

**CENTENARY NUMBER**

# Newsletter of Ibn Sina Academy (NISA)

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**Ibn Sina Academy of Medieval Medicine & Sciences  
Aligarh, India**



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کیوڑہ دماغین میں برسوں سے موجود ہیں۔

”امیونٹی بوستر“

دماغین کھائیں، تیز دماغ پائیں

★ دماغین ہر عمر کے ذہنی و جسمانی طور سے مصروف  
لوگوں کے لیے مددگار ہے۔

★ دماغین خوش ذائقہ تازگی و توانائی سے بھرپور ہے۔

★ دماغین منہ کی بدبو کو دور کرتی ہے اور ہضم کی اصلاح کرتی ہے۔

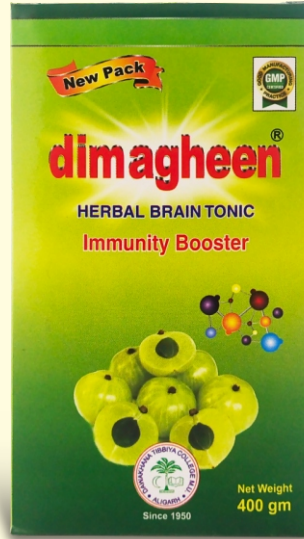
★ دماغین یکسوئی کو بڑھاتی ہے اور تھکان کم کرتی ہے۔

★ دماغین میں دوائی و غذائی اجزاء سے بھرپور مشہور پھل

آملہ اجزاء اعظم کے طور پر استعمال ہوتا ہے۔

جس میں وٹامن ”سی“ سب سے زیادہ اور ساتھ میں

کیٹشیم اور فولاد بھی پایا جاتا ہے۔



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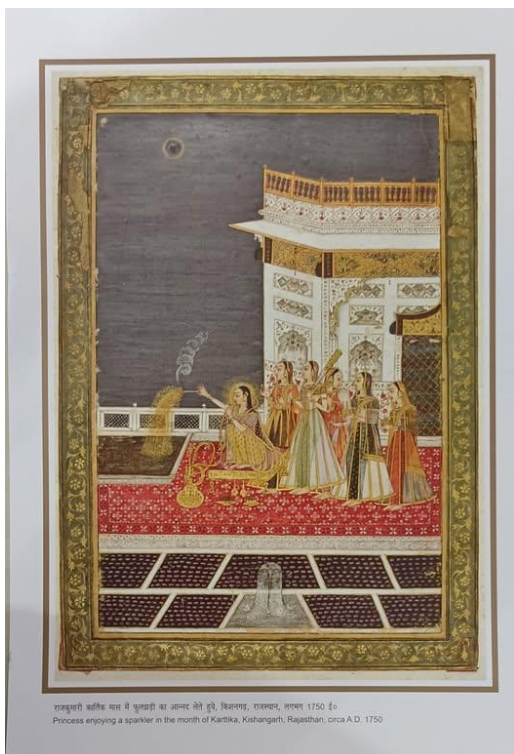
**EVENTS AT IBN SINA ACADEMY**  
(October – December 2026)

### **Gandhi Jayanti**

2nd October is celebrated as Gandhi Jayanti, a day dedicated to honoring the birth anniversary of Mohandas Karamchand Gandhi. On this occasion, Ibn Sina Academy displayed books and artefacts on his personality. It helps visitors spending some time exploring personal collection of materials related to his life, reflecting on the values and principles he stood for!

### **Happy Diwali**

On the occasion of Diwali (20 October 2025), Ibn Sina Academy extended its warm greetings and best wishes to its readers. To mark the festival, the Academy brought out a special greeting card featuring a painting that is presently preserved in the Museum of Ibn Sina Academy.



A painting currently housed in the museum of the Ibn Sina Academy of Medieval Medicine and Sciences, depicts a princess from

Kishangarh (Rajasthan; circa 1750 AD) seated on the terrace of her palace, surrounded by five attendants attending to her comfort as she delights in a sparkler during the month of Kartika. The young princess is shown seated gracefully on a golden *chaudi*, holding an ornate, flower-adorned golden huqqa in one hand and a firecracker in the other.

Nearby lie a pandan (betel-leaf container), a tray of delicacies, and two golden *surahis* (long-necked flasks) likely filled with wine or water. Portrayed in profile, the princess wears a sheer golden *ghagra* and is adorned with traditional pearl jewellery, subtly accentuating her elegance against the dark night. The artist has skilfully rendered the curling smoke from the firecracker, capturing its graceful ascent into the air. Behind her stand five attendants, each holding a *surahi*, *morchhal*, candles, a flywhisk, a wine tray, and a pandan, completing the scene of regal leisure and refinement.

### **Seminar on “Urdu Afsancha (Short Story): Present and Future”**

A one-day academic seminar titled “Urdu Afsancha: Present and Future” was organised by the Ibn Sina Academy at its premises in Tijarah House, Dodhpur, Aligarh, on Sunday, 26 October 2025. The programme was attended by eminent scholars, writers, critics, and lovers of Urdu literature from different institutions.

The inaugural session commenced with the recitation of verses from the Holy Qur’an, followed by the formal welcome of the guests through the presentation of bouquets. The session was presided over by Padma Shri Professor Hakim Syed Zillur Rahman, President, Ibn Sina Academy, Aligarh. The Chief Guest on the occasion was Mr. Syed Mohammad Ashraf, Founder Vice-President, Al Barkat Educational Society, Aligarh.

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The welcome address was delivered by Mr. Mahmood Shahid, Editor of the bi-monthly literary journal *Afsana Numa* and Director of Waseela Television YouTube Channel. Introductory remarks were presented by Dr. Shahab Afsar Khan, Editor-in-Chief, *Afsana Numa*, and Dr. Khwaja Ghulam-us-Saideen Rabbani, former Director (Epigraphy), Archaeological Survey of India, Nagpur. The keynote address was delivered by Professor Ghazanfar Ali, former Director, Academy for Professional Development of Urdu Teachers, Jamia Millia Islamia, New Delhi. He critically examined the evolution of the Urdu *afsanha*, highlighting its literary significance, thematic diversity, and future prospects.

Scholarly observations were shared by Professor Shafey Kidwai, Director, Sir Syed Academy, AMU; Professor Sagheer Afraheem, Editor of the quarterly journal *Seema* and former Chairman, Department of Urdu, AMU; and Professor Tariq Chhatari, former Chairman, Department of Urdu, AMU.

An introduction to the bi-monthly journal *Afsana Numa* was presented by Mr. Mahmood Shahid, followed by the formal release of the journal, jointly performed by the Chief Guest, the President of the session, and other distinguished guests. The inaugural address was delivered by the Chief Guest, Mr. Syed Mohammad Ashraf, who emphasised the role of literary platforms in nurturing creative writing and strengthening Urdu literary traditions.

In his presidential address, Padma Shri Professor Hakim Syed Zillur Rahman highlighted the cultural and intellectual importance of short literary forms like *afsanha* in the contemporary era. The vote of thanks was proposed by Professor Ziaur Rahman, Department of Pharmacology, Jawaharlal Nehru Medical College, AMU, and Organiser, Ibn Sina Academy. This was followed by lunch at 1:00 p.m.

The technical session featured a panel discussion on “*Afsanha Writing: Present and*

*Future*”. The session was chaired by Professor Tariq Chhatari, while Dr. Khwaja Ghulam-us-Saideen Rabbani conducted the proceedings. The panel included Mr. Syed Mohammad Ashraf, Professor Ghazanfar Ali, Professor Sagheer Afraheem, Professor Ziaur Rahman Siddiqui (Department of Urdu, AMU), Mr. Mahmood Shahid, Dr. Mushtaq Sadaf, and Dr. Raunaq Jamal. The speakers discussed stylistic innovations, thematic experimentation, and the growing relevance of *afsanha* in modern Urdu literature. This was followed by a fiction reading session (*Afsanha Khwani*), with Professor Ghazanfar Ali as the special guest. Readings were presented by Mr. Arif Naqvi, Ms. Azra Naqvi, Dr. Raunaq Jamal, Dr. Shahab Afsar Khan, Dr. Aftab Alam Najmi, Dr. Khwaja Ghulam-us-Saideen, Professor Ghazanfar Ali, Professor Tariq Chhatari, and Mr. Syed Mohammad Ashraf. The vote of thanks for the technical session was proposed by Dr. Mushtaq Sadaf, Urdu Academy, AMU, followed by a tea break.

The valedictory session was chaired by Professor Qamar-ul-Huda Fareedi, Chairman, Department of Urdu, AMU. The session was conducted by Dr. Khwaja Ghulam-us-Saideen Rabbani. The welcome address was delivered by Mr. Mahmood Shahid, Editor, *Afsana Numa*. Seminar recommendations were presented by Mr. Mehr Alam Khan, Advisor, Sunny Ink Podcasts, London, and Chief Editor, *Nursery Today*, New Delhi. Views and reflections were shared by Dr. Zubair Shadab, Director, Urdu Academy, AMU; Dr. Aftab Alam Najmi, Associate Professor, Department of Urdu, AMU; and Professor Mohib-ul-Haq, Department of Political Science, AMU.

The valedictory address was delivered by Professor Qamar-ul-Huda Fareedi, who appreciated the scholarly deliberations and emphasised the need for sustained engagement with emerging literary forms. The programme concluded with a vote of thanks proposed by Dr. Raunaq Jamal, marking the successful completion of the seminar. Overall, the seminar proved to be a meaningful academic and literary event, offering valuable insights

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into the present status and future trajectory of *Urdu afsancha*, and reinforcing its growing relevance in contemporary Urdu literature.

**Condolence for Mehr Elahi Nadeem**

Mr. Mehr Elahi Nadeem passed away on 11 November 2025. The news of his departure from this mortal world stirred a flood of memories. Reflecting on his life, Professor Hakim Syed Zillur Rahman, President of the Ibn Sina Academy, paid rich tribute while expressing his deep condolences. He remarked that Mehr Elahi was a remarkable individual who had accumulated an extraordinary reservoir of knowledge about Aligarh Muslim University and was always generous in sharing it. Far from being possessive of his knowledge, he wished to dedicate everything he had to Aligarh. His attachment to the institution transcended loyalty and approached devotion.

