



# Newsletter of Ibn Sina Academy (NISA)

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**Ibn Sina Academy of Medieval Medicine & Sciences  
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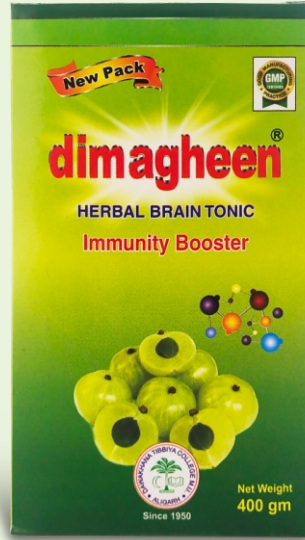
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**EVENTS AT IBN SINA ACADEMY**

(October – December 2022)

**‘World Mental Health Day 2022’ Observed**

World Health Organisation (WHO) recognises World Mental Health Day on the 10th of October every year. This year, the theme was “Making Mental Health a Global Priority.” During this event, a program was organised at Ibn Sina Academy where a script on the topic was presented by Ms. Sheeza Shoeb, granddaughter of Prof. Syed Zillur Rahman and undergraduate student of Psychology from the Aligarh Muslim University, entitled ‘Prioritising Mental Health Globally’.

Mental health affects an individual’s thoughts, behaviours, and feelings, and these problems exist in our lives, families, workplaces, and communities, impacting everyone. Worldwide, at least one in eight of us is affected by mental health issues. Despite this, the services, skills, and funding available for mental health remain short in supply and fall far below their requirements, especially in low- and middle-income countries.

Although the focus on mental health has risen recently, it is still one of the most neglected sectors of public health. Every year, we realise that more awareness should be raised about mental welfare to support those with such difficulties. There must also be an increase in accessibility to these services that cater to all sections of society, not just the privileged. If mental health is a problem for everyone in society, then access to support should also be available for everyone. However, we observe that this is not the case. In fact, mental health is a crisis globally.

Despite efforts to provide care, this minimal progress is usually made only by the wealthy and for adults. Children as well as the impoverished are frequently left out of this conversation. The youth suffer as they naturally have trouble expressing their concerns to their peers out of shame and embarrassment, financial dependency, and reduced access to any support system. Only

when these significant barriers are eliminated can we expect any change. In India alone, children with mental health disorders are mostly undiagnosed and unable to seek any form of help. According to the “Indian Journal of Psychiatry,” in 2019, at least 50 million children in India were affected by mental health issues, and 80 to 90 percent had not sought support.

Therefore, the WHO and the World Bank have proposed several plans of action for combating mental health stigma around the world. The first idea is for a new mental healthcare system. Through public awareness and community engagement, authorities need to develop a system that tunes to the needs of society. For instance, establishing an independent monitoring body with a transparent and inclusive staff. Apart from that, services outside of the health sector are also vital. These include parenting programmes, anti-stigma campaigns, school-based and workplace interventions, online education programs, and digital tools to provide healthcare according to the convenience of a patient.

Another major issue is substance abuse among children. This is more common than one might think. The younger a child initiates alcohol and other drug use, the higher the risk for serious health consequences. One of the main reasons children consume such substances is due to poor mental health. Harolyn M. E. Belcher and Harold E. Shinitzky say that poor self-image, low religiosity, poor school performance, parental rejection, family dysfunction, abuse, too much or too little control by parents, and divorce are all linked to drug use during adolescence.

Thus, we are glad to have possibly been able to make a change through this event. It is apparent that mental health is not prioritised the way it should be. Children are a largely ignored section of society when it comes to

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mental welfare. Mental health should no longer be regarded as something obscure. Even though it is not a simple task, it is not impossible to ask for. Countries around the globe need to step up their game to prioritise mental health.

**Corruption-free India for Developed Nation**

Ibn Sina Academy took the Integrity Pledge for “Corruption free India for a developed Nation” both online and offline, on the initiative of Central Vigilance Commission (CVC), Govt. of India. Ibn Sina Academy, is committed to uphold the highest standard of integrity and good governance and to follow ethical practices in conducting its activities. In this regard, a certificate has been issued to Ibn Sina Academy by the CVC.

On this occasion, Prof. Hakim Syed Zillur Rahman said, “I believe that corruption has been one of the major obstacles to economic, political and social progress of our country. I believe that all stakeholders such as Government, citizens and private sector need to work together to eradicate corruption”.

**Sir Syed Day Celebration**

The Sir Syed Section of Ibn Sina Academy possess a large number of books, periodicals, and other memoirs on Sir Syed Ahmad Khan and his successive family members. It has both publications by Sir Syed and of others written on him. In addition, there are artifacts and memoirs, such as photographs, paintings, sketches, postal stamps, coins, currency note, pamphlets, both during the times of Sir Syed and later.

Every year, on the occasion of Sir Syed Day, the Academy arranges an exhibition of all items related to Sir Syed Ahmad Khan extant at the Academy. This year, the exhibition was inaugurated on 24th October 2022 by the President, Ibn Sina Academy Prof. Hakim Syed Zillur Rahman, with declaring open the exhibition of publications and artifacts related to Sir Syed Ahmad Khan on the occasion of his 205th birth anniversary. The event was covered by EtV Bharat Urdu (<https://fb.watch/hmu7hAN8kM/>)

**5 years of Usmania Helping Hands Society**

On 16th October 2022, Usmania Helping Hands Society (UHHS) celebrated an event on the completion of 5 years of organisation. In the event, the chief guest was Mr. Muhammad Firoz (civil Judge, Aligarh), guest of honour Professor Muhammad Shameem (TB & Chest Dept., JNMCH, Aligarh), special guest Mr. Deepak Sharma (Trustee author Udyan Care Trust, Noida) & special guest Prof. Hashmat Ali Khan (Deputy Proctor AMU, Aligarh).

