



# Newsletter of Ibn Sina Academy (NISA)

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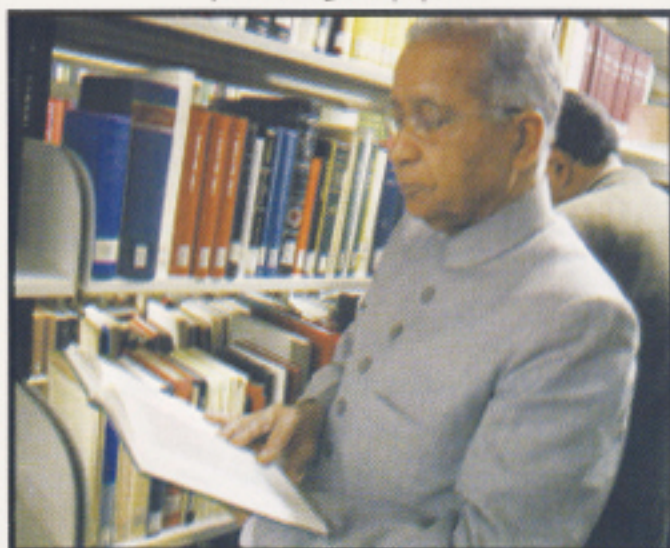
**Prof. Syed Zillur Rahman**  
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and Dr. Abdul Latif



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**Dr. Syed Ziaur Rahman**  
receiving certificate



Panelist during the Valedictory Session

**EVENTS AT IBN SINA ACADEMY  
(January - March 2012)**

**New Year Celebration at Ibn Sina Academy!**

In collaboration with Aazar Academy and Hanif Foundation, Ibn Sina Academy arranged a 'Shāin Nashist' as a part of New Year celebration. It was also the occasion of the wedding ceremony of Imroz Khan Son of Dr. Moazzam Ali Khan Moazzam. Before the Nashist, Prof Hakim Syed Zillur Rahman and Prof Shabbir Rasool also released the book, entitled, 'Sahra' edited by Musharraf Hussain Mahzar.

**Delegation from Iran visited Ibn Sina Academy**

A delegation from Iran comprised of Dr. Syed Hamid Kamali, Dr. Mahdi Yousef, Dr. Kord Afshan, Dr. Syed Morteza Emami, Dr. Syed Sedigh Yoseli, Mr. Mehdi Sadeeq, Mr. Sh. Karkur, Mr. N. Hussaini Yecti and Prof. Husain A Aun visited Ibn Sina Academy on 30<sup>th</sup> January 2012.

**Delegation of UGC Academic Staff College, Aligarh Muslim University**

Delegates attending the following four Subject Refresher Courses and Orientation Programmes visited Ibn Sina Academy

1. Orientation Programme (ASOP-118), dated February 4, 2012.
2. Orientation Programme (ASOP-119), dated February 11, 2012.
3. Subject Refresher Course (Agricultural Sciences), dated February 23, 2012

On these occasions, Prof. Syed Zillur Rahman addressed the participants and gave an account of the History of Unani Medicine and stressed the values of culture and heritage. He showed them also the Museums of Ibn Sina Academy.

**Cancer Awareness Drive started from Ibn Sina Academy**

On the occasion of World Cancer Day (4.2.2012), "Cancer Awareness Drive" was launched by All India Graduates' Association (AIGA), UP Chapter. The Caravan started from Ibn Sina Academy, Dodhpur, Aligarh. While waiving off the starting flag, Dr. S. Mohsin Raza (senior consultant surgeon), said that the role of youth is very important in creating social awareness about cancer. He warmly praised the efforts of AIGA in bringing out the social change in the society. Dr. Kashif Razi (President, AIGA) thanked all the members of AIGA and Ibn Sina Academy for being part of this noble cause. Cancer awareness pamphlets were distributed to the passersby and shopkeepers, wherein important information regarding cancer causes and treatment options were available. The areas covered were local mohallahs such as Dodhpur, Kela Nagar, Ahmad Nagar and Jeevan Garh. Many people came to the team members to know more about the different cancers and cleared their doubts (Reported by Dr Kashif Razi, President, AIGA).

**Seminar on Life and Contribution of Syed Amin Ashraf (19.2.2012)**

One-day Seminar on Life and Contribution of Syed Amin Ashraf, an eminent scholar and poet was organised by Ibn Sina Academy. The seminar had two sessions in which delegates presented their papers on the life and contribution of Syed Amin Ashraf. Apart from, Prof Syed Amin Ashraf, Prof Syed Zillur Rahman, Prof. Saeeduz Zafar Chughtai, Prof Qazi Abussattar, Prof Abdur Rahim Kidwai, Prof Iqbal Ali, Dr Saghir Afrahim who presented their views, Abid Ali Abid also read a poem on the life of Syed Amin Ashraf.

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Prof Qazi Abussattar and Prof. Saeeduz Zafar Chughtai also released two books viz. "Barg-o Bar" and "Qafs-e Rang" of Syed Amin Ashraf.

A large number of delegates participated and attended the seminar including Dr. Abdul Matin, Prof Zafar Ahmad Siddiqui, Prof Mohammad Zahid, Prof Shahabuddin Iraqi, Dr Seema Saghir, Prof Azarmi Dukht Safavi, Dr Mahtab Haider Naqvi, Dr Suroor Sajid, Dr Ahmad Mahfuz, Dr Manazir Hasan, Prof Humayun Ashraf, Prof Tabassum Shahab, etc.

Although many talks were held, yet Prof. Qazi Abdus Sattar said, " *koi bhi muqaala ya mazmoon ameen Ashraf ki shayri ka ahata nahi kar saka*".

