

# Newsletter of Ibn Sina Academy (NISA)

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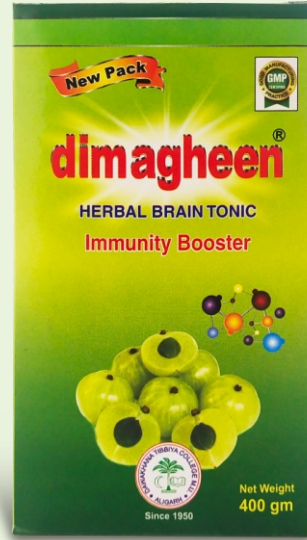
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**EVENTS AT IBN SINA ACADEMY**  
**(April – June 2022)**

**World Health Day Celebration 2022**

World Health Day is a global health awareness day celebrated every year on 7th April, under the leadership of WHO, as well as other related organizations.

In 1948, the WHO held the First World Health Assembly. The Assembly decided to celebrate 7 April as the World Health Day (WHD) of each year with effect from 1950. The WHD is held to mark WHO's founding day and is seen as an opportunity by organizations to draw worldwide attention to a subject of major importance to global health each year. The WHO organizes local, regional and international events on the Day related to a particular theme. WHD is acknowledged by various governments and non-governmental organizations with interests in public health issues, who also organize activities and highlight their support in media reports, such as our own Ibn Sina Academy.

To mark the WHD, Ibn Sina Academy on 7.4.2022 organised an exhibition of books and artefacts on the theme, "Our planet, our health". On the same occasion, Dr. Syed Ziaur Rahman, Professor at the Department of Pharmacology, Jawaharlal Nehru Medical College, AMU, Aligarh delivered the 14th Prof. M. Nasim Ansari Oration. He spoke on issues of drugs polluting the environment. In addition, the Mayor of the city, Mohammad Furqan, in presence of Prof. Syed Zillur Rahman (President, Ibn Sina Academy) christened and laid the foundation stone of the 'Ibn Sina Street' in honour of Ibn Sina Academy, on behalf of the Municipal Corporation of Aligarh.

In another function, the president of Ibn Sina Academy, Prof. Hakim Syed Zillur Rahman was invited to preside over the function jointly organised by the Integrated Community Health Association (IICHA) and Faculty of Unani Medicine, AMU, Aligarh, at City Chef Restaurant, Aligarh. Dr. S. M. Safdar Ashraf, Professor, Department of Tahaffuzi wa Samaji

Tib, Ajmal Khan Tibbiya College, AMU, and General Secretary of IICHA presented a report of the ICCHA and spoke on providing equal health facilities to citizens of all backgrounds. Dr. Narendra Kumar, Director AYUSH, Aligarh was the guest of honour while Mr. Mohammad Furqan, Mayor, Municipal Corporation of Aligarh, was the chief guest.

Prof. F. S. Sherani (Dean, Faculty of Unani Medicine), Prof. Shagufta Aleem (Principal, A. K. Tibbiya College), Prof. Ruby Anjum (Chairperson, Department of Tahaffuzi wa Samaji Tib), Prof. Naeem Ahmad Khan, Prof. Tajuddin, Prof. Abdul Latif, Prof. M. Ather Ansari, Prof. Syed Ziaur Rahman, and many other guests were present and attended the subtheme program on Fasting (*Roza*) and Feasting (*Iftar*) for a healthy planet.

**Investor Awareness Program on Mutual Funds**

The Investor Awareness Program on Mutual Funds was conducted by Mr. Aqeelur Rehman, who is a SEBI empanelled Securities Market Trainer, at Ibn Sina Academy on 20.4.2022. This training and awareness program was conducted targeting the general public and was attended by more than 50 people. Participants immensely benefited in terms of enhancement of their knowledge particularly about the Mutual Funds Investment.

**National Seminar on Relevance of Urdu Language in the Present Scenario**

The National Seminar on Importance of Urdu Language in the Present Scenario was held during 15-16 May 2022 at Ibn Sina Academy with the financial assistance from UP Urdu Academy, Lucknow.

During the inaugural program, Dr. Ather Farooqui (Secretary, Anjuman Tarraqi Urdu Hind, New Delhi) was chief guest, while Dr. Aqeel Ahmad (Director, National Council for Promotion of Urdu Language, New Delhi), Professor Mohd Ali Jauhar (Chairperson,

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Department of Urdu, AMU, Aligarh) and Mr. Sharaib Zia (JNU, Delhi) were the guests of honour. The program was chaired by Prof. Syed Zillur Rahman (Aligarh). The welcome note was given by Prof. Syed Ziaur Rahman (Aligarh) while Dr. Aftab Alam Najmi (Coordinator, Ghalib Study Centre, Ibn Sina Academy) delivered the vote of thanks. Dr. Sarwar Sajid (Aligarh) conducted the program.

The chairmen and patron of the organising committee were Prof. Syed Zillur Rahman and Secretary Uttar Pradesh Urdu Academy, Mohd Kaleem. The convener and organising secretary of the seminar were Dr. Aftab Alam Najmi (Coordinator, Ghalib Study Centre, IAMMS) and Prof. Syed Ziaur Rahman (Treasurer, IAMMS), respectively.

The first scientific session (15.05.2022) was started after the inaugural program at 1:00 pm, which was presided over by Prof. Saghir Ifraheem and guest of honour was Prof. Vibha Sharma (Dept. of English, AMU, Aligarh). It was conducted by Mr. Adiba Khatoon and Mr. Ahmad Safvi. Following scholars presented papers in this session: Mr. Javaid Sahil (Kanpur), Dr. Hina Afshan (Kanpur), Dr. Mohd Akhtar (Varanasi), Dr. Nasreen Begum (Agra), Mr. Yesra Saheel (Aligarh), Mr. Bilquees Maqbool (Aligarh), Dr. Khaleeq Al Zama (Aligarh), Dr. Irfan Ahmad Nadvi (Aligarh).

