi, Imam al-Nasa'i, Khwaja Bahauddin Naqshbandi and Amir Timur, whose contributions continue to hold an enduring place in history.

The historic cities of Bukhara, Samarkand, Termez and Khwarazm continue to represent a rich legacy of knowledge, scholarship, culture and civilisation for the world.

Three-Member Indian Delegation

A three-member delegation from India participated in this important international event:

1. Professor Hakim Syed Zillur Rahman, President, Ibn Sina Academy, Aligarh
2. Dr. Syed Ziaur Rahman, Chairman, Department of Pharmacology, Jawaharlal Nehru Medical College and Hospital, Aligarh Muslim University, Aligarh
3. Hakim Noor Alam Qasmi, Basta, District Bijnor, Uttar Pradesh

To be part of this distinguished gathering of knowledge and wisdom in the historic land associated with Ibn Sina was a memorable and deeply enriching experience for all of us.

Visit to Termez and Its Historical Heritage

Following the conference programme, the delegation travelled to Termez, another historically significant centre of scholarship and spirituality in Uzbekistan.

On 17 August, we visited the mausoleum of Hakim al-Tirmidhi, situated on the outskirts of Termez, along with the museum adjacent to the mausoleum complex. On the same day, we also visited the mausoleum of Imam al-Tirmidhi, located in the present-day Sherabad District, approximately 62 kilometres north of Termez.

On 18 August, we visited the Sultan Saodat Complex, a historic complex comprising the mausoleums of the Tirmidhi Sayyids, a local religious aristocracy claiming descent from Imam Ali. The complex includes a beautiful mosque, remnants of historic fortifications and several graves associated with the Saadat family.

These visits added an important historical and spiritual dimension to our journey and provided an opportunity to appreciate the rich intellectual and religious heritage of the region.

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On 19 August, we travelled from Termez to India via Tashkent, bringing this memorable academic and cultural journey to a close.

We remain deeply grateful to Dr. Nozimkhon Makhmudov, Chairman, Ibn Sino Foundation, Tashkent, for the invitation, warm hospitality and excellent arrangements made throughout our visit.

The journey to Uzbekistan was much more than participation in an international conference. It was an opportunity to revisit the intellectual heritage of Ibn Sina, connect historical scholarship with contemporary medicine, honour a lifelong scholarly contribution, and experience the cultural and spiritual landscape that nurtured some of the greatest scholars of the medieval world.

For the delegation from the Ibn Sina Academy, the visit will remain a cherished memory, a journey of knowledge, scholarship, heritage, friendship and inspiration in the historic land of Ibn Sina.

Submitted by: Prof. Syed Ziaur Rahman

SSGE ACTIVITIES

Independence Day with Patriotic Programs

On 15 August 2026, the young scholars supported by the Students Support Group for Education (SSGE) enthusiastically participated in the 80th Independence Day celebrations at Ibn Sina Academy. The programme commenced with the hoisting of the National Flag, followed by the National Anthem.

Following the flag-hoisting ceremony, the SSGE scholars presented a variety of patriotic programmes, including speeches, poems and other cultural presentations reflecting their love and respect for the nation. Their enthusiastic participation added colour and spirit to the celebrations.

The programme provided the young scholars with an opportunity to express their patriotism, confidence and creativity, while also

reminding them of the values of freedom, unity, responsibility and service to the nation. The students were appreciated for their enthusiastic performances and active participation in the Independence Day celebrations.

SSGE Scholars' visits JNMC

Scholars participating in the Students Support Group for Education (SSGE) programme visited the Jawaharlal Nehru Medical College (J.N. Medical College), Aligarh Muslim University (AMU) on 4th July 2026 as part of their academic and institutional exposure tour. The visit was aimed at familiarising the scholars with the medical education, research, and healthcare infrastructure available at one of India's premier teaching medical institutions. During the visit, the scholars toured various academic departments, laboratories and clinical facilities of the medical college. They were introduced to the ongoing research activities, and patient care services provided by the institution. Faculty members briefed the visitors on the college's contributions to medical education, clinical training, and biomedical research. The scholars also interacted with faculty members and resident doctors. The visitors appreciated the state-of-the-art facilities and the academic environment of J.N. Medical College. They expressed that the visit broadened their understanding and inspired them to pursue NEET Test. The visit concluded with an interactive session, where the scholars thanked the college administration and faculty for their warm hospitality and informative presentations. The programme served as an enriching experience, strengthening academic exchange and fostering greater awareness of the contributions of AMU to medical education and healthcare.

New Doubt-Clearing Teacher for SSGE Scholars

The newly appointed doubt-clearing teacher for Classes VI to VIII, Mr. Tauseef, was invited to the Ibn Sina Academy on 29 August 2026 to meet the SSGE scholars and introduce himself to the students. The interaction provided an opportunity for the students to

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become familiar with their new teacher and discuss their academic needs.

Following the introductory meeting, Mr. Tauseef commenced regular doubt-clearing classes for SSGE scholars. These sessions are designed to provide additional academic support, address subject-related difficulties, and help students strengthen their understanding of challenging topics.

In appreciation of his efforts and to warmly welcome him to the SSGE family, the scholars celebrated National Teachers' Day on 5 September 2026 along with another teacher, Ms. Tanzeem Fatima. The celebration reflected the students' respect and gratitude towards their teacher and highlighted the importance of teachers in guiding, supporting, and inspiring young learners.

Vision Board Orientation Programme for SSGE Scholars

On 19 August 2026, the Students Support Group for Education (SSGE) scholars participated in a Vision Board Orientation Programme at the Ibn Sina Academy with open hearts, enthusiasm, and big dreams for their future. The programme was designed to encourage students to recognise their potential, identify their aspirations, and develop a clear vision of their academic and personal goals.

The session helped the scholars understand the purpose and value of the educational opportunities and support provided to them through the Academy. It encouraged them to think positively about their future, reflect on their strengths, and appreciate the importance of setting goals, staying focused, and working consistently towards their ambitions. The activities also provided an opportunity for students to express their dreams creatively, share their ideas, and gain motivation from one another.

