

Newsletter of Ibn Sina Academy (NISA)

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Prof. Syed Zillur Rahman

Editor

Prof. Syed Ziaur Rahman

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Aligarh, India**



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★ دماغین خوش ذائقہ تازگی و توانائی سے بھرپور ہے۔

★ دماغین منہ کی بدبو کو دور کرتی ہے اور ہضم کی اصلاح کرتی ہے۔

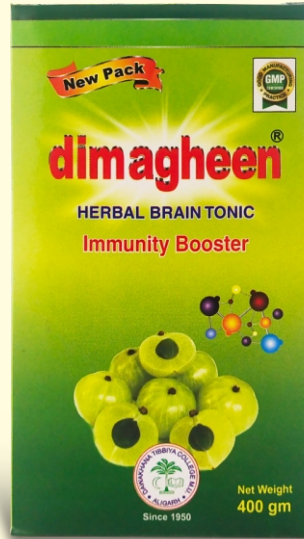
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آملہ اجزاء اعظم کے طور پر استعمال ہوتا ہے۔

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EVENTS AT IBN SINA ACADEMY

(January – March 2026)

SSGE ACTIVITIES

Republic Day Program 2026

Under the aegis of SSGE, Republic Day was celebrated online on 26th January 2026 with great enthusiasm and patriotic fervour. The programme provided a meaningful platform for students to learn, participate, and express their talents while reflecting on the significance of the day.

The event was both enjoyable and enriching, as students actively took part in various activities. Their performances were commendable, and the patriotic songs presented during the programme were especially captivating and inspiring. Each participant displayed confidence, creativity, and a strong sense of national pride.

Special appreciation is extended to Nisha and Sophiya for efficiently coordinating and managing the programme, ensuring its smooth execution. Sincere thanks are also due to Rizwanullah Khan (Silicon Valley, USA) for organising the event and providing an inclusive platform that encouraged all students to showcase their abilities.

The core team of SSGE emphasised the importance of understanding the Constitution of India and encouraged students to learn about the great leaders who have contributed to the nation's progress in fields such as freedom struggle, science, medicine, technology, and law. Students were encouraged to identify role models and stalwarts whose lives and achievements inspire them to strive for excellence.

The celebration concluded on a high note, leaving participants motivated and proud of their heritage. The core team extends warm wishes to all students and participants on this occasion; Wishing everyone a very Happy Republic Day!

Communication Skills Workshop Report

A five-day workshop on Communication Skills was conducted for students of Classes VII, VIII, and IX from 3rd to 10th January 2026. The sessions were facilitated by Mr. Haris Ali Khan, Mr. Asadullah Khan, Ms. Tasneem Shahid, and Dr. Rehana Ahmad, who provided valuable guidance on effective communication, anchoring techniques, overcoming stage fear, and improving pronunciation.

Throughout the programme, students actively participated in interactive sessions that combined theoretical inputs with practical exposure. These activities significantly enhanced their confidence, particularly in public speaking. The workshop received enthusiastic feedback from participants, with many students demonstrating noticeable improvement in their communication abilities.

Several participants successfully overcame stage fear and delivered presentations with confidence. The workshop concluded on a positive note, with plans to organise similar sessions on a regular basis, focusing on overall personality development.

Visual Assessment and Treatment of Students of Ahmadi School for the Visually Challenged

Under the aegis of SSGE, and with the valuable support of Dr. Abdul Waris, Department of Ophthalmology, JNMC, AMU, Aligarh, eye examination services have been regularly facilitated over the past year for students of Ahmadi School for the Visually Challenged (ASVC).

During these assessments, it was identified that a number of students require specialised interventions such as artificial eye transplantation, low-vision assessment, and corrective surgical procedures. In order to address these needs, Dr. Rajeev Prasad from Low Vision Aid, Noida, extended his expertise to further evaluate the selected students.

A team led by Dr. Rajeev Prasad visited ASVC prior to the conclusion of the school examinations to conduct detailed assessments and identify students who would benefit from advanced treatment. Based on these evaluations, selected students, accompanied by their parents, will be referred to Noida for necessary procedures under the care of Low Vision Aid.

In a significant gesture of support, the entire cost of treatment will be borne by SSGE, functioning under the aegis of the Ibn Sina Academy, ensuring that financial constraints do not hinder access to essential eye care for these students.

The team conducted its visit to the school on 26th February 2026, marking an important step in this collaborative effort to improve the quality of life and visual health of the students. The organisers express their sincere gratitude to the Directorate of School Education, AMU, for directing the Principal of ASVC to facilitate the visit and for extending full cooperation in enabling the smooth conduct of the eye examinations.

Consultative Meeting of the Core Team Member of SSGE

A consultative meeting of the Core Team Members of the Students Support Group for Education (SSGE) was held on 29 March 2026. The meeting was convened to deliberate upon key matters concerning the scholarship programme, with the following agenda: to reach a consensus on the selection criteria for awarding scholarships, to finalise the schedule for student interviews, to identify and confirm members of the interview panel, and to discuss any other relevant issues proposed by the core team members.