The second scientific session (15.05.2022) started at 3:00 pm, which was presided by Prof. Tariq Chattari and guests of honour were Dr. Abdullah Imtiyaz and Dr. Sarika Warshney. It was conducted by Mr. Umar Shahid. Following scholars presented papers in this session: Dr. Abu Arshad (Solan, Himachal Pradesh), Dr. Abuzar Mateen (Aligarh), Mr. Mohd Shakir (Aligarh), Mr. Zabihullah (Delhi), Mr. Shabnam Shamshad (Aligarh), Dr. Abdul Hafeez (Delhi), Mr. Abdul Rahman Zaryab (Azamgarh), Mr. Salha Asim (Delhi), Mr. Noor Shifa (Aligarh), Dr. Abdul Raaziq (Aligarh)

The third scientific session (15.05.2022) was started at 4:30 pm, which was presided by Dr.

Fayeza Abbas (Director, HRDC, AMU, Aligarh) and guests of honour was Mr. Ahmad Rasheed and Mr. Barqi Azmi from New Delhi. The session was conducted by Mr. Zabihullah. Following scholars presented papers in this session: Mr. Jahangeer (Aligarh), Mr. S.K. Badruddin (Aligarh), Mr. Ishrat Jahan (Aligarh), Mr. Kaneez Fatima (Aligarh), Dr. Afsana Khatoon (Aligarh), Dr. Fauzia Khanam (Aligarh), Mr. Saba Naushad (Aligarh), Dr. Shaikh Ahrar Ahmad (Mumbai), Mr. Sajida Khatoon (Delhi), Mr. Faqeer Mohd (Aligarh), Dr. Mohd Farooq Ahmad Khan (Bulandshahar), Mr. Saleem Ahmad (Aligarh).

The fourth scientific session (16.05.2022) was started at 3:00 pm, which was presided over by Dr. Jameel Akhtar (Delhi/Aligarh) and guests of honour were Dr. Mohd Akhtar and Dr. Abu Arshad. It was conducted by Mr. Rehan Ahmad Siddiqui. Following scholars presented papers in this session: Dr. Jalal Uddin (Patna), Dr. Mohd Maroof (Aligarh), Dr. Rafiuddin (Aligarh), Dr. Sana Kausar (Amroha), Dr. Kaif Farshoori (Aligarh), Dr. Mohd Shahid (Nuh), Dr. Mohd Tariq (Shahjahanpur), Mr. Adeeba Siddiqui (Aligarh), Dr. Azmi Latafat (Aligarh), Ms. Khushnuma (Aligarh), Ms. Tayyaba (Aligarh), Dr. Naushaba Anjum (Aligarh).

Valedictory session was held in the evening of 16 May 2022. The session was chaired by Dr. Nasreen Begum. Guest of honour was Dr. Rehan Akhtar Qasmi. The program was conducted by Dr. Mohd Maroof.

The concluding remarks were given by Ms. Ishrat Jahan, Ms Adeeba Siddiqui, Dr. Abu Arshad, Dr. Rafiuddin. Vote of thanks was given by Prof. S. Ziaur Rahman (Secretary, Ibn Sina Academy, Aligarh).

**Post Conference All India Mushaira**

The *Mushaira* was part of the cultural programme after the National Seminar on Relevance of Urdu Language in the Present Scenario. It was organised on 15.5.2022 with the courtesy of UP Urdu Academy, Lucknow.

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The *Mushaira* was presided by Prof. Syed Zillur Rahman, while Mr. Azhar Inayeti from Rampur was the chief guest and Prof. Mohd Ali Jauhar was the guest of honour.

The introductory remarks were given by Prof. Syed Izhar Tashkar and Dr. Rehan Akhtar Qasmi. The *Mushaira* was conducted by Dr. Sarwar Sajid. Following poets presented their poems: Mehar Zaheen (Rajasthan), Sabiha Sumbul (Aligarh), Kaleem Sultan Sambhali (Sambhal), Arif Hasan Khan (Aligarh), Asif Safvi (Kanpur), Ahmad Rasheed (Kanpur), Syed Sirajuddin Ajmali (Aligarh), Nasir Shakaib (Aligarh), Abid Ali Abid (Aligarh), Naseem Noori (Aligarh), Javed Sahil (Kanpur), Qari Mohd Akhtar (Kanpur), Salim Saleem (Delhi), Arshad Ghazi (Aligarh), Abdul Mannan Samadi (Aligarh), Asif Izhar (Aligarh), Sarfaraz Khalid (Aligarh), Maryam Naaz (Aligarh) and Areeb Usmani (Aligarh).

The Convenor of the *Mushaira* Dr Aftab Alam Najmi, thanked the Secretary, Uttar Pradesh Urdu Academy, Mr. Mohd Kaleem for sponsoring the *Mushaira*.

### **Meetings for AMU School Support Program**

As informed in the earlier issues of NISA, Ibn Sina Academy has started a scheme, 'AMU School Support Program' since last year. The programme is basically meant to provide scholarship to needy students of all AMU schools. Principals of these schools were requested to provide the list of such students for the session 2021-2022. In this regard, several round of meetings of the core committee were held at Ibn Sina Academy.