### In memory of the famous poet Shahryar)

Shikhar, a cultural and literary NGO, organised a program 'Yad-e Shahryar' in memory of Prof A.M.K. Shahryar on 31st March at Ibn Sina Academy. A large number of poets presented their condolences and sympathetic poems in honor of Shahryar. The program was conducted by Harish Betab.

According to Hakim Syed Zillur Rahman, "we felt sad when we heard, "Shahryar" is no more among us! ...a renowned Urdu poet who penned down lyrics for 'Umrao Jaan', 'Gaman' 'Anjuman', 'Faasle' and received many honorable awards including highest literary *Jnanpith Award*....A good old friend since college days...personally I have many good memories of him!"

### A Ghazal CD on Shahryar's poems composed by Farrukh Baig released at Ibn Sina Academy

A CD cassette on Shahryar's ghazals sung by Farrukh Baig has been released by Vivek Bansal (MLC, Aligarh) on

February 23, 2012 at Ibn Sina Academy. Farrukh and a large number of persons were present at the function. According to Hakim Syed Zillur Rahman, "It's good to hear Shahryar's sahib poems in Farrukh's voice! He is the son of my closest friend Prof Nafis Beg. I wish him good health and success".

### Michigan Scholarships awarded

"I once again bring to the notice of all of you that the seventh year in a row, AMU Alumni Association, Michigan (USA) has awarded scholarships to 169 needy and bright students of Aligarh Muslim University. Nearly 797 students were personally interviewed to select 169 students (Boys and Girls). Boys were interviewed in the Provost Office of M.M. Hall while all the girls were interviewed in the respective Provost Offices of their Halls of residence. For the first 4 years the venue for the interview was Ibn Sina Academy. I wish to place on record the help I received from a number of teachers, such as Prof Ikram Khan from the Department of Electronics, Dr. Athar Moinuddin of the same department, Dr. Asfar Ali Khan from the Department of Electrical Engg, Dr. Masroor Alam from the Department of Civil Engg, Dr. Akram Javed from Dept of Geology who have all through helped me for the last seven years in this process, my team of wardens, non teaching staff of M.M. Hall who worked overtime and were paid remuneration for the same, Prof (Hkm) Syed Zillur Rahman Sahab, Director, Ibn Sina Academy, has always been kind enough to provide venue for the interview and for organizing the programs in the Conference room of the Academy. AMU Alumni Association, Michigan is thanked for their continuous support of this noble cause. May Allah reward all those for their good deeds (Amen)".

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Submitted by, Suhail Sabir, Coordinator  
(Scholarships)  
AMU Alumni Association, Michigan, USA

### MEMBERS' ACTIVITIES

**Professor Hakim Syed Zillur Rahman, President, Ibn Sina Academy, visited Australia during February-March 2012.**

Following are few of his accomplishment and academic activities.

**Sadā-e Watan**, an Indo-Pakistan newspaper in Urdu from Sydney ([http://www.sadaewatansydney.com/hakim\\_sahibvisit.htm](http://www.sadaewatansydney.com/hakim_sahibvisit.htm)) reported and covered the following news-item, "Professor Hakim Syed Zillur Rahman, an eminent Unani physician and President of 'Ibn Sina Academy of Medieval Medicine and Sciences', Aligarh, India, is visiting Australia to meet family and friends and also to attend a few academic programs. He is invited to deliver a talk at the Centre for Complementary Medicine Research (CompleMED), University of Western Sydney, during a symposium on scope and understanding of Unani Medicine at Campbelltown Campus, University of Western Sydney. On 29th January, he will address at the meeting of Urdu Academy of Australia, Sydney. On 2nd February, he is invited to participate at the deliberations of annual meeting of Australian-New Zealand Society of History of Medicine (ANZSHM), University of Sydney. He intends also to visit Adelaide, Canberra and Wollongong. In Adelaide, he has an interactive meeting with the staff of Graeco-Arabic Medicine Society Inc. In free timings, he would love to visit a few of his old friends and acquaintances. It is to be noted here that Professor Rahman, has to his credit more than 40 published books and several research papers. He is recipient of several awards and Honors

including Padma Shri by the Government of India".

Another newspaper, **Indian Link**, in its column: "Events in Sydney" (<http://www.indianlink.com.au/whats-on-in-sydney/events-in-sydney-3/>) writes, "Lecture series by Unani Medicine scholar: Former Dean Faculty of Unani Medicine, Aligarh Muslim University (India), Padma Shri Prof. Hakim Syed Zillur Rahman, is visiting Australia for a series of lectures this month. He will speak at the Centre for Complementary Medicine Research (CompleMED), University of Western Sydney, during a symposium on the scope and understanding of Unani Medicine at Campbelltown Campus, UWS. On 29 Jan, he will address at the meeting of Urdu Academy of Australia, Sydney".

**SBS Urdu** (Special Broadcasting Services) Urdu Radio, a national channel for Urdu services, reports, "Award winning Professor Hakim Syed Zillur Rahman, an eminent physician of ancient Greek medicines, is visiting Australia to attend academic programs. He is the writer of more than 40 books and founder of 'Ibn Sina Academy of Medieval Medicine and Sciences', an Academic Museum and a Library. He visited SBS studio and talked about his work and achievements". This interview by Mr. Rrhan Alavi can be heard from the following link: <http://www.sbs.com.au/yourlanguage/urdu/highlight/page/id/201989/t/Award-winning-Professor-Hakim-Syed-Zillur-Rahman-and-his-achievements>

The same radio station broadcasted another interview, "Use of Herbal and Greek medicine in Australia- Advise from award winning Professor Hakim Syed Zillur Rahman" that can be heard from the following link: <http://www.sbs.com.au/yourlanguage/urdu>