The meeting was presided over by Dr. Manzar Jamal, Former Principal of STS School. Proceedings commenced with the recitation of the Holy Qur'an (Qirat) by Mr. Ahmad Raza, setting a solemn and purposeful tone for the discussions.

After detailed deliberations, the following decisions and recommendations were made:

1. It was decided that scholarship applications would primarily be invited from students who have secured more than 65% marks and are recommended through their respective school administrations.
2. Students scoring above 85% marks will be exempted from the interview process.
3. Those securing between 85% and 90% marks will be granted partial financial assistance, while students achieving above 90% marks will be awarded full assistance as a mark of appreciation.
4. Students whose academic performance has declined compared to the previous year will not be considered for scholarship. Applications from students who have secured below 65% marks will be reviewed and scrutinised on a case-by-case basis by designated team members, namely Dr. Sadia Ayub and Dr. Rehana Ahmad.
5. Students shortlisted for interviews will be required to attend in their school uniform and bring their previous school bag, ensuring a standardised and modest presentation. They will also be encouraged to return or share their previous academic materials/syllabus for the benefit of others.
6. In addition to the core team members serving on the interview panel, it was decided to invite selected donors and members from the well-wishers' group, as well as representatives from the Directorate of School Education, AMU, Aligarh, to participate in the interview process.

The meeting concluded with a vote of thanks to all participants for their valuable contributions and active engagement. Special acknowledgment was extended to Dr. Mansoor Alam Siddiqui, Dr. Syed Ziaur Rahman, Mr. Adnan Hafiz, Dr. Athar Ali Khan, Dr. Mussavir Khan, Dr. Ahmad Raza, Mr. Faisal Moin, Dr. Rehana Ahmad, Dr. Sadia Ayub, Ms. Areej Khan, Ms. Fatima Tanzeem, Mr. Fareed Nazim Farooqui, and

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Dr. Afreen Athar. The session ended with a collective prayer.

DISTINGUISHED VISITORS

1. Delegates from Himalaya Wellness Company (Sale Division), Makali, Bangalore, visited the Academy on 13.3.2026. The team included Mr. Sarfraz Rumane, Mr. Sameer Saxena, Ms. Airin Deka and Mr. Virendra Pratap Verma. This delegation from HWC came to explore the possibility of cooperation in opening up of HWC at Aligarh.
2. Mr. Maxime Udayan SALEUR, Research Scholar from the University of École Normale Supérieure (ENS) Paris-Saclay, France, 7.3.2026 (See also on page 11-12)
3. Delegate, Subject Refresher Course in Disaster Management, UGC-MMTTC, AMU, Aligarh, 18.2.2026
4. Delegate, Faculty Induction Programme, UGC-MMTTC, AMU, Aligarh, 10.2.2026
5. Delegation from the Karnataka Urdu Academy, Bangalore under the leadership of Dr. Shaista Yusuf. Other members were Dr. Sabiha Jahan, Ms. Fareeda Rahmatullah (Editor Zarrin Shuain, Bangalore), and Mr. Mahmud Shahi, 14.2.2026
6. A delegation of few students and teachers from Nadwatul Ulema, Lucknow, 7.1.2026.
7. Wellness Experts comprising of Dr. P.A. Kareem (Founder of Hygiene Hospital for Naturopathy, Chennamangallur, Calicut, Kerala), Er. Mujeeb Akhtar (KNPC, Kuwait) and Dr. Sarah Musavi (Community Builder Health Coach from Ottawa, Canada), 5.2.2026 (See also on page 13-14)

MEMBERS' ACTIVITIES

Prof. Syed Zillur Rahman (President, Ibn Sina Academy)

Prof. Syed Zillur Rahman was invited in the following events:

1. Chief Guest, 59th Annual Meeting of the National Integrated Medical Association (NIMACON 2026), Krishanjali Natyashala, Exhibition Ground, Aligarh, 2.2.2026

2. Chief Guest, Republic Day 2026, Umeed Education & Welfare Society, Aik Minar Masjid Colony, Aligarh, 26.1.2026
3. Executive and General Body Meeting, Urdu Ghar, Anjuman Tarraqui Urdu Hind, New Delhi, 11.2.2026
4. Resource Person, Subject Refresher Course in Disaster Management, UGC-MMTTC, AMU, Aligarh, Ibn Sina Academy, 18.2.2026
5. Resource Person, Faculty Induction Programme, UGC-MMTTC, AMU, Ibn Sina Academy, Aligarh, 10.2.2026

Prof. Syed Ziaur Rahman (Hony. Treasurer, Ibn Sina Academy)

Prof. Syed Ziaur Rahman was invited in the following events:

1. Guest of Honour, 59th Annual Meeting of the National Integrated Medical Association (NIMACON 2026), Krishanjali Natyashala, Exhibition Ground, Aligarh, 2.2.2026. The invitation was extended by Dr. Shahid Malik, Organising Secretary NIMA Aligarh
2. Guest of Honour, Republic Day 2026, Umeed Education & Welfare Society, Aik Minar Masjid Colony, Aligarh, 26.1.2026
3. Subject Expert, "Training Module for Pharmacovigilance of Traditional Medicines", WHO Collaborating Centre for Traditional Medicine, ITRA, Jamnagar (Gujarat), 20.3.2026 (Detail on page 10-11)
4. Chaired Scientific Session and Delivered Guest Lecture on AI-Driven Drug Safety, Conference on Rationale Therapeutics Utilizing Prescription Audit and Pharmacovigilance in the Era of Artificial Intelligence, 24-25 February, 2026, Multipurpose Hall, ASMC, Sultanpur (Detail on page 9-10)
5. Participated, Two-day Intensive Ethics Committee Training Program, "New Clinical Trials Rules 2019, ICH GCP R3, and ICMR Guidelines 2017", (Mandated by CDSCO), Training by CRET, Jamia Hamdard IEC, New Delhi, 13-14 February 2026 (Detail on page 8-9).
6. Participated, Twenty Second Governing Council Meeting with Award/Fellowship

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- Ceremony 2025, Sun Pharma Science Foundation, India Habitat Centre, New Delhi, March 27, 2026
7. Appointed Member of the Subcommittee, Monthly Preventable ADR Reporting System, NCC-PvPI, IPC, 16 Feb 2026
 8. National Facilitator, Working Group for Technical Deliberations for Framework of Documentation and Analysis of Preventable ADRs, First Annual Meet of Adverse Drug Reaction Monitoring Centres and Medical Device Monitoring Centres, Kalam Convention Centre, Andhra Pradesh MedTech Zone (AMTZ), Visakhapatnam, 27th-28th February 2026 (Detail on page 10)
 9. Resource Person, Foundation Course on Infection Prevention, Control & Integrated AMS for Residents (Admitted Batch 2026), HICC in association with SASPI, JNMC, AMU, Aligarh, February 11, 2026
 10. Resource Person, PG Orientation Program for MD/MS/MDS (Admitted Batch 2026), MEU, JNMC, AMU, Aligarh, February 11, 2026
 11. Appointed as Chairman, Institutional Ethics Committee, Faculty of Unani Medicine, AMU, March 2026. Earlier served as Member, Institutional Ethical Committee, Faculty of Unani Medicine, AMU, Aligarh, 2023-2024.
 12. Subject Expert, Standing Selection Committee (SSC) for the Assessment Promotion Scheme (APS) for the Faculty Members, AIIMS Raibareilly, 11.3.2026 (ED Nominee). He also visited historical residence of Maulana Ali Miyan (Takiya), where he met Maulana Bilal Hasani Nadvi, Maulana Ammar Hasani, and many other distinguished guests. He also paid respect to the graves of several notable scholars, including Maulana Ali Miyan, Maulana Rabey Nadvi, and many members of their families.
 13. External Examiner for PhD (Pharmacology), SPER, Jamia Hamdard, New Delhi, on 19.1.2026, 13.2.2026 and 6.3.2026
 14. External Examiner for PhD (Pharmacology), Institute of Pharmaceutical Research, GLA University, Mathura, 16.1.2026
 15. External Examiner for MBBS (Main), SKS Hospital Medical College & Research Centre, Mathura, 30.1.2026
 16. Invited, Felicitation Ceremony for Mr. Prateek Mudgal, who got remarkable achievement and securing the 54th rank in the Civil Services Examination. He made made all of Aligarh proud. Sincere appreciation to Mr. Vivek Bansal (Former MLC, UP Govt.) for organizing such a well-deserved and beautifully conducted felicitation ceremony, 17.3.2026.

FUTURE ACTIVITIES/CONFERENCES

23rd Annual Conference of Society of Pharmacovigilance, Indi (SoPICON)

23rd Annual Conference of Society of Pharmacovigilance, India (SoPICON) will be organized by Experimental Pharmacology Laboratory of the Department of Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh under the aegis of Society Of Pharmacovigilance, India and Department of Health Research (DHR), and International Union of Basic & Clinical Pharmacology (IUPHAR) at PGIMER, Chandigarh from 6th, 7th & 8th April, 2026. Two Pre-Conference Workshops on Pharmacovigilance / Materiovigilance and on Signal Detection will be held on 6th April followed by the main conference during 7th and 8th April 2026 in which, two orations and two best poster and oral presentation, will be highlights of the event.

The Postgraduate Institute of Medical Education and Research (PGIMER) was established in 1962, inspired by Sardar Partap Singh Kairon and supported by Honorable Prime Minister of India, Pt. Jawaharlal Nehru, who inaugurated the Nehru Hospital in 1963. Initially under the Punjab government, it came under the Union Territory of Chandigarh after state reorganization in 1966. In 1967, PGIMER became an autonomous institute under the Ministry of Health and Family Welfare, Government of India.

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SoPICON is the annual conference of the Society of Pharmacovigilance, India (SoPI), a non-profit scientific body focused on enhancing medicine safety and rational drug use through education and training. This conference brings together healthcare professionals for scientific discussions, guest lectures, presentations, and training on drug safety issues, Pharmacovigilance, Materiovigilance and other safety programmes.