Professor S. Zillur Rahman described Mehr Elahi as the very embodiment of humility. He worked quietly and selflessly, laying foundations of immense significance without seeking recognition. He never publicised his own contributions, and perhaps for this reason, the younger generation of Aligarh may not fully realise the magnitude of his services. He further stated, “Though we will no longer meet Mehr Elahi in this world, he will forever live on in the memories of the people of Aligarh—especially those of us who knew him closely. He will always occupy a special place in our hearts.” He extended his heartfelt condolences to the bereaved family, particularly to his daughter and son, Mr. Ahtesham Ilahi.

Mehr Elahi was lean and slender throughout his life, of good height, with a clear complexion, a broad forehead, a prominent nose, and eyes reflecting seriousness and purpose. He was usually seen wearing a sherwani and was always ready to assist anyone in need.

Recalling his long association with Mehr Elahi since school days, Prof. Syed Ziaur Rahman, Honorary Treasurer of the Ibn Sina Academy,

shared his memories of the Coaching Programme held at Kennedy Hall. He noted that classes were mostly conducted in the evenings, as teachers, after completing their regular morning duties, devoted additional time to guide students. During these sessions, Mehr Elahi was invariably present, serving with - diligence. Even after office hours, he continued to dedicate his time to the programme. The teachers, along with Mehr Elahi, rendered their services entirely without remuneration, driven by sincerity, selflessness, and a strong sense of community service.

Mehr Elahi’s commitment went beyond the classroom. He ensured that students had access to every possible facility in the library, of which he was in charge at Kennedy Hall. Students preparing for competitive examinations regularly studied there late into the night. Despite the limited resources of the library, Mehr Elahi would procure the required books from other libraries through his personal efforts and influence, often allowing students to retain them for months, and sometimes even for a year. Without a single complaint, he kept the library open late into the night to support their studies.

A condolence meeting held at the Ibn Sina Academy on 15 November 2025 was attended by Prof. Abdul Latif, Dr. S. Tasawwer Hussain, Mr. S. H. Zahid Jamal, Mrs. Safia Akhtar, Dr. S. Shoaib Ahmad, Mr. Mohd Nafees, and Mrs. Soofia Akhtar.

It is also noteworthy that following his father’s demise, his son, Mr. Ehtesham Ilahi, generously donated Mehr Elahi’s collection of books and periodicals to the library of the Ibn Sina Academy—a gesture befitting his father’s lifelong commitment to knowledge and learning.

**Book Releasing Ceremony: Aankh Aur Urdu Shairi by Dr. Abdul Moiz Shams**

A Book Releasing Ceremony of *Aankh Aur Urdu Shairi*, authored by Dr. Abdul Moiz Shams, was held on 21 December 2025 in a dignified academic atmosphere. The book was

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formally released by renowned literary scholar Prof. Shafey Kidwai, who, on the occasion, highlighted the thematic depth and literary significance of the work, appreciating the author's nuanced exploration of imagery and symbolism of the "eye" in Urdu poetry.

The program was graced by Prof. Mohd Khalid (Dean, Faculty of Medicine, JNMC, AMU, Aligarh) as the Chief Guest, who emphasized the relevance of such scholarly contributions in preserving and enriching the classical and modern traditions of Urdu literature. He congratulated the author for producing a thoughtful and research-oriented book that would benefit students, researchers, and lovers of Urdu poetry alike.

Prof. Mahtab Haider Naqvi and Prof. Seraj Ajmali attended the ceremony as Guests of Honour and shared their critical insights on the book. Both speakers acknowledged Dr. Shams's command over literary sources and praised the analytical approach adopted in examining poetic expressions related to vision, perception, and emotion in Urdu shairi.

The event was efficiently compered by Dr. Shariq Aqeel, who ensured a smooth flow of proceedings and maintained the academic tone of the program. The function was presided over by Prof. Syed Zillur Rahman, who, in his presidential address, lauded the author's scholarly effort and underlined the importance of thematic studies in Urdu literary criticism.

The ceremony concluded with a vote of thanks, leaving the audience enriched by an engaging discussion on Urdu poetry and its evolving critical discourse.

### **Autobiography of Prof. H.S.A. Yahya**

The autobiography of Professor H.S.A. Yahya, titled "Nazra to New Jersey," was formally released on 9 December 2025 at the Ibn Sina Academy. The event brought together academicians, researchers, and students from various departments to celebrate the life and achievements of an eminent scholar whose contributions have enriched both the academic

and administrative spheres of Aligarh Muslim University.

Professor Abdur Raheen Kidwai, Director of the K.A. Nizami Centre for Quranic Studies, AMU, presented an insightful review of the book. In his address, he highlighted the remarkable life journey of Prof. Yahya ranging from his early experiences and academic pursuits to his distinguished career as Chairman of the Department of Wildlife Sciences. He shed light on Prof. Yahya's research contributions, leadership roles, and his enduring impact on the field of wildlife science, all of which are vividly chronicled in the autobiography.

Speaking on the occasion, Prof. H.S.A. Yahya reflected on the experiences that shaped his personal and professional life. He expressed gratitude for the opportunities and challenges that helped him grow and conveyed his hope that the book would inspire younger generations to pursue knowledge with passion and perseverance.

Prof. Satish Kumar, current Chairman of the Department of Wildlife Sciences, AMU, elaborated on the transformative role played by Prof. Yahya in strengthening the department during his tenure as Chairman. He acknowledged his vision, mentorship, and commitment to academic excellence.

Presiding over the ceremony, Padma Shri Prof. Hakim Syed Zillur Rahman delivered the presidential address. He commended Prof. Yahya's scholarly achievements and urged academicians, research scholars, and students to cultivate discipline, dedication, and intellectual curiosity. He emphasized the importance of learning from the biographies of accomplished individuals, as these narratives offer valuable lessons for personal and professional growth.

The program drew participation from distinguished faculty members, research scholars, and students across various disciplines particularly Prof. Naushaba Baig,



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Prof. Jamal Ahmad Khan, Prof. Afifullah Khan, Prof. Syed Ziaur Rahman, Dr. Abdul Moiz Shams, Dr. Asad Faisal Farooqui, Dr. Kaleem Ahmed.

Conducting the proceedings, Prof. Abduraheem K., Chairman of the Department of Museology, AMU, underlined the significance of writing and preserving biographies. He stressed that documenting the lives, ideas, and tacit knowledge of eminent personalities is essential before such invaluable experiences fade from memory. The event concluded with Prof. H.S.A. Yahya distributing copies of “Nazra to New Jersey” to all participants, marking a memorable and enriching academic gathering.

### **MedSafety Week**

An important academic activity conducted at the Ibn Sina Academy received distinguished recognition through coverage by the Uppsala Monitoring Centre (UMC), the World Health Organization’s Collaborating Centre for International Drug Monitoring. This acknowledgement by a globally renowned institution underscores the relevance and impact of the Academy’s initiatives in the fields of pharmacovigilance, public health, and medicinal research. The feature not only highlights the Academy’s ongoing contributions to promoting safe and rational use of medicines but also reflects its growing engagement with international organizations committed to advancing drug safety across the world.

## **SSGE ACTIVITIES**

### **Annual Awards Ceremony 2024–25 Organized by SSGE**

The Students Support Group for Education (SSGE) organized its Annual Awards Ceremony 2024–25 with great enthusiasm and dignity at the Ibn Sina Academy, Aligarh, on 25 December 2025. The event aimed to recognize academic excellence, social commitment, and dedicated services in the field of education.

The programme was graced by Prof. Sibghatullah Farooqui, Former Vice-Chancellor, Aligarh Muslim University (AMU), as the Chief Guest, while Prof. Mohd Muquim, Director, Aligarh College of Education and ACEM, Aligarh, attended as the Guest of Honour.

Addressing the gathering, Prof. Sibghatullah Farooqui underscored the crucial role of educational support initiatives such as SSGE in nurturing talent and promoting inclusive education. He emphasized that acknowledging merit and social responsibility encourages students to pursue academic excellence and contribute meaningfully to society.

In his address, Prof. Mohd Muquim appreciated the sustained efforts of SSGE in supporting deserving students and strengthening educational empowerment. He urged students to uphold ethical values, maintain discipline, and adopt lifelong learning as guiding principles in their academic and professional journeys.

During the ceremony, SSGE Annual Awards were conferred upon meritorious students and contributors in recognition of their academic achievements, dedication, and valuable service toward education. The event was attended by academicians, educators, students, and members of civil society. The programme concluded with a vote of thanks, reaffirming SSGE’s commitment to expanding educational opportunities and supporting promising students in the years ahead.

The programme was graced by more than 100 SSGE scholars, and many dignitaries such as Mr. Rizwanullah Khan (Silicon Valley, USA), Prof. Suhail Sabir, Dr. Manzar Jamal, Er. Adnan Hafeez, Mr. Farid Nazim Farooqui, Dr. Sadia Ayub, Dr. Rehana Ahmad, Dr. Ahmad Raza, etc.

### **An online session taken by Mr. Saad Zaidi for SSGE Scholars**

An online academic program was organized on 30 November 2025 for SSGE, which

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functions under the aegis of the Ibn Sina Academy. The program aimed to provide scholarly exposure and intellectual guidance to young researchers associated with SSGE.

The Academy expressed its sincere gratitude to Mr. Saad Zaidi for generously sharing his time, knowledge, and valuable content with the young scholars. His interaction was highly informative and enriching, offering meaningful insights that were well received by the participants.

The session concluded on a positive note, reaffirming the Ibn Sina Academy's commitment to promoting academic excellence and nurturing young scholars through such knowledge-sharing initiatives.

### **SSGE Online Interactive Session with Dr. Sarah Musavi on Debunking Diabetes Myths**

An online interactive session was organized by SSGE on 7 December 2025, featuring Dr. Sarah Musavi, who delivered an informative talk on 'Debunking Diabetes Myths'. The session aimed to create awareness among young scholars about diabetes, its prevention, and the widespread misconceptions associated with the disease.

During the session, Dr. Musavi highlighted the alarming rise of diabetes in India, which has often been referred to as the "Diabetic Capital of the World." She emphasized that despite the availability of effective medications, maintaining overall physical well-being through lifestyle management remains essential for long-term health.