Padma Shri Prof. Syed Zillur Rahman welcomed all the guests by honouring them with mementos. Mr. Muhammad Faizan (President, UHHS), Mr. Adnan Ahmed (Vice President, UHHS), Ms. Sadiya Usman (Secretary, UHHS), welcomed and thanked everyone who supported in bringing the society to this moment.

On the completion on the first batch of the Skill development centre, the students of the batch collected their certificates from the guests. The volunteers also got the certificates for their immense work and devotion towards the noble work. The Usmania Helping Hands Society is working for the last 5 years with an aim to work really hard for the underprivileged people's for their betterment.

**Condolence Meeting to remember Poet Ahmad Ali Barqi Azmi**

A much-loved person by all, whom we lost on 5.12.2022, narrated many poems on many occasions, also wrote few poems in honour of both Ibn Sina Academy and persons associated with my family members, said Hakim Syed Zillur Rahman, in a condolence meeting.

Ahmad Ali Barqi Azmi was born on 25 December 1954 and died in Jaunpur at the age of 67 (buried in Kot, Azamgarh). He was a poet par excellence in the Urdu language. His poetic collections included *Rooh-e-Sukhan* (2013) and *Mahshare Khayal* (2020). In this massive work, he treats traditional subject matter, such as romantic love and spiritual devotion, but also non-traditional topics such as the Internet and global health crises. He includes tributes to Urdu literary giants,

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including Mir Taqi Mir, Ghalib, Iqbal, Sir Syed and Faiz Ahmad Faiz. He continued to publish new poems online in numerous international Urdu poetry forums. Barqi's father, Rahmat Elahi Barqi, was also a renowned poet in Urdu, well known for his collection *Tanweer-e-Sukhan*, or "The Light of Language."

Professionally, he served in the Persian service of All India Radio, New Delhi. He devoted his life to furtherance of the Urdu language and its literary culture. Barqi served as Translator-cum-Announcer (T/A In-charge) in the Persian Service of the External Services Division of All India Radio, New Delhi. He has traveled extensively, including to Iran and Afghanistan, on study tours. In addition to his own writing, he devoted his time and efforts to the furtherance of Urdu literary culture, promoting the works of Urdu poets of the past and present. In live forums and recitations, on television, radio, and social media, Dr. Barqi continued to spread international interest in the unique literary and cultural traditions of Urdu.

Ahmad Ali Barqi was educated at Shibli National College in Azamgarh and at Jawaharlal Nehru University, New Delhi. He held a degree in Education, a master's degree in Urdu and Persian, and received a doctorate in Modern and Classical Persian from the Centre of African & Asian Languages of Jawaharlal Nehru University in 1996. He was recipient of Academy Award, conferred by Urdu Academy, New Delhi.

**Condolence Meeting to pay homage to Prof. Suhail Ahmed Azmi**

The team of Ibn Sina Academy paid homage to Prof. Suhail Ahmed Azmi in a condolence meeting to mourn his demise.

Prof. Azmi, who was serving as the Chairman, Department of Psychiatry passed away on 17 November 2022 due to multiple organ failure during malignancy treatment at MAX super speciality Hospital, New Delhi.

Prof. Syed Zillur Rahman (President, Ibn Sina Academy) extended heartfelt sympathies to the

bereaved family of Prof. Suhail Azmi. "I had a great deal of respect and affection for Prof. Suhail Azmi and we will all miss him greatly". He was a close friend of Engineer Khalid Faridi, whom we also lost recently.

"For the JNMC faculty members and students, it will be very difficult to walk in the hospital corridors without encountering the positive and energetic presence of Prof Suhail Azmi, who was always there to share his passion for his thrust areas and help everyone in all ways possible", said Prof. Syed Ziaur Rahman, Department of Pharmacology, JNMC, AMU, Aligarh. He further added, that "Prof. Suhail Azmi will remain an inspiration to his colleagues and students. It was a privilege to know him". Prof. Suhail Azmi, once initiated a movement to name the road at Dodhpur from University Circle to Kela Nagar Crossing after the name of my father as a gratitude and to pay homage to him for all the years my father spent working in the area of uplifting society for its betterment and progress.

Prof. Suhail Azmi was survived by his wife and four children. The elder son Dr. Shariq Ahmad Azmi and daughters, Dr. Sadaf Amreen, Dr. Tanvi Azmi are medical graduates while youngest son Mr. Shahbaz Ahmad Azmi is an Engineer by profession and based in Germany.

**Condolence Meeting to mourn the demise of Prof. Asif Ali**

A condolence meeting to mourn the demise of Prof. Asif Ali, former Chairman, Department of Biochemistry, Jawaharlal Nehru Medical College (JNMC), Aligarh Muslim University (AMU) was held on December 6 at Ibn Sina Academy.

Prof. Syed Zillur Rahman (President, Ibn Sina Academy) expressed sorrow and grief and extended heartfelt sympathies and condolences to the bereaved family of Prof Asif. "Our hearts ache after learning of his demise. All his colleagues at JNMC are saddened. He was an amazing human being and teacher who mentored students to give their best. I extend heartfelt sympathy and condolences to the

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bereaved family of the deceased”. He further pointed out that “Prof. Asif touched so many lives, helped so many students and made them walk on the right path, the path of wisdom. We hardly thought that he would pass away like this”. He recalled that Prof. Asif Ali was a brother-in-law of Dr. Khawar Hashmi, Office Secretary, All India Unani Tibbi Conference, Delhi. Just 15-16 days back before his death, he provided the telephone number of Dr. Khawar Hashmi as his number was misplaced.