### **Condolence Meetings**

#### **In memory of Mrs. Ahmadi Begum**

A condolence meeting in memory of the sad demise of Mrs. Ahmadi Begum (died on 13.6.2022) was arranged at Ibn Sina Academy on 15 June 2022. A large number of friends and relatives gathered and remembered the departed soul. They prayed for her eternal life

in *Janat-ul-Firdous* and read the Quran for her *Maghfirat*.

Mrs. Ahmadi Begum was the wife of Professor Hakim Syed Zillur Rahman, former Treasurer of Aligarh Muslim University (AMU), and former Dean, Faculty of Unani Medicine, AMU. She passed away at the age of 84, and was laid to rest at the University graveyard.

People from all across the world expressed a deep sense of grief at the death of Mrs. Ahmadi Begum. Expressing her deep sorrow, AMU Vice-Chancellor Prof. Tariq Mansoor said, We extend our deepest condolences and pray for a higher place for her in *Jannah*. My heartfelt condolences are with the grieving family at this hour of profound grief. Prof. Mansoor along with the teachers, officials of the university, students, family members and relatives of Mrs. Ahmadi Begum joined the Last Rites”.

All of us are aware of the transient nature of life but are never prepared for parting with those whom we care for and cherish. These are the times that one finds solace in faith. May God bestow the strength to the whole family of Mrs. Ahmadi Begum to absorb and deal with this stressful and painful loss. Mrs. Ahmadi Begum is survived by husband, three daughters Safia, Soofia and Asifa and one son Zia.

#### **In memory of Prof. S. H. Hashmi**

Prof. S. H. Hashmi, Founding Principal of Dr. Z. A. Dental College (ZADC), Aligarh Muslim University (AMU) passed away at a New Delhi hospital on June 1, 2022 after suffering from multiple organ failure. He retired from the university after serving as the ZADC Principal from 1996 to 2012.

“Prof Hashmi had a remarkable gift for friendship and built an extraordinarily wide acquaintance with colleagues and students who delighted in his company. He faced illness with remarkable courage”, said Prof. Hakim Syed Zillur Rahman. He added: “Prof. Hashmi was a man of avocation. He loved

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stamp collecting and played an active role in the Aligarh Philatelic Society. I share the sorrow of the deceased's bereaved family and I wish all of us to find comfort in his memories. He will be deeply missed by friends, colleagues and students". The deceased is survived by wife, daughter and son.

### VISITORS TO THE ACADEMY

1. Prof. Mesut Idriz, Chair, Department of History and Islamic Civilization and Director, SIFHAMS, University of Sharjah, UAE, 4.4.2022
2. Delegates of the 6-days CME program visited on 3rd June 2022. The CME was sponsored by the Ministry of AYUSH, Govt. of India and was organised by Prof. Ashhar Qadeer, Chairman, Dept. of Kulliyat, Ajmal Khan Tibbiya College, AMU, Aligarh (See the report on page 6)

### MEMBERS' ACTIVITIES

**Prof. Syed Zillur Rahman**, President, Ibn Sina Academy, was invited to attend the following events and programmes:

1. Presided, National Conference on Relevance of Urdu Language in the Present Scenario, Ibn Sina Academy, Aligarh, 15.5.2022 (See detail on page 3-4)
2. Presided All India Mushaira, Ibn Sina Academy, Aligarh, 15.5.2022 (See detail on page 4-5)
3. Attended, National Conference on Current Situation of Country and Our Response, All India Muslim Majlis-e Mashawarat, New Delhi, 20.5.2022 (See report on page 14-14)

**Prof. Syed Ziaur Rahman**, Hon. Treasurer, Ibn Sina Academy, has been appointed as Member of the School Management Committee (SMC), Aligarh Public School, Aligarh. He is also invited to the following events as guest speaker and as subject expert.

1. Distinguished Expert/ Panelist, Panel Theme: Confluence: Study of Science, Technology & Medicine from an Interdisciplinary Perspective, HISTEM

2022, Amity University, Noida, 21-22 April 2022

2. Guest of Honour, Inaugural Session, National Conference on 'Science, Technology and Medicine in the History of Modern India: Exploring Recent Trends, Interdisciplinary Approaches and New Sources', HISTEM 2022, Amity University, Noida, 21.4.2022
3. Chaired Lecture, "Reforming Medical Education in India" by Prof. Furqan Qamar (Former Vice Chancellor, University of Rajasthan and Central University of Himachal Pradesh), Centre for Studies of Plural Societies, New Delhi, 16 April 2022 (See detail on page 12-13)
4. Empaneled as expert (Pharmacology), Director General's nominee, Departmental Assessment Board (Grant of in-situ Promotion), CCRAS, Ministry of AYUSH, Govt. of India, New Delhi, 2.6.2022
5. Empaneled as expert (Pharmacology), Vice Chancellor's nominee, Selection committee for the promotion of Associate Professor under CAS, Jamia Hamdard, New Delhi, 27.6.2022
6. Visited following institutes for academic purpose:
  - a. Era Medical College, Lucknow, 8 to 9 April 2022. In Lucknow, Dr. Rahman also visited many sight-seeing places with his friend Mr. Atif Hanif.
  - b. All India Institute of Medical Sciences (AIIMS), Bhopal, 11 to 13 April 2022. In Bhopal, Dr. Rahman visited many sight-seeing places with his relatives and friends.
  - c. KM Medical College, Mathura, 1 to 4 April 2022. In Mathura, Dr. Rahman visited other sight-seeing places and important temples with his family.
  - d. All India Institute of Medical Sciences (AIIMS), Rishikesh, 18 to 20 April 2022. In Rishikesh, he visited many other places with his wife including Rajaji National Tiger Reserve, which is spread over thousand square km and was formed in 1983 by merging three wildlife sanctuaries - Chilla, Motichur and Rajaji. The wildlife park was named after C.

