

Newsletter of Ibn Sina Academy (NISA)

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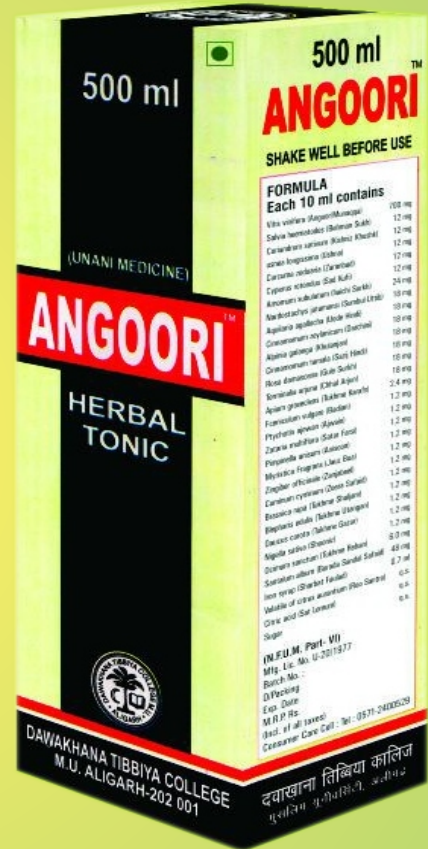
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EVENTS AT IBN SINA ACADEMY

(January – March 2020)

Obituary of Dr. S. Badrul Hasan

A condolence meeting on the sad demise of Dr. Syed Badrul Hasan was held at Ibn Sina Academy on 25.3.2020. All participants paid rich tribute to the departed soul.

“He was ill for quite a few days, but didn’t know that he would left us so early”...“I tried to meet him when I was in Bhopal during 15th March to 21st March, but his family members asked me not to disturb him because of illness”...“I pay my homage to the departed soul and pray for his *Maghfirat* and best place in *Jannah*”, said Prof. Syed Zillur Rahman, President, Ibn Sina Academy.

“I am shocked to hear the sad demise of Dr. Syed Badrul Hasan in the early morning at his hometown Bhopal....“I knew Dr. Badrul Hasan first as a family contact, a good friend of my father, then as a teacher and an elderly friend”, said Prof. Syed Ziaur Rahman, Honorary Treasurer, Ibn Sina Academy.

Dr. Syed Badrul Hasan (30.10.1942 – 24.3.2020) belonged to the family of eminent Unani Physicians of Bhopal. His father Hakim Syed Qamrul Hasan and uncle Hakim Syed Ziaul Hasan were not only the successful physicians of yesteryears. His grandfather Hakim Syed Nurul Hasan was the Chief Medical Superintendent (*Afsarul Atibba*) of Bhopal State and personal physician of Nawab Sultan Jahan Begum (First Chancellor of AMU). Similarly, his great-grandfather and great-great-grandfather were all eminent Unani Physicians of their times in the erstwhile Bhopal State.

Uncle Hakim Syed Ziaul Hasan was the first Chief Medical Officer of Bhopal State and the personal physician of Nawab Hamidullah Khan. The Government (Autonomous) Unani Medical College & Hospital of Bhopal is named after Hakim Syed Ziaul Hasan.

Dr. Badrul Hasan’s father Hakim Syed Qamrul Hasan was also a renowned writer,

great statesman and journalist. He started daily newspaper, “Nadeem”, which is still very popular and the most read newspaper in Urdu. This newspaper is presently supervised by the younger brother of Dr. S Badrul Hasan, namely Janab Syed Arif Hasan Sahib and Janab Syed Parvez Hasan Sahib.

Dr. Badrul Hasan secured MBBS degree from Gandhi Govt. Medical College, Bhopal and MD degree in the Community Medicine from J. N. Medical College, AMU, Aligarh. He started his career as Lecturer at Dept. of Community Medicine (AMU, Aligarh) and taught until promoted as “Reader”. After a stint of teaching profession, he later on joined as Medical Superintendent, Jawaharlal Nehru Medical College Hospital and additionally served as Director, Medical Attendance Scheme (MAS) of the University.

After retirement from the University services, he started giving some time to social work. He was an active member of Faculty Veterans’ Association of JNMC and remained its President. He was also a regular visitor of Ibn Sina Academy of Medieval Medicine and Sciences and never missed any program, if he was present in Aligarh. He delivered the 4th Professor Nasim Ansari Oration on World Health Day (7 April 2010) at Ibn Sina Academy.

Ibn Sina Reading Club

Every week, members of Ibn Sina Reading Club meet and discuss any predetermined topic of interest. Just as an example, on 28.2.2020, Ibn Sina Reading Club had an amazing session. The participants started discussion with an overview of Iqbal’s analysis of the ummah, and went on to the Idea of Islamisation of Knowledge on various ontologic premises.

They also discussed the concept of *Maqasid Al-Shari’ah*, the psyche of the so called Muslim leaders, the power structure of the world, importance of being helpful to

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neighbours and what steps could be taken as common for Muslims to do their part. The participants realized that religion was not just about praying 5 times a day or fasting in Ramadan, rather it was about carrying the responsibility Allah had put on our shoulders as the best of His Creation on this planet and how they need to widen their perspective and a lot more.

Novel Corona Virus Disease (COVID-19)

As the coronavirus epidemic has roared across the world and India, many people cannot come to work. Seeing the severity and contagious in nature of the virus, the president of Ibn Sina Academy, has asked all the staff members to stay home and stay safe. There is no need to work and join the duties. He further informed that “Government of India is taking all necessary steps to ensure that we are prepared well to face the challenge and threat posed by the growing pandemic of COVID-19. With active support of the people of India, we have been able to contain the spread of the Virus in our country. The most important factor in preventing the spread of the Virus locally is to empower the citizens with the right information and taking precautions as per the advisories being issued by Ministry of Health & Family Welfare, Govt. of India”.

Due to country wide lock down period, the activities at Ibn Sina Academy were very minimal. The reading room remained closed and no student was seen attending the library.