For more detail, please contact:

Dr. Ajay Prakash, Organizing Secretary and Prof. Bikash Medhi, Organizing Chairperson, Department of Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh
email: pgimereplpharmacovigilance@gmail.com

13th Joint Conference of the Uttar Pradesh & Uttarakhand Chapter of the Association of Physiologists and Pharmacologists of India (APPI): UP-UK APPICON 2026

On behalf of the Organizing Committee, we are pleased to invite you to attend UP-UK APPICON 2026, the Joint Conference of the Uttar Pradesh and Uttarakhand Chapter of the Association of Physiologists and Pharmacologists of India (APPI), and to participate as a delegate/ guest speaker.

The conference is scheduled to be held on 3rd–4th April 2026 at the JNMC Auditorium, Jawaharlal Nehru Medical College, Aligarh Muslim University, Aligarh. The theme of this year's conference, "From Cells to Cures: Integrating Physiology and Pharmacology," emphasizes the growing convergence of basic physiological mechanisms with pharmacological interventions, underscoring their collective role in advancing translational research and clinical practice. The meeting aims to celebrate this integration by fostering dialogue between educators, researchers, clinicians, and students across disciplines.

UP-UK APPICON 2026 will serve as a dynamic academic platform featuring eminent national speakers, focused symposia, oral and

poster presentations, pre-conference workshops, and interactive scientific sessions. The program has been carefully curated to stimulate intellectual exchange, encourage collaboration, and inspire innovation among participants at various stages of their academic and professional journeys.

We would be honored by your presence at this academic gathering. Your participation and scholarly contribution would significantly enrich the scientific deliberations and add substantial value to the conference. We kindly request you to share the title of your talk, abstract, brief curriculum vitae, and a recent photograph at your convenience.

The conference brochure, including the scientific program outline and registration details, is available on the department website: <https://www.amu.ac.in/departments/pharmacology/seminar-conference-workshop>

We look forward to your positive response and sincerely hope you will be able to join us for this landmark event.

With best wishes and warm regards,
Prof. Syed Ziaur Rahman

Organizing Secretary UP-UK APPICON 2026
Jawaharlal Nehru Medical College, Aligarh
Muslim University, Aligarh
Email: upukappicon2026@gmail.com

World Congress on Pharmacology - WCP 2026

On behalf of the Organising Committee and the Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists we are delighted to invite you to the 20th World Congress of Basic and Clinical Pharmacology 2026 (WCP2026).

From 12–17 July 2026, we will welcome the world's pharmacology and therapeutics community to the Melbourne Convention Centre in Melbourne/Narrm, Australia. We look forward to celebrating the diversity of this community including students, early career pharmacologists, global leaders in clinical pharmacology, and innovators at the

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cutting edge of drug discovery and development, innovation and engagement with the pharmaceutical industry and academic sectors.

Melbourne/Narrm, is undisputedly the cultural capital of Australia where creativity and innovation come together to deliver great events, inspiring places to explore and cutting-edge advancements that are globally acclaimed. An ideal destination where the world's brightest minds gather to inspire, innovate and create real change in world-leading research and development.

The WCP2026 leadership group and local organising committee recognise that the diversity and inclusivity within the global pharmacology community is a strength. As such, the composition of our committees, scientific programmes and the make-up of its attendees, will be guided by our Equity Diversity and Inclusion (EDI) policy. We will actively collect and report on EDI metrics as we develop the program and deliver the conference. We look forward to welcoming speakers and chairs, and attendees across the world to the congress.

We look forward to welcoming you to Australia, a vast country with significant diversity and natural landscapes, adventures, food, culture, sporting culture and many other opportunities. Book some time either side of the Congress to explore some of the amazing tourist and cultural opportunities in Victoria and Australia.

Professor Carl Kirkpatrick, Congress Chair
Website: <https://www.wcp2026.org/>

DOCUMENTATION

Two-day intensive Ethics Committee Training Program, School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi

Dr. Syed Ziaur Rahman, Professor and Chairman, Department of Pharmacology, JNMC, AMU, Aligarh, participated in the two-day intensive Ethics Committee Training

Program organized for faculty members and Ethics Committee (EC) representatives of the School of Pharmaceutical Education & Research (SPER), Jamia Hamdard, New Delhi. The program was designed to enhance the regulatory awareness, ethical understanding, and operational efficiency of EC members in alignment with national and international guidelines.

In his capacity as Chairman of the Jamia Hamdard Institutional Ethics Committee (JHIEC), Dr. Rahman presided over the training program. The sessions were conducted by Ms. Vaishali Deshpande, Director, Clinical Research Ethical Training (CRET), Pune. The program witnessed active participation from all EC members, including Prof. Farhan Jalees Ahmad (Member Secretary), Dr. Aseem Bhatnagar, Prof. Puja Dewan, Prof. Saleena Basheer, Advocate Shams Tabrez, Mr. Nabeel Usmani, and Dr. Imran Khan, who attended all sessions and contributed to the deliberations.

This two-day intensive *Ethics Committee Training Program* was conducted for the faculty members and Ethics Committee (EC) representatives of the School of Pharmaceutical Education & Research (SPER), Jamia Hamdard. The program aimed to strengthen the regulatory, ethical, and operational competencies of EC members in accordance with national and international guidelines.