A variety of exciting and engaging activities were organised by the SSGE Core Team under the guidance of Dr. Manzar Jamal. These activities aimed to stimulate the students' imagination, build self-confidence, and inspire

them to translate their aspirations into achievable goals. The programme reinforced the message that education is not merely a means of academic advancement but also a pathway to personal growth, self-reliance, and a better future.

The Vision Board Orientation Programme was a meaningful initiative to motivate SSGE scholars to dream ambitiously, recognise the opportunities available to them, and take purposeful steps towards achieving their goals. It reflected SSGE's continued commitment to nurturing young minds and empowering students through educational support, guidance, and encouragement.

Storytelling Competition for SSGE Scholars as Part of Independence Day Celebrations

The Students Support Group for Education (SSGE) organised a Storytelling Competition on 22 August 2026 as part of its Independence Day celebrations, providing students from Classes VI to X with an inspiring platform to express their creativity, imagination, and patriotic sentiments. The young participants took part enthusiastically, presenting stories that reflected their communication skills, confidence, and ability to engage an audience through the art of storytelling.

The event was conducted under the guidance of the SSGE Core Team, with special support from Dr. Manzar Jamal, whose encouragement contributed to the successful organisation of the programme. The competition aimed to nurture students' oratory skills, develop their self-confidence, and encourage them to express their thoughts and ideas effectively. It also highlighted the importance of storytelling as an educational tool for developing language proficiency, creativity, critical thinking, and an appreciation of cultural and national values.

Professor Parvaiz Talib of the Business Management Institute graced the occasion as the Chief Guest. His presence added significance to the event and encouraged the students to participate with enthusiasm and confidence. The performances were evaluated by a distinguished jury comprising Dr.

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Jahangir Alam, Vice Principal, STS High School, and Dr. Sadia Ayub, Scientist, RRIUM, Aligarh. Their academic and professional experience brought valuable perspectives to the assessment of the participants' performances.

The competition offered students an opportunity to overcome stage hesitation, improve their presentation skills, and learn from one another in a supportive and encouraging environment. By combining the spirit of Independence Day with the creative art of storytelling, the programme sought to strengthen the students' sense of patriotism while promoting their overall personality development.

The event was a meaningful initiative by SSGE to encourage young learners to discover their talents, communicate with confidence, and develop essential life skills alongside their academic pursuits. It reflected SSGE's continued commitment to providing students with enriching educational and co-curricular opportunities that contribute to their holistic development.

Spelling Bee Programme for SSGE Scholars

Following the successful Orientation Programme for the Spelling Bee organised for SSGE Scholars on 11 July 2026, the first Spelling Bee competition was conducted on 24 August 2026. This was followed by a series of similar spelling activities and competitions aimed at improving the scholars' vocabulary, spelling accuracy, pronunciation, language skills and confidence.

The initiative provided students with an enjoyable and interactive platform to learn new words, enhance their command of English and develop healthy competitive spirit. The last Spelling Bee activity of the quarter was successfully conducted on 30 September 2026, marking the completion of a productive series of language-enrichment programmes for SSGE Scholars.

SSGE Scholars Felicitated for Qualifying AMU Class XI Entrance

A special felicitation programme was organised at Ibn Sina Academy on 5 July 2026 to honour the SSGE scholars who successfully qualified the Class XI Entrance Examination of Aligarh Muslim University (AMU).

The achievement was celebrated as a significant milestone in the academic journey of the students and a source of encouragement for other SSGE scholars. The students were congratulated for their hard work, dedication and academic performance.

On the occasion, Prof. Suhail Sabir generously sponsored a special lunch in honour of the successful scholars. The gathering provided an opportunity to celebrate their achievement and motivate them to pursue their higher studies with the same commitment and enthusiasm.

The SSGE team expressed its appreciation to Prof. Suhail Sabir for his generous gesture and continued encouragement of the educational aspirations of young scholars.

Cheque Distribution Ceremony for SSGE Scholars of Grade XI

With an intent to empowering dreams, rewarding excellence and investing in education and inspiring tomorrow's leaders, students were rewarded cheque of INR to cover admission fee and tuition fee entering in the 11th grade.

Core team members including mentors such as Dr. Suhail Sabir, Dr. Manzar Jamal, Dr. Rehana Ahmad, Dr. Sadia Ayub, Dr. Syed Ziaur Rahman, Engineers Fareed N. Farooqui and Mr. Adnan Hafiz, were present and distributed cheques during 27.7.2026 to the SSGE Scholars.

Meeting to review the progress of SSGE Scholars

A meeting was held on 17th September 2026 with few of the esteemed seniors to discuss various aspects related to the welfare, academic progress, and overall development of the SSGE Scholars. The meeting was

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attended by the following distinguished personalities: Dr. S. Mohsin Raza, Engineer S. Masood Hussain, Mr. Rais Ahmad, Dr. Izhar Bilgrami, Mr. Rahat Sultan Israili, Prof. Nadeem Khalil, Engineer Adnan Hafiz, Engineer Adnan Khan, Dr. S. Ahmad Raza, Mr. Fareed Nazim Farooqui and Dr. Syed Ziaur Rahman

Interviews for Selection of SSGE Scholars for Laptop Distribution

Interviews for the selection of deserving students under the SSGE conditional laptop support programme were successfully conducted on 13 September 2026. The initiative aims to provide laptops to selected SSGE scholars to support their academic pursuits, facilitate access to digital learning resources, and strengthen their educational opportunities.

The panel of interviewers were Prof. Suhail Sabir, Dr. Manzar Jamal, Dr. Rehana Ahmad, Dr. Syed Ziaur Rahman, Er. Fareed Nazim Farooqui and, Er. Adnan Hafiz. The selected scholars were scheduled to receive their laptops on 4 October 2026 as part of the SSGE educational support initiative.

SSGE Scholar Receives Mobile Phone

As part of the Students Support Group for Education (SSGE) Scheme, Askiya Fatima, a Grade 10 student of AMU Girls High School, was provided with a mobile phone on 14 September 2026 to support her educational needs. The initiative aims to facilitate access to online learning resources and enhance students' digital learning opportunities, helping them stay connected with modern educational tools. On this occasion, core team members such as Prof. Suhail Sabir, Dr. Manzar Jamal, Er. Fareed Nazim Farooqui and Prof. Syed Ziaur Rahman.