World Health Day 2020

Every year, Ibn Sina Academy observes World Health Day (WHD) with lots of literary and cultural activities apart from the Annual Dr. Nasim Ansari Oration and WHD Theme Lecture. But due to outbreak of COVID-19, there will be no WHD Celebration on coming 7th April 2020. The inconvenience to already invited speakers and participating students is highly regretted, said Dr. Syed Ziaur Rahman, on behalf of the Academy.

VISIT OF DIGNITARIES

1. Mr. Shahid Akhter, Sub-Editor, Economic Times Health (ET Health), Noida, on 8.3.2020.
2. Delegates of the “Subject Refresher Course: Disaster Management”, UGC-Human Resource Development Centre, AMU, Aligarh, on 5.2.2020.
3. Delegates of the “Orientation Programme”, UGC-Human Resource Development Centre, AMU, Aligarh, on 6.2.2020.

MEMBERS’ ACTIVITIES

Prof. S. Zillur Rahman, President, Ibn Sina Academy, was invited to attend the following events:

1. *Fourth International Conference on Prophetic Medicine*, organised by Lotus Holistic Center, Abu Dhabi (United Arab Emirates) and The Scientific Chair, Center of Excellence in Research of Prophetic Medicine, Faculty of Medicine at King Abdulaziz University, Kingdom of Saudi Arabia at Al-Thurayya Hall, Rotana Beach Hotel, Abu Dhabi (UAE), held on 23-24 February, 2020. On 25.2.2020, he was conferred the *First Sheikh Zayed International Award* for TCAM 2020 in the category of Unani Medicine (see detail on page 5).
2. Chaired, *Plenary Hakim Abdul Hameed Memorial Session on Unani Medicine*, held in the “Seventh International Congress of Society for Ethnopharmacology” (SFEC 2020), SPER, Jamia Hamdard, on 15.2.2020 (See detail on page 11-13)
3. Presided, *First Rasheed Ahmad Siddiqui Memorial Oration*, Department of Urdu, Aligarh Muslim University, Aligarh, on 7.3.2020. The extension lecture was delivered by Prof. Khalid Mahmood, Ex-Chairman, Dept. of Urdu, Jamia Millia Islamia, New Delhi and was convened by Prof. Zafar Ahmad Siddiqui, Chairman, Dept. of Urdu, AMU, Aligarh.
4. Presided, *Celebration Ceremony on Haj House*, Festivity Farm House, Rajnagar

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- Extension, Ghaziabad (UP), on 29.3.2020 (See detail on page 8)
5. Attended, *Executive Committee Meeting, Anjuman Tarraqi Urdu (Hind)*, Urdu Ghar, New Delhi, on 13.3.2020. The meeting was presided over by Prof. Sadiqur Rahman Kidwai and conducted by Dr. Ather Farooqui, General Secretary. Prof. Mohd Zakir, Dr. Naresh, Dr. Razia Hamid, and Dr. Raza Haider, were also present.
 6. Guest of Honour, at the “Literary Evening and Book Releasing Ceremony” (UGC-HRDC, AMU, Aligarh) on 5.2.2020. During the programme, three books were released: Dr. Zubair Ahmad Siddiqui (of Centre for Distance Education) presented comments on the book “*Bhopal ka ‘Ilmi wa Adabi Karawan*” by Hakim Syed Zillur Rahman. Mr. Gauhar Qadir Wani (of Centre for Quranic Studies) gave comments on the book by Prof. Yasin Mazhar Siddiqui, while Dr. Meraj Ahmad (of Dept. of Hindi) presented his comments on the book by Prof. Saghir Afraheim. Dr. Prem Kumar shared his Hindi Story. The programme was organised by Prof. Abdur Raheem Kidwai and was conducted by Dr. Faiza Abbasi.
 7. Attended, Farewell Ceremony to Pro-Vice Chancellor Prof Akhtar Haseeb, AMU, Aligarh, on 29.2.2020 (See detail on page 7-8)
 8. Chief Guest, at the Programme in Memory of Legend Dignitaries of Aligarh: Padma Bhushan Shri Gopaldas Neeraj and Jnanpith Awardee Prof. Shahryar: “*Ek Shaam Neeraj-Shahryar ke Naam*”, organised by AMU Old Boys, Aligarh, at Krishanjali Exhibition, on 17.2.2020. The programme was organised by Mr. Gulzar Ahmad.
 9. Convener, All India Muslim Educational Conference Meeting, Sultan Jahan Manzil, Shamsbad Market, Aligarh, on 16.2.2020
 10. Presided, Consultative Meeting regarding Progress and Development of Monthly Magazine “*Tahzibul Akhlaq*” held at the office of Tahzibul Akhlaq, AMU, Aligarh, on 28.1.2020.
 11. Appointed Member of the *Board of Management Centre for Interfaith Understanding*, AMU, Aligarh, on 7.1.2020.
 12. Guest of Honour, the *International Conference on Recent Advances in Engineering & Science (ICRAES 2020)*, University Polytechnic, Faculty of Engineering & Technology, AMU, Aligarh, on 11.1.2020.
 13. Attended AMU Finance Committee Meeting, at the India International Centre, New Delhi, on 9.1.2020.
 14. Presided at the “Health Conference under the Aegis of Social Educational Welfare Association (SEWA) Trust”, Muktakash, Rajkiye Industrial Agricultural Exhibition, Aligarh, on 10.2.2020. The convener of the Conference was Dr. Masood Ahmad.

First Sheikh Zayed International Award for TCAM 2020 in the Category of Unani Medicine

Prof. Syed Zillur Rahman, Padma Shri and Founder President of Ibn Sina Academy, was honoured for his outstanding service in the field of Unani Medicine internationally and in the Middle East at the *First Sheikh Zayed International Award Ceremony for 2020*, under the patronage of the Ruler and Founder of UAE, Sheikh Zayed bin Sultan Al-Nahyan.