Dr. Musavi stressed the ethical responsibility of medical professionals to clearly inform patients about the possible side effects of medications, as well as the necessary precautions and lifestyle modifications required during treatment. Citing global statistics, she noted that the American Diabetes Association spends over 88 billion US dollars annually in efforts to combat diabetes; however, the disease continues to

pose a major public health challenge worldwide.

At the biochemical level, she explained how increased sugar levels disturb insulin function in the body. She advised avoiding genetically modified foods and foods produced using harmful chemicals, as these may negatively affect metabolic health. Dr. Musavi also discussed the side effects of commonly used antidiabetic drugs such as metformin, drawing attention to the importance of informed and monitored drug use.

Addressing the core theme of the session, Dr. Musavi debunked several common myths about diabetes, including the belief that it is solely a genetic disease. She clarified that diabetes can lead to multiple complications, including cardiovascular disorders, and highlighted the role of insufficient sleep, chronic stress, and poor social connectivity in aggravating blood sugar levels.

She further explained how excessive stress contributes to elevated glucose levels and dehydration. As part of practical lifestyle advice, she recommended early morning walks, adequate hydration—preferably warm water, and avoiding fast and processed foods to help manage and prevent diabetes.

The session was highly interactive and enlightening, equipping participants with scientific understanding and practical strategies to combat diabetes. It concluded with an engaging discussion, leaving the scholars better informed and motivated toward healthier lifestyle choices.

### **Virtual Children's Day Celebration**

The Children's Day Celebration was organized in a lively and inspiring manner through a virtual programme on 15 November 2025 at 8:00 PM (IST) via Zoom. Held under the inspiring theme "*Children don't just step onto a stage, they illuminate it!*", the event aimed to provide students with a meaningful platform to showcase their talents, express creativity, and build confidence.



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The programme encouraged participation across a wide range of creative expressions, including speeches, poetry, recitation, storytelling, letter reading, songs, spoken art, and other innovative performances. With no language restrictions, participants were free to perform in the language they felt most comfortable with, making the celebration inclusive and diverse.

Clear guidelines were laid down to ensure fairness and discipline. Speeches were limited to 2 + 1 minutes, while poems and songs were restricted to 2–3 stanzas or paragraphs. Participants were reminded that exceeding the allotted time would result in a small deduction of points, reinforcing the importance of time management.

The event witnessed enthusiastic participation from students across different age groups and classes, reflecting remarkable confidence, creativity, and originality. A total of 54 participants took part, presenting a rich variety of performances. Highlights included thoughtful speeches on childhood values, impactful poetry, engaging storytelling, melodious songs, and expressive spoken art.

**Participants:**

Zikra Shahid (Class X – Speech), Sheeba Khan (Class VII – Speech), Daniyal Ali (Class X – Poetry), Ilma (Class X – Speech), Tashifa Fatima (Class VIII – Speech), Sidra Ashraf (Class VIII – Letter Reading), Al Zoha (Class X – Speech), Maimoona (Class IV – Short Speech), Ayesha Nazim (Class IX – Speech), M. Ahtesham Ali (Class VIII – Poetry), Mohd Zia (Class XI – Urdu Speech), Taiba Islam (Class VII-A – Speech), Tayyaba Khan (Class V – Speech), Ayesha Noor (Class III – Speech), Ahmadullah Dilshad (Class VII, STS – Poetry), Huriya Maheen (Class IX – Urdu Speech), Mohd Jaseem (Class VIII – Speech), Ataullah (Class VII – Recitation), Muqaddas Hussain (Class VII – Speech), Uzalfa Sherwani (Class VIII – Poetry), Zeba Khalid (Class III-A – Urdu Speech), Maryam Shahid (Class V – English Speech), Namra (Class VI – Letter Reading), Junaid Khan (Class VIII –

Poem Recitation), Sophiya Khan (Class VIII – Storytelling), Juver Khan (Class VIII – Storytelling), Aliya Zafar (Class X – Poem), Adeeba (Class X – Song), Bushra Khan (Class XI – Poetry), Abdullah Khan (Class VII – Speech), Mubashshira Khan (Class IV – Speech), Azan Malik (Class XI – Speech), Sukaina Abdi (Class VI – Speech), Shatita Abdi (Class V – Speech), Mohammad Rihan (Class IX – Speech), Kisa (Class XI – Chronocast), Ilma Syed Ansari (Class X – Speech), Umaima Khan (Class IX – Recitation), Abu Talha (Class VI – Speech), Sufiya (Class VII – Speech), Namra Athar (Class VII – Speech), *The Reboot of Innocence* by Farman (Class X), Kulsum (Class VIII – *To the Kulsum I'm Meant to Be*), Mohammad Abuzar (Class X – Storytelling), Ayesha (Class V – *Every Child is a Star*), Sidra Shahid (Class XII – Spoken Art), Adbia Meraj (Class VII – Speech), Salman (Class X – Poetry), Insha Parvez (Class X – Speech), Tehba Sajid (Class V – Poetry), Zoha Uwais (Class X – Speech), and Faiza Sajid (Class III – Poetry).

The programme concluded on a joyful and inspiring note, celebrating the confidence, imagination, and expressive power of children. The organizers expressed their appreciation to all participants for making the virtual celebration vibrant and memorable, reaffirming their commitment to nurturing young talent and creativity.

**Sir Syed Day Celebrated by SSGE**

The Students Support Group for Education (SSGE) observed Sir Syed Day 2025 on 18 October 2025 at 8:00 PM, commemorating the 208th Birth Anniversary of Sir Syed Ahmad Khan, the great educationist, social reformer, and founder of modern Muslim education in India. The programme was held online via Zoom and witnessed enthusiastic participation from students.

The primary objective of the event was to provide a platform for a larger number of students to actively participate, express themselves, and build confidence, while also deepening their understanding of Sir Syed

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Ahmad Khan's educational philosophy and reformist vision.

Students showcased their talents through a variety of activities, including poetry recitation, speeches, educational and student-themed songs, and other creative performances. The presentations reflected Sir Syed's ideals of knowledge, rational thinking, and social upliftment, inspiring participants to follow his vision of education as a tool for progress.

The programme concluded on a meaningful note, reaffirming SSGE's commitment to promoting educational awareness, leadership qualities, and confidence among students through such commemorative and participatory events

#### **Seerah Programme Organized for SSGE Students**

A Seerah Programme was organized on 4 November 2025 with the objective of enlightening participants about the noble life and exemplary character of Prophet Muhammad (peace be upon him). The programme aimed to inspire, particularly SSGE students, to incorporate the Prophet's teachings into their daily lives, emphasizing universal values such as compassion, honesty, patience, tolerance, and service to humanity.

The event was coordinated by Mr. Rizwanullah Khan, whose efforts ensured the smooth conduct of the programme. The presentations and performances were evaluated by Prof. Suhail Sabir and Dr. Manzar Jamal, who served as the judges and appreciated the participants for their thoughtful expressions and moral clarity.

The entire programme was compered by Al-Faiz, a scholar of SSGE, who skillfully guided the proceedings and maintained a reflective and disciplined atmosphere throughout the event. The Seerah Programme concluded on a spiritually enriching note, reinforcing the relevance of the Prophet's life as a timeless model of ethical conduct and human values,

and encouraging students to embody these principles in both personal and social spheres. It is to be noted here, that the library of Ibn Sina Academy, has a very good collection of books, periodicals and other artefacts on Seerah!

#### **DISTINGUISHED VISITORS**

1. Dr. J. L. Marko, Professor and Head of the Department of Pharmacology at Gandhi Medical College, Bhopal, and Dr. Razi Ahmed, Professor and former Head of the Department of Pharmacology at Hamdard Institute of Medical Sciences and Research, New Delhi, visited the academy on 25th October 2025, where they showed keen interest in the museum collections, manuscripts, and exhibits related to the history of medicine and pharmacology. Their visit provided an opportunity for academic exchange and discussion on current trends in pharmacological education and research.
2. Visit of Hon'ble Member of Parliament Mr. Mohibbullah Nadvi, Rampur, 24.12.2025
3. Dr. Mohammad Ahmad (National Profession Officer Research, WHO-SEARO, New Delhi), Dr. Farzana Islam (Professor & Head, Community Medicine, HIMSR, New Delhi) and Dr. Yasir Alvi (Assoc Professor, Community Medicine, HIMSR, New Delhi), 3.12.2025
4. Dr. Qamar Rahman, Dean of Research Science and Technology, Amity University, Lucknow, 24.11.2025
5. Delegates from Juma Al Majid Center for Culture & Heritage, Dubai (UAE) visited the Academy on 23rd November 2025. The team included Dr. Azzeddine Benzeghiba (Head of Studies, Publication and External Affairs, Editing Director of *Afaq Al Thaqafah Wa'l Turath* Magazine) and Dr. Hashim Nadvi. They had at length discussion for finalization of manuscripts' digitization project. The same team earlier visited on 9th July 2025.
6. Prof. Saleem Akhtar, Principal, Al Farooq Unani College, Indore, with his family, 17.11.2025

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7. Prof. Vishal Prakash Giri, Head, Dept. of Pharmacology, State Autonomous Medical College, Shahjahanpur, 15.10.2025
8. Delegate, Subject Refresher Course in Environmental Studies, UGC-MMTTC, AMU, Aligarh, 15.11.2025

**MEMBERS' ACTIVITIES**

**Prof. Syed Zillur Rahman**  
**(President, Ibn Sina Academy)**

Prof. Syed Zillur Rahman was invited:

1. Chief Guest, Sir Syed Day Function at AMU ABK High School, Aligarh, 17.10.2025
2. Chaired, Extension Lecture by Dr. Aftab Hussain of USA at the Dept. of Theology (Details on page 16-16)
3. Presided the function held in honour of the Vice Chancellor Prof. Naima Khatoon at the Headquarters of All India Muslim Educational Conference, Sultan Jahan Manzil, Aligarh (Details on page 18-19)
4. Presided, NCPUL's 9-Day Urdu Book Fair at AMU (Detail on page 16-18)
5. Presided the releasing ceremony of the book on Prof. Ather H. Siddiqi (Detail on page 15-15)
6. Presided over a One-Day National Seminar titled "*Urdu Adab Mein Nisai Fikr aur Asr-e-Hazir ke Taqaze*", followed by an All-India Mushaira, organised under the aegis of the Banat Platform as part of its Annual Event, held at Bhopal on 31 October 2025. Many prominent ladies from across the nation participated in the program and presented their papers. Ms Nigar Azim is the president of Banat Platform
7. Chair, the special function to commemorate the 75th anniversary of Masjid Tajula Masajid, Bhopal, 31.10.2025
8. Resource Person, Refresher Course in Environmental Studies, UGC-MMTTC, CALEM, AMU, Aligarh, 15.11.2025
9. Presided the Releasing Ceremony of the Proceedings of the Two-day National Seminar (held earlier on 4-5th November 2023) on "Life and Works of Sadr-yar-Jung Nawab Habibur Rahman Khan Sherwani,

alongside some other publications of the Department of Arabic, AMU, Aligarh, 4.11.2025

10. Presided, Executive Meeting, All India Muslim Educational Conference, at its headquarters, Sultan Jahan Manzil, Aligarh on November 23, 2025.