“Prof. Asif always made the classroom brighter with his knowledge and wisdom. That will definitely be gravely missed”, said, Prof. Syed Ziaur Rahman of the Department of Pharmacology, JNMC, AMU, Aligarh. He recalled: “Prof. Asif was an inspiration to his colleagues for his focus, discipline and dedication. He was an exemplary human being who was always easily accessible to everyone”.

Prof. Asif was 64 years old and had one more year to retire from the services. In his 40 years of research and 32 years of teaching experience; Prof. Asif taught the MBBS, BDS, Medical Lab Technology, Pharmacy, MD, M. Phil and PhD students and served as the Chairman, Department of Biochemistry for two terms. He published numerous papers in peer-reviewed journals and the ‘Role of modified proteins and nucleic acids in various diseases’ was his thrust area.

#### **Regima Ayush Wellness Center, Aligarh Inaugurated**

Mr. Indra Vikram Singh (IAS), District Magistrate, Aligarh inaugurated ‘Regima Ayush Wellness Center’, in the august presence of Padma Shri Prof. Hakim Syed Zillur Rahman (President, Ibn Sina Academy Aligarh), Prof. F. S. Sherani (Dean Faculty of Unani Medicine), Prof. Shagufta Aleem (Principal, AKTC AMU), Dr. Faiza Abbasi (Director UGC-HRDC AMU), Dr. Obaid A. Siddiqui (Dept. of Anaesthesiology and Critical Care, JNMCH, AMU), Prof. Syed Ziaur Rahman (Deptt. of Pharmacology JNMCH, AMU), Prof. Suhail Sabir (Deptt. of Chemistry AMU), Dr. Mohammad Shahid

Malik (MD Regima) and Dr. Nuzhat Akhtar (Director Regima). During the programme, certificates of appreciation were distributed to the Regima’s trainees by the guests.

#### **An evening with guests to celebrate 'Ghalib Award' conferred on Hakim Syed Zillur Rahman and 'Ibn Sina Public Health Award' to Dr. Yasheshwar**

Prof. Syed Ziaur Rahman, Honorary Treasurer, Ibn Sina Academy, arranged an informal dinner with a few of close friends and well-wishers on 3rd December 2022 at the Ibn Sina Academy, to celebrate the ‘Ghalib Award’ for literary services conferred on Hakim Syed Zillur Rahman by the Ghalib Institute (New Delhi) and 'Ibn Sina Public Health Award' to Dr. Yasheshwar, Associate Professor, Dept. of Botany, Delhi University, New Delhi.

#### **Ghalib Day Celebration**

Ibn Sina Academy has a thematic collection of books, periodicals and artefacts both in the library and museums. Its ‘Ghalib Study Centre’ possesses exclusively a large number of books, periodicals, and other special publications on Ghalib, who was the famous Urdu poet of the 19th century. Every year, on the occasion of Ghalib Birth Anniversary on 27th December, Ghalib Day is celebrated. The Academy arranged an exhibition of all items preserved at Ghalib Study Centre. This year, the exhibition was inaugurated by Prof. Hakim Syed Zillur Rahman (President, Ibn Sina Academy) on 27th December 2022 which remained on display for two days. Dr. Aftab Alam Najmi (In-charge Ghalib Study Centre) and Mr. S. H. Zahid Jamal (Protocol In-charge) played a significant role in organising the exhibition.

#### **DISTINGUISHED VISITORS**

1. Delegates of scientists from the Patanjali Research Institute, Haridwar. The team, comprised of Dr. Rashmi Mittal, Mr. Sagar Kumar and Ms. Rashmi Sahu, stayed 4 days from 1-4 October 2022 to work on the Unani literature extant at the library of Ibn Sina Academy.

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2. Dr. Ghulam Mohammad Loan, Associate Professor, Dr. Radhakrishnan Govt. Medical College, Hamirpur (HP), 13.10.2022
3. Delegation of PhD Scholars, Dept. of Urdu, Aligarh Muslim University, Aligarh, under the leadership of Dr. Aftab Alam Najmi, 15.10.2022
4. Delegation of the First year D. Pharm Pharmacy Students' Education Tour, Jagmeet Memorial College of Pharmacy, Chandpur, Bijnor (UP), 20.10.2022
5. Delegation, All India Boy Scouts Association, 1.11.2022 (See report below)
6. Dr. Shahid Hasan, Director Central Hospital and Research Centre, Bhopal and Dr. Mahtab Alam, Dept. of ENT, AMU, Aligarh, 6.11.2022
7. Educational Tour of Students from 'Ilm Achievers' on 27.11.2022.  
'Ilm Achievers' is a coaching institute based in Aligarh. It arranged an educational tour of its secondary school children on the occasion of Children's Day. Prizes were also given to the winners of the Inter Schools Quiz Competition.
8. Four-members Delegation comprising of Dr. Mohd Yahya Salar, Mr. Mohd Naseem, Mufti Hakeem Mohd Waseem and Dr. Abdul Sami (QHD Natural's), Delhi, 28.11.2022
9. Arabic Scholar Prof. Nauman (New Delhi), Prof. Kafeel Ahmad Qasmi (Aligarh), Dr. Rehan Akhtar Qasmi (Aligarh), 29.11.2022
10. Delegation of PG students, Dept. of Saidla, Ayurvedic and Unani Tibbi College, Karol Bagh, New Delhi, 30.11.2022
11. Delegation from the SADA Foundation, Udgir comprising of its president Dr. Anjum Abdullah Quadri, Secretary Mr. Ahmad Sarwar, and Member Mr. Kashif, on 9.12.2022.  
Dr. Anjum Abdullah Quadri is an Obstetrician and Gynaecologist and has deep interest in medical heritage. Both Mr. Ahmad Sarwar and Dr. Anjum are the founders of SADA Foundation, based in Udgir, near Latur (Maharashtra).
12. Mr. Navaid Hamid, Former General Secretary, All India Muslim Majlis-e-Mushawwarat, New Delhi, 15.12.2022