The First Conferment of the prestigious award recognized and rewarded excellence in *Traditional, Complementary and Alternative Medicine (TCAM)* by honouring esteemed scientists and medical practitioners for their distinguished contributions to improve the quality of life for humanity, advance knowledge in the field of TCAM. The evening of 25.2.2020 featured the success stories from many healthcare experts who set examples and provided inspiration to budding younger ones by their legacies. Prof. Rahman was recognised for his outstanding contribution to the field of Unani medicine by Mr. Hamad Salem bin Kardous Al-Amri, Director-General of the Zayed bin Sultan Al-Nahyan Charitable and Humanitarian Foundation, and

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Mr. Tariq Al-Haidan, Ex-Foreign Minister UAE at Al-Thurayya Hall, Rotana Beach Hotel, Abu Dhabi (UAE).

On receiving recognition for his contribution to the field of Unani, Prof. Rahman, said, "It is an honour to be recognised at the First Sheikh Zayed International Award for TCAM 2020. It is recognition of the growing acceptance of Unani medicine globally and the hard work put in by all Unani teams to popularise it across the world." He further stated that "I am very much thankful to the organizers of this prestigious Sheikh Zayed International Award for TCAM, especially Ms. Amina Al-Haidan, Chief Executive Officer, Lotus Holistic Institute and Dr. Iftikhar Ahmad Saifi for bestowing upon me this award in the category of Unani Medicine. Unani Medicine is a heritage and legacy of Arab scholars like Al-Kindi, Al-Farabi, Al-Razi, Ibn Sina, Ibn Zuhar, Ibn Rushd, Ibn Nafees, Ibn Baitar. The Arabic form of Unani Medicine was transmitted to India after establishing the glorious medical traditions in Arabia, Spain, Turkey, Iran, Central Asia and North West Africa. India has the privilege not only to preserve but also to develop it. Now India is a biggest center of this Unani System of Medicine in the World. I am once again thankful for recognizing Unani in the award category by both Lotus Holistic Institute and Zayed Bin Sultan Al-Nahayan Charitable and Humanitarian Foundation".

Grand reception to Prof. Hakim Syed Zillur Rahman by Majlis Iqbal, Bhopal

A welcome reception was arranged by Majlis Iqbal at Nasim Ansari Hall of Munshi Hussain Khan Technical Institute ITC, Bhopal, in honour of Hakim Syed Zillur Rahman on his visit to Bhopal during 15 to 21 March 2020. The reception was presided over by Ms. Razia Hamid (Editor, *Fikr-o-Agahi*) and conducted by the noted Urdu poet Badr Wasti. After formal welcome of Prof. Rahman, all distinguished guests spoke very high on the work and contribution of Hakim Syed Zillur Rahman in the field of literature and Unani Medicine. The eminent speakers were Ms. Razia Hamid, Prof. Mukhtar Shamim, Prof.

Mohd Nauman Khan, Dr. Ali Abbas Ummeed, Mr. Iqbal Masood (President, Majlis Iqbal) and Mr. Zia Farooqui (Secretary, Majlis Iqbal).

After the welcome reception, a *Mushaira* was arranged where local poets including Dr. Ali Abbas Ummeed, Mr. Zia Farooqui, Dr. Anjum Barabankwi, Mr. Arif Ali Arif, Sarwat Zaidi, Dr. Azam, Dr. Ahsan Azmi, Dr. Anbar Abid, Mr. Shayan Qureshi, Mr. Azeem Asar, Mr. Suhail Umar, Mr. Khursheed Phengu, Dr. Mobarak Shaheen, etc., participated and shared their self-composed Urdu poetry.

Prof. Syed Ziaur Rahman, Honorary Treasurer, Ibn Sina Academy and Professor, Department of Pharmacology, AMU, Aligarh, was invited to attend the following events:

1. Chief Guest, NSS Trainee Students Camp, Bagel PG College, Hathras, on 8.2.2020.
2. Chief Guest, Inaugural Function, Short Term Courses on 'How To Teach Effectively' and 'Personality Development', MHRD Scheme of School of Education, AMU, Aligarh, on 9.2.2020.
3. Delivered Keynote Lecture (Sub-Session: 1C), *International Conference on Recent Advances in Engineering & Science (ICRAES 2020)* & Chaired a Session (Sub-Session: 1D), University Polytechnic, Faculty of Engineering & Technology, AMU, Aligarh, on 11-12 January 2020.
4. Chaired, Plenary Session 9, *Seventh International Congress of Society for Ethnopharmacology (SFEC 2020)*, SPER, Jamia Hamdard, on 15.2.2020 (See detail on page 11-13).
5. Participated in the *Fourth International Conference on Prophetic Medicine*, Lotus Holistic Center, Abu Dhabi (United Arab Emirates) and The Scientific Chair, Center of Excellence in Research of Prophetic Medicine, Faculty of Medicine at King Abdulaziz University, Kingdom of Saudi Arabia at Al-Thurayya Hall, Rotana Beach Hotel, Abu Dhabi (UAE) on 23-24 February, 2020.
6. Attended, Jamia Hamdard Institutional Ethics Committee Meeting, New Delhi, on 6.3.2020.

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7. Invited Lecture, National CME on Rational Use of Antibiotics, HIMSR, Jamia Hamdard, New Delhi, on 23.3.2020.
8. Visited, Kashmir University, Srinagar (Jammu & Kashmir) during 29-30 January 2020; Shaheed Hasan Khan Mewati-Govt. Medical College, Nalhar, Nuh (Haryana) during 17-19 February 2020, Govt. Medical College, Kota (Rajasthan) during 16-18 March 2020 and Jawahar Lal Nehru Medical College, Ajmer (Rajasthan) during 19-21 March 2020

Prof Asad Ullah Khan selected for ‘Sri Om Prakash Bhasin Award’

Prof Asad Ullah Khan (Coordinator, Interdisciplinary Biotechnology Unit, Aligarh Muslim University) has been decorated with prestigious ‘Sri Om Prakash Bhasin Award’ for the year 2019 for his trail-blazing research in Biotechnology particularly in the novel antimicrobial drug resistant. He specifically developed new inhibitors against multidrug resistant strains with special interest on extended spectrum beta lactamases using QSARR modeling and structure-based virtual screening methods.

The award held in high esteem across the country and is given to eminent scientists in the field of Agricultural Sciences, Biotechnology, Electronics, Engineering and Medical Sciences. This award will be given to Prof. Khan during the first week of November 2020 with a cash prize of Rupees one lakh along with a citation and plaque.