**Prof. Syed Ziaur Rahman**  
**(Hony. Treasurer, Ibn Sina Academy)**

Prof. Syed Ziaur Rahman was invited

1. Guest of Honour during the Inaugural Session, CME Programme on Pharmacovigilance of ASU&H Drugs, under the aegis of Peripheral Pharmacovigilance Centre (PPvC), Ajmal Khan Tibbiya College on 24 December 2025 at UGC-MMTTC Auditorium, AMU, Aligarh (Detail on page 19-20)
2. Chief Guest during the Sir Syed Day Celebration 2025 by Mohammad Ali Foundation, Aligarh on 19.10.2025 (Detail on page 24-25)
3. Member of Jury to evaluate the student competitions including Pillar Palooza - A pillar Painting by the Medical Students' Network of the Indian Medical Association (MSN-IMA), JNMC, AMU, Aligarh on the occasion of World AIDS Day 2025 (Detail on page 21-21)

Prof. Syed Ziaur Rahman, has been conferred upon the prestigious Fellowship of the Indian Pharmacological Society (FIPS) in recognition of his contributions to the advancement of pharmacology in India. The honour was presented during the 55th Annual Conference of the Indian Pharmacological Society, held from November 20–22 at the University Institute of Pharmaceutical Sciences (UIPS), Panjab University, Chandigarh. The Fellowship acknowledges Prof. Rahman's distinguished achievements in research, academic leadership, and his pioneering work in areas such as pharmacovigilance, pharmacoenvironmentology, and medical education reforms. His scholarly output and sustained service to the pharmacology community have earned him national acclaim.

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He has also been invited to deliver guest lecture or as resource person / chair the scientific sessions

1. Guest lecture, Is Pharmacovigilance Needed in Unani Medicine, Department of Ilmul Advia, SUMER, Jamia Hamdard, New Delhi, 28.10.2025 (Details on page 23-23)
2. Keynote Lecture, CME Programme on Pharmacovigilance of ASU & H Drugs, Peripheral Pharmacovigilance Centre (PPvC), Ajmal Khan Tibbiya College, 24 December 2025 at UGC MMTTC Auditorium, AMU, Aligarh (Detail on page 19-20)
3. Chaired Keynote Lectures, 55th Annual Conference of Indian Pharmacological Society (IPSCON 2025), Punjab University, Chandigarh, 22-23 November 2025 (Detail on page 21-21)
4. Resource person, Refresher Course in Environmental Studies, UGC Human Resource Development Centre, CALEM, AMU, Aligarh, 17.11.2025 (Detail on page 19-20).  
Prof. Syed Ziaur Rahman, delivering lecture on EcoPharmacovigilance
5. Resource person, Tutorial Sessions, GIAN Course on Multidisciplinary Approach Towards Drug Discovery and Delivery, Dept. of Pharmacology, JNMC, AMU, Aligarh, 26.11.2025 (Detail on page 20-21)
6. Guest lecture, Pharmaceutical Pollution: Sources, Pathways and Environmental Fate, Mangalayatan University, Aligarh, 2.12.2025 (National Pollution Control Day) (Detail on page 25-26)

He has been acknowledged by the Penington Institute. 2025 during the International Overdose Awareness Day. Source: Partners' Report 2025. Melbourne: Penington Institute.

**Interviews:**

Pollution Control & Its Effect on Human Health | Dr. Syed Ziaur Rahman | Smart NGO × Radio Narad (An interview on Pollution Control & Its Effect on Human Health by FM Channel of Mangalayatan University, Aligarh)

दिल, दिमाग और इम्यूनैटी को बनाना है स्ट्रॉंग, तो सर्दियों में जरूर खाएं ये 3 मछलियां..यहां जानिए इनके हेल्थ बेनिफिट्स - Uttar Pradesh News

धरोहर: अलीगढ़ में हैं कुरान की 400 साल पुरानी दुर्लभ पांडुलिपियां, सोने और कीमती पत्थरों की है सजावट - Uttar Pradesh News

एमयू की छात्रा को मिली बड़ी उपलब्धि.. अब ट्रेवल करते हुए नहीं आएगा चक्कर, तो वहीं नशे की लत से मिलेगी मुक्ति, यहां जानिए पूरी रिसर्च - Uttar Pradesh News

ये सिक्के बताते हैं सभ्यताओं की कहानी! कौन हैं अलीगढ़ के अनोखे कलेक्टर? कलेक्शन देख हैरान रह जाते हैं लोग - Uttar Pradesh News

DEG contamination in cough syrups represents a preventable tragedy caused by lapses in quality assurance and regulatory oversight. Strict adherence to Good Manufacturing Practices (GMP), routine testing of excipients, and global regulatory vigilance are essential to safeguard public health and restore trust in pharmaceutical safety (Source: Prof. Syed Ziaur Rahman, Amar Ujala, page 10)

Dr. Rahman was also invited as external examiner:

1. MD (Pharma), AIIMS Bhopal (MP), 5-6 December.2026
2. MD (Pharma), Bundelkhand Medical College, Sagar (MP), 31 October-1 November 2025
3. BDS Supple (Pharma), KD Dental College, Mathura (UP), 8.12.2025
4. MBBS (Pharma), SKS Hospital Medical College & Research Centre, Mathura (UP), 16.10.25-18.10.25
5. MD (Pharma), Katihar Medical College, Katihar (Bihar), 4-5 November 2025

During his visit to Katihar, Dr. Rahman had the opportunity to meet Professor Syed Moid Ahmed, distinguished Indian anaesthesiologist and former faculty member of the Department

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of Anaesthesiology, JNMC, AMU, Aligarh, who has recently assumed charge as the Vice Chancellor of Al-Karim University, Katihar (Bihar). Having visited Al-Karim University on several earlier occasions, Dr. Rahman was particularly delighted to see Professor Moid Ahmed now at the helm of the institution. His appointment is a source of pride for the medical fraternity and a well-deserved recognition of his academic excellence and leadership.

### **FUTURE ACTIVITIES/CONFERENCES**

#### **Healing the Natural Way**

A special health-focused programme titled “Healing the Natural Way” will be organised at the Ibn Sina Academy, Dodhpur, Aligarh, on 5 February 2026, starting at 12:30 p.m. onwards. The programme will feature a lecture by Dr. P. A. Kareem, Founder of the Hygiene Hospital for Naturopathy and Yoga, Chennamangallur, Calicut, Kerala.

The event will also include an address by Dr. Sarah Musavi, Community Builder and Health Coach from Ottawa, Canada. The programme aims to promote awareness about natural healing methods and holistic health practices. Scholars, health professionals, and members of the public are expected to attend the programme in large numbers.



**Healing the Natural Way**  
By  
*Dr. P.A. Kareem*  
(Founder of Hygiene Hospital for Naturopathy, Chennamangallur, Calicut, Kerala)  
*Dr. Sarah Musavi*  
(Community Builder Health Coach, Ottawa, Canada)  
Date: 5.2.2026  
Time: 12:30 PM Onwards  
Place: Ibn Sina Academy, Ibn Sina Street, Dodhpur, Aligarh  
Prof. Javaid Akhter  
Director, Aakritam, Pvt Ltd  
Dr. Mujeeb Akhter  
KNPC, Kuwait  
Prof. Syed Zillur Rahman  
President, IAMMS

#### **SoPICON-2026**

23<sup>rd</sup> Annual Conference of Society of Pharmacovigilance (SoPICON) will be organized by Experimental Pharmacology Laboratory of the Department of

Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh under the aegis of Society Of Pharmacovigilance (INDIA) and Department of Health Research (DHR), and International Union of Basic & Clinical Pharmacology (IUPHAR) at PGIMER, Chandigarh from 6th, 7th & 8th April, 2026. Two Pre-Conference Workshops on Pharmacovigilance / Materiovigilance and on Signal Detection will be held on 6th April followed by main conference during 7th and 8th April 2026.

The Postgraduate Institute of Medical Education and Research (PGIMER) was established in 1962, inspired by Sardar Partap Singh Kairon and supported by Honorable Prime Minister of India, Pt. Jawaharlal Nehru, who inaugurated the Nehru Hospital in 1963. Initially under the Punjab government, it came under the Union Territory of Chandigarh after state reorganization in 1966. In 1967, PGIMER became an autonomous institute under the Ministry of Health and Family Welfare, Government of India.

SoPICON is the annual conference of the Society of Pharmacovigilance, India (SoPI), a non-profit scientific body focused on enhancing medicine safety and rational drug use through education and training. This conference brings together healthcare professionals for scientific discussions, guest lectures, presentations, and training on drug safety issues, Pharmacovigilance, Materiovigilance and other safety programmes

For more detail, please contact:

Dr. Ajay Prakash, Organizing Secretary and Prof. Bikash Medhi, Organizing Chairperson, Department of Pharmacology, Postgraduate Institute of Medical Education and Research, Chandigarh  
email: [pgimereplpharmacovigilance@gmail.com](mailto:pgimereplpharmacovigilance@gmail.com)

#### **UP-UK APPICON 2026**

On behalf of the Organizing Committee, we are pleased to invite you to attend UP-UK APPICON 2026, the Joint Conference of the Uttar Pradesh and Uttarakhand Chapter of the

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Association of Physiologists and Pharmacologists of India (APPI), and to participate as a delegate/ guest speaker.