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Rajagopalachari, a prominent leader of India

- e. Kolkata Medical College, Tropical Research Institute, Central Drug Laboratories, Aaliya University, National Library of India, Kolkatta, during 20 to 25 May 2022. In Kolkatta, Dr. Rahman met many scholars, socialites, and public figures. He also attended the Inaugural Session of the Three Day International on Seminar on the occasion of 200 years of Urdu Journalism (1882-2022) on 24 May 2022 at the West Bengal Urdu Academy. *Jam-i-Jahan-Numa* was the first Urdu language newspaper started in 1822 in Kolkatta by Harihar Dutta (Son of Tara Chand Dutta, eminent Bengali journalist). It was published under the editorship of Lala Sada Sukh Lal; a Punjabi. The printer was William Hopkins, a British national and an employee of the East India Company.
- f. Guru Ram Rai Institute of Medical Science, Dehradun, 16 to 19 June 2022. In Dehradun, Dr. Rahman visited many sight-seeing places including Robbers' Cave and met many scholars and public figures including Dr. Syed Farooq, Director, Himalaya Drug Company Pvt. Ltd, at Dehradun, with his friend Dr. Mirza Atif Beg (Head, Dept. of Pharmacology, GRRIMS). Dr. Rahman had a detailed conversation with Dr. Farooq including his interests in herbal medicine, hobbies in artefacts collection and maintenance of private museums. Dr. Farooq is an excellent man of avocations, a passionate lover of Urdu poetry, a successful industrialist, a keen social activist and a great socialite. He has a collection of more than a dozen old vintage cars and a beautiful collection of Qur'anic manuscripts and calligraphic arts, which he showed personally to Dr. Rahman at his Himalaya Drug Factory as well as at his 'Tasmiya Academy', located at his residence.

**Dr. Sumbul Rehman addressed the 4th International Health Services Congress' of the School of Persian Medicine, Tehran University of Medical Sciences**

Dr. Sumbul Rehman from the Department of Ilmul Advia, Faculty of Unani Medicine, AMU, Aligarh, discussed structural features of medicinal plants and addressed challenges related to their cultivation and conservation in the '4th International Health Services Congress' of the School of Persian Medicine, Tehran University of Medical Sciences.

She shared these observations during an online talk on 'Issues and Challenges in Identification of Medicinal Plants'.

"Our surroundings are a rich storehouse of medicinal plants and everyone should know how to preserve them. Increasingly, medicinal species that reside in natural areas have received scientific attention, but we still know little about the treasure trove inhabiting our wild places", said Dr. Sumbul. She pointed out: "There is a pressure on the wild plant populations as overharvesting has placed many medicinal species at risk of extinction. Commercial exploitation is also leading to traditional medicines becoming unavailable".

"For all of these reasons, the study and conservation of medicinal plant species has become increasingly urgent. The accelerating loss of species and habitat worldwide adds to this urgency. Experts estimate that the Earth is losing at least one potential major drug every two years. It is high time for organizations and governments across the globe to rise up for meeting this challenge", stressed Dr. Sumbul.

**Blood Donation Camp**

IMA-MSN Aligarh wing in collaboration with Blood Bank of JNMC Hospital, AMU, Aligarh, organised a blood donation camp on 11th June 2022 in the college premises of JNMCH, AMU from 9am to 2pm. The camp was organised on the occasion of World Blood Donors' Day which falls on 14th June 2022. During this event, the beautiful IMA-MSN Annual Magazine 'Connectome Edition 2' was also launched.

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Prof. Rakesh Bhargava, Dean Faculty of Medicine, as chief guest, said that “JNMC students have always been active in extending efforts for blood collection. Their contributions have come handy in saving lives of critical patients”. He further stated that “IMA-MSN is always active in organising such events with great enthusiasm.

Prof. Shahid Ali Siddiqui, Principal and Chief Medical Superintendent, JNMC Hospital, also congratulated IMA-MSN for organising this successful event in the college premises. He stated, “It is heartening to see that JNMC MBBS students from the beginning of their medical education are doing their best to spread awareness about the benefits of blood donation”, He was attending the blood donation camp as the Guest of Honour.

Faculty member, Prof Syed Ziaur Rahman (Patron, IMA-MSN) and Dr Jayant Sharma, President, IMA Aligarh (Special Guest) also spoke on the benefits of blood donation and pressed for the need of spreading awareness among masses. Dr. Jayant Sharma congratulated the newly appointed college council of IMA. Dr. Syed Ziaur Rahman encouraged the students not to refuse to donate blood if feasible. He himself donated blood.

The event was coordinated by Dr. Lakhan Prakash Gupta (National Joint Secretary & Student Patron), Dr. Vibhor Gupta (Immediate Past Convener), Aatika (Immediate Past Secretary), Mohit Singh (Convener), Ammar Ahmad (Secretary), Tanya Tomar (State Council Member).

### **FUTURE ACTIVITY**

#### **Fourteenth 'Ibn Sina Memorial Lecture'**

The 14th 'Ibn Sina Memorial Lecture' will be delivered by 45th Daiyul Mutlaq of Alavi Bohras, Syedna Haatim Zakiyuddin Sahib bin Taiyeb Ziyauddin. The date and time will soon be informed.