DISTINGUISHED VISITORS

1. Delegation from Sakra comprises of Mr. Waqar Khan (Sakras), Mr. Muhammad Aasif Khan (Malai Village), Mr. Md Yusuf Khan (Rehpua Village, Shah Chokha), 28.8.2026

2. Mr. Mohammad Saleem Sodha from Bikaner with his family members: wife, daughter, grandchildren, 29.8.2026
3. Delegation, Offline / Residential Subject Refresher Course in Teacher Education (Interdisciplinary), UGC-MMTTC, AMU, Aligarh, 19.9.2026
4. Dr. Shivam Verma, Assistant Professor in the Department of Physiology at Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow and Dr. Tanuj Mathur, Assistant Professor in the Department of Physiology at Jawaharlal Nehru Medical College, Aligarh, 19.9.2026
5. Delegation of three members from Ghalib Library, Firozabad under the leadership of the Secretary, Mr. Basaruddin, 21.9.2026
6. Students of the Operation Theatre (OT) Technology and Anaesthesia programs at Era University in Lucknow, visited as a part of the Educational Tour on 25.9.2026.
7. Delegation of Association of Integrated Medicine (AOIM) comprises of Dr. Muhammad Faizan, President of AOIM; Dr. M. Rahman, Secretary General; Dr. Talha Islam, Treasurer; Dr. Ali Khan, Joint Secretary; and Oneza Quadri, Joint Secretary from Prayagraj, along with other office-bearers and members of the Association like Dr. Monisur Rahman Nagami, Dr. Syed Ghulam Rabbani, Dr. Mohammad Ahsan, 7.8.2026 (see detail below)

AOIM Delegation Visits Ibn Sina Academy and Holds Significant Academic and Literary Meetings

A joint delegation of the Association of Integrated Medicine (AOIM), which travelled to Aligarh from Lucknow and Prayagraj (Allahabad) on 7.8.2026, visited several prominent academic and medical centres in the city and held significant meetings with distinguished scholars, researchers and physicians. The purpose of the visit was to further strengthen efforts for the promotion of the AYUSH systems of medicine, particularly Ayurveda and Unani medicine, the preservation of their rich academic and literary heritage, and the exploration of opportunities for mutual collaboration.

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During the visit, the delegation had a special meeting with Hakim Syed Zillur Rahman, an internationally renowned scholar, Unani researcher and physician, and author of several important books. The meeting proved to be highly significant, fruitful and memorable from academic, research, literary and cultural perspectives.

Hakim Syed Zillur Rahman expressed his satisfaction over the establishment and activities of AOIM and congratulated all its office-bearers and members, conveying his best wishes for the Association's success. He emphasized that practitioners associated with AYUSH systems of medicine should not only provide treatment in accordance with the established and authentic principles of their respective systems but should also maintain academic integrity, sincerity, seriousness and a deep commitment to their medical traditions.

He particularly appealed to the members of AOIM to make the Association an effective and exemplary platform for the preservation, promotion, propagation and academic strengthening of AYUSH systems of medicine. He expressed the hope that AOIM would play a significant role in bringing physicians and researchers associated with different AYUSH systems closer to one another, strengthening academic links among them, and preserving the ancient medical and literary heritage. Hakim Sahib also conveyed his heartfelt wishes and prayers for the success, stability and bright future of the Association. He also guided the visiting delegation through the Manuscript Room, Taxidermy Gallery, and Islamic Art Gallery at Ibn Sina Academy.

During the meeting, an important academic and literary occasion also took place when Hakim Syed Zillur Rahman formally launched the significant book *Tazkirah Ulama-e-Nagram*, compiled and edited by the late Ihtisham-ur-Rahman Nagrami.

On the occasion, Hakim Sahib spoke particularly about his longstanding, close and cordial associations with the scholars of

Nagram. Recalling his old memories and personal connections with these distinguished personalities, he appreciated this valuable academic and historical endeavour.

He also emphasized the importance of documenting and preserving, in book form, the lives, contributions and intellectual heritage of scholars and eminent personalities associated with the academic, religious and cultural centres of the Indian subcontinent. He observed that such efforts are essential for safeguarding the intellectual and cultural heritage for future generations.

On the same occasion, the important scholarly work *Qawanin Ilm-ul-Advia*, compiled by renowned Unani researcher and physician Dr. Ashfaq Ahmad, was also formally launched. A detailed discussion was held on the subject matter of the book, its academic and research objectives, and various important aspects of Ilm-ul-Advia (Pharmacology).

Highlighting the significance of the book, it was explained that Ilm-ul-Advia is a fundamental and highly important branch of Unani medicine concerned with the identification, properties, actions, uses, effects and therapeutic significance of drugs. Scholarly works of this nature are valuable not only for students and practitioners but may also help in connecting the classical intellectual heritage of Unani medicine with contemporary academic requirements.

Following members of the delegation attended; Dr. Muhammad Faizan, President of AOIM; Dr. M. Rahman, Secretary General; Dr. Talha Islam, Treasurer; Dr. Ali Khan, Joint Secretary; and Aneeza Qadri, Joint Secretary from Prayagraj, along with other office-bearers and members of the Association.

All participants described the visit and the meetings as a positive and promising development for the future of Ayush systems of medicine. There was consensus among the participants that the development of the various AYUSH systems cannot be limited

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merely to medical practice and treatment. It is equally important to preserve their ancient intellectual resources, manuscripts, books, research traditions and cultural heritage, undertake systematic research on them, and transmit this knowledge to future generations.

The AOIM visit to Aligarh was not merely a formal meeting or institutional visit; rather, it may be regarded as an important step towards the preservation and promotion of the academic, research, literary and cultural heritage of AYUSH medicine, particularly Ayurveda and Unani medicine.