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**SBS Hindi** (Special Broadcasting Services) Hindi Radio, a national channel for Hindi services, reports, "Hakim Zillur Rahman talks on the History of Unani Medicine". It was broadcasted on 6<sup>th</sup> February 2012 at 9:00 am (UTC/GMT +10 hours) on FM 97.7 (Sydney) and FM 93.1 (Melbourne) in Hindi. Part 1 of this interview by Ms. Kumud Merani can still be heard from the following link: <http://www.sbs.com.au/yourlanguage/hindi/highlight/page/id/201961/t/Hakim-Zillur-Rahman-talks-on-the-History-of-Unani-Medicine.-part-1/in/language>

#### **Meeting at Consulate Office India, Sydney**

A meeting in honour of Hakim Syed Zillur Rahman was called on by the Consulate General of India on 27th Jan 2012 at his office 190 George Street, Sydney NSW 2000. Apart from Consulate General of India, Mr. Amit Dasgupta, other consulars such as Mr. Vivek Kumar (Consul, Commercial and Head of Chancery) and Mr. J Rao Palagummi (Consul, Trade Promotion Officer) also interacted and met Hakim Syed Zillur Rahman. They discussed the situation of India with reference to traditional Medicine including Unani.

#### **Australian New Zealand Society of History of Medicine**

Prof Hakim Syed Zillur Rahman (President, Ibn Sina Academy) participated at the annual general meeting of Australian-New Zealand Society of History of Medicine (ANZSHM, NSW) at Madsen Building, University of Sydney). He also met and exchanged publications with Prof Charles RP George (President, ANZSHM, NSW) and Dr Peter Hobbins (Secretary General, ANZSHM, NSW). The news item of this meeting also appeared

in the Newsletter of ANZSHM (February 2012).

#### **Urdu Academy, Sydney, Australia**

Hakim Syed Zillur Rahman was invited as a 'Special Guest' during a function organised by the Urdu Academy, Sydney, Australia, focused on "Shayari Aur Shakhsyat of Ahmad Farâz, on 29 January 2012. It was hosted by Ms. Noshi Gilani and presided over by Ms. Kumud Merani (Producer Hindi Language Program, SBS Radio, Australia). Mr. Iqtedar Abdi (son of Late Dr Wazir Hasan Abdi, who authored many papers on mathematics and the history of Indian science) introduced Prof. Rahman. The function was held at Community Hall, Auburn. Prof Rahman addressed the audience which was very well attended by members of Urdu Academy. Mr. Saeed Khan, Ms. Noshi Gilani, Ms. Kumud Merani, Mr. Rashid, Mr. Saqlain Shah, etc recited selected poems of Farâz and shared anecdotes of the same poet. Urdu Academy also exhibited selected books on Ahmad Farâz including beautiful posters on notice board.

#### **Mini Symposium on Unani Medicine**

A mini symposium on Unani Medicine was organized on 4th February 2012 on the scope and understanding of Unani Medicine at the Centre for Complementary Medicine Research (CompleMED), Campbelltown Campus, University of Western Sydney. Prof Hakim Syed Zillur Rahman addressed the meeting which was very well attended by staff members of CompleMED.

#### **Meeting with Members of AMU Alumni Association of Australia and Aligarians**

Prof Hakim Syed Zillur Rahman during his sojourn in Australia has been invited over lunch and dinner by many Aligarians. He met particularly Dr. Sami Syed (President, AMU Alumni Association of Australia), Mr.

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Khursheed Ansari (Secretary, AMU Alumni Association of Australia) and many members of Executive Council such as Dr. Azhar Amin Nauman, Dr Nadeem Siddiqui, Mr. Riyaz Akhtar, Mr. S. Hamid Ali, Mr. Zameer Khan and Mr. Fasihuddin Khan. He also met some senior Aligarians and prominent citizens such as Mr. Mahmoodullah Khan, Dr. Khalilullah Azmi, Mr. Khalid, Dr. Ehsan, and many family members of Dr. M K Rashid, Mr. Zahid Jameel, Mrs. Mona Munawwar, Dr. Mohd Tariq, Mr. Faiz Ahmad, Mr. Iqbal Abidi, Mrs. Saba Abidi, Mr. Iqtedar Abdi, Mrs. Suri and Mr. Syed Mohammad Jafar.

Prof Rahman also gave a lecture in a house-meeting at the residence cum office 'Darul Islam' of Qazi Ashfaq Ahmad. Mr. Zia Ahmad, son of Qazi Ashfaq Ahmad, organised this meeting as Qazi Ashfaq Ahmad Sahib was out of town during those days.

**Apart from above academic activities, Prof Rahman got time to visit few historical places at Sydney like Mosman, Spit Junction, The Spit, Balmoral and following other cities.**

1. **Bowral**, largest town in the Southern Highlands of New South Wales, Australia, in Wingecarribee Shire. In a past era, Bowral served as a rural retreat for the elite gentry of Sydney, resulting in the establishment of many historic estates and manor houses in the district. Today, Bowral is universally associated with the cricketer Sir Donald Bradman, who is commemorated by the 'Bradman Museum' and other monuments at the 'Bradman Oval'. It also hosts the annual Tulip-Time Festival held in the town in September.
2. **Mittagong**, another town located in the Southern Highlands of New South Wales. Mittagong is home to many wineries of the Southern Highlands which has been a recent growing wine

and cellar door region. The wineries have established themselves in the region since the 1980s due to the soil and climate of Mittagong which is believed to be perfect for viticulture.