The conference is scheduled to be held on 3rd–4th April 2026 at the JNMC Auditorium, Jawaharlal Nehru Medical College, Aligarh Muslim University, Aligarh. The theme of this year's conference, "From Cells to Cures: Integrating Physiology and Pharmacology," emphasizes the growing convergence of basic physiological mechanisms with pharmacological interventions, underscoring their collective role in advancing translational research and clinical practice. The meeting aims to celebrate this integration by fostering dialogue between educators, researchers, clinicians, and students across disciplines.

UP-UK APPICON 2026 will serve as a dynamic academic platform featuring eminent national speakers, focused symposia, oral and poster presentations, pre-conference workshops, and interactive scientific sessions. The program has been carefully curated to stimulate intellectual exchange, encourage collaboration, and inspire innovation among participants at various stages of their academic and professional journeys.

We would be honored by your presence at this academic gathering. Your participation and scholarly contribution would significantly enrich the scientific deliberations and add substantial value to the conference. We kindly request you to share the title of your talk, abstract, brief curriculum vitae, and a recent photograph at your convenience.

The conference brochure, including the scientific program outline and registration details, is available on the department website: <https://www.amu.ac.in/departments/pharmacology/seminar-conference-workshop>

We look forward to your positive response and sincerely hope you will be able to join us for this landmark event.

With best wishes and warm regards,  
Organizing Committee  
UP-UK APPICON 2026  
Jawaharlal Nehru Medical College  
Aligarh Muslim University, Aligarh  
Email: [upukappicon2026@gmail.com](mailto:upukappicon2026@gmail.com)

**World Congress on Pharmacology (WCP 2026)**

On behalf of the Organising Committee and the Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists we are delighted to invite you to the 20<sup>th</sup> World Congress of Basic and Clinical Pharmacology 2026 (WCP2026).

From 12–17 July 2026, we will welcome the world's pharmacology and therapeutics community to the Melbourne Convention Centre in Melbourne/Narrm, Australia. We look forward to celebrating the diversity of this community including students, early career pharmacologists, global leaders in clinical pharmacology, and innovators at the cutting edge of drug discovery and development, innovation and engagement with the pharmaceutical industry and academic sectors.

Melbourne/Narrm, is undisputedly the cultural capital of Australia where creativity and innovation come together to deliver great events, inspiring places to explore and cutting-edge advancements that are globally acclaimed. An ideal destination where the world's brightest minds gather to inspire, innovate and create real change in world-leading research and development.

The WCP2026 leadership group and local organising committee recognise that the diversity and inclusivity within the global pharmacology community is a strength. As such, the composition of our committees, scientific programmes and the make-up of its attendees, will be guided by our Equity Diversity and Inclusion (EDI) policy. We will actively collect and report on EDI metrics as we develop the program and deliver the conference. We look forward to welcoming

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speakers and chairs, and attendees across the world to the congress.

We look forward to welcoming you to Australia, a vast country with significant diversity and natural landscapes, adventures, food, culture, sporting culture and many other opportunities. Book some time either side of the Congress to explore some of the amazing tourist and cultural opportunities in Victoria and Australia.

Professor Carl Kirkpatrick  
Congress Chair  
Website: <https://www.wcp2026.org/>

**DOCUMENTATION**

**Book on Professor Ather Siddiqi released at Sir Syed Academy, AMU**

Professor Ather Siddiqi was among those rare individuals who excelled both in the field of science and in Urdu language and literature. His scholarly and literary writings, along with essays written by other intellectuals about him, have been compiled into a book titled “Bayad-e-Professor Ather Siddiqi”, which was released today at a solemn ceremony organized by the Sir Syed Academy, Aligarh Muslim University (AMU).

On this occasion, Mr. Sohail Siddiqui and Ms. Taab Siddiqui, son and daughter of Prof. Siddiqi, announced the launch of the Professor Ather Siddiqi Lifetime Scholarship for two students of the Department of Zoology, AMU, in collaboration with the Aligarh Alumni Association, Washington D.C. They handed over a formal declaration of the scholarship to Prof. Qudsia Tahseen, Chairperson, Department of Zoology. Prof. Zakia Athar Siddiqui was also present at the event. The scholarship recipients will be selected by the Scholarship Committee of the Aligarh Alumni Association, Washington D.C.

Presiding over the event, Prof. Hakim Syed Zillur Rahman, Founder of the Ibn Sina Academy, reminisced about his five-decade-long association with Prof. Siddiqi. He

remarked that Prof. Siddiqi was one of those individuals who, while deeply engaged in scientific pursuits, remained firmly rooted in cultural and literary traditions. Even after retirement, he remained active until his last days, making significant contributions to Urdu. He extended his gratitude to the book’s editors, Mr. Mehar Ilahi and Prof. Saghir Afrahiem, as well as to Prof. Siddiqi’s family.

Expressing her views, Prof. Qudsia Tahseen described Prof. Siddiqi as a personification of distinction and excellence. She noted that he constantly encouraged his students, which is why his classes were always full and never missed by students.

Prof. Shafey Kidwai, Director of Sir Syed Academy, highlighted that while Prof. Siddiqi’s scientific contributions are well known, his passion for Urdu literature was equally remarkable. He introduced Urdu readers to the genre of internet stories, a unique literary taste at the time, which became very popular. His creative range spanned short stories, biographies, travelogues, memoirs, sketches, and interviews. He translated selected online stories from social media platforms into Urdu, which were serialized in the monthly Tahzeeb-ul-Akhlaq and widely appreciated. Prof. Kidwai congratulated the editors for their commendable effort.

Introducing the book, Prof. Saghir Afrahiem said that although Prof. Siddiqi was a student of science, his passion for Urdu language and literature was profound, a trait nurtured by his upbringing and further strengthened by the literary atmosphere of Aligarh. “While most of us withdraw into our personal lives after retirement, there are a few who dedicate themselves to others; Prof. Athar Siddiqui was among those noble souls,” he remarked. Prof. Afrahiem also discussed Prof. Siddiqui’s notable works, including *Hairat Sarai Ki Kahaniyan*, *Lazzat-e-Aabla-Paayi*, *Nishat-e-Aabla-Paayi*, *Nawab Sultan Jahan Begum: Hayat-o-Khidmat*, *Yad-e-Ayyam*, *Main Kya Meri Hayat Kya*, *Baaton Mulaqaton Mein: Shehryar*, and *Rah-o-Rasm-e-Aashnaai*. He



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highlighted various dimensions of Prof. Siddiqui's versatile personality through these works.

**Extension Lecture by Dr. Aftab Hussain of USA**

The Department of Shia Theology, Aligarh Muslim University, organized a special extension lecture on the theme "Attraction of Islam among People Living in the USA" in the Central Hall of the Faculty of Theology. The session was presided over by Padma Shri Professor Hakim Syed Zillur Rahman, while the chief guest was the distinguished US-based physician and community leader, Dr. Aftab Hussain (MD), who has been residing in the United States for nearly five decades.

In his keynote address, Dr. Aftab Hussain provided a nuanced analysis of the social, political and intellectual experiences of Muslims in the United States. Highlighting America's two-party political structure, religious freedom, and a culture that encourages open debate and intercultural dialogue, he stated that such an environment often proves conducive to presenting Islam's message with clarity and confidence

"The environment of free expression and debate in America provides an opportunity to understand and readily accept the positive message of Islam," he remarked.

Dr. Hussain also acknowledged his longstanding association with AMU and praised the scholarly contributions of the Ibn Sina Academy, calling it an important asset to the global research community.

Guests of Honour, Professor Syed Tayyab Raza Naqvi (former Chairman, Department of Shia Theology) and Professor Muhammad Rashid (Chairman, Department of Sunni Theology) observed that "the right to formulate a code of life belongs only to the Creator of humankind, and Islam is the name of that natural system of guidance which harmonizes a person's inner disposition with divine wisdom.

Professor Muhammad Habibullah, Dean, Faculty of Theology, offered opening remarks, reflecting through the lens of a Qur'anic verse on human dignity, moral values, and the natural order of life in Islamic thought.

Dr. Asghar Ijaz Qaimi, Chairman, Department of Shia Theology, played a central role in organizing the event, coordinating the reception of guests and ensuring the smooth conduct of the session.

Earlier, the programme commenced with a welcome address by Dr. Raza Abbas, who outlined the significance of the day's theme and introduced the distinguished guests.

**NCPUL's 9-Day Urdu Book Fair**

The 9-day Urdu Book Fair, jointly organised by the National Council for Promotion of Urdu Language (NCPUL), the Cultural Education Centre (CEC), and Sir Syed Academy of Aligarh Muslim University (AMU), was inaugurated today at the lawns of the CEC by AMU Vice Chancellor Prof. Naima Khatoon in the presence of NCPUL Director Dr. Mohammad Shams Iqbal and other distinguished guests. More than fifty publishers are participating in the book fair, which will also feature daily cultural and academic activities.

In her inaugural address, Vice Chancellor Prof. Naima Khatoon said that the Urdu Book Fair being held with the support of the National Council for Promotion of Urdu Language (NCPUL) is not just a collection of books, but a cultural and intellectual celebration. "This fair is an intellectual movement, one that elevates language, literature, research, and social consciousness." Prof. Khatoon shared that during the Vice Chancellors' meet of central universities, the Union Minister of Education, Shri Dharmendra Pradhan, had emphasized that Urdu is "our own language" and that every effort must be made for its development. He had especially urged a couple of universities, including AMU to publish books in Urdu, whether textbooks or reference works, and to

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popularise the language by producing high-quality literature.

The Vice Chancellor stated that AMU teachers write quality books in Urdu and the university would ensure their publication. She added that Urdu is an exquisite and refined language of our cultural heritage, “a language that holds songs of love, voices of resistance, and the light of intellectual reasoning.” Urdu has maintained its dignity across eras, she noted, becoming the medium of expression for great writers, poets, and thinkers. “This book fair is a declaration that we want to keep the book culture alive, strengthen the tradition of reading, and remain committed to the promotion and development of our languages,” she said. The digital world, she added, has certainly opened doors to information, but the touch, fragrance, depth, and seriousness of books can never be found on a screen. “I want our students to come here, pick up books, turn their pages, look for questions within them, and seek answers,” she said. Reading, she emphasised, is not merely about acquiring information but is a journey of intellectual training, character building, and enlightenment. She expressed hope that students would leave the fair with a new book and with it, new directions, new questions, and new curiosity. The fair will also offer opportunities to experience literature and culture through ghazals, tarahi mushairas, storytelling sessions, and interactions with authors, along with special programmes for children.