The meeting with senior and eminent scholars such as Hakim Syed Zillur Rahman, the launch of a historical and scholarly work such as *Tazkirah Ulama-e-Nagram*, and the recognition of an important medical scholarly work such as *Qawanin Ilm-ul-Advia* demonstrate that the new generation of medical professionals, researchers and institutions is making serious efforts to strengthen its connection with the rich intellectual and medical heritage of the past and to align it with the academic requirements of the future.

It is hoped that AOIM will continue to play an effective role in promoting mutual cooperation among different AYUSH systems, strengthening academic and research networks, preserving medical heritage, and publishing and promoting authentic scholarly literature. The Association is expected to continue its services as an active, united and exemplary platform for the advancement of AYUSH systems of medicine.

MEMBERS' ACTIVITIES

Prof. Syed Zillur Rahman (President, Ibn Sina Academy)

1. Completed Eighty-eight productive years of life, filled with purpose, service, and gratitude. Staff of the Ibn Sina Academy and Family Members celebrated his birthday on 28 July 2026.

2. Presided, Function held in honour of Mr. Rajendra Pal Gautam (Indian politician, Dalit activist, social worker and a former Minister for Water, Tourist, Culture, Arts & Languages, Government of Delhi), Aligarh Habitat Centre, Aligarh, 9.7.2026
3. Chaired, A session, XIV International Avicenna Readings - scientific practical conference - "Abu Ali ibn Sino: Modern Medicine and Traditional Medicine - Innovations and Investment, Abu Ali ibn Sino Bukhara State Medical Institute, Bukhara, Uzbekistan, August 14-16th, 2026 (Detail on page 6-8)
4. Resource Person, Offline / Residential Subject Refresher Course in Teacher Education (Interdisciplinary), UGC-MMTTC, AMU, Aligarh, 19.9.2026
5. Paid a courtesy visit to Hon'ble Former Vice President, Hamid Ansari, 29.9.2026
6. Visited Anjuman Tarraqui Urdu Hind and Ghalib Institute, New Delhi, 29.9.2026

Prof. Syed Ziaur Rahman (Hony. Treasurer, Ibn Sina Academy)

1. Resource Person, "Nasha Mukht Yuva for Viksit Bharat" Campaign, a flagship initiative aimed at promoting a drug-free society and fostering a healthier, more responsible youth population, Kennedy Auditorium, organized by NSS, AMU, Aligarh, 2.8.2026 (approximately 1,200 students participated. The function was followed by the nationwide address of the Hon'ble Prime Minister of India through virtual platform).
2. Chaired a session on 'NICU Residency Debate' during the Annual Conference of National Neonatology Forum of UP State, 12.9.2026. The panelists who participated in the debate were Prof. Dr. G. S. Chaudhary, Dr. Archana Shrivastava, Prof. Dr. Kamran Afzal, Prof. Dr. Neeraj Yadav, Dr. Ajay Kumar and Prof. Dr. Rajeev Thapar.
3. Resource Person, Session on Competency FC 1.10.1: "Demonstrate awareness of the History of Medicine and Alternate Systems of Medicine" on 16.09.2026 for the MBBS 2026 batch, as part of the

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Foundation Course being conducted from 15.09.2026 to 26.09.2026.

4. Delivered Welcome Address, Mini-Workshop: Use of language to build a gender-sensitive society, Foundation for Evidence-based Development in India (FEDI), Ibn Sina Academy, 21.8.2026 (Detail on page 5-6).
5. Visited SHKM-Govt. Medical College, Nalhar, Nuh (2-3 September 2026). [On 3rd September, I and Dr. Saim Hasan from Nuh Medical College, visited Global Edge Public School, which is managed and run by Mr. Md Yusuf Khan of Rehpu Village of Nuh. I appreciate his vision and dedication to establish this school with his own resources on such a large scale. Thanks to Mr. Waqar Khan, who specially came to meet me from Sakras with his other advocate friend. I pray for their large heartedness and sincere attempt to also preserve the history of Sakras in particular and Mewat in general].
6. Chaired, Oral Rehydration Solution Week 2026, In Association with RTC, PvPI, Dept. of Pharmacology, JNMC, AMU, Aligarh, 27.7.2026 (Detail on page 19-19)
7. Chaired, A session, XIV International Avicenna Readings - scientific practical conference - "Abu Ali ibn Sino: Modern Medicine and Traditional Medicine - Innovations and Investment, Abu Ali ibn Sino Bukhara State Medical Institute, Bukhara, Uzbekistan, August 14-16th, 2026 (Detail on page 6-8)
8. Guest Lecture, International Overdose Awareness Day (IOAD) 2026, Centre for Advanced Study in Pharmacology, Ibn Sina Academy, 31.8.2026. Held in collaboration with Regional Training Centre (RTC), Pharmacovigilance Programme of India (PvPI), Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), 31.8.2026 (Detail on page 3-3)
9. NMC Nominated Assessor, UG course (MBBS) for the academic year 2026-27, along with Dr. Lingaraju N (Mysura), Dr. Manohar R (Mandya) and Dr. Sreevidya J (Chennai), TRR Institute of Medical Sciences, Patancheru, 15/06/2026.
10. Participated in the brainstorming Session on Ilmul Advia, CCRUM Head Qtrs., New Delhi, 29.9.2026 (Detail on page 19-20)
11. Examiner for PhD (Pharmacology), Integral University Lucknow, 10 August 2026. Got a chance to visit the library and witnessed a beautifully handwritten Quranic Manuscript.
12. Examiner for MD (Pharmacology), HIMSR, Jamia Hamdard, New Delhi, 23-24 September 2026
13. Examiner for PhD (Pharmacology), SPER, Jamia Hamdard, New Delhi, 31.7.2026
14. Guest Speaker, Pharmacovigilance Programme of India - A National Flagship Initiative to Monitor Drug Safety & Track ADRs, National Pharmacovigilance Week 2026 (NWP 2026), RTC, PvPI of JNMC, in collaboration with IMA-AMS Aligarh Branch, Ibn Sina Academy, 20.9.2026.
15. Invited as Guest, Inauguration of the 6th National Pharmacovigilance Awareness Week, under the aegis of Indian Pharmacopoeia Commission, Ambedkar International Centre, New Delhi, 21.9.2026 (Detail on page 20-21)
16. Following students submitted theses in the last quarter:
 - a. Dr. James Carmel Dominic (MD Thesis): Screening of two bioactive compounds of *Trachyspermum ammi* in Morphine Dependence, (2024-2026), Dept. of Pharmacology, JNMC, AMU, Aligarh
 - b. Dr. Swathi G (MD Thesis): Screening of bioactive compounds of two indigenous plants in Morphine Dependence, (2024-2026), Dept. of Pharmacology, JNMC, AMU, Aligarh
 - c. Dr. Puneet Paliwal (MD Thesis): Adverse drug reactions monitoring in patients receiving Antitubercular & Anti-retroviral therapy, (2024-2026), Dept. of Pharmacology, JNMC, AMU, Aligarh
 - d. Mr. Anil Yadav (Internship): Regional Training Centre for Materiovigilance Programme of India (RTC-MvPI), JNMC, AMU, Indian Pharmacopoeia Commission, Ministry of Health &