3. **Kiama**, another town located in the Southern Highlands of New South Wales. Under certain sea conditions, the 'Kiama Blowhole' can spray water up to 25 metres (82 ft) in the air, in quantities that thoroughly drench any bystanders. It was first discovered by Dr. George Bass, who was a naval officer, surgeon and explorer, on his voyage of coastal exploration on December 6, 1797.
4. **Wollongong** is a seaside city located in the Illawarra region of New South Wales. It lies on the narrow coastal strip between the Illawarra Escarpment and the Pacific Ocean, 82 kilometres south of Sydney. Wollongong is noted for its numerous surfing beaches, scenic lookouts and botanic gardens. It has two regional cathedrals, churches of many denominations and the Nan Tien Temple, one of the largest Buddhist temples in the southern hemisphere. The local 'University of Wollongong' has around 22,000 students.
5. **Campbelltown**, is a Local Government Area in south-western Sydney, in the state of New South Wales, Australia, located about 55 km south west of the Sydney. It is famous for many historical buildings including Arts Centre, Sculpture Garden, Mawson Park and Koshigaya Park build by Japan.

### **One-day Seminar on the Life and Contribution of Syed Ali Mehdi 'Mohsinul Mulk'**

Mohsinul Mulk Hall (MM Hall), Aligarh Muslim University, organised a one day seminar on the Life and Contribution of Syed Ali Mehdi 'Mohsinul Mulk' on February 20, 2012 in the Common Room under the guidance of Dr Suhail Sabir (Executive Member, IAMMS), Provost,

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MM Hall. The seminar was presided over by Prof Syed Zillur Rahman.

**National Seminar on Innovative Trends in Unani Medicine**

Regional Research Institute of Unani Medicine (RRIUM), Aligarh, under the aegis of Central Council for Research in Unani Medicine (CCRUM), Ministry of Health and Family Welfare, Govt. of India, organized a 'National Seminar on Innovative Trends in Unani Medicine' during March 3-4, 2012 in connection with Silver Jubilee Celebrations of the establishment of RRIUM. Prof Hakim Syed Zillur Rahman was guest of honour at the inaugural function. Dr Shariq Ali Khan (executive member of IAMMS) was the Chairman of the Organising Committee.

**Urdu Seminar**

Hakim Syed Zillur Rahman was invited as chief guest during the Urdu Seminar on "Urdu ke Farogh main Jamiaat aur Madaris Ka Kirdar" on 25<sup>th</sup> March 2012 hosted by Nizamuddin, Secretary, Noorjan Sewa Samiti, Aligarh.

**Second National Conference with Live Workshop on Laparoscopic Surgery**

The 2nd National Conference and Workshop on Laparoscopic Surgery, Endoscopic procedures including ERCP and Unani procedures organized by the Department of Jarahat, A.K. Tibbiya College, Aligarh Muslim University, under the chairmanship of Prof. Anis Ismail, concluded with live demonstration of leech therapy, cupping and venesection, Professor (Hkm) Syed Zillur Rahman, Director, Ibn Sina Academy, Aligarh was the Chief Guest of the valedictory session.

These therapies are age-old methods of treatment for non-healing ulcers, varicose veins and various deformities needing plastic and reconstructive surgery.

The two-day workshop was well attended by approximately 150 delegates, teachers, students of A. K. Tibbiya College and J. N. Medical College.

**Meeting of TKDL Task Force members at CCRUM**

Prof Hakim Syed Zillur Rahman attended the meeting of members of TKDL Task Force, held under the auspices of CCRUM at its headquarters, Delhi, on 26<sup>th</sup> March 2012. The meeting was called following the discussion held in the Task Force meeting, under the Chairmanship of Secretary AYUSH; dated 19<sup>th</sup> March, 2012 and his decision for making a tentative list of books for TKDL project and taking the cut off period as 1950. In the meeting, the final list was formulated that later on to be sent to the Department of AYUSH for further necessary action.

**Search-cum-Selection Committee Meeting for the post of Director, National Institute of Unani Medicine, Bangalore**

Prof Hakim Syed Zillur Rahman, as one of the experts of the search-cum-selection committee for the post of Director, National Institute of Unani Medicine (Bangalore), participated in its meeting, held on March 21, 2012., along with the Secretary, AYUSH, who chaired it.

**Jigreen (Liver Health) of Hamdard launched in Aligarh**

Liver Management Product, Jigreen of Hamdard, was launched at Aligarh by Prof. Hakim Syed Zillur Rahman. The function was hosted by Shaikh Zia Ahemed (Chief Sales Officer, Hamdard at Aligarh) at Hotel Ruby. Some of the experts unfolded the success of 'Jigreen' in their practices.



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**Prof. Hakim Syed Zillur Rahman** has been appointed as member of the advisory board of an Islamic science journal and a medical science NGO

1. *Miras-e Elmi-e Eslam va Iran* (MEEI), a journal of the Written Heritage Research Institute (Tehran). This new Journal of the history of science entitled "*Scientific Heritage of Islam and Iran*" will be published in Persian with titles and abstracts translated into English. The sources and influences of the science in the Islamic period and its exchanges with other scientific traditions will also find place in the journal, which will not be limited to the framework of its title. It will be addressed to a rather wider audience and will also publish translations and reprints of interesting sources, which are not easily accessible to general readers. The journal will be published twice a year and preparations have already started for the first issue. Journals of the history of science usually try to revive and to establish the scientific heritage of different traditions, which are mostly preserved as manuscripts. They are usually addressed to academics and specialists. The aim of the MEEI is to make this heritage known to a wider audience. Dr. Akbar Irani is Managing Editor, while Mohammad Bagheri is Chief Editor.
2. The Holistic Health Care and Research Organization (HHCRO), was established in 2003 and Chaired by Prof. Dr. Sharique Zafar. A quarterly journal of 'Holistic Health Care and Research Foundation' was also launched under the guidance and editorship of Prof. Sharique Zafar.
3. The President of the Academy, Prof. S. Zillurrahman has been nominated as one of the members of the working committee of the All India Majlis e Mushawarat, of which Prof. Zafrul Islam

(the editor of Milli Gazette) is the President.