Dr. Syed Ziaur Rahman (Treasurer, Ibn Sina Academy) visited the headquarters of Alavi

Bohras at Badri Mohalla, Vadodara (Gujarat) to meet Syedna Haatim Zakiyuddin on 7th July 2021. Dr. Syed Ziaur Rahman during the conversation, requested Syedna for the next Ibn Sina Memorial Lecture. For more detail about this meeting, please refer NISA Issue 83 (Volume 21, No. 4, page 9-11)

#### **Sixth Avicenna Pharmacology Quiz**

The sixth Avicenna Pharmacology Quiz under the aegis of Ibn Sina Academy will be organised by IMA-MSN, Aligarh Branch. The screening round will be played on 28.7.2022 while the final round on 30.7.2022, informed Dr. Syed Ziaur Rahman (Treasurer, Ibn Sina Academy and Professor at Department of Pharmacology, J. N. Medical College, AMU, Aligarh).

#### **16th Anniversary of Ibn Sina Foundation, Uzbekistan**

On August 16th, Ibn Sina Foundation (Uzbekistan) in cooperation with the Center of Islamic Civilization under the Cabinet of Ministers of the Republic of Uzbekistan is holding an International Conference dedicated to the celebration of the 1042 Year Anniversary of the birth of Ibn Sina. Prof. Hakim Syed Zillur Rahman, as guest of honour will speak in the conference during the inaugural function.

#### **First International Scientific and Practical Conference on Traditional (Folk) Medicine "Abu Ali ibn Sino (Avicenna) and the Great Silk Road"**

Avicenna Public Foundation together with the Ministry of Health, Republic of Uzbekistan, the Khokimiat of the Samarkand region and the Samarkand State Medical University are going to organize the first International Scientific and Practical Conference on Traditional (Folk) Medicine "Abu Ali ibn Sino (Avicenna) and the Great Silk Road" on October 7th, 2022 in Samarkand city, Republic of Uzbekistan.

The purpose of the conference was to study and analyze the process of formation, development, dissemination of traditional medicine in the context of healing culture; to



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consider the level of knowledge of problems, to draw attention to the study of Ibn Sina's legacy in the development of medical science.

The main objectives of the conference:

- acquaintance with new trends and achievements in folk medicine;
- popularization and introduction into everyday life of folk methods of prevention of various diseases;
- familiarity with the diversity of centers, institutes, schools, systems and programs of complex human regeneration;
- association of organizations and specialists in the field of folk, traditional and alternative medicine in order to form a single data bank;
- improving the professional level of the services provided.

The main scientific directions of the Conference:

1. The history of the development, formation and formation of traditional (folk) medicine on the "Great Silk Road".
2. The role and significance of the scientific heritage of Abu Ali ibn Sino (Avicenna) in the development of traditional medicine.
3. Topical issues of training specialists in folk medicine in continuing education programs in Uzbekistan.
4. Formation of a specialist in traditional medicine: the experience of foreign countries, modern representation.
5. Issues of accreditation of educational programs, specialization and licensing of specialists in traditional medicine.
6. The role of traditional medicine in modern pharmacology.
7. Folk medicine: infectious and non-infectious diseases.
8. From traditions to science: methods and clinics of traditional medicine in Uzbekistan.
9. Traditional medicine at the intersection of cultures and sciences

The materials of the scientific and practical conference will be published in the scientific Uzbek journal of case reports (ISSN 2181-3388, [www.ujcr.uz](http://www.ujcr.uz) ).

For more detail, contact organizing committee of the conference by e-mail:

[ibn\\_sino\\_conf2022@mail.ru](mailto:ibn_sino_conf2022@mail.ru) by September 1, 2022. website [www.ibn-sino.uz](http://www.ibn-sino.uz)  
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**PAST CONFERENCES/CMEs**

**Report of CMEs held at Faculty of Unani Medicine, AKTC, AMU, Aligarh**

**Department of Kulliyat**

The Chief Guest of the valedictory session was Prof. Sartaj Tabbassum, Former Chairman Dept. of Chemistry, AMU, while the guests of honour were Dean Faculty of Unani Medicine Prof. F.S. Sherani, Principal Ajmal Khan Tibbiya College Prof. Shagufta Aleem and Former Chairman Dept. of Kulliyat, AMU Prof. Firasat Ali.

Teachers of Kulliyat from many Unani colleges across the country participated in the 6 days CME program, which started on 30th May 2022. During these 6 days, 12 resource persons were invited to take a theory and practical class. Besides core subjects of Unani Medicine, resource persons were from diverse backgrounds including Bio-Chemistry, Biotechnology, Physical Health Education and curriculum sciences.

The program also had two field visits, one to the manuscript section of the Maulana Azad library, AMU Aligarh and another to the Ibn Sina Academy of Medieval Medicine and Sciences on 3.6.2022. In addition to the resource persons who delivered scheduled lectures, an extensive lecture was also given by Padma Shri Prof. Hakim Syed Zillur Rahman. Beside this the CME included several practical demonstrations and hands-on activities.

During the CME, participants were exposed to eight valuable books and research material. These participants were from almost all parts of the country. The CME was organised by the

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financial assistance of the Ministry of AYUSH, Govt. of India.

### **Department of Ilaj bit Tadbeer**

The faculty members of the Department of Ilaj bit Tadbeer were provided with opportunities to update knowledge, skills and practices involved at different levels of regimental therapies and health care delivery systems in a Continuing Medical Education (CME) programme which concluded successfully.

Speaking on the relevance of regimental therapies in Ilaj bit Tadbeer, the Chief Guest of the inaugural function, Prof. Raisur Rahman (Former Advisor Unani, Ministry of AYUSH) remarked: “Regimental therapy was a popular treatment method by once ancient Unani scholars. However, in today’s world when many medicines and treatment methods are coming with side effects, people are again looking for these applications of certain techniques and physical methods of treatment to improve the constitution of bodies”.