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Family Welfare, Government of India,
6.10.2026

- e. Ms. Sarah Khaliq (MPH Dissertation):
Off Label Prescribing of Breast Cancer
Targeted Therapy and Patient
Determinants in North India Tertiary
Hospitals, Department of Community
Medicine, JNMC, AMU, Aligarh
- f. Dr. Sana Mustaqeem (MD Thesis):
Evaluation of Nephroprotective Effects
of *Safoof Karafs* in Albino Rats (2024-
2026), Department of Ilmu Advia, AK
Tibbiya College, AMU, Aligarh

DOCUMENTATION

Ibn Sina Academy: A Journey of Knowledge and Heritage by Khushboo Rashid

During the summer of 2026, Khushboo travelled to India to conduct archival research in libraries and manuscripts repositories across Delhi, Aligarh and Telangana. Among the highlights of her research trip was a visit to the library-cum-museum of Professor Hakim Syed Zillur Rahman at the Ibn Sina Academy in Aligarh. Renowned for its exceptional collection of rare Persian, Arabic and Urdu medical manuscripts, the Academy proves to be an invaluable resource for her dissertation research.

During her visit, she examined several previously unpublished Persian medical manuscripts that will significantly enrich her study of the Experiential knowledge in the early modern Persianate world. She also had the privilege of spending an entire day -with the distinguished scholar of Unani Medicine, Prof. Hakim Syed Zillur Rahman. Their discussions centred on her doctoral research, the rich manuscript tradition of Islamic medicine, and promising new directions for future scholarship. Drawing on his decades of experience as a physician, historian, and manuscript collector, Professor Rahman offered valuable guidance on how to approach Persian medical texts and encouraged her to explore several understudied questions in the history of Islamic medicine.

The visit to the Ibn Sina Academy was one of the most memorable and intellectually rewarding experiences of the archival journey. It not only provided access to rare manuscript sources but also offered the opportunity to learn from one of the foremost authorities on the history of Unani medicine. The experience has greatly enriched her research and reinforced the importance of preserving and studying the manuscript heritage of Islamic medicine.

[The author Ms. Khushboo Rashid is a PhD student in the Department of History of Medicine at Johns Hopkins University. She holds a B.A. in History from the University of Delhi and an M.A. in the History of Early Modern South Asia from Jamia Millia Islamia, India. Following her postgraduate studies, she worked as a Research Assistant at Jamia Millia Islamia, where she published several papers on concepts of disease and contagion in Islamic medicine.

Her research has received national recognition. In 2022 she was awarded the Prof. J. S. Grewal Prize for the best paper presentation at the 81st session of the Indian History Congress for her paper, "*Syphilis in Mughal India and its Role in Shaping Medical Thoughts and Practice*". The paper was subsequently published in the *Proceedings of the Indian History Congress* (Vol. 81). She was also awarded the Junior Research Fellowship by the Indian Council of Historical Research (ICHR), which supported her archival research in India. Over the years, she has presented her work at numerous national and international conferences.

Her current doctoral research examines the role of experience (*tajriba*) in the making of the early modern Persian pharmacopoeia. This project investigates how physicians in the Persianate world evaluated, tested, and incorporated newly introduced medicinal substances into medical practice. She has presented this research at the South Asia Graduate Student Conference at the University of Chicago and at the History of Medicine Colloquium organised by the Krieger School

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of Arts and Sciences at Johns Hopkins University. Her paper, “*Knowing New Drugs: Experience and Reasoning in the Making of the Early Modern Persian Pharmacopoeia*,” draws on several previously unpublished Persian manuscripts on China root (chūb-ichīnī) and is currently under peer review with the *Journal of South Asian Intellectual History*]

New Film on Ibn Sina to Be Made in Tajikistan

Tajikistan is set to produce a new feature film on Abu Ali ibn Sina (Avicenna), one of history’s greatest physicians, philosophers and scholars. It will be the country’s first major film on Ibn Sina since independence.

Directed by Sohibyor Tolib, the film aims to present Ibn Sina from a fresh perspective, moving beyond the ideological approach of Soviet-era films. Rather than simply retelling his biography, the story will focus on his early life, intellectual development, personality and experiences at royal courts.

The project has been approved by Tajik film’s Artistic Council, with initial funding allocated. Script development and historical research are being carried out with the support of specialists from the National Academy of Sciences of Tajikistan.

The director said Ibn Sina’s Tajik-Arab cultural and linguistic background will naturally be reflected in the film, without turning the story into a debate over his identity.

Casting the young Ibn Sina will be a major challenge. The actor will require training in Arabic manuscripts and Nastaliq calligraphy to portray the scholar convincingly. Filming is expected to involve the reconstruction of historic cities, palaces, madrasas and streets, with the entire production likely to take one to two years.

Tajikistan previously produced two notable films on Ibn Sina during the Soviet period: *Abu Ali ibn Sina* (1956) and *The Youth of*

Genius (1982). The new film seeks to offer a more historically and artistically independent portrayal of the legendary physician.