**Prof. S. M. Razaullah Ansari** (Secretary of Ibn Sina Academy) has following to his credit.

1. Prof. Ansari was invited by the editor of the *Indo-Persian Dictionary* (Tehran), Sayyid Nasiri to write a comprehensive article on 'History of Compilation of Zijes in the Subcontinent'. It may be recalled that Prof. Ansari has already contributed to the Dictionary on "Raja Jai Sing" and on "Mirza Khairullah Muhandis".
2. He was also invited to give an address at the *Seminar on "The Crisis of Education is the Crisis of World View"*, held on Feb.19, 2012. The Seminar was sponsored by the Centre for Studies on Science, Aligarh. Prof. Ansari's topic is "Science in Medieval Madrasahs in India".
3. Prof. S.M.R. Ansari was invited to attend the centenary Celebration of Physics Department of Aligarh Muslim University, held during March 19–20, 2012. He participated also at the Physics Alumni Meeting, held on March 21, wherein he addressed the students and colleagues using his reminiscences.
4. Recently, Prof. Ansari attended the "Investigators' Meet" at Indian National Science Academy (INSA, New Delhi), which sponsors and finances research in the history of science and technology. The meeting was held on April 12, 2012 at Delhi. As a member of Indian National Commission for History of Science, he participated also in the joint meeting of INSA Research Council/National Commission of History of Science, which was held on April 13, 2012.
5. Prof. Ansari has been nominated as the Editor of a proposed Newsletter of History of Science Activities in India and Abroad by the Indian National Committee for IUHPST. It may be

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recalled that as presidents of IUHPS Commissions for History of Ancient and Medieval Astronomy and also of the Commission of Science and Technology in the Islamic World, he edited the Newsletters of these two commissions during 2001–2009, and 1993–1997 respectively.

**National Workshop on Clinical Research Methodology in Unani Medicine at Hyderabad**

As a panelist in one of the scientific sessions, Prof Hakim Syed Zillur Rahman attended the National Workshop on Clinical Research Methodology in Unani Medicine at Central Research Institute of Unani Medicine (CRIUM), Hyderabad, during February 13-16, 2012.

Anil Kumar, secretary, department of AYUSH said in the workshop that the Planning Commission and the Department of AYUSH of the Centre are jointly working on how to integrate the AYUSH systems into the various national health programs. The modalities of the initiative are being worked out. Stating that the Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy (AYUSH) systems would be integrated in programs related to malnutrition, anaemia, mother and child health care. He hoped that the plan would become a reality in another one or two years. "The AYUSH and Director General of Health Services (DGHS) are working on a plan according to which doctors of both the streams would tour various districts in the country where health indicators are low", he said. The senior official also said that an All India Institute of Unani Medicine would be set up, and that more and more patients and even various countries in the world are showing greater interest in the ancient system of medicine. A garden of medicinal plants would be set up in the premises of Sri Lankan Parliament, he said. Anil

Kumar also stressed on the need to improve the quality of education in colleges and research.

**A visit to Hyderabad by Hakim Syed Zillur Rahman – A report**

Hakim Syed Zillur Rahman has made a trip to Hyderabad to participate in the workshop during February 13-16, 2012, conducted by CCRUM, Hyderabad.

During his sojourn he visited the prestigious institute on history of medicine in Hyderabad, namely, the National Institute of Indian Medical Heritage (NIIMH). He was welcomed and received by Dr Ala Narayana, Director of the institute and Dr Ashfaq Ahmad, R.O. Scientist (Unani) of the institute. This institute is the pioneer institution in South and East Asia, dedicated to literary research; it is functioning under the administrative control of Central Council for Research in Ayurvedic Sciences, Department of AYUSH, Ministry of Health & Family Welfare, Govt. of India. Prof. Rahman was also joined by Dr. A. Ramachari, Medical Historian & Retired anesthetist who also happens to be a prolific student of Prof. D.V. Subba Reddy, founder director of this institute.

During conversation with the Director and other luminaries, Hakim Syed Zillur Rahman emphasized the importance of History of Medicine and its relevance in the present scenario. He also reminded the services of Prof Keswani, Prof. D.V. Subba Reddy and Hakim Abdul Hameed in the field of history of medicine and recalled that Prof Keswani of D/o Anatomy in All India Institute of Medical Sciences, New Delhi, had established a department for history of medicine in AIIMS despite tremendous opposition from some quarters in 1964-65, and he became the head of the two departments, of anatomy and history of medicine simultaneously, it

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was a great work initiated by him. In those days Dr. C. Elgood, a medical historian and author of *Medical History of Persia*, *Risala Atishak* of Shirāzī and *Prophetic Medicine* etc., met Prof. Keswani. Dr. Elgood asked Prof. Keswani about Hakim Syed Zillur Rahman. He was surprised that Prof. Keswani did not know Hakim Sahab and particularly his marvelous book on History of Anatomy (*Tārīkh-i Tashrīh*, Delhi 1967). Dr. Elgood's admiration of the book motivated and impressed Prof. Keswani so much so that he came to meet Hakim Syed Zillur Rahman at Jamia Tibbia, Gali Qasimjan, Delhi.

In 1969, Prof. Keswani and Hakim Syed Zillur Rahman arranged jointly an exhibition on Sanskrit, Urdu, Arabic and Persian manuscripts of history of medicine, which became a great success. At the same time, Prof. Keswani successfully created two posts of officers in the history of medicine -- one each in Unani and Ayurveda. Hakim Syed Zillur Rahman was appointed on Unani post on which Hakim Rajendra Lal Verma was appointed later. Unfortunately D/o History of Medicine at AIIMS could not survive after the retirement of Prof. Keswani and Hakim Rajendra Lal Verma.