As mentioned, the sessions were led by Vaishali Deshpande, Director, Clinical Research Ethical Training (CRET), Pune, an expert in clinical research ethics and regulatory compliance. The inaugural session focused on Ethics Committee audits and regulatory preparedness. The resource person introduced the objectives and scope of EC audits, emphasizing regulatory expectations and documentation standards.

Key highlights of the workshop included the Overview of Ethics Committee Audit processes, Understanding regulatory expectations, Detailed discussion on the

CDSCO Checklist and its applicability, Documentation readiness and inspection preparedness, Common audit findings and corrective strategies

The session helped participants understand how to align EC functioning with the requirements of the Central Drugs Standard Control Organization (CDSCO) and ensure compliance with national regulations.

The second session focused on protocol review and informed consent processes from an Ethics Committee perspective. Major topics covered were Roles and Responsibilities of Ethics Committees, Structure and Critical Elements of a Study Protocol, Scientific vs. Ethical Review – EC Perspective, Identifying Ethical Red Flags in Protocols, Principles of Informed Consent, Designing Clear and Compliant Informed Consent Forms (ICFs), Readability and Simplification of Consent Language and Vulnerable Populations and Assent Requirements

Practical examples were discussed to enhance participants' ability to critically evaluate research protocols. The session concluded with an interactive Q&A and discussion, encouraging active participation and clarification of practical challenges faced by EC members.

The second day focused on safety monitoring, post-approval oversight, and operational aspects of Ethics Committee functioning. The key areas addressed were Definitions of Adverse Events (AEs) and Serious Adverse Events (SAEs), Causality assessment, expectedness, and regulatory classification, Safety reporting timelines and responsibilities, Case scenarios for safety report review, Continuing review and post-approval oversight, Monitoring and site oversight by EC, Handling non-compliance and protocol deviations, Structure and documentation of EC Standard Operating Procedures (SOPs), Quorum requirements and effective meeting management and Minutes writing and structured decision-making processes.

Case-based discussions allowed participants to apply regulatory principles to real-world scenarios, thereby enhancing practical understanding.

The two-day Ethics Committee Training Program was comprehensive and highly informative. It strengthened participants' understanding of regulatory requirements, ethical review processes, safety oversight, and documentation standards. The training significantly contributed to capacity building of the Ethics Committee members and faculty of SPER, Jamia Hamdard.

The program concluded with certificate distribution and appreciation for Vaishali Deshpande for her insightful sessions and valuable guidance in advancing ethical and regulatory standards in clinical research.

Two-day Conference on Rationale Therapeutics Utilizing Prescription Audit and Pharmacovigilance in the Era of Artificial Intelligence

Dr. Syed Ziaur Rahman, Chairman, Dept. of Pharmacology, JNMC, AMU, Aligarh, chaired a scientific session and delivered a guest lecture during the two-day Conference on "Rationale Therapeutics Utilizing Prescription Audit and Pharmacovigilance in the Era of Artificial Intelligence" held at 24-25 February 2026 at the Multipurpose Hall, Autonomous State Medical College, Sultanpur (UP).

In his guest lecture on "AI-Driven Signal Detection and Drug Safety," Professor Rahman elaborated on the transformative role of artificial intelligence in strengthening pharmacovigilance systems. He highlighted how AI-based tools can enhance signal detection, improve adverse drug reaction monitoring, and support evidence-based regulatory decision-making. Emphasizing the integration of prescription audit data with pharmacovigilance databases, he discussed innovative strategies for ensuring rational therapeutics and patient safety in the rapidly evolving digital healthcare landscape.

As Chair of the scientific session, Professor Rahman facilitated scholarly discussions and encouraged interactive participation among delegates, fostering a vibrant academic exchange. The conference brought together academicians, clinicians, pharmacologists, and researchers to deliberate on the emerging intersections of artificial intelligence, prescription audit, and drug safety. The event witnessed enthusiastic participation and served as a significant platform for advancing dialogue on the future of rational therapeutics in the AI era.

1st Annual Meeting of Regional Centres under the Pharmacovigilance Programme of India and the Materiovigilance Programme of India.

Jawaharlal Nehru Medical College (JNMC) participated in the 1st Annual Meeting of Regional Centres under the Pharmacovigilance Programme of India (PvPI) and the Materiovigilance Programme of India (MvPI). The two-day National Meet on “Strengthening Pharmacovigilance and Materiovigilance in India” was organised by the Indian Pharmacopoeia Commission (IPC), Ministry of Health and Family Welfare, Government of India, in collaboration with the Andhra Pradesh MedTech Zone (AMTZ) on 27–28 February 2026 at Visakhapatnam.

For the first time, Regional Centres under PvPI and MvPI convened at a national platform to strengthen India’s drug and medical device safety systems and enhance coordination among regulators, healthcare institutions, Adverse Drug Reaction Monitoring Centres (AMCs), and Medical Device Monitoring Centres (MDMCs). Senior officials from regulatory authorities, leading medical institutions including AIIMS, and representatives from the WHO Country Office for India participated in the deliberations, reflecting a shared commitment to strengthening the national pharmacovigilance and materiovigilance framework.