Earlier, the same award has been conferred upon few noted Indian scientists including APJ Abdul Kalam, MS Swaminathan, KG Menon and Obaid Siddiqui. Prof Asad is the first recipient as AMU faculty member.

On behalf of the Executive Committee of Ibn Sina Academy, both Prof. Syed Zillur Rahman and Prof. Syed Ziaur Rahman congratulated Prof Khan on this awe-inspiring academic honour. Prof. Asadullah Khan is a sincere well-wisher of Ibn Sina Academy and regularly attends various functions held at Academy.

Appreciation of Prof. Akhtar Haseeb's Services

The Aligarh Muslim University Vice Chancellor Professor Tariq Mansoor appreciated the services of Professor Akhtar Haseeb, the outgoing Pro-Vice Chancellor, who retired from the university services on 29.2.2020 after a long period of teaching in the Faculty of Agricultural Sciences.

Addressing a farewell programme held in the Conference Room of Administrative Block, Prof. Mansoor said that Professor Haseeb rendered highly appreciable services as the Pro-Vice Chancellor and proved his mettle as an able administrator. His notable services as the Vice Chancellor of the Narendra Dev Agricultural University (Faizabad) are matter of pride for the AMU, he added.

In his farewell speech, Prof. Akhtar Haseeb said that he joined the AMU in 1970 as a student, remained associated with it in some way or other, and worked for the development of this historical institution with all his dedication and commitment. He expressed gratitude to the University and his colleagues for their cooperation and support.

AMU Registrar, Mr. Abdul Hamid (IPS), while conducting the programme, said that Prof. Haseeb served this University in various capacities including Registrar, Controller of Examination, OSD Development and Member Incharge Dawakhana Tibbiya College, AMU.

Prof. Tariq Mansoor, along with the Honorary Treasurer, Prof. Hakeem Syed Zillur Rahman, presented bouquets to Prof. Haseeb.

The Finance Officer Prof. S. M. Jawed Akhtar, Controller of Examination Mr. Mujib Ullah Zuberi, Dean Students' Welfare Prof. Mujahid Beg, Proctor Prof. Waseem Ali and a number of senior faculty members including Deans, Principals, Directors, Provosts and non-teaching staff were present on this occasion.

Prof. Akhtar Haseeb did M. Sc., M. Phil. and Ph. D. (Botany) before held many important and prestigious positions such as Pro-Vice

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Chancellor, Dean, Faculty of Agricultural Sciences and Chairman, Department of Plant Protection, Faculty of Agricultural Sciences, Aligarh Muslim University, Aligarh. He also remained Vice Chancellor of Narendra Deva University of Agriculture & Technology at Kumarganj, Ayodhya in addition to member of many academic bodies nationally and internationally.

Celebration Ceremony on Opening of Hajj House at Ghaziabad

Celebration cum felicitation ceremony was organised at Festivity Farm House, Rajnagar Extension, Ghaziabad (UP) on 3.3.2020. It was formally presided over by Prof. Hakim Syed Zillur Rahman, President, Ibn Sina Academy, Aligarh.

Mr. Mohd Sabir Khan, Former Passport Regional In charge, Ghaziabad (UP), on behalf of “Foundation for Help” was the key person. The programme was organised to celebrate and felicitate those who assisted in the inauguration of the Hajj House at Ghaziabad. In the opening remarks, Mr. Mohd. Sabir Khan introduced all the staff members of the Foundation and briefed about its aims and objectives. Mr. Asif Khan, General Secretary of the Foundation, introduced all the guests.

Prof. Hakim Syed Zillur Rahman in his presidential remarks stressed the need of education and stressed the importance to reduce wastefulness in daily life. Mr. Khalid Anjum (Sub-Divisional Magistrate, Loni) gave his best wishes to the Foundation and stressed the need to help needy persons in India. Dr. Amrita Singh (Deputy Director, Minority Welfare and Walk Board, UP State) told about the programme being run by her Department and offered to help through it. Mr. Irfan Ahmad (Member, Central Hajj Committee) promised to send people from Ghaziabad to Hajj pilgrimage of this newly built Hajj House. Mr. Mohd. Furqan conducted the programme. The programme was well attended by many dignitaries including Mr. J. K. Gaur, Dr. Sunita Diwan, Mr. S. P. Singh, Mr. Irshad Gauhar, Mr.

Rizwan Khan, Mr. Altaf Hussain, Ms. Iram Ansari, Mr. Adil Khan, etc.

DOCUMENTATION

Longest Family History Description through Urdu and Persian Poetry

The new book, “Manzoom Tarikh-e Khandan” by Hakim Syed Zillur Rahman, provides historical evidences of his family description through Urdu and Persian Poetry expanding a period of around 450 years. The first poem was written in 1591 AD during the inauguration of a family mosque in Tijara (Alwar, Rajasthan), then many other poems were composed on many personal and family occasions throughout these years. No family has such a record in the form of poem at least in the Indian subcontinent. These poems, eulogies and tributes were written by poets of eminence of their time.

The above book is published by Ibn Sina Academy with ISBN 978-9380-61-03-68 in 2019.

Visit of the Delegation of Ibn Sina Academy to United Arab Emirates

A delegation of Ibn Sina Academy comprising Prof. Syed Zillur Rahman (President) and Prof. Syed Ziaur Rahman (Honorary Treasurer) visited United Arab Emirates from 22.2.2020 to 27.2.2020. On 23 February 2020, the delegation first attended the Inaugural Ceremony and premier scientific sessions of the *Fourth International Conference on Prophetic Medicine* at Al-Thurayya Hall, Rotana Beach Hotel, Abu Dhabi (UAE).