Similarly the Institute of History of Medicine and Medical Research (IHMMR) was established by Hakim Abdul Hameed under the aegis of Hamdard (Waqf) in Tughlaqabad, of which Pundit Jawaharlal Nehru laid foundation in 1964 and which was inaugurated by Mrs. Indira Gandhi in 1969. The President of IHMMR, Hakim Abdul Hameed, invited Prof. S.M. Razauallah Ansari (AMU, Aligarh) to establish a Department of History of Medicine and Science (DHM&S). Prof. Ansari was deputed by AMU to IHMMR in 1984. He remained there up to 1986, during which time he initiated and

supervised research, both in history of Unani medicine and science. He published from the DHM&S even a journal of international standard, with the title: *Studies in History of Medicine and Science*. This journal was specifically based on primary sources. However, on Prof. Ansari's return to AMU, the DHM&S, deteriorated gradually and finally abolished by the Jamia Hamdard, the successor of IHMMR.

In South India the matter of starting a Department of History of Medicine was geared up after the formation of Andhra State, under the dynamic directorship of Maj. K. N. Rao and Dr. D.V. Subba Reddy, the then Prof. of Physiology, Madras Medical College, who joined as head of the said Department on 23-09-1956. In February 1969 it was named as 'Institute of History of Medicine' and finally upgraded to the present status as National Institute of Indian Medical Heritage (NIIMH). Now it is presently the only institute of History of Medicine among the above-mentioned institutes initiated by a few people interested in History of Medicine. Fortunately it keeps flourishing day by day and it has got its own newly constructed huge building with infrastructure in Hyderabad.

"Indian Association of History of Medicine" was also started under the stewardship of Dr. D.V. Subba Reddy, the doyen of history of medicine in India. Unfortunately the association became inactive soon after his demise in 1987.

Hakim Syed Zillur Rahman was very pleased to see the progress in History of Medicine at NIIMH under the energetic leadership of Dr. Ala Narayna and especially in Unani Medicine by a lone Unani Officer Dr. Ashfaq Ahmad. Prof. Rahman also appreciated the endeavor of NIIMH regarding the digitization of

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hundreds of Unani Mss. and preparing the e-Book of classic Unani reference literature. Later Hakim Syed Zillur Rahman made an inspection of the institute museum also and gave necessary and useful suggestions regarding the maintenance and upgrading of the museum with reference to History of Unani Medicine.

During his stay in Hyderabad Hakim Syed Zillur Rahman also made a brief visit to the heritage residence of Mr. Husnuddin, a most senior retired IAS officer in his 90s and biographer of Mr. Chiragh Ali (a close companion of Sir Syed Ahmad Khan). He was accompanied by Dr Ashfaq Ahmad and guided by Prof. Ramachari who deserves all thanks to make this meeting possible. During the course of his chat, Mr. Husnuddin mentioned how he compiled some unique works on Urdu literature and he presented two books written by him to Hakim Syed Zillur Rahman, who was amazed how he was capable to serve Urdu language despite his busy and hectic responsibilities in administrative services.

During his break, Hakim Syed Zillur Rahman also made a trip to A.P. state Mss Library, Hyderabad and he purchased some useful books there. He also interacted with the Director of the library and made a complaint that despite having a large collection (nearly 17000) of historical Mss. in Arabic and Persian language, the library is making no plan for conducting a workshop on extant literature in these two languages. He also stressed that this important library of Mss. must come under the preview of central government for better administration.

Preparation of e-Book on Ayurvedic Formulary of India and Ayurvedic Pharmacopoeia was completed many years ago by NIIMH, but the preparation

of e-Book on Unani Formulary of India and Unani Pharmacopoeia was pending for a long time; no progress was taking place on behalf of CCRUM, and so on the initiative of Hakim Syed Zillur Rahman, a meeting of Dr. Ala Narayana, Director of NIIMH and Dr. Ashfaq Ahmad, R.O. Scientist (Unani) of NIIMH with Prof. Shakir Jameel, Director General of CCRUM, New Delhi, was convened at CRIUM campus in Hyderabad. The assignment of preparation of e-Book was entrusted to NIIMH, Hyderabad by Director General of CCRUM, New Delhi, and extending of all cooperation in this regard, since revitalization of Unani Medicine was promised by CCRUM.

As per account of Hakim Syed Zillur Rahman, this tour of Hyderabad was immensely successful for some new avenues were revealed and new eminent personalities came to light. (Reported by Dr. Ashfaq Ahmad)

**International Conference: History, Culture and Science – Asian and European Perspectives on Complementary and Alternative Medicine**

Members of Ibn Sina Academy participated as guest speakers in the "International Conference: History, Culture and Science – Asian and European Perspectives on Complementary and Alternative Medicine" during March 12-16, 2012 at Ruhr University, Bochum (Germany).

Prof Hakim Syed Zillur Rahman presented the keynote address on 2<sup>nd</sup> day of the conference on the topic, "The heritage of Unani medicine and its growth in modern times". Before delivering the keynote address, he presented his few published books to Prof Stefan Reichmuth (Director Seminar für Orientalistik, Ruhr-Universität Bochum). His lecture was presided over by Dr. Fabrizio Speziale (Associate

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Professor, Département d'Etudes Arabes, Hébraïques, Indiennes et Irlandaises, Institut d'Etudes Irlandaises, Université Sorbonne Nouvelle, Paris).

Dr Rashid Bhikha (Member Editorial Board, NISA) from South Africa presented very well teaching of Unani medicine and practices in his country. He also shared his own experience in starting a few courses on Tibb-e Unani.