**Visits of State Commissioners, State Assistant Commissioners of All India Boy Scouts Association**

The delegation of the State Commissioners and State Assistant Commissioners of the All-India Boy Scouts Association visited Aligarh to pay the condolence for Nawab Ibne Said Khan of Chhattari, who was Chief Commissioner of the All-India Boy Scouts Association.

The delegation comprises of Mr. H. S. H. Hussaainy (State Commissioner, Tamil Nadu), Mr. Arvind Kumar Lall (State Commissioner, Jharkhand), Mr. Krishna Mahto (State Secretary, Chattisgarh), Mr. V. Vishwa Karama (State Secretary, Jharkhand), Mr. Jagdeep Singh (Gurgaon, Haryana), Mr. Sunanda Manda (Kolkata, West Bengal), Mr. Suresh Singh (State Commissioner, Imphal, Manipur), Mr. Jaljit Singh (State Secretary, Imphal, Manipur), Dr. Randeep Singh (State Commissioner, Haryana), Mr. Alexander (State Secretary, Himachal Pradesh), visited Aligarh on 1.11.2022. The scouters first assembled at Rahat Manzil and observed 2 minutes silence in memory of the departed soul. There was a brief talk on the life of late Nawab Ibne Said Khan by his son Mr. Javaid Said. Visited scouter shared their memories of meeting the late Chief Commissioner. Mr. Rafat Said, expressed his gratitude for those assembled and having travelled far from different cities for this condolence meeting.

In the evening, the whole delegation visited Ibn Sina Academy, and appreciated its wide collection. In the museum, special items related to scouts' association were shown by Dr. Syed Ziaur Rahman.

Dr. Randeep Singh has recently joined as Pro Vice-Chancellor of the Madhav University, Sirohi (Rajasthan). He was Director, AYUSH and Medical Research, Gujarat Govt.

**MEMBERS' ACTIVITIES**

**Prof. Syed Zillur Rahman**, President, Ibn Sina Academy, has been awarded **Ghalib Award** 2022 for his overall literary services. The jury

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of the Ghalib Institute, New Delhi, announced the names of all awardees on 7.11.2022.

Prof. Rahman participated in the following events:

1. Guest of Honour, Inaugural Session, Abu Ali ibn Sino and the Great Silk Road, Samarkand State Medical University, Samarkand, Uzbekistan, 7.10.2022 (See detail on page 12-13)
2. Addressed, Inaugural Scientific Session, International Seminar on Syed-ul-Ulama Allama Ali Naqi Naqvi, Dept. of Shia Theology, AMU, Aligarh, 23.11.2022 (See detail on page 10-11)
3. Presided, CME Programme for Teachers of Ilmul Advia, Dept. of Ilmul Advia, AK Tibbiya College, AMU, Aligarh, 5.12.2022 (See report on page 11-12)
4. Presided, Usmania Helping Hand Society Meeting, 16.10.2022 (detail on page 4)
5. Chief Guest, Two-day seminar on Allama Qazi Syed Wajdiul Hussain, organised by Maulana Barkatullah Society, Bhopal, 10-11.12.2022 under the able organizer Mr. Haroon Khan. Other dignitaries present were Dr. Shaikh Aqeel Ahmad (Director, NCPUL, New Delhi), Prof. Khalid Mahmood, New Delhi
6. Chief Guest, AICPERT Academic Excellence Award Ceremony under the aegis of Entrepreneurship Development Cell, University Polytechnic, AMU, Aligarh, 26.12.2022
7. Chief Guest, Annual Function, Fatima Girl's Coaching Centre, Chandiyana, Bulandshahr, 20.11.2022. Mr. Adil Khan from Aligarh accompanied with him

In Bulandshahr, an interview of Prof. Hakeem Syed Zillur Rahman was taken by Mr. Faisal and Mr. Mazhar for their channel, abbreviated as FM Talks, which was later on aired on YouTube. The same could be tracked through: <https://www.youtube.com/watch?v=2rGxEF0eTHA>. The channel is based in Bulandshahr with an intention to spread awareness in the locality and society. They cover all motivational stories from all over India.

Prof. Rahman visited Bhopal from 9th to 13th December 2022 with his grandson Syed Faiz Rahman and attended the seminar on Allama Qazi Syed Wajdiul Hussain on 10.12.2022. He also visited the hill station Pachmarhi in Narmadapuram, Madhya Pradesh, during 11-12 December 2022 with his daughter Asifa Haneefa and son-in-law Mohammad Salah Siddiqui. This beautiful hill is situated at a height of 1067 meter in a valley of the Satpura Range. It is a part of Satpura Biosphere Reserve and famous for Satpura Tiger Reserve and Satpura National Park. The forest around the town is home to many rare varieties of plants. UNESCO added Pachmarhi park to its list of Biosphere Reserves in May 2009.