A key highlight of the event was the launch of the ADR PvPI 2.0 Mobile Application, underscoring India’s move towards

technology-driven, real-time adverse drug reaction reporting and improved stakeholder engagement.

Prof. Syed Ziaur Rahman, Coordinator, AMC-PvPI & RTC-MvPI, JNMC, served as Moderator in a Working Group breakout session on “Framework for Documentation and Analysis of Preventable ADRs: Inputs from AMCs and MDMCs.” The group’s recommendations have been submitted to IPC, including a proposal for an additional reporting component to capture the number of preventable ADRs.

Mr. Gufran Ali, Pharmacovigilance Associate (AMC), and Dr. Rashaad Ahmad Khan, Materiovigilance Associate (RTC), JNMC, also actively contributed to discussions on structured documentation of preventable ADRs and medical device-associated events (MDAEs).

Senior officials of IPC also agreed in principle to upgrade the AMC-PvPI of JNMC to RTC-PvPI in the near future, along with the release of an ADR reporting form in Urdu for consumers to enhance inclusivity and public participation.

WHO Session on Pharmacovigilance Training for Traditional Medicine

Prof. Syed Ziaur Rahman was invited to chair a key session focused on the preparation of basic sensitisation modules for a World Health Organization (WHO) training program on pharmacovigilance of traditional medicine. The initiative is being undertaken under the aegis of WHO Collaborating Centre for Traditional Medicine, ITRA, Jamnagar (Gujarat) and World Health Organization South-East Asia Regional Office as part of its Traditional Medicine (TRM) program.

Strengthening the safety monitoring of traditional medicine products has been identified as one of the region’s priority areas by WHO SEARO. This aligns with the broader objectives of the World Health Organization Global Traditional Medicine Strategy 2025–2030, which emphasizes

enhanced pharmacovigilance systems for traditional and complementary medicine (T&CM).

As per the mandate of WHO SEARO TRM under its Terms of Reference (ToR1-Requisites), the session focused on developing recommendations for pharmacovigilance monitoring and execution strategies for T&CM. The need for structured training modules and a systematic framework for their development was highlighted. Guidance on planning methodologies and execution strategies was provided by Prof. Pawan K Godatwar, Technical Officer for Traditional Medicine at the WHO (SEARO, New Delhi).

The meeting also featured representations from WHO SEAR member countries on the regulatory status, structure, and mechanisms of pharmacovigilance systems for traditional and complementary medicine. Participants shared insights into existing frameworks and identified areas requiring strengthening to improve safety monitoring across their respective healthcare systems.

Notable participants included Dr. Tenzin Wangmo (Bhutan), Dr. Rupendra Puri (Nepal), Dr. M. S. Sajeewane Perera (Sri Lanka), Prof. Wimon Suwankesawong (Thailand), Dr. Inoubli Adrien (WHO, New Delhi), Prof. R. N. Acharya (DG, CCRAS), Dr. V. Kalaiselvan (Director, IPC), Prof. Bikash Medhi (PGI, Chandigarh), and Dr. Pulok Mukherjee (Director, IBSD), among others.

The session marked a significant step toward harmonizing pharmacovigilance practices for traditional medicine across the South-East Asia region, with a focus on capacity building through standardized training modules and collaborative regulatory frameworks.

During the event, Dr. Rahman visited the office of the WHO Global Traditional Medicine Centre (GTCM) in Jamnagar, which was established to promote traditional medicine as a treatment system for various ailments. The foundation stone was laid by the

Prime Minister of India in April 2022, with a commitment of \$250 million from the Government of India for its construction and operation. The Centre aims to harness the potential of TM through modern science and technology, focusing on evidence-based practices, sustainability, and innovation. It serves as a knowledge hub for TM, providing leadership on global health matters related to TM and supporting member countries in shaping policies and standards. Dr. Rahman also got opportunity to meet Dr. M. D. J. Abeygunawardena (Consultant, Megha One Place, Pvt. Ltd, Columba, Sri Lanka) and Dr. Dr. Mohammad Nawab (CCRM, Kolkata).

Mr. Maxime Udayan Saleur, Research Scholar from the École Normale Supérieure (ENS), Paris-Saclay, France, visits to AMU

Mr. Maxime Udayan Saleur, Research Scholar from the École Normale Supérieure (ENS), Paris-Saclay, France, visited the Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), Aligarh, where he interacted with postgraduate students and faculty members during an academic session aimed at fostering interdisciplinary dialogue on the history of medicine.

During the interaction, Mr. Saleur shared his research interests related to the historical development of medicine in India, with particular emphasis on the evolution and preservation of indigenous medical systems such as Ayurveda and Unani medicine. The discussion explored the historical circumstances during the colonial period when practitioners and scholars of these traditional systems collectively worked to safeguard the practice and identity of homegrown medicine. Special attention was given to how Unani and Ayurvedic physicians came together to defend the legitimacy, rights, and institutional space of indigenous medical knowledge in the face of growing dominance of Western medicine during British rule.