Dr Asshar Qadeer presented his paper entitled, "Indian proficiency in the Unani medicine with special reference to Jamia Hamdard, New Delhi". Dr. Abdul Latif presented his paper entitled, "Contribution of Indian Unani Physicians in designing Qarabadin and their brief Introduction". Dr Syed Ziaur Rahman presented his paper entitled, "Graeco-Arabic Medicine underpinning the principle of Naturopathy and Western Herbal Medicine in Australia".

Prof Hakim Syed Zillur Rahman and Prof Rashi Bhikha also addressed as a panelist during the valedictory session.

It was also an excellent opportunity to spend time with all other delegates including new and old friends such as Dr. Muhammad Salim Khan (Leicester), Dr. Farid Ghassemloo (Tehran), Dr. Claudia Preckel (Bochum), Prof. Stefan Reichmuth (Bochum), Dr. Rashid Bhikha (Roodeport), Dr. Usmanghani Khan (Karachi), Prof. Fabrizio Speziale (Paris), Dr. Neshat Quaiser (New Delhi), Dr. Ananda Samir Chopra (Heidelberg), Abdul Kabir Dar (Srinagar), Harish Naraindas (New Delhi), Mohsin Dehlvi (New Delhi), Prof. Waltraud Ernst (Oxford), Dr. Amina Ather (Bangalore), Dr. Guy Attewell (Pondicherry).

The delegates were taken to Clinic of Natural Medicine (Klinik für

Naturheilkunde, Kliniken Essen-Mitte (Institute of Integrative Medicine), Essen-Mitte, Germany, where all delegates were shown different systems of regimental therapy including hydrotherapy, special diet therapy and hot vapour therapy, being practiced at Essen, including all sorts of naturopathic medicine. It is to be noted here that it was a German priest, Sebastian Kneipp (May 17, 1821 - June 17, 1897) who actually propounded this concept and who was one of the founders of the naturopathic medicine movement. He is most commonly associated with "Kneipp Cure", a form of hydrotherapy, a system of healing involving the application of water through various methods, temperatures and pressures. Delegates were also taken to "Medical History Collection" extant at Ruhr-Universität Bochum, Malakow Tower. Prof Rahman received books from Irmgard Müller (Director, Medical History Collection, Ruhr-Universität Bochum) for the Library of Ibn Sina Academy.

Delegates also made a visit to Seminar für Orientalistik, Ruhr-Universität Bochum (RUB), Germany. Prof. Dr. H. H. Biesterfeldt specifically showed some rare collection on history of medicine at the main Library of Seminar für Orientalistik, to Prof H. S. Zillur Rahman and at Orientalistik Library of Ruhr-Universität. The Academy is grateful to Prof Biesterfeldt for providing Facsimile edition of Masâlih by Abu Zayd al-Balkhi.

Elisabeth Vogt-Mahmoud (Niederebach) demonstrated Baunscheidtism, the traditional healing method of Germany. The Academy is grateful to Elisabeth Vogt-Mahmoud for donating the same instrument including the Oil used in Baunscheidtism after demonstration, to the Museum of Ibn Sina Academy (Aligarh).

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**Prof Hakim Syed Zillur Rahman, Dr. Ashhar Qadeer and Dr. Syed Ziaur Rahman visited Leiden University Library (Holland)**

Prof Hakim Syed Zillur Rahman, Dr. Ashhar Qadeer and Dr. Syed Ziaur Rahman visited Leiden (The Netherlands) on March 15, 2012 to see Leiden University Library and Brill Publishers.

Leiden University Library which was founded in 1575 has an oriental archive which itself contains 30,000 manuscripts and 200,000 printed books.

Dr Arnoud Vrolijk, Curator of Oriental Manuscripts and Rare Books, Special Collections Department, Leiden University Library, specially showed some rare books extant in the library including a *Hadith* Manuscript, a copy of "Canon of Medicine" by Ibn Sina, a copy of the Manuscript copy of Qur'ân and a few rare books by Sir Syed Ahmad Khan such as "Abtâl-e Ghulami (1893)" and "Review on Dr. Hunter's "Indian Musalmans" of 1872. Sir Syed dedicated Dr. Hunter's book to his close friend Captain Graham who later on wrote also the first biography of Sir Syed Ahmad Khan.

Brill Academic Publishers (formerly known as E. J. Brill, Koninklijke Brill,) is an international academic publisher founded in 1683 by Jordaan Luchtmans in Leiden, Netherlands. With offices in Leiden and Boston, Brill today publishes more than 134 journals and around 600 new books and reference works each year. In addition, Brill is a provider of primary source materials online and on microform for researchers in the humanities and social sciences through its imprint IDC Publishers. The publishing industry from Leiden has now been shifted to London when the company underwent a major restructure in 1987-88, in the course of which it closed all its foreign offices,

including the oldest ones in London and Cologne. Leiden at present holds one of the offices of the Brill Academic Publishers.

## DOCUMENTATION

### **National Institute of Indian Medical Heritage**

National Institute of Indian Medical Heritage (NIIMH), Hyderabad, in its letter dated 24.2.2012 is keen to develop relations with Ibn Sina Academy in the field of preservation, digitization and rare books in Unani medicine. Ibn Sina Academy is providing a list and catalogue of manuscripts, particularly on medical and allied subjects and solicits the services from NIIMH to digitize manuscripts extant at the library of Ibn Sina Academy.

### **Juma Al- Majid Center for Culture and Heritage**

Dr Azzeddine Benzeghiha, Head of Studies, Publications and External Affairs, Juma Al- Majid Center for Culture and Heritage, Dubai, UAE, visited Ibn Sina Academy and wished to make collaborative efforts in preserving and collecting material on Islamic heritage. Both Ibn Sina Academy and Juma Al Majid Center for Culture and Heritage seek mutual cooperation in this regard at the earliest.