In the valedictory function, the Chief Guest, Prof. S. M. Arif Zaidi (Dean, Faculty of Unani Medicine, Jamia Hamdard) stressed: “Like other methods of treatments, regimental therapy in Ilaj bit Tadbeer is an important mode in which the morbid matter present in the body is either dispersed, excreted or its unnecessary production is blocked or its flow is restricted and the diseases are cured by natural healing of body”.

Prof. F. S. Sheerani (Dean, Faculty of Unani Medicine) and Prof. Shagufta Aleem (Principal, Ajmal Khan Tibbiya College, AMU) welcomed the delegates and spoke about maintenance of general health and care through modulation or modification in *Asbaab-e-Sitta Zarooriya* (six essential factors for life). The Guest of Honour, Prof. Abdul Wadood (Director, National Institute of Unani Medicine) urged Unani scholars to produce more research and develop updated standard operating procedures for regimental therapies. Prof. M. M. H. Siddiqui talked about regimens mentioned in the classical Unani literature and new methods of regimental therapies. Dr.

Faiza Abbasi (Director, UGC HRD Centre) called for adopting new techniques in teaching methodology. Dr. Nishat Quddus (Dept. of Physiotherapy, Hamdard University), Prof. Anisur Rahman (State Unani Medical College, Prayagraj) delineated special techniques and methods of regimental therapy to improve health as per the constitution of the body.

Prof. Mohd Anwar (Chairman and Organizing Secretary of the Programme) discussed how CMEs like these will go a long way in management of non-communicable diseases such as obesity, diabetes and hypertension among others. He also gave a summary report of the CME in the valedictory session.

Dr. Abdul Aziz Khan conducted the inaugural programme and Prof. Asia Sultana extended the vote of thanks in inaugural and valedictory sessions. Dr. M. Saad A. Khan (Convener) and Dr. M. Shoaib (Co-ordinator) carried out all the preliminary and follow-up tasks during the six-day CME.

### **Department of Ilmul Amraz**

Faculty members of 17 different colleges of Unani Medicine from across the 10 different states engaged in activities designed to support their continuing professional development for providing high-quality, comprehensive and continuous patient care in the Ministry of AYUSH sponsored Continuing Medical Education (CME) programme for teachers of Mahiyatul Amraz (Applied Pathology) at the Department of Ilmul Amraz, Faculty of Unani Medicine, Aligarh Muslim University (AMU).

“Through lectures and demonstration sessions, including hands-on-training and group discussions; the participants were updated on the latest advances in the diagnosis of various diseases in the CME for over six days. They were also trained to cure patients of epidemic diseases and lifestyle disorders in accordance with the original Unani medical literature and informed of the best ways for quality control management in laboratories and blood banking”, said Prof. F. S. Sheerani (Dean, Faculty of Unani Medicine).

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Prof Zulkifle (Former Director, NIUM, Bangalore), Prof Yasmin Shamsi (Head, Dept of Moalajat, SUMER Jamia Hamdard), Prof SH Arif (Chairman, Dept of Pathology, J N Medical College, AMU), Prof M M Wamiq Amin (Chairman, Department of Ilmul Amraz, AMU and former Director, NIUM), Prof Ashhar Qadeer (Chairman, Department of Kulliyat, AMU) and other invited speakers from Unani institutes and research council were the resource persons.

In the welcome address, Prof. M. M. Wamiq Amin pressed for training the faculty in line with National Commission for Indian System of Medicine (NCISM) guidelines. He also presented the CME report.

The Chief Guest of the inaugural function, Dr. Faiza Abbasi (Director, UGC HRDC, AMU) emphasised that CMEs like these help in producing adequate and high quality medical professionals. Attending the valedictory function as the Chief Guest, Prof. Raisur Rahman remarked: “I am sure that the experience of this CME will go a long way in the implementation of new skills in teaching and research”. Dr Ataullah Fahad extended the vote of thanks.

### **CME For Unani Medical Officers**

Unani medical officers updated their knowledge and skills in a six-day Continuing Medical Education (CME) programme of the Department of Ilaj Bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University (AMU).

The CME was sponsored by the Ministry of AYUSH. Attending the inaugural function as the Chief Guest, Prof. Mohammed Haneef Beg (Former Pro-Vice-Chancellor, AMU and current Director, Academic program, F. H. Medical College and Hospital, Etamadpur, Agra) spoke on the importance of diet and lifestyle for prevention of heart diseases. He said: “A low-saturated fat, high-fibre, high plant food diet can substantially reduce the risk of heart and other diseases”.

In the valedictory function, Prof. Shahid Ali Siddiqui (Principal, J N Medical College, AMU) pressed for adopting healthy behaviors in a daily life for preventing lifestyle diseases. Prof. F. S. Sheerani (Dean, Faculty of Unani Medicine) spoke about making healthy choices, getting enough sleep, regular health screening and regular physical activity. Prof. Shagufta Aleem (Principal, Ajmal Khan Tibbiya College (AKTC), AMU) shared tips on preventing chronic diseases and avoiding key risk behaviors.

The Guests of Honour, Prof. M. M. H. Siddiqui (Former Chairperson, Department of Ilaj Bit Tadbeer) and Prof. Misbahuddin Siddiqui (Former Chairperson, Department of Moalijat) discussed how regimental therapies can be used for lifestyle disease management.