On 24 February 2020, the delegation visited Juma Al-Majid Centre for Culture and Heritage at Dubai and met His Highness Sheikh Juma Al-Majid, Founder, Juma Al-Majid Centre for Culture and Heritage and other staff members including Dr. Mohammad Kamel, Mohammad Gaad, Dr. Ahmad Ibrahim Abdur Razi and Dr. Hashim Nadvi. The Centre presented 3 books, namely, 1) *Health and Medicinal Care in the first Hijra Centenary*, 2) *Arabic Translation – Al Reaiat, Al-Sehait wa Tibbiya fi Al-qarnil awwalil al-*

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Hijri and 3) *Al-Tashriḥ wa al-Jarāḥa wa Daura Huma fi Al-Ḥaḍarat al-Islāmiya* by Dr. Mohammad Kamel and Mohammad Gaad. Noteworthy is that, a few books on behalf of Ibn Sina Academy (Aligarh) were also presented to the Centre. The Juma Al-Majid Centre has 16000 manuscripts, 1.5 million printed books and periodicals, which collection stands as a largest primary source collection in the whole Arab World.

On 25th February from 9 a.m. to 1 p.m. a city tour of Abu Dhabi city was organized by the Secretary of Lotus Health Institute (LHI) for all the delegates of the Conference including our delegation. In the afternoon of 25th February 2020, Professor Hakim Syed Zillur Rahman had a meeting in Abu Dhabi with few members of Ministry of Health (MOH), Dubai Health Authority (DHA), Health Authority - Abu Dhabi (HAAD) and Licensed Unani Practitioners of UAE. Dr. Iftikhar Ahmad Saifi, Advisor LHI facilitated the meeting. The participants were Dr. Iftikhar Ahmad Saifi (DHA), Dr. Syed Asaduddin Ahmed (MOH & DHA), Dr. Benazir (DHA), Dr. Farah (MOH), Dr. Shaheen Fatima (MOH & DHA), Dr. Zahoor (MOH), Dr. Margoob (HAAD), Dr. Siddiq (MOH), Dr. Sana (MOH), Dr. Beneish Fatima (HAAD), Dr. Naseem Hussaini (MOH) and Dr. Amer (HAAD). The process of UAE-DHA and MOH related Medical Council Examinations were also deliberated upon. In the evening of 25th February 2020, the delegation attended the First Sheikh Zayed International Award Ceremony for TCAM 2020 at Al-Thurayya Hall, Rotana Beach Hotel, Abu Dhabi (UAE).

In the morning of 26.2.2020, the delegation visited Sheikh Zayed bin Sultan Al-Nahyan Charitable and Humanitarian Foundation and met Mr. Hamad Salem bin Kardous Al Ameri, Director-General, and other staff including Mohd al Khamis, Incharge Sheikh Al Zayed Charitable and Humanitarian Foundation; Mr. Hassan Abdurrahman Bahkali, General Director of Forum Experiences for Exhibitions and Conferences (FEXC), Najwa Khaled Moumenah, Senior Media Consultant. There was exchange of ideas between Ibn Sina

Academy and the Foundation. Dr. Syed Ziaur Rahman on behalf of the Academy presented documentary films that have been prepared by the Academy.

A Memorandum of Understanding (MoU) was signed by Ms. Amina Al Haidan, Chief Executive Officer on behalf of “Lotus Holistic Institute” and Prof. Syed Zillur Rahman, President, on behalf of Ibn Sina Academy. Dr. Iftikhar Saifi and Dr. Syed Ziaur Rahman were the witness signatories on both the sides respectively.

The delegation also met many other persons in UAE including Dr. Ruchi Dana (Dubai), Dr. Mufti Tahir (first Director, Dept. of ISM, Govt. of Jammu and Kashmir, now residing in Sharjah with his son Mufti Munir), Mr. Syed Mairaj Ashraf Rizvi (Abu Dhabi), Mr. Nadeem Masroor (Abu Dhabi), Ms. Yasmin Alvi (Abu Dhabi), Mr. Yusuf Ali Khan (Abu Dhabi), Dr. Sohail Akhtar (France), Dr. Jamilah M. Hashemi (Saudi Arabia), etc.

The Fourth International Conference on Quality and Evidence Based Prophetic Medicine – A Report

The “Fourth International Conference on Quality and Evidence Based Prophetic Medicine” was held during 23 - 24 February, 2020 at Abu Dhabi (United Arab Emirates).

The conference was jointly organized by Lotus Holistic Center (Abu Dhabi, United Arab Emirates) and The Y. A. Jameel Scientific Chair, Center of Excellence in Research of Prophetic Medicine, Faculty of Medicine at King Abdulaziz University, (Kingdom of Saudi Arabia).

During the Inaugural Programme, President of the Conference Prof. Soad Khalil Al-Jaouni, (Director of Scientific Chair, Centre of Excellence in Research in Prophetic Medicine, Faculty of Medicine, King Abdulaziz University) informed that the Centre, which was the host of this Conference, had more than 100 published scientific research papers in accredited journals and 15 Patents on Prophetic Medicine. She said that the team

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worked together to raise the level of health awareness through scientific research in various scientific fields and medical disciplines. She further stated that the research topics were derived from the noble guidance of the Prophet (*peace be upon him*). After formal inauguration of the Conference, the scientific session began with the presentation of Prof. Samy A. Selim, Ph.D. Genomics and Microbiology, Jouf University, (KSA), as the first speaker.

On 24th February, three sessions were held. One special session on *Hijamah Therapy* was organized with the following papers: “Challenges to the Professionalization and Standardization of Cupping Therapy - A UK perspective”, “The Total Theory of Cupping Therapy”, “Introducing Cupping Therapy into UK Medical Curriculum”, “Effect of Cupping Therapy on Blood Hemoglobin Level” and “Positive Effect of Wet Cupping Therapy on Chronic Resistant Facial Palsy”. A parallel poster session in Al-Thurayya Grand Ball room, Rotana Beach Hotel, Abu Dhabi was also held.

The ultimate goal of the Conference was to let public know the scientific contribution of the Centre and improve the quality of human health through advanced research and evidence based. The outcome was to improve the quality of life of patients and their safety and to raise the level of health by using holistic complementary therapy with an emphasis on promotion of preventive medicine. This would lead to a reduction in the therapeutic cost and associated complications of a disease.

The presentations were of high quality research and dealt with topics of importance to human health in the following fields: Cancer research, nutrition, chronic and infectious diseases.