Prof. Rahman visited Jaipur with his daughter Asifa Haneefa and grandchildren Haifa and Hisham, during 27-28 October 2022. In Jaipur, he was attended by Dr. Shahid Jamali, Dr. Abdul Mannan, Dr. Ghulam Qutbuddin Chishti (Former Principal, Tibbiya College, Jaipur) and Dr. Anees Alavi (Secretary, Tibbiya College, Jaipur).

He visited the Albert Hall Museum, which is the oldest museum of the Rajasthan state and functions as the state museum. The building is situated in Ram Niwas garden and is a fine example of Indo-Saracenic architecture. It is also called the Government Central Museum.

**Prof. Syed Ziaur Rahman**, Hony. Treasurer, Ibn Sina Academy, was invited as chief guest to the following events.

1. Special Guest, Aligarh Wings Award 2022 Ceremony, Hosted by The Wings of Desire (NGO), Apple Leaf Hotel, 8.12.2022.
2. Chief Guest, Children's Day Celebration 2022, 'ilm Achievers, Aligarh, 27.11.2022
3. Special Guest, Seminar on Social Reform and Educational Empowerment as a part of Sir Syed Day Celebration, ROZEF Foundation, Aligarh, 6.11.2022 (Detail on page 12)
4. Guest of Honour, Sir Syed Day Function, ABK Union School, AMU, Aligarh, 17.10.2022



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Prof. Rahman served as expert to the following selection committees:

5. VC Nominee, Integral University for the General Selection Committee for Assistant/ Associate/ Professor at Dept. of Pharmacology, Integral Pharmacy College, Lucknow, 15.10.2022
6. VC Nominee, Jamia Hamdard, New Delhi, General Selection Committee under Career Advancement Scheme (CAS) for Professor, SPER, New Delhi, 21.12.2022

Prof. Rahman was invited to the following conferences as guest speaker:

1. Chaired a session and Guest Lecture, Abu Ali ibn Sino and the Great Silk Road, Samarkand State Medical University, Samarkand, Uzbekistan, 7.10.2022 (Topic: Pharmacology of Avicennian Cardiac Drugs)
2. Resource person, Online Refresher Course in Environmental Studies, UGC Human Resource Development Centre, CALEM, AMU, Aligarh, 4.10.2022 (Batch 1) and 6.10.2022 (Batch 2).
3. Guest, CME on Haematology, Department of Pathology, JNMC, AMU, Aligarh, 8.10.2022
4. Advisor, 'Cardioprevent 2022, UP Chapter-Cardiological Society of India (UP-CSI), JNMC, Aligarh, 22.10.2022
5. Addressed visiting first-year students of D Pharm., Jagmeet Memorial College of Pharmacy, Chandpur, Bijnor, as a part of pharmacognosy tour, Ibn Sina Academy, Aligarh, 20.10.2022
6. Guest, 62nd NAMSCON, Annual Conference cum Convocation, National Academy of Medical Science, SMS Medical College, Jaipur, 11-13 Nov. 2022
7. University Extension Lecture, Department of Dravya Guna, National Institute of Ayurveda (Deemed University-De Novo), Jaipur, 14.11.2022 (covered two topics as extension lectures)
8. Resource Person, Pre-Conference of 9th World Ayurveda Congress (9th WAC) on "AYUSH Pharmacovigilance-2022", M. S. Regional Ayurveda Research Institute

of CCRAS in coordination with National Institute of Ayurveda (Deemed University-De Novo), Jaipur, 15.11.2022 (Covered two topics viz "International Scenario of Pharmacovigilance with Special Reference to Herbs" and "MvPI Medical Devices Risk Minimization & Risk Management Framework").

9. Guest, Alumni Meet, Western Sydney University, Australia, Shangri La Eros Hotel, New Delhi, 20.11.2022
10. Resource Person, National Awareness Programme on Pharmacovigilance, Peripheral Pharmacovigilance Centre, Central Ayurveda Research Institute, Bengaluru, 26.11.2022 (Topic: Safe Monitoring of Traditional Medicine – Ethos and Practices).
11. Guest Lecture, CME Programme for Teachers of Ilmul Advia, Sponsored by Rashtriya Ayurveda Vidyapeeth, Ministry of Ayush, Govt. of India at Dept. of Ilmul Advia (UGC-DRS-II Programme under SAP-II), AK Tibbiya College, AMU, Aligarh, 8.12.2022 (Topic: How to write and publish research article with emphasis on reference management)
12. Chaired a session and delivered a guest lecture, National Conference (IntPCON 2022), (Hybrid Offline and Online), Government Medical College, Surat, 9.12.2022 (Topic: Influence of therapeutic drugs on environment)
13. Jury Panel, Evaluating presentations of shortlisted candidates for Sun Pharma Science Scholars Awards, Sun Pharma Science Foundation, Sun Pharma Headquarters, Gurgaon, 5.12.2022
14. Chaired, Scientific Session One, Aligarh Physioguide 2nd National Conference, Pyarelal Bhawan, D.S. College, Aligarh, 18.12.2022 (many research papers from the field of physical health education, physiotherapy, and sports medicine, were presented).

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**DOCUMENTATION**

**International Seminar on Syed-ul-Ulama  
Allama Ali Naqi Naqvi**

The life and awe-inspiring academic achievements of eminent religious scholar and former AMU faculty member Syedul-Ulama Allama Ali Naqi Naqvi were discussed in a two-day international seminar held under the aegis of the Department of Shia Theology, Aligarh Muslim University (AMU).