The session generated a stimulating exchange of ideas, with postgraduate students and faculty members discussing the intellectual,

cultural, and socio-political factors that led to the collaboration between practitioners of Ayurveda and Unani medicine in protecting traditional healthcare practices in India. The interaction also highlighted the continuing relevance of historical perspectives in understanding the contemporary role of traditional medicine in healthcare systems.

The academic interaction was conducted under the guidance of Professor (Dr.) Syed Ziaur Rahman, Chairman, Department of Pharmacology, JNMC, AMU, Aligarh, who emphasized the importance of engaging with global scholars and encouraging academic dialogue on the historical and scientific dimensions of indigenous medical systems. The visit provided an enriching opportunity for students and faculty to gain international perspectives on the historical scholarship of traditional medicine.

JNMC MBBS Batch of 1990 Marks Coral Jubilee Reunion at AMU

The alumni of the MBBS Batch of 1990 from Jawaharlal Nehru Medical College (JNMC), Faculty of Medicine, Aligarh Muslim University (AMU), reunited to celebrate their Coral Jubilee, commemorating 35 years of shared academic life, professional achievements, and enduring friendships. The one-day reunion was held on December 27 at the JNMC Auditorium and stood as a joyful expression of alumni camaraderie as well as a sincere tribute to the institution that laid the foundation of their medical careers.

The inaugural session was honoured by the presence of several distinguished former teachers who had guided and mentored the batch during their formative years. Among them were Prof. Usha Singhal, Prof. D. K. Agarwal, Prof. Abrar Hasan, Prof. Amanullah Khan, Prof. Mashiathullah, Prof. Kushtar Salman, Prof. Nafis Farooqui, Prof. M. Yunus, Prof. Aziz Khan, Prof. Shamim Jahan Rizvi, Prof. M. Zahid, Prof. Khalid Sherwani, Prof. Rana Sherwani, Prof. Haroon Subhan Khan, Prof. Veena Maheshwari, Prof. Mazhar Abbas, Prof. Tariq Mansoor and Prof. Tamkin Rabbani. Prof. Mohammad Khalid, Dean,

Faculty of Medicine, AMU, graced the occasion as the special guest. The former faculty members shared valuable insights, guidance, and cherished memories with their former students.

Dr. Syed Ziaur Rahman and Dr. Sonal Saxena extended a warm welcome to the guests and conducted the morning session, while the evening programme was smoothly compered by Dr. Shagufta Paveen and Dr. Amit Agarwal. The event was marked by a strong sense of nostalgia, as alumni, dignitaries, and faculty members reminisced about their days at JNMC. The batch also observed a moment of remembrance to pay homage to departed teachers and batchmates, acknowledging their lasting contributions to medical education and the profession.

As part of the celebrations, the alumni revisited their post-graduate department of studies, reliving memories from their student days. The reunion concluded with a lively musical evening followed by a dinner, further reinforcing the bonds of friendship and togetherness.

In all, 54 alumni and alumnae from different parts of India and abroad, including the USA, England, UAE, and Oman, participated in the reunion. The Coral Jubilee Alumni Meet was efficiently coordinated by Dr. Syed Ziaur Rahman, Dr. Amir bin Sabir, Dr. Anupam Ahuja, Dr. Amit Agarwal, Dr. Naveen Jain, and Dr. Anand Mohan, whose collective efforts ensured the grand success of the event.

Department of Pharmacology at UP-Health Tech Conclave 1.0 and a Master Class on ISO 14155:2020

On the recommendation of Prof. Anjum Parvez, Principal, Jawaharlal Nehru Medical College, Aligarh Muslim University, and Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, nominated Dr. Rashaad Ahmad Khan, Materiovigilance Associate, Regional Training Centre (RTC), Materiovigilance Programme of India (MvPI), Department of Pharmacology, JNMC, to participate in the UP-Health Tech Conclave

1.0 and a Master Class on ISO 14155:2020 – Clinical Investigation of Medical Devices on Human Subjects.

The programme, which was inaugurated by the Chief Minister of UP State, was held on 19th and 20th January 2026 at Clarks Awadh, Lucknow. The conclave and master class featured a series of scientific sessions, regulatory deliberations, and interactive discussions, along with hands-on training focused on the implementation of ISO 14155:2020, which outlines ethical, scientific, and regulatory requirements for conducting clinical investigations of medical devices involving human subjects.

The training provided valuable exposure to international clinical investigation standards, regulatory compliance, and best practices, thereby enhancing the participant's understanding of medical device evaluation and safety monitoring. The knowledge and skills gained during the programme are expected to significantly contribute to strengthening materiovigilance activities and improving medical device safety surveillance under the MvPI, aligning with national and global regulatory frameworks.

A guest lecture by Dr P. A. Kareem on 'Healing the Natural Way'

A guest lecture on “Healing the Natural Way” was successfully organized at the Seminar Room of the Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU) on 5.2.2026. Welcoming the gathering, Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, highlighted the growing relevance of integrative and lifestyle-based approaches in modern healthcare. He remarked that “naturopathy and evidence-based natural healing methods are increasingly being recognized worldwide for their role in disease prevention and health promotion. Exposure to such approaches is essential for medical students and researchers.”