Prof. Khatoon thanked Dr. Shams Iqbal, saying that NCPUL has always played an active role in the service of Urdu language and culture. Its contributions to book publication, language promotion, and research opportunities will always be valued in academic circles.

In his introductory remarks, NCPUL Director Dr. Shams Iqbal described the book fair as a platform that promotes intellectual discourse. He said that after Hindi and English, Urdu is the most widely spoken and understood

language in India, and therefore efforts to promote Urdu must be made with a positive and futuristic approach. He highlighted the pivotal role of Sir Syed Ahmad Khan, founder of AMU, in the reform of Urdu language and noted AMU’s deep association with Urdu culture and tradition, making it a fitting venue for such a fair. He also shared NCPUL’s recent achievements and experiences in organising various book fairs.

Delivering the keynote address, noted fiction writer Syed Mohammad Ashraf said that unlike the fleeting impact of social media, books leave a lasting impression and play a crucial role in building a better society. Books sharpen imagination and intellectual abilities, he said, urging the younger generation to strengthen their relationship with reading. He described the literary and cultural programmes, interactions with authors, ghazal sessions, storytelling, tarahi mushairas, and children’s events at the fair as exciting opportunities for book and culture enthusiasts.

In his presidential remarks, Prof. Hakim Syed Zillur Rahman said that Aligarh has always stood out for having teachers of modern disciplines, such as science, medicine, surgery, engineering, and law, who were also well-versed in Urdu. “A language, too, has its dignity and honour. The language we speak is easy to learn, so Urdu must be learned and read to keep its culture alive.”

Director of Sir Syed Academy, Prof. Shafey Kidwai, said that Sir Syed Ahmad Khan himself founded a Book Reading Society and was a prolific writer. The book fair, he noted, is an extension of Sir Syed’s scholarly tradition. Highlighting the benefits of reading books, he said that the effects of reading through social media or virtual means are momentary and lack sustained attention, whereas reading books enhances cognitive and imaginative abilities. He cited various thinkers and intellectuals to underscore the value of books.

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The event concluded with a vote of thanks by CEC Coordinator Prof. Mohammed Naved Khan. During the inaugural session, several publications of NCPUL were also released. Dr. Faizanul Haq conducted the proceedings. The event was attended by a large number of faculty members and dignitaries, including Dean of Students' Welfare Prof. Rafiuddin.

**Program in Honour of Vice Chancellor at All India Muslim Educational Conference**

The All India Muslim Educational Conference (AIMEC) is not merely an organization; rather, it is a movement under whose vision Aligarh Muslim University (AMU) was established. These views were expressed by the Vice-Chancellor of AMU, Professor Naima Khatoon, while addressing a dignified reception ceremony organized in her honour by the All India Muslim Educational Conference, where she was present as the Chief Guest.

It is noteworthy that she is the first woman Vice-Chancellor in the history of AMU, and therefore her visit was regarded as a historic occasion. In her address, Prof. Naima Khatoon further stated that the Conference is not just an organization, but a movement that ignited the lamp of educational awakening, and it was in the light of this movement that Aligarh Muslim University came into existence. She said it was a matter of great honour for her that this historic institution had invited her and welcomed her with such warmth and respect. She added that the services rendered by the Conference constitute a golden chapter in history, and that the Conference has always played a central role in advancing the mission of Sir Syed Ahmad Khan.

Professor Naima Khatoon emphasized that the relationship between AMU and the All India Muslim Educational Conference has always remained strong. She expressed her resolve to further strengthen these ties in the future, making them more effective and result-oriented, so that together they could illuminate

the educational future of the coming generations.

She also stressed that despite new challenges in the field of education, the Conference continues to function today with the same spirit that gave birth to the Aligarh Movement. Expressing her gratitude to the All India Muslim Educational Conference, the Vice-Chancellor congratulated its leadership for not only preserving its historic legacy but also shaping it in accordance with the needs of the modern era. She affirmed that AMU has always stood with the Conference and would continue to extend all possible support.

The former Vice-Chancellor of Aligarh Muslim University and Member of the Legislative Council (MLC), Professor Tariq Mansoor, also addressed the gathering. In his speech, he spoke in detail about the significance of AIMEC, its role in Muslim educational awakening, and future requirements. Highlighting the Conference's long and illustrious history, he said that it played a vital role in the Aligarh Movement, particularly in the establishment of Aligarh Muslim University. He remarked that the Conference's services in translating Sir Syed's vision into reality are unforgettable, and that even today, strong and trustworthy relations exist between the Conference and AMU.

Among the Guests of Honour, prominent industrialist Mr. Z. I. Sherwani praised the work of the Conference and stated that there is a pressing need to establish a Civil Services Centre here, for which he is ready to extend all possible cooperation. He spoke comprehensively about the Conference's great traditions, historical background, and future potential. He emphasized that the Conference has always been a strong pillar for educational development, nation-building, and social awareness, and that its role will become even more significant in the future.

A well-known Aligarh alumnus and an active member of a students' organization in the UAE, Atiqur Rahman Khan, also appreciated

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the historical services of the Conference and assured full cooperation.

Earlier, the Honorary General Secretary of the Conference, Professor Razaullah Khan, highlighted the activities of previous years and expressed his determination to further improve and strengthen the institution. He thanked all those who are contributing towards keeping the organization active.

Presiding over the session, the President of the Conference and Padma Shri awardee, Professor Hakim Syed Zillur Rahman, welcomed the Vice-Chancellor on behalf of the entire executive committee. He remarked that Begum Sultan Jahan was the first Chancellor in the history of the University, and that Prof. Naima Khatoon is the first Vice-Chancellor of the institution. He expressed hope that, just as Begum Sultan Jahan accomplished historic tasks, similar landmark contributions would also be made during Prof. Khatoon's tenure.

On this occasion, Honorary Treasurer Mohammad Ahmad Shivon, Joint Secretary Asad Yar Khan, and executive members including Khurshid Ahmad Khan, Munawwar Haziq, Professor Amanullah Khan, Professor Imtiaz Ali Khan, Tariq Ahmad, Syed Ahmad Faisal, Dr. Kaleem Rahman, and Kanwar Naseem Waris, along with other members, were present.

Also in attendance were former Mayor of Aligarh and Vice-President of the All India Islamic Centre, Mohammad Furqan, AMU Registrar Professor Asim Zafar, Director of Sir Syed Academy Professor Shafey Kidwai, Professor Asfar Ali Khan, Professor Balqis Naseem Waris, Professor Tajuddin, Professor Nishat Fatima, Professor F. S. Sherani, Professor Arman Rasul Faridi, Prof. Syed Ziaur Rahman, Engineer Firoz Ahmad Khan, Dr. Ali Nawaz Zaidi, Dr. Azam Mir Khan, Professor Shamim Ahmad, Dr. Mohammad Shahid, Professor Tariq Chhatari, Professor Aftab Alam, Dr. Rehan Akhtar, Dr. Mohammad Anas Shamsi, Kifayat Khan, Dr.

Asad Faisal Farooqui, Dr. Shariq Aqeel, Prof. Mohd Amanullah Khan, Mr. Munawwar Haziq, and Sarwar Athar, along with a large number of distinguished citizens of the city and the university.

The proceedings were conducted by Dr. Faiza Abbasi, a renowned faculty member of Aligarh Muslim University. The programme commenced with the recitation of verses from the Holy Qur'an.

**CME on Pharmacovigilance of ASU&H Drugs**

The Peripheral Pharmacovigilance Centre (PPvC) of the Department of Saidla, Faculty of Unani Medicine, Aligarh Muslim University (AMU), organised a one-day Continuing Medical Education (CME) programme on Pharmacovigilance of ASU&H Drugs at the UGC–MMTTC Academic Staff premises.

The programme aimed to sensitise healthcare professionals about adverse drug reaction (ADR) reporting and to strengthen safety monitoring mechanisms for Ayurveda, Siddha, Unani and Homoeopathy (ASU&H) drugs. A total of 126 participants, including faculty members, research scholars and postgraduate students, took part in the event.

The inaugural session was presided over by Prof. Tajuddin. Prof. Syed Ziaur Rahman attended as Guest of Honour, while Mr. Mohibullah Nadvi, MP (Lok Sabha, Rampur, Uttar Pradesh), was the Chief Guest. The speakers underlined the national importance of ADR reporting and strict regulatory compliance to ensure patient safety.

A special highlight of the CME was a poster presentation session in which 26 participants presented their research work. Prizes were awarded for first, second and third positions to encourage academic and research contributions in the field of pharmacovigilance.

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The technical sessions featured guest lectures by Dr. Misbahuddin Azhar, Research Officer, Regional Research Institute of Unani Medicine, AMU, Aligarh; Dr. Galib from the All India Institute of Ayurveda (AIIA), Ministry of AYUSH, New Delhi, who spoke on pharmacovigilance challenges in Ayurvedic formulations; and Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, JNMCH, AMU, who discussed the integration of modern pharmacology with traditional systems for improved safety surveillance.

The valedictory session was graced by Prof. Tanzeel Ahmad, Department of Moalajat, Ajmal Khan Tibbiya College, as Guest of Honour, and Prof. Mohammad Muhiul Haque Siddiqui, former Dean, Faculty of Unani Medicine, as Chief Guest. Dr. Aziz ur Rahman proposed the vote of thanks in both the inaugural and valedictory sessions.

Prof. Syed Mohammad Safdar Ashraf, Dean, Faculty of Unani Medicine, served as Patron of the programme, while Prof. Badrudduja Khan, Principal, Ajmal Khan Tibbiya College, acted as Co-Patron. The CME was coordinated by Dr. Qazi Zaid Ahmad, with Dr. Aziz ur Rahman as Organising Secretary and Dr. Huda Nafees as Co-Organising Secretary.