Prof. Mohammad Aleemuddin Quamri, Prof. Abdul Haseeb Ansari (National Institute of Unani Medicine, Bangalore), Prof. Usha Singhal (Former Chairperson, Department of Physiology, J. N. Medical College), Dr. Sohrab Ahmad Khan (Jamia Hamdard, New Delhi) and Dr. Md. Tanwir Alam (Government Tibbi College, Patna) explained the prevention of chronic diseases through lifestyle choices such as quitting tobacco and alcohol and engaging in physical activity.

In the welcome address of the inaugural function, Prof. Asia Sultana (CME Joint Organising Secretary) stressed on the use of regimental therapies. Prof. Asia and Dr Mohammad Saad A. Khan extended the vote of thanks in the inaugural and valedictory functions respectively. Prof Mohd Anwar gave a summary of the six-day programme. Dr M Shoab coordinated the event. Around 30 medical officers from various states participated in the CME.

The delegates of the CMEs visited Ibn Sina Academy, where Hakim Syed Zillur Rahman gave an extensive talk on the importance of history of Unani medicine and preservation of medical heritage.

**DOCUMENTATION**

**Reforming Medical Education in India – A Report**

The Centre for Studies of Plural Societies (CSPS) organized an online ‘Distinguished Lecture’ on “Reforming Medical Education in India” on 16th April 2022 at 4.00 PM (IST). The lecture was delivered by Prof. Furqan Qamar and chaired by Prof. Syed Ziaur Rahman.

Prof. Furqan Qamar is a distinguished professor of management at the Centre for Management Studies, Jamia Millia Islamia, New Delhi. Formerly, he served as the Secretary-General of the Association of Indian Universities. He also held the position of the vice-chancellor of the University of Rajasthan and the Central University of Himachal Pradesh. He served as the educational advisor in the Planning Commission of India. Moreover, he authored the book Financial Control in Indian Universities. He has also published several research articles and is a renowned columnist.

Prof. Furqan Qamar asserted that the interest in reforming medical education has grown since the war in Ukraine. He iterated that the capacity of the medical field is severely restrained in India. However, this does not mean that the number of medical colleges and their intake capacity has remained stagnant since independence. Data shows that almost 600 medical colleges and many zonal hospitals were converted to medical colleges. The central government has also set up the All India Institute of Medical Science (AIIMS, New Delhi) because that has been the non-pending demand. However, simultaneously as this expansion towards a better facility was taking place, he opined that this expansion was not enough and the facilities further needed expansion. However, while this expansion was taking place, there was another change. While in 1950-51, almost all medical colleges were under government domain with the idea of training people to serve the nation. During 1991-92 this started changing as high fee charges in medical education started making

entry into the system. In today’s scenario of the above 600 colleges, almost half of them are private or in the private domain. The intake is deficient, with less than 100,000 students every year, half of which goes to the government and half to the private sector.

Prof. Qamar said that although there are limited seats, the demand for medical education is higher, with a large population wanting to pursue it. This demand has been proliferating with about 10-15% every year. Taking the example of 2021, Prof. Qamar points out that nearly 1.6 million students appeared in the undergraduate National Eligibility cum Entrance Test (NEET) examination, of which only 900,000 students qualified. The qualification requirements stated that if anyone scores above 50% marks or more, one has qualified and is eligible to pursue medical education. However, of these 900,000 students, only about 90,000 were admitted. Prof. Qamar explained how students go through various stages of the selection process. It is a tedious exercise through which few students remain dissatisfied and choose to re-attempt the examination failing which, some eventually select a different discipline, thereby giving up their dream of studying medical science.

Prof. Qamar stated that the government and the private fee difference is enormous. However, the government institutions have not received due support from the government, making work more difficult. He finally narrowed down that although almost 90,000 were selected, only 10,000 to 20,000 could pursue a degree abroad. Hence, in the case of Ukraine, we saw almost 20,000 coming homes. He claimed this to be a small number going abroad to study medical education rather than an “exodus.” In the last report by the medical council, they identified 60 countries that are the significant destinations of medical education for Indian students. Earlier, when people were visiting the developed countries, these 60 countries were majorly the new generation destinations like China, where almost 8000 visits every year for medical education, followed by Russia taking about

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3500 students and Ukraine taking almost 2500-2700 students. Central Asia emerged as one of the dominant locations for medical education. However, students pursuing a degree abroad and wanting to practice in India need to obtain a license by sitting for Foreign Medical Graduates Examination. Qualifying this examination is very low, ranging from 6-16% every year.

Speaking about the supply side, Prof. Qamar pointed out that the World Health Organisation (WHO) suggests that a country must have at least one doctor per 1000 people. India claims to have crossed this limit and has one doctor per 834 patients. However, when examined by some researchers, the supporting documents of India are claimed to be bloated, and they estimate that the actual number of people in that registry is close to half what the Medical Council of India (MCI) claims to be. Therefore, there is a need to double this number. There is a need to expand the medical colleges and their intake capacity, which is a tedious task. The tricky part is not the construction of the college but the faculty. According to Prof. Qamar, every country in the world suffers from a shortage of qualified, trained, and specialized doctors, which makes expansion further difficult.