Ibn Sina (980–1037), born near Bukhara, left an extraordinary intellectual legacy. His *Canon of Medicine* influenced medical education for centuries in both the Islamic world and Europe, while his philosophical and scientific writings made him one of the most influential thinkers of the medieval era.

Source: Asiaplus News, 22.8.2026

Inauguration of Regional Training Centre of Pharmacovigilance under PvPI

Cementing its commitment to patient safety and excellence in healthcare education, AMU inaugurated the Regional Training Centre of Pharmacovigilance under Pharmacovigilance Programme of India (PvPI), Indian Pharmacopoeia Commission (IPC) on 7th August 2026, marking a significant milestone in strengthening drug safety monitoring and pharmacovigilance training in the region.

The Centre was inaugurated by the Vice-Chancellor, Prof. Naima Khatoon, in the presence of Prof. Mohd. Mohsin Khan, Pro Vice-Chancellor; Prof. Mohammad Khalid, Dean, Faculty of Medicine; Prof. Anjum Parvez, Principal and Chief Medical Superintendent, Jawaharlal Nehru Medical College and Hospital; Prof. Vibha Sharma, MIC PRO and was hosted by Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology.

Dr. V. Kalaiselvan, Director and Senior Scientific Secretary, Indian Pharmacopoeia Commission, Ministry of Health and Family Welfare, Government of India, graced the occasion as the Chief Guest. He commended the significant contributions of JNMC towards promoting & strengthening pharmacovigilance activities in India. He stated that the Regional Training Centre (RTC) at JNMC would continue to function diligently in accordance with its prescribed terms and conditions, while further advancing the objectives of the Pharmacovigilance Programme of India.

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Addressing the gathering, the Vice Chancellor Prof. Naima Khatoon said that the establishment of the Regional Training Centre reflects AMU's commitment to promoting the safe and rational use of medicines. She emphasized that a robust pharmacovigilance system is indispensable for modern healthcare, enabling continuous monitoring of medicines for their safety and effectiveness even after they are introduced into the market. She noted that the Centre would not only strengthen patient care but also promote research, training and evidence-based medical practice.

Congratulating the Department of Pharmacology, Pro Vice-Chancellor Prof. Mohd. Mohsin Khan lauded the team for bringing the prestigious Regional Training Centre to AMU and expressed confidence that it would significantly enhance patient safety, research and healthcare quality across the region.

Prof. Mohammad Khalid described the Centre as a landmark addition to AMU's medical ecosystem. He said, "This Centre will strengthen pharmacovigilance education, encourage evidence-based clinical practice and prepare healthcare professionals to uphold the highest standards of patient safety."

Prof. Anjum Parvez said, "Timely reporting of adverse drug reactions is fundamental to quality healthcare. The Regional Training Centre will enhance clinical vigilance and promote safer treatment practices for the benefit of patients."

Speaking on the occasion, Prof. Syed Ziaur Rahman highlighted that the Centre would serve as a regional hub for promoting medication safety, strengthening adverse drug reaction (ADR) reporting and fostering a culture of clinical vigilance. He said the Centre will organize specialized training programmes, workshops and awareness modules for doctors, pharmacists, nurses and researchers to improve the detection, reporting and prevention of adverse drug reactions. He further stated that IPC in 2024 also upgraded the Medical Device Adverse Event Monitoring Centre (MDMC) of JNMC into RTC for MvPI

for the state of Uttar Pradesh and Rajasthan.

Among those present were Prof. N. D. Gupta, Prof. Mohd. Shameem, Prof. Sheelu Shafiq, Prof. M. Khalid Saifullah, Prof. Mahtab Alam, Prof. Khwaja Saifullah Zafar, Prof. Geeta Rajput, Prof. Pradhuman Verma, Dr. Jameel Ahmad, Dr. Irfan Ahmad Khan and Dr. Ahmar Hasan, along with senior faculty members, researchers, healthcare professionals, residents and students.

The programme concluded with a vote of thanks by Dr. Mohammad Sarfraz, Deputy Coordinator, RTC for MvPI. Dr. Saumaya Thakur conducting the programme.

AMU Observes World Breastfeeding Week with Seminar and Awareness Programme

Aligarh Muslim University observed World Breastfeeding Week with a series of academic and awareness programmes highlighting the importance of breastfeeding and safe maternal healthcare.

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), organised an academic seminar on "Medication Safety in Breastfeeding" under the leadership of Prof. Syed Ziaur Rahman, Chairperson of the Department. The seminar was presented by Dr. Isna Rafat Khan, Junior Resident, and chaired by Dr. Abhishek Sharma, Secretary, Indian Academy of Pediatrics (IAP), Aligarh, while Dr. Vikas Mehrotra, former President, IAP Aligarh, moderated the session.

The seminar highlighted the importance of evidence-based prescribing for lactating women, emphasizing that appropriate pharmacotherapy can safely complement successful breastfeeding. Discussions focused on the safety profiles of commonly prescribed medicines, including antibiotics, analgesics, antidepressants, antihypertensives, antidiabetic drugs, contraceptives, and respiratory medications, underscoring the need for rational prescribing to safeguard the health of both mothers and infants.

As part of the observance, the College of

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Nursing organised a role-play and health education programme in the postnatal wards of Jawaharlal Nehru Medical College Hospital under the guidance of the Principal, Prof. Farha Azmi. Coordinated by Mrs. J. N. Sonja, Assistant Professor, the programme was presented by seventh-semester BSc Nursing students, who created awareness among postnatal mothers and their attendants about the importance of breastfeeding, correct breastfeeding techniques, its health benefits, and the nutritional superiority of breast milk over cow's milk.

Based on the World Breastfeeding Week theme, "Breastfeeding for a Sustainable Start in Life: Strengthen What Works," the role-play emphasised the health benefits of breastfeeding for both infants and mothers while encouraging families to support successful breastfeeding practices. The students also interacted with postnatal mothers to assess the impact of the awareness programme and received encouraging feedback.