### **Workshop on Evidence Based Pharmacological Research**

The Department of Pharmacology, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU) organised a focused workshop on “Evidence-Based Approaches for Pharmacological Research”, for postgraduate students for an enriching academic session.

Prof. M.U. Rabbani, Former Dean Faculty of Medicine, graced the event as the Chief Guest and presided over the programme. In his address, he highlighted the growing importance of evidence-driven methodologies in modern biomedical sciences and emphasised the need for rigorous research practices that align with global standards.

The session featured Dr. Daud S. Faruqui as the Guest Speaker, who delivered an insightful and interactive lecture on contemporary evidence-based frameworks. He discussed systematic approaches to data analysis, critical appraisal of scientific literature, and robust experimental design with key elements essential for high-quality pharmacological research. His talk encouraged participants to integrate validated tools, reproducibility measures, and ethical considerations into their research workflow.

31 Postgraduate students actively participated in discussions and appreciated the clarity and practical relevance of the workshop content. The programme strengthened the department’s commitment to promoting research excellence and fostering a scientific mindset rooted in evidence and critical evaluation.

Earlier Prof. Syed Ziaur Rahman, Chairman, Dept. of Pharmacology, introduced the speaker and thanked both the guest speaker and chief guest. He said that the Department of Pharmacology continues to organise such academic initiatives to support capacity-building and enhance research competencies among emerging scholars.

### **GIAN Course on Multidisciplinary Approach Towards Drug Discovery and Delivery**

The Global Initiative of Academic Networks (GIAN) Course on “Multidisciplinary Approach Towards Drug Discovery and Delivery” is being conducted under the aegis of the Interdisciplinary Nanotechnology Centre, AMU, from 25–29 November 2025. According to the official schedule, a tutorial session was held today, 26 November, in the Department of Pharmacology. Approximately 65 participants were introduced to the key stages of preclinical drug discovery, including target identification and validation, lead discovery, lead optimization, and in-vivo/in-vitro studies and post-marketing surveillance. The session also featured practical demonstrations of various screening methods and equipment, with a strong focus on

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Computer-Assisted Learning and the use of mannequins.

### **World AIDS Day 2025**

On 1 December 2025, the Medical Students' Network (MSN) of the Indian Medical Association at JNMC, AMU, Aligarh organized an event to mark World AIDS Day 2025. The programme brought together medical students, faculty, and invited guests for awareness, education, student-led Pillar Palooza - A pillar Painting Competitions to commemorate the day and reinforce ongoing commitments to HIV prevention, testing, treatment access and reduction of stigma. Prof. Syed Ziaur Rahman (Chairman, Dept. of Pharmacology and Patron MSN-IMA) participated as a member of the jury panel for student competitions and deliberations.

### **Postgraduate Students and Chairman, Department of Pharmacology, at the 55th Annual IPS Conference**

The Department of Pharmacology, JNMC, AMU, Aligarh, actively participated in the 55th Annual Conference of the Indian Pharmacological Society (IPS) held from 20–22 November at the University Institute of Pharmaceutical Sciences, Panjab University, Chandigarh. The delegation comprised nine postgraduate (PG) students along with the Chairman of the Department.

These nine PG students Dr. Heisnam Supriya, Dr. Rajat Gupta, Dr. Alfiya Tahreen, Dr. Shoaib Ahmad, Dr. Mehar Ajay Sai Singh, Dr. Vasi Markandeya, Dr. Sanjay Sandeep Chinthala, Dr. Supriya Sahu and Dr. Sneha Choudhary, from the department enthusiastically took part in various academic and co-curricular events organized during the conference. The PG students prepared and presented scientific posters on contemporary pharmacological research topics. Their presentations reflected a clear understanding of research methodology, rigorous data analysis, creativity in scientific communication and confidence in responding to queries from judges and peers. Their involvement in the poster-making competition

provided valuable exposure to national-level scientific forums and enhanced their presentation skills. These students also participated in the inter-institutional Pharmacology Quiz, which tested their knowledge of basic and clinical pharmacology, recent advances in therapeutics and drug safety and regulatory aspects. Their participation not only broadened their academic horizon but also strengthened teamwork and competitive spirit.

The Chairman, Prof. Syed Ziaur Rahman, represented the department with distinction and contributed significantly to the academic proceedings of the conference. The Chairman was conferred the prestigious Fellowship of the Indian Pharmacological Society (IPS) in recognition of his significant contributions to pharmacological research, education, and service to society. This honour brought pride to the department and highlighted its long-standing academic excellence. In addition to receiving the fellowship, the Chairman chaired a scientific session on keynote lectures of the conference, facilitating deliberations among distinguished researchers, speakers, and delegates. His leadership ensured meaningful discussion and smooth conduct of the session.

The participation of the large number of PG students under the leadership of Prof. Syed Ziaur Rahman made the conference a highly interactive, enriching, and fruitful experience. The active involvement of the nine PG students and the Chairman at the 55th Annual IPS Conference reflects the department's continued commitment to academic excellence, research advancement, and national-level engagement. The experience has greatly benefited the students and further strengthened the department's academic reputation.

### **Educational Tour of MD Pharmacology Students to the Clinical Pharmacology Unit, Sun Pharma**

An educational tour was organized for the final-year MD Pharmacology students to visit the Clinical Pharmacology Unit (CPU) of Sun

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Pharma at Jamia Hamdard, New Delhi. The purpose of the visit was to provide postgraduate trainees with first-hand exposure to real-world drug development processes, the implementation of Good Clinical Practice (GCP), and the operational standards followed in clinical research settings. This visit served as a valuable extension of classroom learning, enabling students to better understand the clinical, regulatory, and industry dimensions of contemporary pharmacology.

The key objectives of the tour were to familiarize students with the functioning of a CPU within a leading pharmaceutical company and to introduce them to the workflows involved in pharmacokinetic (PK), pharmacodynamic (PD), and bioequivalence (BE) studies. The students received a detailed orientation by Dr. Sachin Mehra, CPU Team Leader. They were guided through various operational sections, including the Volunteer Screening Area, Dosing Room, Sample Collection Area, Bioanalytical Laboratory Interface, Clinical Monitoring Room, and the Archival & Documentation Unit. Prof. Farhan Jalees Ahmad, Convenor/Member-Secretary, Jamia Hamdard Institutional Ethics Committee, was also present during the interaction.

Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, JNMC, AMU, remarked that the sessions were extremely informative, interactive and provided students with an opportunity to address both academic and practical queries. The students gained insight into real-world practices, workflow management, and the day-to-day responsibilities associated with clinical research operations. It significantly bridged the gap between theoretical learning and industry-based applications in clinical research. The Department of Pharmacology expresses its sincere gratitude to Sun Pharma for their support and hospitality in facilitating this learning experience. Prof. Rahman also conveyed his thanks to Hon'ble Vice Chancellor Prof. Naima Khatoon for permitting the students to undertake this visit

to the CPU at Jamia Hamdard, New Delhi, as part of the National Medical Commission (NMC) curriculum.

**Ravindra and Lalita Nath Fellowship to Pharmacology Resident**

Dr. Swathi G, Junior Resident in the Department of Pharmacology, J.N. Medical College, Aligarh Muslim University, has been conferred the prestigious Ravindra and Lalita Nath Fellowship by the Indian Academy of Neuroscience (IAN). She earned this recognition for presenting her research paper at the XLIII Annual Meeting of the Indian Academy of Neuroscience, held at BRIC–RGCB, Thiruvananthapuram, Kerala, from October 29 to November 1, 2025.

Dr. Swathi G. presented a novel finding on chrysin induced vestibular dysfunction. Chrysin, a natural flavonoid derived from various fruits, vegetables, and mushrooms, is known for its diverse pharmacological properties, including antioxidant, anti-inflammatory, antiapoptotic, anticancer, and neuroprotective effects. However, experimental studies indicate that chrysin administration may also lead to certain neurological complications.

While investigating chrysin's role in morphine addiction, Dr. Swathi observed that it caused vestibular dysfunction, and she elaborated on the possible underlying mechanisms and signaling pathways involved. Her presentation received wide appreciation for its originality, scientific rigor, and contribution to advancing neuroscience research. Vestibular dysfunction encompasses a group of disorders affecting balance and spatial orientation.

The study was conducted under the supervision of Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, J.N. Medical College, AMU, who informed that the IAN Conference brought together eminent neuroscientists, researchers, and academicians from India and abroad. With intense competition among young investigators, securing this fellowship marks a remarkable



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academic achievement and highlights her research excellence and commitment to neuroscience.

### **MedSafety Week of UMC**

#MedSafetyWeek observed at Aligarh (India) under the aegis of ADR Monitoring Centre (AMC), Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU), Aligarh, India, in collaboration with Society of Pharmacovigilance, India (SoPI).

AMC, JNMC, AMU, Aligarh, organized a special program dedicated to the #MedSafetyWeek as instructed by the Indian Pharmacopoeia Commission (IPC) Pharmacovigilance Programme of India (PvPI), and WHO Collaborating Centre for International Drug Monitoring, Uppsala Monitoring Centre (UMC), Sweden.

At the outset, Prof. Syed Ziaur Rahman, Programme Coordinator, AMC, sensitized about the safety of medicine. Mr. Gufran Ali, Senior Pharmacovigilance Associate, briefed about the importance of ADR Reporting and safety data. Dr. Rashaad Ahmad Khan, Materiovigilance Associate, assisted in arranging the whole event.

The event included special exhibition of the publications issued by UMC. Participants got the opportunity to know more about the UMC through these publications particularly the past issues of Uppsala Report (UR). It is worth to mention that AMC has all the URs right from the first issue till the latest issue 91-92.

### **Guest lecture on the “Need for Pharmacovigilance in Unani Medicine” at SUMER, Jamia Hamdard, New Delhi**

Dr. Syed Ziaur Rahman, Professor and Chairman, Dept of Pharmacology, JNMC, AMU, Aligarh, was invited to deliver a guest lecture on the “Need for Pharmacovigilance in Unani Medicine” at the School of Unani Medical Education and Research, Jamia Hamdard, New Delhi. The lecture emphasized the importance of ensuring the safety, efficacy, and quality of Unani formulations through

systematic monitoring and reporting of adverse drug reactions.