Lastly, speaking on the issue of people travelling abroad and those who are unfortunately returning without completing the degree or after completing the education but cannot complete the Foreign Medical Graduate Examination (FMGE). He said this is a huge school, and there is no specific data on how many of them have a medical degree but have not qualified the FMGE. He predicted this number to be very high. However, there are a few reasons that support the inability of the students to qualify for FMGE. An objective view shows the difference in pedagogy and curricula as the key reasons for failure. The clinical practice experience, claimed Prof. Qamar, depends on the wide variety of patients these trainee doctors have access to. Doctors from India and Egypt are diseases due considered good because of their experience in treating and dealing with various to the large

population. Curing these patients makes the doctor more knowledgeable, which is difficult for a country with a lower population; another critical part is the importance of forensics as a part of the curricula. Students often take the help of coaching institutes to upgrade themselves to qualify for this examination. According to Prof. Qamar, if these aspirants are identified, along with the number of students who could not qualify the FMGE, the existing medical colleges could start crash courses, enabling them to qualify FMGE. If followed through, they can be added to the existing pool of doctors. Medical education has been outstanding in one aspect; there has been continuous professional development across all branches of knowledge, unlike many other disciplines. Hence, bringing the above solution into practice would go a long way.

The lecture was followed by the question and answer session and the final remarks by the chair, Prof. Syed Ziaur Rahman. He emphasized that the government of India is trying its best to harmonize and standardize medical education with the standard of the foreign countries, for example, the competency-based medical education system, which will provide India with lifelong learners and leadership qualities and communicators. It was only a pedagogical system and a knowledge-based examination, and no skill-based examination. India is trying to follow the medical education system in the West. He further emphasized the need to reduce the cost of medical education. Prof. Rahman concluded that there needs to be openness, transparency, and efficiency in the medical field, and there must also be a check on the malpractices.

### **Acknowledgement of the receipt of NISA**

Dr. Faiza Abbasi, Director, UGC, HRDC in her acknowledgement letter dated 12.6.2022 to the President, Ibn Sina Academy mentioned, “many thanks for the complimentary copy of your April to June 2022 issue of the NISA. Course participants of the UGC HRDC will benefit from the same as they visit our library. Please accept my heartfelt felicitations on your highly productive work for the cultural heritage. Your style of documentation

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reflected in the NISA is reminiscent of Sir Syed's documentation in the Aligarh Institute Gazette".

**National Conference on Current Situation of Country and Our Response**

The two-day National Conference on "Current Situation of Country and Our Response", by All India Muslim Majlis Mashawarat (AIMMM) was held at India Islamic Culture Centre, New Delhi during 20 to 21 May 2022.

Several steps were proposed by a couple of delegates during the first day of the event. Notably, Jamaat-e-Islami Hind (JIH) chief Saadatullah Hussaini and Ittehad-e-Millat Council Party chief Maulana Tauqeer Raza on the first day had proposed some concrete measures to tackle the increasing communal situation. Precisely, Raza had underlined the need to hold demonstrations across the country and fill jail (*jail bharo*) on one day. On the other hand, Hussaini had proposed confidence-building measures and winning the hearts and minds of the majority.

"What's the use of the declaration which has no suggestions or action plan to tackle the problems being faced by the Muslim community?," asked a delegate who was also one of the speakers in the event, adding that there should be some concrete measures to protect mosques, protect lives of the Muslims, protect lynching etc. Issuing a declaration without a roadmap to implement it makes no sense, said many other participants and even questioned the relevance of the 10-point plans.

As many as 150 delegates from 18 states came to Delhi to attend this conference. During the meeting, the issue of giving a miss to the Popular Front of India (PFI) and Social Democratic Party of India (SDPI) was also raised, but Hamid stated that the AIMMM didn't give membership to any organisations which had non-Muslims in the leadership role. He was reminded that the Muslim League has many non-Muslim leaders and above all PFI has no non-Muslim in its rank and file.

AIMMS is a platform which was formed to unite Muslims, among the community organisations at a time when it is supposed to bring all concerned Muslim bodies and individual on board.

The conference was attended by many scholars and community leaders including Maulana Asghar Ali Imam Mehdi Salafi (Ameer Jameaat Ahle Hadees Hind), Advocate Feroz Ahmad Ansari (President, All India Momin Conference), Mohd Ziauddin Nayyar (President, Tameer-e Millat, Hyderabad), ET Mohd Basheer (MP, Muslim League, Kerala), Shabber Ahmad Ansari (President, All India Muslim OBC Organisation), Jawaharullah (MLA, Chennai), Hafiz Syed Athar Ali (President, Ulema Board, Mumbai) and Prof. Hakim Syed Zillur Rahman (President, Ibn Sina Academy, Aligarh).

Below here is the declaration issued on the conclusion of the two-day event on 20 May:

1. We will follow Islam and stick to our cultural identity strictly
2. We will oppose any attempt to make the Constitution defunct or change it.
3. We will start dialogue with all sections of the society
4. We will leave no stone unturned to protect the constitutional rights to all citizens including Muslims and marginalized groups
5. We will pressurize government to protect mosques and help the victims of bulldozers politics and communal riots
6. We will boycott those media which are involved in hate campaign against Muslims
7. We encourage the efforts of young Muslim men and women who for their courageous role in ensuring peace and justice
8. We will continue our efforts for educational, financial and social development.
9. We declare that we will work on common problems of the community and the country unitedly.
10. AIMMM will try to implement the above declaration at center , state and local level.



## CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

### Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

#### THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

#### AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

#### MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

##### Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.



##### Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India (UPI)*, Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

##### Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

##### Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

##### Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

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**NISA** is an official quarterly newsletter of Ibn Sina Academy of Medieval Medicine & Sciences, which is registered under Indian Trusts Act 1882 & designated as "Centre of Excellence" by Ministry of AYUSH, Govt. of India.

The news items, small notices or short communication on informative researched topics for publication should be sent at least four weeks prior to next issue and whenever possible through e-mail (Microsoft Word), accompanied by a hard copy.

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**Print at:** Muslim Educational Press, Aligarh, India

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