Pharmacology Department Observes ORS Week with Awareness Programme on Child Health

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), in collaboration with the Regional Training Centre (RTC), Pharmacovigilance Programme of India (PvPI), observed Oral Rehydration Solution (ORS) Week 2026 by organising an awareness programme on the theme, "ORS First: Every Child, Every Diarrhoea, Every Time."

Delivering the theme lecture, "Oral Rehydration Solution: Life-Saving Drug of the Century – An Overview," Dr. Vikas Mehrotra, Consultant, Kilkari Hospital, Aligarh, highlighted the crucial role of ORS in preventing and treating dehydration and reducing diarrhoea-related morbidity and mortality, particularly among children. The programme was chaired by Dr. Pradeep Bansal, President, Indian Academy of Pediatrics (IAP), Aligarh.

Prof. Syed Ziaur Rahman, Chairperson, Department of Pharmacology, JNMC, and Coordinator, RTC, Pharmacovigilance Programme of India (PvPI) and Materiovigilance Programme of India (MvPI), emphasised the need to promote awareness about the timely and correct use of ORS to improve child health outcomes and prevent avoidable deaths caused by diarrhoeal dehydration.

He also pointed out that the National Medical Commission (NMC), under the Competency-Based Medical Education (CBME) curriculum, has accorded special importance to training medical students in the proper preparation and use of ORS to ensure that future healthcare professionals acquire the necessary knowledge and practical skills.

Faculty members, resident doctors, interns, and students attended the programme and actively participated in the awareness activities.

CCRUM Organises Brainstorming Workshop on Ilmul Advia

The Central Council for Research in Unani Medicine (CCRUM) organised a Brainstorming Workshop on Ilmul Advia on 29.9.2026 at CCRUM Head Quarters, in New Delhi, which was chaired by Dr. N. Zaheer Ahmed, Director General, CCRUM.

The workshop brought together eminent senior domain experts from reputed institutions for detailed deliberations on the recommendations of three Working Groups constituted by CCRUM in the field of Ilmul Advia:

1. Determination of Mizaj of Adviae Murakkabah (compound formulations) included in the Essential Drugs List
2. Identification and validation of Abdaale Advia (drug substitutes)
3. Rationalisation of dosages of formulations included in the National Formulary of Unani Medicine (NFUM)

The distinguished experts who participated in the deliberations included: Prof. Mohammad Idris, Former Professor, Department of Ilmul

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Saidla, A & U Tibbiya College, New Delhi; Prof. K. M. Y. Amin and Prof. Abdul Latif, Former Professors, Department of Ilmul Advia, AMU, Aligarh; Prof. M. A. Jafri, Former Professor, Department of Ilmul Advia, Jamia Hamdard, New Delhi; Prof. Syed Ziaur Rahman, Professor, Department of Pharmacology, JNMC, AMU, Aligarh; Prof. M. Aftab Ahmad, Former Professor, Department of Ilmul Advia, Jamia Hamdard, New Delhi; Prof. Ghulamuddin Soofi, Professor & Head, Department of Ilmul Advia, NIUM, Bengaluru; Prof. Abdul Wadud, Former Director NIUM Bengaluru; Dr. Hifzul Kabir, Former Associate Professor, Department of Ilmul Advia, Jamia Hamdard, New Delhi.

The Working Groups coordinators presented their recommendations, which were subjected to detailed expert review and deliberations. The discussions focused on strengthening the scientific basis, methodological rigour, practical applicability and alignment with the fundamental principles of Unani medicine.

The deliberations have provided valuable inputs for further refinement of the recommendations and guide future action by CCRUM towards strengthening research, standardisation and evidence-based practice in Unani medicine.

Source: CCRUM

6th National Pharmacovigilance Week

Regional Training Centre for Pharmacovigilance Programme of India (PvPI) at JNMC, AMU, Aligarh, successfully observed the 6th National Pharmacovigilance Week from September 17 to 23, 2026, under the theme “Promoting Rational Use of Medicines Through Pharmacovigilance: A Step Towards Safer Healthcare.” The week-long celebrations featured a wide array of academic events, awareness drives, creative competitions, and community outreach initiatives designed to promote drug safety, responsible medicine use, and public health consciousness. The observance was conducted in line with the directives of the Pharmacovigilance Programme of India

(PvPI), Indian Pharmacopoeia Commission (IPC), Ministry of Health & Family Welfare, Government of India.

The week commenced with a sensitization lecture on pharmacovigilance at AMU Girls City High School, followed by a symposium on PvPI and a guest lecture on "Safety of GLP-1 RA" by Dr. Shivam Verma from RML Institute of Medical Science, Lucknow, for resident doctors. The official inauguration was graced by Prof. Mohammad Khalid, Dean, Faculty of Medicine and Prof. Anjum Parvez, Principal & CMS, JNMC, as Co-Patron, Dr. Ram Nath Singh (CMO, Aligarh) as Chief guest and Dr. Ajay Saxena (CMO, Gandhi Eye Hospital, Aligarh) as Guest of Honour, followed by a walkathon around the hospital premises to engage the public.

On 21.9.2026, the team of RTC were invited as Guest, to witness the inauguration of the 6th National Pharmacovigilance Awareness Week, Indian Pharmacopoeia Commission, held at Ambedkar International Centre, New Delhi. On the occasion, the 7th edition of the National Formulary of India (NFI 2026), NFI Online, medical-device safety guidelines for hospitals, and the ADR-PvPI 2.0 iOS app were launched by Ms. Anupriya Patel, Union Minister of State for Health and Family Welfare and for Chemical and Fertilizers, GOI. The Biovigilance Programme of India was also announced, underscoring the critical role of PvPI and MvPI in patient safety.

Throughout the week, various programmes were conducted to sensitize students, patients, and the broader community. Awareness sessions were held at the OPD, Trauma Centre, and Dental College. An ADR awareness programme in collaboration with the Indian Medical Association-Academy of Medical Specialties (IMA-AMS), Aligarh Branch along with a guest lecture on “Pharmacovigilance in Clinical Practice” and an exhibition of pharmacovigilance publications was also organized at Ibn Sina Academy. Undergraduate students of MBBS, BDS and Paramedical courses and postgraduate students of Pharmacology

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participated in poster-making, quiz and debate competitions.