Addressing the inaugural session at the JNMC Auditorium, the Chief Guest Prof. Ainul Hasan (Vice-Chancellor, Maulana Azad National Urdu University, Hyderabad) said, "Syedul Ulama was born in the era of socio-political decline of Muslims. The Muslim world, including Turkey, Iran, Afghanistan, and India was facing the onslaught of Western imperialism. At that time, Allama Ali Naqi Naqvi with his intellectual acuity and rational ability interpreted theological issues enabling Islamic teachings to live up to the challenges thrown open by the modern world. Throwing light on the political and intellectual scenario of the late nineteenth century and the first half of the twentieth century Professor Syed Ainul Hasan said that Allama Naqvi pitched for unity and brotherhood. His three hundred books and more than one thousand articles bear testimony to his academic calibre and *Ijtihad*.

In his presidential remarks, AMU Vice-Chancellor Prof. Tariq Mansoor said, "Allama Ali Naqi Naqvi was a great intellectual whom we became familiar with during our student days at AMU. "He had no formal university education yet his knowledge stemming from academic rigour made him a profound scholar who was recognized globally. His example tells us that having a high academic degree is not enough for a person to be called as educated and good behaviour and conduct with intellectual bearings is necessary", Prof Mansoor emphasized.

The Vice-Chancellor said that great scholars like him have served in the Faculty of Theology of AMU. "It is the responsibility of

today's faculty members and students to carry forward his legacy and encourage high academic standards and environment in the Department. The university administration is always ready to provide all kinds of support in this regard", he said.

Prof. Mansoor further said, "AMU is a unique institution in the sense that modern sciences are taught here along with oriental subjects. This uniqueness can strengthen our reputation and identity with quality teaching and research. There is a need for teachers to take this fact into consideration, neglect trivial matters and spend their energy on greater issues". Talking about the inter-faith dialogue, the Vice-Chancellor said there should be peace and tolerance among the followers of different religions. "Commonalities should be highlighted while paying attention to bridging the gulf by putting aside the differences", he stressed. Professor Mansoor further stressed upon the Shia-Sunni unity and strengthening bonds between communities. The Vice-Chancellor hoped that people would emulate Ali Naqi Naqvi.

Earlier, in the opening remarks, Iran's renowned scholar Ayatullah Mahdavi-poor said that Syedul Ulama Allama Ali Naqi Naqvi was a visionary *mujtahid* who was not only knowledgeable in tafsir and hadith but also had command of jurisprudence, theology, philosophy and sociology. He was a distinguished scholar of his times and various scholars from Najaf recognized his contributions.

The guest of honour Dr. Mohd. Ali Rabbani (Cultural Counsellor, Embassy of Iran, New Delhi) said that Syedul Ulama was a great intellectual who resisted the invasion of modernity, imperialism and western civilization and strongly defended Islamic teachings. "Allama Naqi Naqvi was an expert in various streams of knowledge and he interpreted Islamic teachings with intellectual rationality. He used to emphasize on dialogue and outreach, owing to which he became popular in every circle" Dr. Rabbani said.

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Speaking on interfaith relations Dr. Zafar Mahmood (Zakat Foundation of India) said “in the Holy Qur'an, the phrases "Lord of mankind" and "Lord of the worlds" have appeared repeatedly, which tells that mankind is one big family and race, colour, sex and tribe are for identification purposes only”. He further said, the importance of dialogue and communication has been highlighted in all religions, and the Constitution of India, the United Nations Charter and other international documents have equally given priority to interfaith dialogue and interaction, as the most beautiful plant in the world is love which grows in hearts.

Prof. Syed Tayyab Raza Naqvi (Chairman, Department of Shia Theology and Director of the Seminar) delivered the welcome address and delineated the topic of the seminar. On this occasion, the translation of Tafsir Majma Al-Bayan, and a book on Syedul Ulama by Dr. Asghar Ajaz were also released. In the opening session, Dr. Asghar Ajaz proposed the vote of thanks, and Dr. Shariq Aqeel conducted the proceedings.

In the later session, Maulana Safi Haider (Secretary, Tanzeemul Makatib, Lucknow), Maulana Kalbe Jawad Naqvi, Prof. Hakeem Syed Zillur Rahman, Shahid Mehdi (Former Vice Chancellor, Jamia Millia Islamia), Mr. Ali Zaidi (Chairman, Shia Central Waqf Board, Lucknow) and other dignitaries expressed their views.

### **Continuing Medical Education Programme at Ilmul Advia, Ajmal Khan Tibbiya College, AMU, Aligarh**

Six-day Continuing Medical Education (CME) programme for teachers of the Department of Ilmul Advia, was arranged at Dept. of Ilmul Advia, AK Tibbiya College, AMU, Aligarh. The Department is designated as UGC-DRS-II under SAP-II. This CME Programme for Teachers of Ilmul Advia, was approved and sponsored by the Rashtriya Ayurveda Vidyapeeth, Ministry of Ayush, Govt. of India

Participants from different corners of India were updated with the knowledge and skills to

maintain competence in the morphology, identification, characteristic features, pharmacological actions and uses of Unani drugs in a Six-day Continuing Medical Education (CME) programme that began on 5th December 2022, Monday.

Attending the inaugural function as the Chief Guest, Padma Shri Prof Syed Zillur Rahman pressed the need for keeping the health workers abreast of the developments in their field. “Continuing medical education is an essential component of health sciences which must be consistent with the stated objectives of the National policies and I am sure that this CME will provide opportunities to update knowledge, skills and practices of health professionals involved at different levels of health care delivery systems”, said Prof Zillur Rahman. He also spoke about the achievements of the Department of Ilmul Advia alumnus working in prominent institutes and universities.

“Programmes like these will produce more confident Ilmul Advia professionals who would act as excellent resource in various fields like dispensaries and pharmaceutical companies, research institutes and medicinal plant conservation among other areas”, said Prof. F. S. Sherani (Dean, Faculty of Unani Medicine).