As part of the program, the Department of Ilmul Advia, in association with the Department of Saidla, organized a poster-making competition to encourage student engagement in the field of pharmacovigilance. The top three participants were recognized and awarded for their creative and insightful presentations.

The event concluded with Prof. Abdul Wadood, Former Director of the National Institute of Unani Medicine (NIUM), Bengaluru, delivering the concluding remarks, highlighting the relevance of pharmacovigilance in strengthening traditional systems of medicine.

Dr. Aisha Siddiqui, Chairperson, Department of Ilmul Advia, introduced the guest speaker and appreciated his contributions to the field. Prof. Yasmeen Shamsi, Dean, Faculty of Unani Medicine, felicitated the prize winners and expressed gratitude to all participants. The proceedings of the program were efficiently conducted by Dr. Rasikh Javaid and Dr. Nafees.

### **Tobacco-Free Youth Campaign 3.0**

The Department of Pharmacology organized the ‘Tobacco-Free Youth Campaign 3.0’ under the joint initiative of the Ministry of Education and the Ministry of Health and Family Welfare as a part of tobacco-free generation under Viksit Bharat@2047.

The Department of Pharmacology, Jawaharlal Nehru Medical College, Aligarh Muslim University, organised a special awareness event under the Tobacco-Free Youth Campaign 3.0 (TFYC), an initiative by the Ministry of Education, Government of India. The campaign aims to educate young people about the harmful effects of tobacco and promote a culture of health and awareness across schools and universities nationwide.

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Dr. Nachiket Brahmarkar, a resident doctor from the Department of Pharmacology, delivered an engaging presentation titled “Pharmacological Properties of Tobacco.” The talk focused on the pharmacology of tobacco addiction, its widespread use, and the ongoing national efforts to reduce its consumption. Dr. Brahmarkar explained in detail how nicotine and other chemical constituents in tobacco act on the body, producing addiction through complex neurochemical pathways. He highlighted the different forms of tobacco consumption prevalent in India, like smoking, chewing, and inhalation, and their respective health hazards. The presentation also drew attention to how tobacco remains one of the most commonly abused substances worldwide, contributing to preventable diseases such as cancer, chronic lung disease, and heart ailments.

The session, which was attended by teachers, non-teaching staff and residents, emphasised the importance of the Tobacco-Free Youth Campaign in reaching students at the grassroots level. By integrating awareness activities into school and university programs, the initiative aims to foster informed decision-making and collective action against tobacco use.

Prof. Syed Ziaur Rahman, Chairman, informed that the Department of Pharmacology consistently plans to organize such educational initiatives to align with national public health objectives and to promote responsible health behavior among the youth.

### **CPR Campaign by AMC\_JNMC**

In response to the letter from the Joint Secretary (Public Health), Ministry of Health and Family Welfare, New Delhi, regarding the observance of CPR Awareness Week, the ADR Monitoring Centre (AMC) under the aegis of the Indian Pharmacopoeia Commission at J.N. Medical College, Aligarh Muslim University, organized a special awareness campaign on Cardiopulmonary Resuscitation (CPR). The initiative aimed to educate and train teaching staff, non-teaching

employees, and resident doctors in this vital life-saving technique. As part of the national campaign led by the National Coordination Centre of the Pharmacovigilance Programme of India (NCC-PvPI) and the Ministry’s directive to enhance CPR literacy, all participants took the CPR Pledge, administered by Prof. Syed Ziaur Rahman, Chairman, Department of Pharmacology, reaffirming their commitment to cardiac emergency preparedness. The event was coordinated by Mr. Gufran Ali, Senior Pv Associate.

### **Sir Syed Day Celebration**

A programme to commemorate Sir Syed Day was organised by The Mohammad Ali Educational and Welfare Foundation at Jamanka Palace, Aligarh, on 22 October 2025.

The program commenced with a welcome address by Mr. Mohammad Ali, Director and Founder of the Foundation. The Chief Guest of the event was Prof. Syed Ziaur Rahman, Trustee of the Ibn Sina Academy and Chairman, Dept. of Pharmacology, JNMC, AMU, Aligarh. Prof. Suhail Sabir from the Department of Chemistry and Prof. Murad from the Department of Modern Languages, AMU, graced the occasion as distinguished guests, with Prof. Murad presiding over the event.

Mr. Mohammad Ali served as the main organizer, while Mr. Nizam Malik acted as the joint co-organizer. The proceedings were conducted by Dr. Wasi Beg, Director of ACN College. The event witnessed the participation of more than 300 attendees.

Among the prominent guests were Mr. Asif Ali Khan from Al-Hidayat College, Dr. Azhar Jameel, former Principal of University Polytechnic, AMU; Mr. Yameen Khan Abbasi from AIMIM; Mr. Ziauddin Rahi from the Congress Party; Thakur Somveer Singh; and Haji Abdul Samad, Director of SA Computer Center. Other notable attendees included Mr. Farhat Ali (Trustee/Secretary, BEA), Mr.

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Miraaj Junaidi, Mr. Sameen Hasan (Founder & President, Ek Saathi Foundation), Ms. Asma Parveen (President, The Aligs Foundation), Mr. Naseem Shahid, Mr. Irfan Ansari, Mr. Munawwar Rana, Mr. Faiz Khan, Mr. Shakeel, Mr. Mehraj, Mr. Asad, and Mr. Irfan Adil Jawahar.

The speakers highlighted Sir Syed Ahmad Khan's contributions to education, his visionary leadership, and his enduring mission for social and intellectual upliftment. The event concluded with a vote of thanks delivered by Mr. Nizam Malik, followed by a dinner.

### **My visit to Andaman & Nicobar**

**By Syed Ziaur Rahman**

I visited the Andaman and Nicobar Islands with my family under the LTC Scheme and had the opportunity to explore several iconic destinations. Marina Park in Port Blair, one of the most frequented public places, offers a scenic view where land meets the sea and also serves as the gateway to the historic Ross Island. The park features display of artillery-related artefacts and statues of freedom fighters.

Corbyn's Cove, the nearest beach to Port Blair city, is well known for its calm surroundings and light water activities such as jet skiing, banana boat rides, and beach volleyball. We also visited the Naval Marine Museum, located in the heart of Port Blair, which showcases the rich maritime heritage of the islands.

Our return journey from Havelock Island to Port Blair was via Makruzz Cruise, while the onward journey was undertaken on the Nautica vessel. Elephant Beach, renowned for its crystal-clear waters and coral reefs, is a major attraction for water sports including snorkeling, sea walking, and jet skiing.

Radhanagar Beach on Havelock Island, a world-renowned destination, is celebrated for its powdery white sand, turquoise waters, lush green surroundings, and breathtaking sunsets.

A few memorable moments were captured there during the evening.

The Cellular Jail, a historic British-era prison in Port Blair, stands as a national memorial today. With its museums, galleries depicting the lives of imprisoned freedom fighters, and the Light and Sound Show, it offers a moving insight into India's struggle for independence and the hardships endured by the prisoners.

Ross Island, named after Daniel Ross, was once the seat of British administration and later a Japanese base. The island still bears remnants of its colonial past, including a church, swimming pool, clubs, and administrative buildings. Today, it is home to spotted deer, peacocks, and various bird species, lending it a tranquil, jungle-like ambiance.

### **Experience at Manglaytan University**

**By Syed Ziaur Rahman**

On 2 December 2025, I had the privilege of being invited to Manglaytan University, Beswan, Aligarh, to participate in the observance of National Pollution Control Day. The programme featured a series of impactful student-led activities, followed by my keynote lecture, making the occasion both meaningful and engaging.

National Pollution Control Day, observed annually in memory of the Bhopal Gas Tragedy, was commemorated with great seriousness and purpose at Manglaytan University. The university organised several awareness-driven activities aimed at sensitising students and the wider community to environmental protection and sustainable practices. These included thought-provoking skits and insightful speeches by students, highlighting the causes, consequences, and preventive measures related to pollution. The performances strongly conveyed the message of collective responsibility in protecting the environment.

A major highlight of the programme was my invited lecture on the timely and emerging

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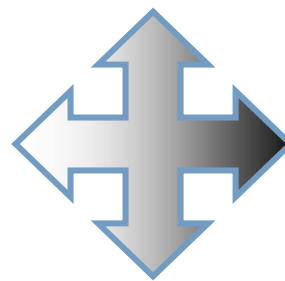
issue of *Pharmaceutical Pollution*. During the session, I discussed the increasing environmental burden of pharmaceutical residues, their potential effects on human and ecological health, and the urgent need for responsible disposal practices and policy-level interventions.

In recognition of my contribution, I was also invited to the University's Community Radio Station-Radio Narad (90.4 FM) for a special interview as part of the National Pollution Control Day broadcast. This interaction further strengthened the outreach efforts of the programme and helped disseminate the message to a broader audience. Radio Narad (90.4 FM) is used to improve the awareness level and knowledge of solutions of local community development problems within various sectors including culture, rural development, education, hygiene and sanitation, agriculture and local governance among rural people

The event was attended by Directors of key university institutes, including Agriculture, Pharmacy, Ayurveda, and Public Relations, along with Principals of various colleges, reflecting the institution's collective commitment to environmental stewardship. The honour extended to me was at the university level, acknowledging my modest contributions in the fields of pharmacology and public health.

This impactful programme was jointly organised by the Institution's Innovation Council (IIC) in collaboration with the Nature Club, both of which have been actively fostering innovation, sustainability, and environmental awareness among students. Overall, Manglaytan University's observance of National Pollution Control Day effectively reinforced the importance of pollution control, commemorated the lessons of the Bhopal tragedy, and inspired the younger generation to work towards a safer, healthier, and cleaner future.

I wish to acknowledge the staff of the Manglaytan University, who made this event memorable: Prof. Ravi Kant (President, IIC - Mangalayatan University), Dr. Arbab Hussain (Vice President, IIC), Prof. Dr. Abdul Wadood Siddiqui (Principal, School of Pharmacy), Prof. Pramod Kumar (Head, Department of Agriculture), Mr. Manoj Kumar Sharma (Director, Ayurveda Medical College and Research Centre), and Dr. Arshi Malik (Placement Officer).





## CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

### Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

### THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

### AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

### MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

#### Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



#### Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

#### Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

#### Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

#### Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

**For further information please contact:**

**Director General**

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