The Conference was considered as one of the most important research conferences hosting more than 37 distinguished doctors, researchers and scientists from local and international universities including a full-

fledged delegation from Jamia Hamdard, New Delhi. The delegation of Jamia Hamdard was attended by Prof. Suhail Fatima (Dean, School of Unani Medical Education and Research), Prof. Sayed Mahtab Ali, Prof. M. Akhtar Siddiqui, Prof. Mustahsin Ali Jafri, Dr. Umar Jahangir and Dr. Farkhunda Jabin. Prof. Shakir Jamil (Former Head, Department of Amraze Jildwa Tazeeniyat) and Prof. Asim Ali Khan, Director General of Central Council for Research in Unani Medicine (CCRUM) was specially invited as the guest of honour.

The Conference provided a great opportunity and a useful reference for researchers and graduate students to benefit from their expertise.

National Seminar on ‘Tibb- i-Unani Masa’il wa Wasail’

National Seminar on *Tibb-i-Unani Masail wa Wasail* was organized by the School of Unani Medical Education and Research, Jamia Hamdard and World Unani Foundation in collaboration with the Directorate of AYUSH, Global Unani Medicine Research Foundation (Chicago) and National Council for Promotion of Urdu Language (NCPUL) of Ministry of Human Resource Development, Govt. of India at the Convention Centre of Jamia Hamdard on February 22, 2020.

150 delegates from across the country including Unani Colleges, Unani Drug Manufacturing Industries, Central Council for Research in Unani Medicine along with many other dignitaries graced the occasion with their participation. There were 10 Invited Lectures and about 90 Poster Presentations.

The Chief Guest was Dr. J. L. N. Sastry, CEO, National Medicinal Plants Board, Ministry of AYUSH, Govt. of India. Guests of Honour were Dr. Mohd. Idris (Principal, Ayurvedic & Unani Tibbia College, Karol Bagh, Delhi) and Dr. Mohammad Khalid, Assistant Drugs Controller, Directorate of AYUSH, Govt. of NCT of Delhi.

The welcome address was delivered by Dr. Mohd. Akram, Associate Professor in the

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Department of Tahaffuzi wa Samaji Tibb and Organizing Secretary of the Seminar. The function was presided by Prof. M. Aftab Ahmad, Officiating Dean, School of Unani Medical Education & Research, Jamia Hamdard (Delhi). The Keynote Address was delivered by Hakim Wasim Ahmed Azmi, Former Director, Central Research Institute of Unani Medicine (Lucknow), and the Vote of Thanks was moved by Hakim Mohsin Dehlvi of World Unani Foundation.

The Chief Guest of the Function Dr. J. L. N. Sastry congratulated the organizers for selecting such an important topic for this National Seminar. He urged the participants to focus on the solutions for the problems of Unani Medicine. He also emphasized on the quality of drugs and proper identification of correct herbs for the treatment of the patients. Dr. Mohammad Khalid discussed various issues of Drug manufacturing processes of the Unani Medicine.

International Delegate Dr. Claudia Preckel, from Germany, highlighted various aspects of Measles in Germany and the contributions of Unani Scholars especially Hakim Abubakr Mohammad Bin Zakaria Razi. Dr. M. Idris encouraged the participants to get their research studies published in reputed journals. Dr. Mohsin Dehlvi proposed vote of thanks. During the Inaugural Session, medicinal plants were also presented to the guests. In this Seminar, a book with the title, *Wafayat-i Atibba'-i Hind wa Pak*, written by Hakim Wasim Ahmad Azmi and published by Islahi Health Care Foundation was released by Dignitaries on the stage.

Fifth Hamdard International Conference - 2020

The Fifth Hamdard International Conference: "Global Popularity of Alternative Medicine, Responsibilities and Challenges 2020" (5th GPAMRC) was held at Madinat al-Hikmah, Hamdard University, (Karachi, Pakistan), during January 9-11, 2020.

The Conference was jointly organized by Hamdard Foundation of Pakistan, Faculty of

Eastern Medicine of Hamdard University (Karachi) and International Association for Unani Medicine. Eminent scientists and researchers from various countries were invited to participate and contribute in that international gathering covering various aspects of Alternative Medicine.

The aim of the Conference was to bring together leading experts in the field of *Alternative Medicine* including Unani, Medicine, Traditional Chinese Medicine, Ayurvedic Medicine, and other indigenous practicing systems at one forum. The Conference enabled opportunity to discuss similarities and differences in the education and practice of respective systems. It provided opportunities for younger faculty members and graduates to learn and explore the possibilities to develop research collaborations for sustainable and evidence-based utilization of *Alternative Medicines* for the benefit of human beings. The following aspects related to *Alternative Medicine* were covered:

- 1) Historical Perspectives.
- 2) Scientific validation of Unani Philosophies.
- 3) Preclinical and clinical research on herbal formulations.
- 4) Cultivation and conservation of medicinal plants.
- 5) Standardization and safety of herbal products.
- 6) Regulatory bodies and registration procedures.
- 7) Future strategy to streamline Alternative Medicine.

The Seventh International Congress of the Society for Ethnopharmacology (SFEC 2020)

The Seventh International Congress of the Society for Ethnopharmacology, India (SFEC 2020) was organized by School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi, India in association with the Society for Ethnopharmacology (India) during February 15-17, 2020 at New Delhi, India.

The International Conference, parent of all meetings and perhaps the largest such

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gathering ever held in India, witnessed the presence of more than 60 renowned speakers, 1700 delegates from 43 countries and 40 eminent Indian speakers from India and abroad. The programme consisted of about nine Keynote Speeches and more than 70 Plenary Lectures, 40 Short Lectures, 40 Award Lectures by young scientists and nearly 100 Oral Presentations. More than 600 poster presentations were made by young researchers, scholars and Post-Doctoral Fellows, all across the World.

The Congress focused on Ethnopharmacology in the development of scientifically validated quality products from medicinal plants and regulatory aspects, and highlighted several crucial and contemporary issues of AYUSH (Ayurveda, Yoga, Unani, Siddha and Homeopathy) related to Ethnomedicine, Ethnopharmacology and Medicinal Plant Research and the Regulation-related aspects.