Delivering the main lecture, Dr. P.A. Kareem, Founder of Hygiene Hospital for Naturopathy, Chennamangallur, Calicut, Kerala, emphasized the principles of natural healing, lifestyle correction, and preventive healthcare. He explained that “healing the natural way focuses on treating the root cause of illness rather than merely suppressing symptoms, with diet, hygiene, exercise, and mental well-being playing a central role.” He also shared practical insights from his clinical experience, stressing the importance of patient awareness and self-discipline in achieving long-term health.

The interactive question-and-answer session was conducted by Dr. Sarah Musavi, Community Builder Health Coach from Ottawa, Canada. She encouraged active participation and thoughtfully addressed queries raised by students and faculty. She observed that “community-based health education and patient empowerment are key components of sustainable healthcare, and such dialogues help bridge the gap between conventional medicine and holistic wellness.”

Dr. Sarah Musavi is a dedicated Community Builder and Certified Health & Wellness Coach based in Ottawa, Canada, known for her compassionate approach to promoting healthier living and empowering individuals to take charge of their physical and emotional well-being. With a strong commitment to community development and preventive health, she has become a respected voice in the field of holistic wellness.

Dr. Sarah holds a Master's degree in Health Administration from the University of Ottawa, where she developed expertise in health systems, public health policies, and leadership within healthcare organizations. Her academic training enables her to bridge the gap between individual health needs

As a Certified Health and Wellness Coach, she works with diverse populations to help them achieve sustainable lifestyle improvements. Her work focuses on evidence-based strategies in nutrition, stress management, habit

formation, behavioural change, and strengthening mental resilience.

In addition to one-on-one coaching, Dr. Sarah Musavi contributes significantly as a Community Builder. She regularly organizes workshops, interactive sessions, and health awareness campaigns aimed at empowering families, youth, and underserved groups.

Dr. Sarah Musavi is widely appreciated for her empathetic communication style, her ability to simplify complex health concepts, and her unwavering commitment to helping people live healthier and more meaningful lives. Her professional journey continues to inspire many, as she being an Alig, daughter of Prof. Bilquis Musavi (Mathematics) and Prof. Abbas Hussain Musavi who was a faculty member at AMU and founder of The Department of Wildlife Sciences which was established in 1986. For young participants, I would like to tell that Late Dr. Salim Ali, the doyen of Indian ornithology, played a pivotal role in establishment of the Department with Prof. Abbas Musavi. The Department has a unique distinction of being the first and only post graduate Department in the Indian University System to formally start education and scientific research in the field of wildlife conservation and management. Today the department is recognized all over the country for its quality trained human resource in Wildlife. One more thing, which I would like to inform that she is the elder sister of Imran Musavi who was our high school batch mate of 1987.

Earlier, introducing the speakers, Er. Mujeeb Akhtar (KNPC, Kuwait) briefly outlined the professional journeys of Dr. P.A. Kareem and Dr. Sarah Musavi. He stated that “Dr. Kareem’s decades of experience in naturopathy and Dr. Musavi’s work in community health makes this interaction highly enriching and relevant for the academic community.”

Presiding over the programme, Prof. Javaid Akhter, Former Dean, Faculty of Management Studies & Research, lauded the initiative taken

by the Department of Pharmacology. In his presidential remarks, he noted that “interdisciplinary learning and openness to alternative health systems strengthen academic institutions and broaden the vision of future healthcare professionals.”

Proposing the vote of thanks, Prof. Parvaiz Talib, Former Dean, Faculty of Management Studies & Research, expressed gratitude to the speakers, organizers, and participants. He stated that “such intellectually stimulating sessions contribute significantly to academic enrichment and should be organized more frequently.”

The programme was smoothly conducted by Dr. Isna Rafat Khan, Resident, Department of Pharmacology, who ensured seamless coordination throughout the event.

The lecture concluded with an engaging discussion and appreciation from the audience for the insightful deliberations on natural and holistic healing approaches. The academic event witnessed enthusiastic participation from faculty members, researchers, and postgraduate students including Prof. Saboochi Nasim, Prof. Azra Musavi, Prof. Nishat Fatima, Prof. Bilal Mustafa Khan, Dr. Asad Rehman, Prof. Farhan Ahmad Khan, Prof. Mohammad Farhan Fazli, Dr. Adnan Hafiz, Dr. Jameel Ahmad, Dr. Irfan Ahmad Khan, Dr. Athar Ali Khan and Dr. Rehana Ahmad.

Few quotes from the President, Ibn Sina Academy, Prof. Syed Zillur Rahman

‘To sustain our intellectual heritage, we must preserve manuscripts, enrich our libraries, and train dedicated scholars’

‘Protect manuscripts, expand libraries, and prepare the next generation of scholars’

‘Knowledge thrives when we preserve our manuscripts, build strong libraries, and inspire scholars to carry the tradition forward’

‘The protection of manuscripts, the development of rich libraries, and the nurturing of capable scholars are essential pillars of progress’



CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

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