Prof. Shagufta Aleem (Principal, AKTC) stressed the need for providing health workers with an evidence-based framework for personal growth and a platform for continuous acquisition of new knowledge, skills, and attitudes to enable competent practice.

“Since in the past decade continuing medical education has come to include technological, managerial, social, and personal skills and other areas beyond the traditional clinical medical subjects; it is imperative that the health workers attain competences needed to practice high quality medicine”, said Prof Abdul Wadud (Director, National Institute of Unani Medicine, Bangalore).

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Dr. Abdur Rauf (Chairman, Deptt. of Ilmul Advia and Coordinator, C.M.E. Programme) delivered the welcome address. In his welcome address, he briefed about the achievements and contributions of the faculty members made during the last 50 years of the establishment. While expressing the unique peculiarities of the department, Dr. Rauf emphasized that the Department of Ilmul Advia is the only department of Indian traditional systems of medicine among all institutions of AYUSH system established in India which is supported by D.R.S. programme of the U.G.C. He also informed that after successful completion of the registration of Animal House and constitution of I.A.E.C. of the department, the department has again got the approval letter in the month of November, 2022 from C.P.C.S.E.A., Govt. of India for the renewal of registration and reconstitution of I.A.E.C. of the establishment.

Dr. Nazish Siddiqui convened the Inaugural programme whereas Dr. Sumbul Rehman extended the vote of thanks. It was begun with the recitation from the verses of Holy Quran by Dr. Mohd. Bilal Tafseer.

Unani doctors and faculty members from Karnataka, Tamil Nadu, Uttarakhand, New Delhi, Uttar Pradesh, Bihar, Rajasthan, Telangana participated in the C.M.E.

### **Sir Syed Day Celebration by the ROZEF Foundation, Aligarh – A report by Dr. Syed Ziaur Rahman**

In Aligarh, I am associated with many social, cultural and literary organizations. Some are genuinely working for the welfare of humanity, playing a significant role in many areas of society's needs. These so-called NGOs based in Aligarh are working in the interest of patients' need of medical assistance, students' need of scholarship, aspirants' need of coaching in professional entrance tests, underprivileged families, farmers and labourers need to run home. Likewise uplifting street children for education, free schools, and training for many vocational skill-based jobs.

ROZEF Foundation is one such NGO working silently for the last 15 years for the upliftment of children from marginalized sections in providing them free services of food, offering free education and training to the students who belong to the families of BPL and living in ghettos colonies, under the guidance of Dr. Mohd. Asrar, Assistant Professor, Department of Forensic Medicine, Jawaharlal Nehru Medical College, AMU, Aligarh.

The Foundation also provides coaching and shelter to PwD students, arranging essential groceries for their livelihood, girl-student empowerment, basic hygiene and health care services.

ROZEF Foundation celebrated Sir Syed Day on 6.11.2022, and arranged a seminar, where some guests and children presented speeches and reports.

### **1st International Scientific & Practical Conference on Traditional Medicine (Abu Ali ibn Sino and the Great Silk Road) - A Report by Syed Ziaur Rahman**

In honour of the celebration of the 1042th anniversary of the birth of Abu Ali Ibn Sino (Avicenna) on October 7, 2022, Samarkand State Medical University together with "Ibn Sino" Public Foundation, China-Uzbekistan medicine technical park CL Land the Agency for the Development of the Pharmaceutical Industry of the Ministry of Health of The Republic of Uzbekistan, with the support of the ministry, organized the First International Scientific and Practical Conference on Traditional Medicine with a theme, "Abu Ali ibn Sino and the Great Silk Road".

At the opening of the event spoke Hokim of Samarkand region Turdimov Erkinjon Okbutaevich, Minister of Health of the Republic of Uzbekistan Musaev Behzod Anvarovich, Rector of Samarkand State Medical University Prof. Rizaev Jasur Alimdjanoich, Director of the Agency for the Development of the Pharmaceutical Industry of the Ministry of Health of the Republic of Uzbekistan Kariev Sardor Khikmatovich, Chairman of the Board of the Public Fund Ibn

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Sino Makhmudov Nozimkhon Anvarovich, Chairman of the Tabobat Academy of Uzbekistan Prof. Askarov Ibrohim Rakhmonovich (Uzbekistan), Ambassador Extraordinary and Plenipotentiary of the Islamic Republic of Iran in the Republic of Uzbekistan Hamid Nayyirobodiy, President of the International Malaysian corporation GANO EXCEL Mr. Leow Suun Seng (Malaysia), **President of Ibn Sina Academy in India Prof. Syed Zillur Rahman (India)**, President of International Avicenna Foundation in Israel Prof. Michael Sach (Israel) General Director of the Business Center for Economic Development of CIS Ganin Vadim Valerievich, (Russia), General Director of "China-Uzbekistan Medicine Technical Park" D.Sci. Chem. Abdubakiev S.B. (China).

After the official opening ceremony of the conference, memorandums of cooperation were signed between Samarkand State Medical University and Ibn Sino Public Foundation, Daegu Haany University (Korea), European Medical Association (Germany), and also between Ibn Sino Public Foundation and Israel Herbal Association, Tashkent Research Institute of Vaccines and Serums, National Association of Specialists of Traditional and Folk Medicine of Kazakhstan. Experts and scientists from leading organizations from Uzbekistan, Germany, Israel, India, South Korea, Kazakhstan, China, Kyrgyzstan, Malaysia, USA, Tajikistan, Turkey, Russia and other foreign countries took part in the conference with more than 50 reports in the field of traditional medicine. The international conference was held in 4 sections: 1) "Education and traditional medicine", 2) "Science and traditional medicine"; 3) "Traditions and traditional medicine"; 4) "Medicinal herbs and traditional medicine".