The event was an earnest attempt to bring together eminent scientists, teachers, practitioners, researchers, manufacturers, traditional healers and students related to AYUSH, Traditional Medicine, Pharmacy and biological sciences from various corners of our country and abroad.

Exhibitions of various herbal medicine manufacturing companies, as well as a Health Mela by various AYUSH clinics showcasing the Indian System of Medicine, was also organized and opened for the general public during all three days. Several traditional healers from Jharkhand, MP, Kerala and Tamilnadu participated also.

Dr. Seyed Ehtesham Hasnain, Vice-Chancellor graced the occasion by highlighting the evolution of Unani medicine. He stated, “The Unani Medicine itself has been as a syncretic science. It is important to recognise the value of the scientific approach of Unani Medicine, that is, its diagnostic, prognostic and holistic approach with a stated syncretic development”. He added further, “All sciences grow by interacting with and assimilating from other bits of knowledge, but

most of them do not actively acknowledge this fact”.

Former Secretary of DBT, Govt. of India, Dr. Manju Sharma was also present and spoke on traditional medicines, while Prof. Asim Ali Khan, Director General, Central Council for Research in Unani Medicine (CCRUM) stressed on the scientific validation of regional traditional medicines and their use in the world besides deliberating on their regulatory aspects.

During the Congress, a musical entertainment night was arranged featuring artists from Hamdard University (Delhi) and Amity University. The beat boxing by students of Hamdard turned out to be the highlight of the evening. Not only they impressed the audience with their performance but also left them mesmerized by singing. The event celebrations ended with felicitation of singers and performers by the Vice-Chancellor of Jamia Hamdard, Syed Ehtesham Hasnain. The event saw the participation of more than 2000 people from in and around Jamia Hamdard along with delegates who had come from across the globe to attend this Seventh International Congress of the Society for Ethnopharmacology, India (SFEC 2020).

Another event, ‘*Shaam-e Ghazal*’ was organised featuring famous ghazal artists duo Ahmed Hussain and Mohammed Hussain. These two artists are well-established name in the ghazal world. They sang together ghazals in the classical style. The event enthralled a large number of the audience including foreign delegates who came over to participate in SFEC 2020. Poetry and music always have a deep impact on our souls. The duo was actually successful in winning over the hearts of the audience.

Prof. Hakim Syed Zillur Rahman (of Ibn Sina Academy, Aligarh) chaired the plenary session, namely “*Hakim Abdul Hameed Memorial Session on Unani Medicine*” along with Mr. Hamid Ahmed (Muttawali, Hamdard Laboratories, India), Prof Asim Ali Khan (Director General, CCRUM, New Delhi) and

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Prof. Mohammad Idrees (Principal, Ayurvedic and Unani Tibbia College, New Delhi). Likewise, Prof. Syed Ziaur Rahman of Ibn Sina Academy (Aligarh) chaired the plenary session 9 on “Chemistry of Natural Products” along with Dr. Yasheshwar Sharma of Delhi University.

The organizing secretary of the Congress was Dr. Sayeed Ahmad, Coordinator, Society for Ethnopharmacology India (Delhi Chapter), from Bioactive Natural Product Laboratory, Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi.

Meta-analytical Study of Cardiac Drugs Described by Ibn Sina (980-1037) in the Contemporary Research – INSA project submitted by Prof. Syed Ziaur Rahman

Lots of clinical and experimental research work had been done to screen the cardiac drugs mentioned by Ibn Sina (980-1037) for their efficacy and safety. Similarly, annotated bibliography of his other works such as major philosophical work (*Kitab Shifâ*), major medical work (*Qanun fil Tibb*), minor collective works on logics, poetry, physics, psychology, chemistry-magic, mathematics, music, astronomy, metaphysics, Quranic exegesis, mysticism, ethics, politics, prophecy, etc. and critical editions in almost all languages had been prepared and arranged, which includes publications and references in all major languages. But, to the best of our knowledge, no critical descriptive study has ever been done so far to evaluate the scientific report on all 63 cardiac drugs mentioned in his another famous work, *Kitab-al Advia Al Qalbia*. There is a need to comment on these drugs on the basis of clinical and experimental study regarding the utility of Ibn Sina's cardiac drugs. Some of these drugs could be found safe without any reported adverse reactions. Such drugs with safe profile need to be further explored, to select promising and accessible drugs. If toxic effects are reported, then the flagging of such drugs and its present position in clinical utilization should be delineated. The present paper deals and

discusses the cardiac drugs described by Ibn Sina in the contemporary research after extensive literature review and meta-analysis. The present work, therefore, provides a useful resource to enable a thorough assessment of the profile of Ibn Sina's Cardiac drugs that have cardioprotective activity.

In this project, cardiovascular activities of all 63 drugs mentioned by Ibn Sina in his treatise, *Al-Adwiat al-Qalbiyya* is discussed. A number of the most important suggested plants as well as their efficacy in clinical studies have been thoroughly evaluated. Major bioactive compounds identified from these plants are also discussed. Other scholars also tried to compile similar work, but it was found either incomplete or focused only on medicinal plants.

A total of 39 different plant parts and their extracts have been published to possess cardioprotection against doxorubicin or isoproterenol-induced myocardial infarction. Isoproterenol a beta-adrenergic receptors agonist causes severe stress in myocardium resulting in the infarct-like lesion and produced cardiotoxic effects by elevating the levels of cardiac biomarkers and causing changes in ECG. Plant-based medicines with their antioxidant, antiapoptotic, antihyperlipidemic, platelet antiaggregatory, anti-lipid peroxidation property provide substantial evidence for the management of Ischemia induced by doxorubicin and isoproterenol.

There is little doubt that Traditional Medicines have been utilized since antiquity in the health care. However, with the advent of the pharmaceutical industry early in this century, the popularity of traditional/herbal medicine declined, in spite of the fact that twenty five percent of all prescription drugs still contain ingredients isolated from plants. The resources now do exist which can help and assist for greater understanding of the ways in which herbs can facilitate health and restore balance in disease.

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The findings in this study could help in identifying many 'lead drugs' that could work as a part of 'reverse pharmacology' especially those that showed the effect as β antagonist, Angiotensin II Blocker, Calcium Channel Blocker (CCB) and digoxine like activities.