The valedictory function of the AMU-wide observance was graced by Prof. Anjum Parvez, Principal & CMS, JNMC, AMU, who appreciated the work done by the Regional Training Centre and also highlighted the importance of ADR reporting for patient safety and improved drug monitoring. Prof. Syed Ziaur Rahman, Coordinator, RTC, welcomed the guests and threw light on the works being carried out through RTC, Pharmacovigilance Programme of India (PvPI) and Materiovigilance Programme of India (MvPI).

Senior faculty members, including Prof. Mohammad Shameem, Prof. Sheelu Shafeeq Siddiqui, and Prof. Geeta Rajpoot were felicitated for their outstanding contributions toward Regional Training Centre, while Dr. Ammar Khalid, Dr. Mohd. Yaman, and Dr. Supriya Sahu received awards for maximum ADR reporting. For the poster-making competition, first prize was given to BPT students, 2nd prize to BSc EMT students, 3rd prize was awarded to ETBDA students, JNMC. For the quiz competition, Dr. Nachiket Branhmankar won the first prize and 2nd prize was won by Dr. Shobhit Saxena. For debate competition, Dr. Anju Joshua won the first prize while Dr. Shobhit Saxena bagged the second prize. The proceedings were conducted jointly by Mr. Gufran Ali, Pharmacovigilance Associate and Dr. Saumya Thakur, with a vote of thanks acknowledging the contributions of all participants, coordinators, faculty members, and support staff.

Australia Visit – A Brief Report by Syed Ziaur Rahman

I was honoured to be invited to participate in the 20th World Congress of Basic and Clinical Pharmacology (WCP2026), the flagship international congress of the International Union of Basic and Clinical Pharmacology (IUPHAR), held in Melbourne, Australia, from 12 to 17 July 2026. The prestigious scientific gathering brought together leading pharmacologists, biomedical scientists,

clinical researchers, academicians, and healthcare professionals from more than 70 countries, providing a vibrant international platform for the exchange of scientific knowledge, research findings, and emerging ideas in pharmacology and therapeutics.

The congress provided valuable insights into contemporary developments in basic and clinical pharmacology, drug discovery, precision medicine, translational research, and the evolving role of pharmacology in addressing global health challenges. It offered opportunities to interact with international experts, learn about advances in pharmaceutical sciences, and explore avenues for strengthening academic and research collaborations across institutions and countries.

I had the privilege of presenting my research paper at the congress, which received appreciation from fellow delegates. The experience was both academically enriching and professionally rewarding. Participation in such an international scientific forum reinforced the importance of sharing research findings, engaging in interdisciplinary dialogue, and building international networks to advance pharmacological research and education. It also provided an opportunity to represent my academic and research interests on a global platform and to bring back valuable perspectives that could contribute to teaching, research, and professional development in India.

An important highlight of my visit was the invitation to participate in the Melbourne Medical Symposium 2026, held on 16 July 2026 and convened by the Melbourne Medical School at the University of Melbourne. The symposium brought together academic leaders, representatives of health services and medical research institutes, and government stakeholders to deliberate on future directions in medical education, workforce capability, and the changing demands of healthcare.

A central focus of the symposium was the need to innovate medical student training in

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response to rapidly evolving technologies and emerging professional challenges. The discussions explored several important areas, including artificial intelligence (AI), digital health, data science, BioDesign, biomedical engineering, innovation and commercialisation, transformative leadership, and partnerships with industry.

These discussions highlighted the growing importance of integrating technological competence, innovation, interdisciplinary learning, and leadership skills into medical education. Future doctors will need more than traditional clinical knowledge; they will also require the ability to understand and use digital technologies, interpret health data, work across disciplines, and adapt to changing models of healthcare delivery.

From the perspective of medical education in India, these deliberations were particularly relevant in the context of the changing expectations of medical graduates and the increasing emphasis on competency-based learning, research, and innovation. The exchange of ideas at the symposium offered valuable perspectives on how medical institutions can prepare students to become not only competent clinicians but also researchers, innovators, educators, and future leaders in healthcare.

The symposium also underscored the importance of collaboration among universities, healthcare providers, research organisations, industry, and government agencies. Such partnerships can help bridge the gap between academic learning and practical healthcare needs, creating opportunities for innovation and the translation of scientific discoveries into meaningful improvements in patient care. Reconnecting with Friends, Colleagues, and the Academic Community

Beyond the formal scientific programme, my stay in Melbourne was made especially memorable by the opportunity to meet several family friends, professional colleagues, and members of the wider academic and medical

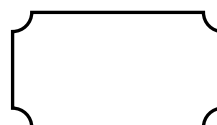
community. These interactions added a personal dimension to the visit and provided opportunities to renew old acquaintances, exchange experiences, and discuss shared academic and professional interests.

Among those I had the pleasure of meeting were Dr. Masood Amir, Dr. Naghma Masood, Dr. Faraz Yousuf, Dr. Noel Cranswick, Dr. Mariam Cranswick, Dr. Saba Qutub, Dr. Chris Schyvens, Dr. Fabio Costantino, Dr. Frédéric Hollande, Dr. Sarath Ranganathan and above all my family, who is presently living in Sydney.

Each meeting was a welcome opportunity to reconnect with familiar faces and strengthen personal and professional bonds. Such interactions are an important part of international academic visits, as meaningful professional relationships often extend beyond conference halls and formal meetings. They foster mutual understanding, facilitate the exchange of ideas, and may lead to future opportunities for academic cooperation and collaborative research.

The warmth and hospitality extended by friends and colleagues especially Dr. Masood Amir, Dr. Faraz Yousuf and Dr. Noel Cranswick, made my time in Australia even more enjoyable. Alongside the scientific discussions and academic engagements, these personal encounters contributed to a fulfilling and memorable visit.

On 21 July 2026, I had the opportunity to revisit my alma mater, Western Sydney University (formerly the University of Western Sydney), where I pursued and completed my PhD. Returning to the university brought back a wealth of memories from the nearly three & half memorable years I spent there as an international doctoral researcher.





CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

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