Furthermore, within the framework of the International Scientific and Practical Conference on October 6, master classes were held on "The role of products from the extract of Ganoderma lucidum in traditional medicine", "Development of new drugs based

on nitrogen-containing heterocyclic compounds", "The possibility of using herbal products in the complex therapy of viral infections and bacterial nature", "History of traditional medicine of Korea and online programs on traditional and sports medicine of Korea", "Acupuncture and osteopathy" Self-help and home pharmacy" with the concepts of Ibn Sina - an example of rose spa, "Avicenna's recommendations for the implementation of a hardware diagnostic complex for pulse diagnostics" .

Over a thousand specialists of modern and traditional medicine, biologists, chemists, and pharmacists took part in international master classes and an international conference in Samarkand in online and offline formats. These events were widely covered in the media.

The next II international scientific and practical conference on traditional medicine on the topic "Abu Ali ibn Sino: the philosophy of the past is a guarantee of development in the future" is planned as part of the traditional XII international Avicenna readings - a scientific and practical conference on the topic "Abu Ali ibn Sino and Civilization".

Samarkand State Medical University and Ibn Sino Public Foundation initiated the creation of the International Scientific and Practical Platform for Traditional Medicine.

*Note: Prof. Hakim Syed Zillur Rahman (President, Ibn Sina Academy) in the above conference addressed during the inaugural ceremony. He also chaired a session and presented a paper on Ibn Sina from an Indian perspective. In addition, Prof. Syed Ziaur Rahman (Hony. Treasurer, Ibn Sina Academy) also chaired a session and presented a paper on Avicennian Cardiac Drugs.*

### **Report on 2nd Sheikh Zayed TCAM International Conference, Abu Dhabi, UAE**

Under the patronage of His Highness Sheikh Nahyan bin Zayed Al Nahyan, Chairman of the Board of Trustees of the Zayed bin Sultan Al Nahyan Charitable and Humanitarian

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Foundation, Abu Dhabi, the Lotus Holistic Centre and Institute for Complimentary & Alternative Medicine organized the Sheikh Zayed International Award for Complimentary Medicine in its second edition on 10.10.2022 at the Beach Rotana Hotel - Al Thuraya Hall - Abu Dhabi. The Fifth International Conference on Quality and Evidence-Based Prophetic Medicine was also organized and hosted in continuation of the 2nd Sheikh Zayed TCAM International Conference at same place during 8-10th October 2022.

This award bears the name of the founding leader, the late Sheikh Zayed, May his soul rest in peace, who laid the milestones for the development renaissance in the country. The award aims to stimulate creativity in complementary and traditional medicine and to honour scientists, researchers and doctors.

In a speech message delivered on behalf of the Director General of the Foundation, held under the patronage of His Highness Sheikh Nahyan bin Zayed Al Nahyan, Chairman of the Board of Trustees of the Zayed bin Sultan Al Nahyan Charitable and Humanitarian Foundation, and organized by the Foundation in cooperation with the Lotus Health Centre and Institute for Holistic Medicine, Abu Dhabi, has congratulated the winners of the award, explaining the role of the Foundation in monitoring awards to support scientific research and studies that benefit all humanity, especially in the health field, because they are in the interest of alleviating the pain of patients and providing the best treatments and innovations for the health of humanity.

His Excellency stressed the importance of research for the advancement of nations because the civilization of nations and the extent of their progress is measured by the number of research submitted by their scientists to serve human societies.

Dr. Ahmed Hassan Al-Moselhy, Consultant Family and Community Physician, delivered a speech on behalf of the Scientific Committee, which undertook the task of evaluating the research and determining the names of the

winners in each of its categories. The efforts of, Madam Amina Al Haidan, Chairperson and Founder of Lotus Holistic Health Centre and Chairperson of Award & Conference and Scientific Committee Sheikh Zayed TCAM International Award, were appreciated for their efforts.

His Excellency Afshar Alam, Vice Chancellor of Hamdard University, New Delhi, India, delivered a speech in which he explained the role of the university and its appreciation for pioneering research.

At the end of the ceremony, Ni Jian, Ambassador of People's Republic of China to the UAE, received the certificates of the Chinese winners and thanked the Foundation and Lotus Center for their support & organization of this successful edition of the award.

*(Prof. Hakim Syed Zillur Rahman from India was one of the members of the Scientific Committee of the Sheikh Zayed TCAM International Award 2022. He received the first Sheikh Zayed International Award on Traditional Medicine in 2019)*

**APPEAL**

Ibn Sina Academy, Aligarh, has four halls of museum depicting world class artifacts, memoirs and much more. It is meticulously maintaining, conserving and preserving all these items for the posterity.

We appeal all our well-wishers to donate and gift artifacts linked to any periods such as photographs, paintings, costumes, textiles, household objects, etc. to the museum. Present museum has been renovated and has adequate space for display of artifacts and material of archival importance.

We request all Non-Resident Indians, of various countries to acquire artifacts or cultural objects of Indian origin put up for auctions in different parts of the world and donate them to the museum of Ibn Sina Academy.

Any enquiry in this regard may be made with Dr. Syed Ziaur Rahman on the academy's email ID: [ibnsinaacademy@gmail.com](mailto:ibnsinaacademy@gmail.com) or his mobile number +91-8266001772



## CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

### Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

#### THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

#### AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

#### MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

##### Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



##### Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India (UPI)*, Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

##### Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

##### Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

##### Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

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