The investigator is thankful to Indian National Science Academy (INSA), India for sanctioning and providing funds to the project entitled, 'Meta-analytical study of cardiac drugs described by Ibn Sina (980-1037) in the contemporary research' for the period 2017-2019.

The American Association for the History of Medicine

The American Association for the History of Medicine had its origins in Washington, D.C. on May 5, 1925. The assembled physicians organized themselves as the American Section of the International Society for the History of Medicine and resolved to meet annually. At the 1927 meeting, historical papers were presented for the first time. The following year the section reconstituted itself as an independent society, the American Association of the History of Medicine. In 1958 the Association adopted its current title, changing the "of" to "for." Before World War II, the Association was composed almost entirely of physicians with historical or bibliographic interests, and it met in conjunction with a larger medical society, usually at Atlantic City with the Association of American Physicians. The AAHM began to take its current form in 1938 at the urging of Henry Sigerist, who had immigrated from Germany in 1932 to become the Director of the Institute of the History of Medicine at the Johns Hopkins University. Sigerist was the first scholar in the United States to train graduate students in the history of medicine, and as an outlet for scholarship, he had established the *Bulletin of the Institute of the History of Medicine*. The Association's new constitution established the Association's first honorary lectureship, the Fielding H. Garrison Lecture (given for the first time in 1940) and its first two medals, the Osler Medal, awarded for an unpublished paper written by a medical

student (first awarded in 1942) and the Welch Medal, awarded for scholarly contributions to the field (first awarded in 1950). Sigerist soon offered to make his journal, renamed the *Bulletin of the History of Medicine*, the official journal of the American Association of the History of Medicine as well as of the Institute. The arrangement left ownership with Johns Hopkins University and made the Director of the Institute of the History of Medicine the editor, an arrangement which has been in effect ever since.

The AAHM did not hold annual meetings during the war years, 1943-45, although it continued to award the Osler Medal and to publish the *Bulletin*. In 1947 it began to meet independently of other medical societies and to meet in different cities. By the time of its 25th anniversary, its membership had grown to 578. In the 1960s and 1970s it began to grow more quickly, in part by attracting members with graduate training in history, history of science or medicine or in another of the social sciences, as well as librarians and archivists. By the 50th anniversary in 1975 membership had reached 988, and its annual meetings had larger, more diverse programs with parallel or concurrent sessions. It also sought to recognize and to encourage a wider range of scholarship and other types of scholars with new awards. The Shryock Medal, a second student prize, was awarded for an unpublished essay by a student enrolled in a graduate program in the humanities or social science. It was awarded for the first time in 1984. The Jack D. Pressman Burroughs Wellcome Fund Career Development Award has been awarded since 2000 to recognize a recent Ph.D. who is working to revise her/his dissertation in the area of the history of 20th century medicine or science. The J. Worth Estes Prize is awarded for an article of outstanding merit in the history of pharmacology published in the preceding two years. It was first awarded in 2000. Since 1988 the AAHM has also made a Lifetime Achievement Award to an individual with a distinguished record of support for the history of medicine.



CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India. It was established on 30 March 1978; however, it started functioning in January 1979. Since inception, the Council has been busy in researching various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world-leader in the field of research in Unani Medicine.

THE NETWORK

The CCRUM has 23 research centers functioning in different parts of the country, besides its headquarters in New Delhi.

AREAS OF ACTIVITY

The Research Programme of the Council has four major components:

- Clinical Research
- Drug Standardization
- Literary Research
- Survey and Cultivation of Medicinal Plants

MAJOR ACHIEVEMENTS

Some of the significant achievements of the Council are as follows:

Clinical Research

- Developed 27 Unani drugs, which are purely natural, standardized and without any side-effects, for successful treatment of vitiligo, sinusitis, infective hepatitis, eczema, filariasis, malaria, rheumatoid arthritis, bronchial asthma and some other common ailments.
- Obtained 15 patents on for developing certain novel therapeutic compositions and SCAR primers.

Drug Standardization

- Developed pharmacopoeial standards for 298 single and 150 compound drugs. Besides, Standard Operating Procedures (SOPs) for manufacture of 50 compound drugs have also been finalized.
- Published six volumes of *National Formulary of Unani Medicine*, six volumes of *Unani Pharmacopoeia of India* (UPI), Part 1 (on single drugs), and three volumes of the UPI, Part 2 (on compound drugs).

Survey and Cultivation of Medicinal Plants

- Collected over 104,568 specimens of medicinal plants belonging to 1,800 species from the wild.
- Undertaken successful cultivation of 33 important medicinal species.
- Gathered and documented over 16,261 folk medicinal claims.

Literary Research

- Translated 56 volumes of 21 classical books/manuscripts from Arabic/Persian into Urdu and other languages.
- Prepared a database of 2,400 manuscripts of Unani Medicine.
- Reprinted over 70 rare classical books.
- Compiled Standard Unani Medical Terminology for 4,028 terms of Unani Medicine.
- Developed 'Standard Unani Treatment Guidelines for Common Diseases'.

Publications

- Produced over 2,000 research papers and brought out about 400 publications, besides regular publication of a quarterly bulletin *CCRUM Newsletter*, quarterly Urdu Journal *Jahan-e-Tib* and quarterly English Journal *Hippocratic Journal of Unani Medicine*.

For further information please contact:

Director General

CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE

Ministry of AYUSH, Government of India

61-65 Institutional Area, Janakpuri, New Delhi – 110 058 (India) | Tel: 91-11-28521981

E-mail: unanimedicine@gmail.com Website: <http://ccrum.res.in>



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Editor, NISA

Ibn Sina Academy of Medieval Medicine & Sciences,
Tijara House, Dodhpur, Aligarh-202002, U.P. India
E-Mail: ibnsinaacademy@gmail.com
Website: www.ibnsinaacademy.org

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OWNER, PRINTER & PUBLISHER

Professor Hakim Syed Zillur Rahman
Publication Division, IAMMS
Tijara House, Dodhpur, Aligarh-202001, U.P. India
Mobile No. 09358259740
E-Mail: rahmansz@yahoo.com

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