### **Magic Square 2012**

This magic square with the magic sum 2012 carries to you our greetings and good wishes for the year 2012. When you add the numbers in the ten cells in any vertical column, horizontal row or diagonal, you will always get the magic sum 2012. The basic pattern for this magic square and the method how to manipulate it to yield any desired sum was taught by my old friend Jafar Sharif. He lived in Eluru, now in the

West Godavari District of Andhra Pradesh, a little over a century before I attended high school and college there.

He was the official Dubash or translator of the East India Company and wrote the *Qanoon-e-Islam, or the Customs of the Moosulmans of India; comprising a full and exact Account of their various Rites and Ceremonies, from the moment of their birth till the hour of death.* The book was 'composed under the direction of, and translated [from the original Urdu] by G. A. Herklots, M.D., Surgeon on the Madras Establishment,' and was published by Parberry, Allen, and Co., London, in M.DCCC.XXXIII.

Chapter 32 of the book deals with the 'science of *tukseer* (or numbers)' and teaches how to construct diverse types of magic squares for therapeutic or occult purposes. In his new edition of the book, the well-known ethnologist William Crooke rearranged

the material and even rewrote some parts, with the consequence that there crept in several errors in the section on magic squares. The Wikipedia notes that 'in his role as an editor he has been viewed sometimes as adopting an interventionist approach.' The original edition of the book, which has not been easily accessible so far, is luckily available now in Google. I am trying to find out if any descendants of Jafar Sharif are still living in Eluru and if the original Persian/Urdu version is still extant anywhere. Maybe 2012 will bring me nearer to this goal.

2011 has been mainly a sedate year for us; we did not do many travels. The high point of the year, both figuratively and literally, was when my son Ananda took us to Rome

and encouraged us to climb up to the top of St. Peter's Basilica. Another high point, also literally, was a conference dinner in a restaurant atop a hill in Kassel where the organizers awarded me 'a special prize which had never been given before, for the most romantic beginning of a presentation.' It was nice to get a prize; nicer still that the prize consisted of a box of chocolates!

The truly magical event occurred also close to Kassel, in my wife Renate's birthplace Homberg. On the evening of 19 March, after dining in a Turkish restaurant, we stepped out into the town square and saw the largest and brightest moon between the gabled roofs. Some days earlier I had read that on 19 March, the moon would be at its perigee, at the closest distance to the earth in nineteen years, but had quite forgotten

about it until we were actually face to face with the splendid sight. It was a very clear night and we saw the moon throughout the night from our room overlooking the valley.

178	210	192	211	189	220	255	222	184	151
183	154	176	224	226	252	234	174	171	218
219	233	169	249	160	240	236	162	168	182
152	229	164	200	203	206	193	237	172	258
221	253	235	205	194	199	204	166	155	180
216	169	158	195	208	201	198	250	232	185
186	170	251	202	197	196	207	157	231	215
187	173	239	159	248	181	165	228	228	214
213	230	225	177	175	156	167	227	221	188
257	191	209	190	212	181	153	179	217	222

May this magic square give you many magical moments in 2012!

Warm greetings and best wishes for Christmas and the New Year  
Sreeramula Rajeswara Sarma, Renate Sarma and Ananda Vardhana Sarma  
Düsseldorf, Germany. [Prof. S.R. Sarma had been at the Department of Sanskrit, Aligarh Muslim University. Dr. Mrs. R. Sarma had taught German language at the Dept of English of AMU. After retirement, the family has shifted to Germany, where their son Ananda is working as a legal expert. Ed.]

**CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE**  
Ministry of Health and Family Welfare, Government of India  
Department of AYUSH

**THE COUNCIL**

The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of Health and Family Welfare, Government of India, Department of AYUSH. Established in 1978, the CCRUM started functioning from 10 January 1979, and ever since it has been busy researching into various fundamental and applied aspects of Unani Medicine. Over the years, the CCRUM has emerged as the world leader in the field.

**THE NETWORK**

20 research Centres of the Council are functioning in different parts of the Country.

**THE AREAS OF ACTIVITY**

The Research Programme of the Council has four major components:

- \* Clinical Research
- \* Drug Standardization
- \* Literary Research
- \* Survey & Cultivation of Medicinal Plants

**THE MAJOR ACHIEVEMENTS**

Some significant achievements of the Council are as follows:



**Developing Research  
in  
Unani Medicine**

**CLINICAL RESEARCH**

- Has developed 24 Unani Drugs which are purely natural, standardized and without any side effects, for successful treatment of leucoderma, sinusitis, viral hepatitis, eczema, malaria, rheumatoid, arthritis and bronchial asthma.
- Has filed patents on seven of these drugs.

**DRUG STANDARDIZATION**

- Has evolved Standards for 222 single and 385 compound Unani drugs.
- Has signed a Memorandum of Understanding with Council of Scientific and Industrial Research (CSIR) for taking up advanced research in the field of drug development.

**LITERARY RESEARCH**

- Has translated from Arabic and Persian into Urdu language 25 Unani Medical Classics mostly manuscripts. And has edited and published these works.

**SURVEY & CULTIVATION OF MEDICINAL PLANTS**

- Has collected 59462 specimens of 1730 medical plants from the wild.
- Undertaking successful cultivation of four important medicinal species.
- Has gathered and documented 6650 folk medicinal claims.

**PUBLICATIONS**

- Has produced over 1000 research papers and brought out 116 research publications, besides regular publications of a bimonthly CCRUM Newsletter, Quarterly Urdu Journal Jahan-e-Tib and Annual Report.

For further information, please contact  
Director General

**CENTRAL COUNCIL FOR RESEARCH IN UNANI MEDICINE**  
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5. Field of specialization:
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